

The Sentinel

August 2016

MARION SENIOR CENTER



Brought to you by Heartland of Marion

Dog Days Dog Show

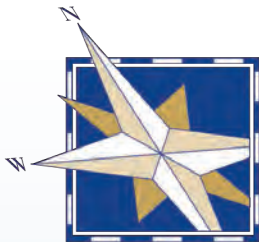


Tuesday, August 9

Dog Show 3- 4 pm Concert 6 - 8 pm

FEATURING A LIVE OUTDOOR CONCERT BY

John Mullins



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS

Monday-Friday: 8 AM-4 PM

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You'll have a doggone good time at the Marion Senior Center's annual **'Dog Days' Dog Show**. Every member who has a furry family member is encouraged to bring their dog to the Kaufman Dog Park (*located just west of the Senior Center's tennis courts in Kennedy Park*) for an hour of fun from **3:00 – 4:00 pm**.

Canine contestants and their masters will participate in a "pooch parade" (*park rules require all dogs must be on a leash*). A dog obedience demonstration will be provided by professional dog trainer **Rob Lust** from *Edgefield Animal Care*. And all participants will receive a gift from sponsor Heartland of Marion.



After the "show" you will have time to safely transport your pups back to the comfort of home, then return to the Senior Center to enjoy a sandwich and some sides from **Tackett's Southern Bar-B-Que** (*available a la carte*) beginning at **5:30 pm**. Then sit back and enjoy an outdoor evening concert by popular local musician **John Mullins** who will be performing from **6 – 8 pm**. We encourage all concert goers to bring a comfy lawn chair, as the concert will be held outdoors (*the concert will be moved indoors in the event of inclement weather*).

This event is FREE and open to the public for anyone age 50+.

BOOMER nights

Tuesday & Thursday evening
hour activities will resume
after the Popcorn Festival
in September.

Senior Center Services

Elder Care Law

Certified elder law attorney, **Steve Roush**, will be representing the law firm of **Daniel P. Seink Co., Ltd.**, and is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. No free appointments will be scheduled during the summer months, but will resume this fall beginning on **Thursday, September 8.**

Hearing Evaluations

Angela Thomas, Hearing Care Practitioner with **Beltone Audiology and Hearing Care Center** will be scheduling appointments for **Tuesday, August 9.** Appointments will include a free hearing evaluation and consultation. Time slots available are **10:30, 11:00 and 11:30 am.** Please contact the Senior Center at (740) 387-6100 to reserve your spot.



Enter & Win Our Produce Contest!

Do you have a green thumb? Is your garden the best in the neighborhood? The Marion Senior Center is hosting a *Produce Contest* on **Monday, August 29 at 12 pm.** Bring your best homegrown fruit or vegetable in to be judged by *Kroger's* produce manager, **Paul Hoffman.** Members only. No cost to enter. Prizes will be awarded!

LUNCH AT THE CENTER

Hot and cold delicious, nutritious meals are available at the Marion Senior Center for anyone age 60-plus **every Tuesday-Friday at 11:30 am.** Call Life Care Alliance at 1-888-656-6831 for details. You do not need to be a Senior Center member to participate in the dining center program.

BINGO BRUNCH

Bingo Brunch will be held on **Wednesday, August 17, at 11:30 am.** This month's meal of Hot Dogs, Baked Beans, and Macaroni Salad is being provided by **DeWolfe Place.** Tickets will be available for \$4 at the Transportation Desk **until Friday, August 12.** After lunch you'll enjoy a fun afternoon of **Bingo beginning at 12:30 pm.**

FRESH PRODUCE

The Marion Senior Center distributes free produce on behalf of **Kirkpatrick Food Pantry**, typically the first Tuesday and second Wednesday each month.

'SCOOP ON MEDICARE' PRESENTATION

Carla Poston from **Creative Financial Insurance**, will answer your questions and provide details about Medicare along with a scoop of delicious ice cream for everyone attending her short presentation on **Tuesday, August 23 at 12:30 pm,** hosted in the *Multipurpose Room.* Please see Kristi, or call her at **(740) 387-6100,** to reserve your spot.



A nice crowd was on hand for 'Senior Day' at the Marion County Fair. Gary's Music Show provided entertainment, and major sponsors Kingston, Marion County Council on Aging, and Marion General Hospital Foundation provided Bingo and a nice meal.

Upcoming Events

OHIO STATE FAIR - SENIOR DAY

Tuesday, August 2

We will depart the Senior Center at **8 am** via the Center's transportation vans, headed down to the Ohio State fairgrounds for a day of fun! Enjoy amazing performers, the famous butter cow, exhibits, displays, shopping, rides, delicious food and much more.



This year, Senior Day visitors can enjoy a free performance of *That Mancini Magic!* paying tribute to the timeless music of Henry Mancini, featuring Mac Frampton, Cecil Welch and The Moon River Orchestra in the WCOL Celeste Center at **Noon**. As a special gift for 2016 only, Senior Day participants will be provided with a free bag to fill with goodies during your day at the Fair!

Cost is **\$20 Members/\$25 Non-Members**. Space is limited, so sign up NOW!

ALZHEIMER'S SEMINAR

Tuesday, August 30

Michelle Crum of *Alzheimer's Association* will be presenting a free Educational Program on **Tuesday, August 30 at 12:30 pm**. As people with Alzheimer's disease and other dementia progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to learn how you can connect and communicate at each stage of the disease.

To register, call (800) 272-3900, or visit www.alz.org/centralohio. Public is welcome!

Tech Time with Tyler

Monday, August 8 & 22

Tyler Granlee from *Diversified Insurance* will offer **FREE** advice and assistance to anyone wanting to learn how to better use their Smartphones, iPads, and tablets. Please call (740) 387-6100 to schedule an appointment.

Senior Center Classes, Clubs & Activities

Craft Class

Instructor **Barb Heimlich** is teaching a craft class on select **Thursdays** at **1:30 pm** in the *Craft Room*. Members will be creating handcrafted cards (*see sample on display by Kristi's office*). Cost for this project is **\$5**. Sign up with Kristi.

Craft Classes

Instructor **Sue Rodman's Monday** class will meet at **12:30 pm** in the *Craft Room*. Monday's class will be creating a "Wheelbarrow" project. Cost for the project is **\$10**.

'Working with Yarn' Club

Join instructor **Sue Bumgarner** as she teaches you how to crochet and/or knit. Participants will work on a variety of fun projects. Class will meet in the *Craft Room* on **Tuesdays** from **1pm to 3pm**. There is no cost for this class.

Sewing Class

Sewing class with **Paula Barron** will continue to meet on **Wednesday** afternoons at **12:30 pm**.

Photography Class

Instructor **Royce Farson's** photography class meets in the Dining Area from **2-3 pm** on the **first Wednesday of each month**. This month's assignment is "running water". Also a photo of a subject that begins with the letter "F."

Liquid Stained Glass

Join instructor **Dee Harshfield** as you create beautiful liquid stained glass projects. This class will meet on **Tuesdays** at **1:30** in the *Craft Room*. Cost for the class is **\$10**, which covers the cost of materials.

Coloring Club

Adult coloring books will be available in the *Craft Room* on **Wednesdays** at **1:00**. A perfect way to unwind and socialize with friends.

Line Dancer's Potluck

Line Dancer's will host a potluck on **Friday, August 19** at **11:30 am**. Everyone is welcome! Please bring a covered dish to share.

Southern Care Bingo!

Emily Parsons, Community Relations Specialist with *Southern Care*, will be hosting Bingo at **1 pm** on the **second Friday** each month. Join her out front for lots of fun and lots of prizes!

Heartland Trivia

Kelly Coble from *Heartland* will be hosting "Trivia" games on the **second Wednesday of each month** at **9:30 am** in the *Craft Room*. Heartland will also be providing goodies to feed our bellies as we feed our minds!

Monday Mind Games

Carla Poston from *Creative Financial Insurance*, will host *Mind Games* on **Monday mornings**. This class meets in the *Craft Room* at **9:30 am**. Snacks will be provided.

Rummikub

Learn to play the popular tile game *Rummikub*, which will be hosted in the *Game Room* on **Tuesdays** from **2-4 pm**.

Choir Practice

Director **Ednita Vaflor** and our choir "*Seniors in Song*" are taking a break during the summer months and will resume again this fall.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is available at a cost of **\$3.50** and is served at **noon**. Music is performed from **1 to 3 pm**. This event is open to the public.

Mah Jongg

Mahjong is a traditional Chinese game, played by four people around a square table. The game is played with tiles rather than playing cards. The group has a lot of fun and welcomes beginners. They get together near the kitchen area on **Thursdays** at **noon**.

Dominoes

Dominoes is a game played with rectangular "domino" tiles. It is an easy game to learn and lots of fun! The group meets out front on **Tuesday afternoons** at **12:15 pm**.

Garden Club

Master Gardener **Carol Kelly** will begin hosting meetings every **Wednesday morning** at **10 am** in the *Craft Room*. We invite anyone with an interest in gardening (or nature) to join us for these informal, educational, and entertaining gatherings.

Beginner Line Dance & Line Dance

Have you ever thought about learning to line dance? You can learn the basics on **Mondays** and **Fridays** at **9:00 am**. Once you get the hang of it, you can also line dance on those same days at **9:30 am**. Instructor **Royce Farson** welcomes new class members, regardless of experience.

Zumba® Gold Toning & Strength Training

Certified *Zumba* Instructor **Michelle Del Valle** will lead the **Zumba Gold - Toning** classes every **Tuesday morning** at **10 am** followed by **Strength Classes** at **11 am**. **Cost is \$3 for each class**. Both classes are **FREE** for Silver Sneakers members.

Breakfast for the Brain

Jump start your day—and your brain—at **9:30 am** on **Thursday mornings**, as **Bonnie McKee** from *Kindred* discusses fun trivia questions over fresh orange juice and delicious *Andrew's* pastries.

Left, Right, Center (LRC)

Becky Schifer of *Kindred at Home/Hospice* hosts this wildly popular dice game that's easy to learn and simple to play (with lots of prizes to win). The group meets out front the **second Thursday** and **fourth Tuesday** each month.

Hand & Foot Card Game

This group will meet in the *Game Room* on **Mondays** at **12:30pm**. Anyone interested is welcome to join in the fun!

New! Scrabble

Learn to play *Scrabble*, a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. If you are interested in joining this new group, or want to learn more about it, please see Kristi. The Scrabble group meets out front on **Fridays** at **11 am**.

Fitness Room

Our well-equipped **Fitness Room** is open to members at no additional cost, and boasts a variety of *Schwinn*® fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines. **The Fitness Room is typically open to members anytime the Center is open, including Boomer Nights**. Please consult your physician before beginning any exercise activities.

Garden Club Cooking Demonstration



Back by popular demand! Carol Kelly will be hosting cooking demonstrations featuring fresh produce from our raised-bed gardens on the **4th Tuesday** each month. The events are held near the kitchen at **11 am**. All attendees get to sample each dish prepared!

Bridge

If you like to play Bridge, there are two opportunities to play. Bridge is hosted every **Monday** and **Tuesday** at **10am**. Everyone is welcome to play!

Pinochle

There are also two opportunities to play Pinochle at the Center: **Mondays** at **12:00 pm** and also **Wednesdays** at **12:30pm**. Everyone is welcome to play!

Euchre

Progressive Euchre is played on **Mondays** at **12:00 pm** and *Bid Euchre* plays on **Thursdays** at **12:00 pm**. Both groups meet out front. Everyone is welcome to play!

Golf League

Marion Senior Center Golf League **has begun!** League play will be hosted at *Windy Acres* every **Wednesday**. Golfers should arrive at **8:30 am** for pairings and the first group will tee off at **9 am**. Greens fees are **\$5**. Cart rental is **\$5**, if desired.

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, described as “meditation in motion”. Tai Chi helps reduce stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes on **Fridays** at **1:30 pm**. (*Wednesday class is on break until this fall.*)

August 2016 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>9:00-Exercise 1</p> <p>9:00-Beginner Line Dancing</p> <p>9:30-Mind Games*</p> <p>9:30-Line Dancing</p> <p>10:00-Bridge</p> <p>10:15-Blood Pressure*</p> <p>12:00-Pinochle</p> <p>12:00-Euchre</p> <p>12:30-Hand & Foot Cards</p> <p>12:30-Craft Class</p>	<p>8:00-Ohio State Fair Trip* 2</p> <p>9:00-Aerobics</p> <p>9:00-Books, Balance & BS</p> <p>10:00-Bridge</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training</p> <p>11:30-Texas Hold 'Em</p> <p>12:15-Dominoes</p> <p>1:00-Yarn Club</p> <p>1:30-Liquid Stained Glass</p> <p>2:00-Rummikub</p> <p style="text-align: right;">P T</p>	<p>9:00-Senior Golf League* 3</p> <p>9:00-Exercise</p> <p>10:00-Garden Club*</p> <p>10:00-Hand and Foot</p> <p>12:30-Pinochle</p> <p>12:30-Sewing Class</p> <p>1:00-Coloring Club</p>	<p>8:00-Adventure Club* 4</p> <p>9:00-Hand and Foot #1</p> <p>9:00-Aerobics</p> <p>9:30-Breakfast for the Brain*</p> <p>12:00-Bid Euchre</p> <p>12:00-Mah Jongg</p> <p style="text-align: right;">T</p>
<p>9:00-Exercise 8</p> <p>9:00-Beginner Line Dancing</p> <p>9:30-Mind Games*</p> <p>9:30-Line Dancing</p> <p>10:00-Bridge</p> <p>10:15-Blood Pressure*</p> <p>12:00-Pinochle</p> <p>12:00-Euchre</p> <p>12:30-Hand & Foot Cards</p> <p>12:30-Craft Class</p> <p>1:00-New! Tech Time with Tyler*</p>	<p>9:00-Aerobics 9</p> <p>9:00-Books, Balance & BS</p> <p>10:00-Bridge</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>10:30-Hearing Evaluations*</p> <p>11:00-Strength Training</p> <p>11:30-Texas Hold 'Em</p> <p>12:15-Dominoes</p> <p>1:00-Yarn Club</p> <p>1:30-Liquid Stained Glass</p> <p>2:00-Rummikub</p> <p style="text-align: right;">Dog Show Event*</p>	<p>9:00-Senior Golf League* 10</p> <p>9:00-Exercise</p> <p>9:30-Heartland Trivia*</p> <p>10:00-Garden Club*</p> <p>10:00-Hand and Foot</p> <p>12:30-Pinochle</p> <p>12:30-Sewing Class</p> <p>1:00-Coloring Club</p> <p style="text-align: right;">P</p>	<p>9:00-Hand and Foot #1 11</p> <p>9:00-Aerobics</p> <p>9:30-Breakfast for the Brain*</p> <p>12:00-Bid Euchre</p> <p>12:00-Mah Jongg</p> <p>12:30-Popcorn & Movie*</p> <p>1:30-Craft Class*</p> <p>2:30-LRC*</p>
<p>9:00-Exercise 15</p> <p>9:00-Beginner Line Dancing</p> <p>9:30-Mind Games*</p> <p>9:30-Line Dancing</p> <p>10:00-Bridge</p> <p>12:00-Pinochle</p> <p>12:00-Euchre</p> <p>12:30-Hand & Foot Cards</p> <p>12:30-Craft Class</p>	<p>8:00-The Wilds Trip Departs* 16</p> <p>9:00-Aerobics</p> <p>9:00-Books, Balance & BS</p> <p>10:00-Bridge</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training</p> <p>11:30-Texas Hold 'Em</p> <p>12:15-Dominoes</p> <p>1:00-Yarn Club</p> <p>1:30-Liquid Stained Glass*</p> <p>2:00-Rummikub</p> <p style="text-align: right;">T</p>	<p>9:00-Senior Golf League* 17</p> <p>9:00-Produce Day*</p> <p>9:00-Exercise</p> <p>10:00-Garden Club*</p> <p>10:00-Hand and Foot</p> <p>11:30-Bingo Brunch*</p> <p>12:30-Bingo*</p> <p>12:30-Pinochle</p> <p>12:30-Sewing Class</p> <p>1:00-Coloring Club</p>	<p>8:00-Adventure Club* 18</p> <p>9:00-Hand and Foot #1</p> <p>9:00-Aerobics</p> <p>9:30-Breakfast for the Brain*</p> <p>12:00-Bid Euchre</p> <p>12:00-Mah Jongg</p> <p>1:30-Craft Class*</p> <p style="text-align: right;">T</p>
<p>9:00-Exercise 22</p> <p>9:00-Beginner Line Dancing</p> <p>9:30-Mind Games*</p> <p>9:30-Line Dancing</p> <p>10:00-Bridge</p> <p>11:30-Lunch</p> <p>12:00-Pinochle</p> <p>12:00-Euchre</p> <p>12:30-Hand & Foot Cards</p> <p>12:30-Craft Class</p> <p>12:30-Food Box Day</p> <p>1:00-New! Tech Time with Tyler*</p> <p style="text-align: right;">F</p>	<p>9:00-Aerobics 23</p> <p>9:00-Books, Balance & BS</p> <p>10:00-Bridge</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training*</p> <p>11:00-Cooking Demonstration*</p> <p>11:30-Texas Hold 'Em</p> <p>12:15-Dominoes</p> <p>12:30-Scoop on Medicare *</p> <p>1:00-Yarn Club</p> <p>1:30-Liquid Stained Glass</p>	<p>9:00-Senior Golf League* 24</p> <p>9:00-Exercise</p> <p>10:00-Garden Club*</p> <p>10:00-Hand and Foot</p> <p>12:30-Pinochle</p> <p>12:30-Sewing Class</p> <p>1:00-Coloring Club</p>	<p>8:30-Scioto Downs* 25</p> <p>9:00-Hand and Foot #1</p> <p>9:00-Aerobics</p> <p>9:30-Breakfast for the Brain*</p> <p>12:00-Bid Euchre</p> <p>12:00-Mah Jongg</p> <p>1:30-Craft Class*</p> <p style="text-align: right;">T</p>
<p>9:00-Exercise 29</p> <p>9:00-Beginner Line Dancing</p> <p>9:30-Mind Games*</p> <p>9:30-Line Dancing</p> <p>10:00-Bridge</p> <p>11:30-Lunch</p> <p>12:00-Produce Contest Judging*</p> <p>12:00-Pinochle</p> <p>12:00-Euchre</p> <p>12:30-Hand & Foot Cards</p> <p>12:30-Craft Class</p>	<p>9:00-Aerobics 30</p> <p>9:00-Books, Balance & BS</p> <p>10:00-Bridge</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training</p> <p>11:30-Texas Hold 'Em</p> <p>12:15-Dominoes</p> <p>12:30-Alzheimer's Seminar*</p> <p>1:00-Yarn Club</p> <p>1:30-Liquid Stained Glass</p> <p>2:00-Rummikub</p> <p>2:30-LRC*</p>	<p>9:00-Board Meeting 31</p> <p>9:00-Senior Golf League*</p> <p>9:00-Exercise</p> <p>10:00-Garden Club*</p> <p>10:00-Hand and Foot</p> <p>12:00-Lunch*</p> <p>12:30-Pinochle</p> <p>1:00-Jam Session*</p> <p>12:30-Sewing Class</p> <p>1:00-Coloring Club</p>	 <p>Dog Days Dog Show (Evening Concert & Dance, too!) Tuesday, August 9th 3pm Dog Show; 6pm Concert</p>

Birthdays & Anniversaries

FRIDAY

9:00-Beginner Line Dancing **5**
 9:00-Exercise
 9:30-Line Dancing
11:00-New! Scrabble*
11:30-New Member Mixer*
 1:00-Card Game 31
 1:30-Tai Chi

9:00-Beginner Line Dancing **12**
 9:00-Exercise
 9:30-Line Dancing
11:00-New! Scrabble*
1:00-Southern Care Bingo*
 1:00-Card Game 31
 1:30-Tai Chi

9:00-Beginner Line Dancing **19**
 9:00-Exercise
 9:30-Line Dancing
11:00-New! Scrabble*
11:30-Line Dancer's Potluck*
 1:00-Card Game 31
 1:30-Tai Chi

9:00-Beginner Line Dancing **26**
 9:00-Exercise
 9:30-Line Dancing
11:00-New! Scrabble*
 1:00-Card Game 31
 1:30-Tai Chi

F = Food Box Day
P = Produce Day
T = Trip Departure

* See Article in this Issue of the Sentinel

August Birthdays

Darrell Adkins Sr.	08	Carolyn Hall	18	Loretta Murphy	05
Hope Amos	20	Phoebe House	04	Walter Oehler	11
Paula Barron	20	Diana Hughes	06	Mike Oliver	01
Judy Bill	19	Idelphia Hughes	27	Jacquelyn Radloff	15
Betty Blair	31	Ray Hughes	24	Bill Rinker	15
Dean Blair	27	Judy Johnson	05	Phyllis Rorick	06
Larry Brown	22	Martha Jones	14	Edith Sarver	17
Beulah Buckner	03	George Kasotis	02	Randy Seaburn	21
Joe Campbell	09	Diana Keplinger	24	Phyllis Shirk	07
Thomas Carpenter	23	Mary Kirk	16	Emily Slagle	24
Wayne Champer	24	Larry Knapp	18	Merle Smith	08
Carole Cottom	22	Barbara Jean		Judy Thatcher	01
Marcia Cramer	19	Knappenberger	13	Barbara Treisch	09
Larry Crampton	28	Sheryl Krassow	26	Joan Ustas	28
Lewis Cunningham	23	Betty Lou Kreg	27	Norma Vanderboegh	28
Marilyn Cunningham	17	Irvin Lawhead	18	Roberta Volz	24
Gary Dible	08	Alfreda Layne	07	Steve Ward	15
Linda Dietrich	12	Janice Lindstedt	07	Steve Welch	15
Betty Dietsch	29	Janet Lucas	13	Susan Wilhelm	01
Marge Guider	28	Winnie Mallet	23	Loreva Williams	04
Joyce Guseman	16	Fred Malone	01	William Williamson	15
Donald Haas	12	Barbara Mead	29	Ann Young	16
Raymond Haines, Sr.	08	Jeanette Montgomery	26		

August Anniversaries

Don & Marie Zeisler	8-12-1951	65 years
James & Fairy Shifflet	8-15-1954	62 years
Dick & Phyllis Thatcher	8-11-1957	59 years
Raymond & Carol Haines	8-31-1959	57 years
Clair & Karen Zimmerman	8-31-1963	53 years
Bob & Terry Kern	8-08-1964	52 years
Mike & Toni Alic	8-07-1965	51 years
Ned & Debbie Phelps	8-19-1967	49 years
Lloyd & Rita Sayre	8-03-1968	48 years
Larry & Sue Brown	8-22-1970	46 years
Ron & Marcia Cramer	8-15-1970	46 years
Russell & Alice Cupp	8-11-1972	44 years
Bill & Jill Rinker	8-21-1976	40 years
Irvin & Leta Lawhead	8-24-1985	31 years
Fran & Marty Voll	8-02-1985	31 years
Mark & Annette Hartman	8-23-1987	29 years
William & Kay White	8-14-1994	22 years
Larry & Mollie Geissler	8-31-2002	14 years
Dean & Betty Blair	8-30-2003	13 years

New Members

Hope Amos	Patsy Dowell	Betty Lou Kreg	Loreva Williams
Rita Anderson	Joyce Guseman	Gloria Seckel	Mildred Woodrum
Margaret Bell	Jim & Connie Holloway	Betty Stanford	

Volunteer of the Month

MEET JANIE MOORE

By Laura Ustaszewski

Friendliness and variety are what bring Janie Moore to the Marion Senior Center, and it is her own friendliness and love of learning that keep her participating and offering her help as a volunteer.

Janie lends her talents by serving on the senior center board, she's in her fourth year on the board, and by helping in the kitchen with the big meals. Her big project at the center is a fancy tea held in October. "It's on October 14 this year," Janie said. "With help, I create the menu and most of the food. All of the food is made from scratch."

Janie started coming to the senior center after she retired from her job with the City of Marion. "All totaled, I worked 36 years for the city," she said. She's been a member for six years.

When she first started coming to the center, she did personal shopping for the center for a year. It was a paid position, she said, but she enjoyed talking to and helping out the people involved.

Janie herself enjoys the craft classes offered by the center and has participated in the Zumba and stretching classes. She and her husband, Randy, have also attended the sock hops and big dinners at the center.

"I've taken cooking classes," she said, adding that she's taken outdoor cooking classes and loves to experiment with recipes. "Randy's a pretty picky eater, so sometimes I have to give away the things I fix. I'm not a master at anything, but I love learning."



And that's one of the things she loves about the center. "I love the friendliness of the people and the variety of things available," she said. "And Annette has so much information on help that's available for just about everything."

Janie was born in Kentucky and moved up to Ohio when she was 10. Her mother was from a coal-mining family, she said, and they moved up here for the dream of getting out of the coal mines. "I've been here ever since," she said.

She and her husband, Randy—who is the center's part-time maintenance man—have been married for 43 years and have one daughter and two grandsons, who she babysits two days a week.

In addition to cooking, Janie also enjoys sewing and she and Randy enjoy travelling and have taken several trips with the senior center, as well as on their own. Most recently they visited the Canadian Rockies and Janie said they were gorgeous. With the center they visited New Orleans and New York and have taken several smaller day trips.

In addition, she and Randy enjoy going to the movies.

BOOMER Night



◀◀ Popcorn & Movie ▶▶ Thursday, August 11, 12:30 pm

Experience the fun of an afternoon matinee, complete with a complimentary box of popcorn during this monthly event! We set up theater-style seating in the *Multipurpose Room*, then lower the shades and dim the lights to create a movie theater atmosphere for you to sit back, relax, and enjoy watching a newly released movie on our big screen TV!

Feel free to come alone, or join some friends! *Please see the poster located on the activity board near Kristi's office for movie details.*



Boomer Nights on Summer Break

We will be taking a break in June, July and August and then resume Boomer Night activities in September after the Popcorn Festival. If you have any programs you'd like for us to consider adding on future Tuesday and Thursday evenings, please share your suggestions with either Kristi or Steve!

Center Still Seeking Volunteer Cooks

Barb & Del say "it's time to hang up their aprons". And we thank them for many years of dedication! That's why the Center is now seeking a couple of volunteers to prepare lunch to serve our members and guests every Monday at 11:30 am. Anyone interested should contact director Steve Badertscher at (740) 387-6100 or email: info@marionseniorcenter.com



Trips on the Horizon

Scioto Downs - Columbus

Thursday, August 25

We will depart the Center via Lakefront charter coach at **8:30 am** to visit Scioto Downs. Cost of the trip is **\$25**, which includes \$20 slot play and \$5 food voucher. Sign up for this trip by **Friday, August 19**.
(Next month's trip will be **Thursday, September 29**.)

Amish Country Trip

Wednesday, October 5

We will depart the Center at **7:45 am** via Lakefront charter coach to visit Historic Village in Zoar, OH, where we will be given a walking tour. You will enjoy lunch at the historic *Canal Tavern of Zoar*. We will then head down the road to Dover, OH to visit the *Reeves Victorian Home & Museum*. Cost is **\$79 for Members/\$89 for Non-Members**, which includes transportation, admission to both attractions, and dinner. Sign up by **September 2**.

OSU Buckeyes Football/ Washington D.C. Trip

November 11 - 14

We will depart the Center on **Friday, November 11th** (after Veteran's Program) via charter motorcoach. We will stay 3 nights at *Embassy Suites Dulles*. Trip includes a ticket to OSU vs. Maryland Big10 football game on **Saturday, November 12th**, plus tours of the Arlington National Cemetery; US Marine Corps Museum in Quantico; Air & Space Annex at Dulles; Panoramic Tour of D.C. including White House photo op; WWII, Lincoln, Vietnam and Korean Memorials; and Smithsonian Museum time. Space is limited! Cost is **\$699** double-, **\$659** triple-, and **\$869** single-occupancy.

Note: Balance due September 12.

OSU at Penn State Football

Sat./Sun. October 22 - 23

We will depart the Center early on game day headed to State College, PA to watch the Ohio State Buckeyes play the Nittany Lions in Beaver Stadium (Game time is 8 pm). On Sunday, we will tour historic Bedford, PA, including Fort Bedford from the Revolutionary War days. Cost is **\$399** double-, **\$349** triple-, and **\$464** single-occupancy. Sign up NOW!

'The Wilds' Overnight Trip

***This trip is sold out. Thank you members!**

Tues./Wed., August 16-17

We will depart the Center at **8 am** via charter coach headed to Zanesville, OH, where we will visit a couple impressive pottery stores and enjoy a box lunch. In the evening, we'll enjoy a delicious dinner cruise aboard the *Lorena Sternwheeler*. After a restful night and breakfast buffet at the nearby *Comfort Inn*, we will head out to 'The Wilds'. There you will enjoy a guided tour where you will encounter rhinos, cheetahs and giraffes living in natural, open-range habitats at this 10,000-acre center. Cost is **\$179 Members/\$189 Non-Members**.

New England Fall Foliage Tour

October 15 - 24

Ten days touring New England during peak season. This awesome trip is filling up fast! See Kristi for complete details or to sign up for this trip. Payment due **August 31**.

LaComedia "A Christmas Carol"

Wednesday, November 9

We will depart the Center at **8 am** via *Brewster* charter bus to join the ghosts of Christmas Past, Present, and Future as they lead the miserly Ebenezer Scrooge on classic journey of forgiveness and redemption. Featuring your favorite Christmas carols, this musical adaptation of the timeless Dickens novel captures the true spirit and magic of Christmas and transforms a humbug into a hero. You will also enjoy *LaComedia's* delicious lunch buffet as part of this trip. Cost is **\$89 Members/\$99 Non-Members**, which includes transportation, lunch buffet and admission to the show. Sign up for this trip by **Friday, October 7**.

Frankenmuth, MI

Tues./Wed., December 6 - 7

We will depart the Center at **8 am** via *Brewster* charter bus for an overnight trip to Frankenmuth, nicknamed "Little Bavaria". The city is also the home of *Bronner's Christmas Wonderland*, which bills itself as the "World's Largest Christmas Store". The trip will be perfectly timed with Christmas just a few weeks later. Cost of the trip is **\$209 Members/\$219 Non-Members** which includes transportation, overnight accommodations, dinner, breakfast and a tour of Bronner's. Sign up by **November 4**.

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

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Marion, OH
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Directory

Director: Steve Badertscher

Activity Coordinator: Kristi Wink

Social Services Coordinator:
Annette Hartman

Transportation Coordinator:
Lucille Kennedy

Bookkeeper: Jackie King

Maintenance Supervisor:
Randy Moore

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook 

Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Annette Hartman at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City and County of Marion. The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.