

# The Sentinel

September 2016

MARION SENIOR CENTER



Brought to you by Kingston & Marion Senior Center

## Popcorn Festival 'Senior Stop'

Thursday/Friday, September 8/9

The Marion Senior Center in partnership with Kingston Residence of Marion will once again host the 'Senior Stop' during the *Marion Popcorn Festival*. Activities will be hosted in the RHAM building conference room located at 205 West Center Street in downtown Marion on the following dates:

### Thursday, September 8

Doors open at 11 am  
Bingo 12 -1:30 pm  
Johnny Cash Tribute 2pm (*Palace Theatre*)

### Friday, September 9

Doors open at 11 am  
Casino Games 12 -1:45 pm  
Concert by Todd Berry 2 pm



2375 HARDING HWY. EAST  
MARION, OHIO 43302

Office: 740-387-6100  
Transportation: 740-387-5444

### CENTER HOURS

Monday-Friday: 8 AM-4 PM

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## Fancy Tea Party

Friday, September 23 - 11:30 am

The Senior Center will be hosting our annual *Fancy Tea Party* luncheon on **Friday, September 23** from **11:30 am to 2 pm** in the *Multipurpose Room*.

Sit, sip and savor each other's company while enjoying dainty tea sandwiches and freshly brewed tea served in fine china cups. Welcome special guest speaker **Carla Poston** as she shares tea customs. Classic music befitting the occasion will be performed by pianist **Terri Malone**. Members are encouraged to wear vintage dresses and hats. Tickets are **\$7** and can be purchased at the *Transportation Desk* while they last (*don't delay...seating is limited*).

We will be making hats for this event in a special Craft Class on **Friday, September 16** from **11 am to 1 pm**. Space is limited. Please see Kristi to sign up.



### BOOMER nights

Tuesday & Thursday evening activities return this month. See page 9 for details.

# Senior Center Services

## Elder Care Law

Certified elder law attorney, **Steve Roush**, will be representing the law firm of **Daniel P. Seink Co., Ltd.**, and is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. No free appointments will be scheduled during the summer months, but will resume this fall beginning on **Thursday, September 8.**

## Hearing Evaluations

**Angela Thomas**, Hearing Care Practitioner with **Beltone Audiology and Hearing Care Center** will be scheduling appointments for **Tuesday, September 13.** Appointments include a free hearing evaluation and consultation. Time slots available are **10:30, 11:00 and 11:30 am.** Please contact the Center at (740) 387-6100 to reserve a spot.



## A New Picnic Shelter

In our continual effort to improve the services we provide for our members, we have begun the process of adding a 24' x 48' picnic shelter (located near the bus garage). This project began with a proposed design and the backing of the Executive Board. The next step is to acquire the funding. A variety of fund raising efforts will be needed and any help from our members and the community will be greatly appreciated. This will be a lengthy project, so we will keep members updated via *The Sentinel*.

## LUNCH AT THE CENTER

Hot and cold delicious, nutritious meals are available at the Marion Senior Center for anyone age 60-plus **every Tuesday-Friday at 11:30 am.** Call Life Care Alliance at 1-888-656-6831 for details. You do not need to be a Senior Center member to participate in the dining center program.

## BINGO BRUNCH

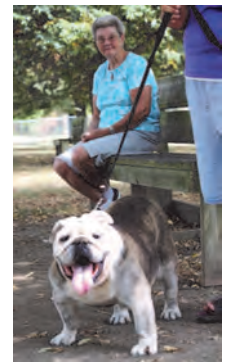
Bingo Brunch will be held on **Wednesday, September 21, at 11:30 am.** This month's meal of Johnnie Marzetti, Tossed Salad, and Garlic Bread is being provided by **DeWolfe Place.** Tickets will be available for **\$4** at the Transportation Desk **until Friday, September 16.** After lunch you'll enjoy a fun afternoon of **Bingo beginning at 12:30 pm.**

## FRESH PRODUCE

The Marion Senior Center distributes free produce on behalf of **Kirkpatrick Food Pantry**, typically the first Tuesday and second Wednesday each month.

## 'SCOOP ON MEDICARE' PRESENTATION

**Carla Poston** from **Creative Financial Insurance**, will answer your questions and provide details about Medicare along with a scoop of delicious ice cream for everyone attending her short presentation on **Tuesday, September 20 at 12:30 pm**, hosted in the **Multipurpose Room.** Please see Kristi, or call her at **(740) 387-6100**, to reserve your spot.



*This event was for the dogs...literally! Members and their furry family members enjoyed last month's 'Dog Days Dog Show' hosted at Kaufman Dog Park. Thanks to Heartland for sponsoring this event, and also to Stay-N-Play Kennels for their help.*

# Upcoming Events

## EMILY... 100 YEARS YOUNG

Emily Slagle hit the century mark on Wednesday, August 24 (her actual birthday). We celebrated that rare feat here at the Center one week later as a part of our monthly Jam Session. A good time (and lots of birthday cake) was had by all! Happy birthday, Emily!



## LEARN ABOUT HOSPICE

*Thursday, September 22*

Everything you wanted to know about Hospice but were afraid to ask. Please join **Becky Schifer** from *Kindred at Home/Hospice* on **Thursday, September 22 at 2 pm** as she explains modern day Hospice. She will address how Hospice benefits patients and families, when and how to get Hospice and how to pay for it.

## Fall Fashion Show

*Marion Senior Center* and *LifeCare Alliance* are partnering to offer a **Fall Fashion Show** luncheon on **Thursday, September 15 at 11 am**. To sign up to attend this event, or if interested in participating as a model, contact Kristi or Toni by **Friday, September 9**.

## Kroger Flu Shots

*Kroger* pharmacist **Butch Smith** will be available for flu shots here at the Center on **Wednesday, Sept. 14**.

# Senior Center Classes, Clubs & Activities

## Craft Class

Instructor **Barb Heimlich** is teaching a craft class on select **Thursdays at 1:30 pm** in the *Craft Room*. Members will be creating handcrafted cards using the *Cricut*® cutting machine. Cost for this project is **\$5**. Sign up with Kristi.

## Craft Classes

Instructor **Sue Rodman's Monday** class will meet at **12:30 pm** in the *Craft Room*. Monday's class will be creating a "Reversible Scarecrow & Snowman holiday decoration", hand-painted on re-purposed wooden pallets. A picture of this project is displayed on the bulletin board near Kristi's office. Cost for the project is **\$10**.

## 'Working with Yarn' Club

Join instructor **Sue Bumgarner** as she teaches you how to crochet and/or knit. Participants will work on a variety of fun projects. Class will meet in the *Craft Room* on **Tuesdays from 1pm to 3pm**. There is no cost for this class.

## Sewing Class

Sewing class with **Paula Barron** will continue to meet on **Wednesday** afternoons at **12:30 pm**.

## Photography Class

Instructor **Royce Farson's** photography class meets in the Dining Area from **2-3 pm** on the **first Wednesday of each month**. This month's assignment is a photo of a pet or animal. Also a photo of a subject that begins with the letter "G."

## Liquid Stained Glass

Join instructor **Dee Harshfield** as you create beautiful liquid stained glass projects. This class meets on **Tuesdays at 1:30** in the *Craft Room*. Cost for the class is **\$10**.

## Coloring Club

Adult coloring books will be available in the *Craft Room* on **Wednesdays at 1:00**. A perfect way to unwind and socialize with friends.

## Southern Care Bingo!

**Emily Parsons**, Community Relations Specialist with *Southern Care*, will be hosting Bingo at **1 pm** on the **second Friday** each month. Join her out front for lots of fun and lots of prizes!

## Heartland Trivia

**Kelly Coble** from *Heartland* will be hosting "Trivia" games on the **second Wednesday of each month at 9:30 am** in the *Craft Room*. Heartland will also be providing goodies to feed our bellies as we feed our minds!

## Monday Mind Games

**Carla Poston** from *Creative Financial Insurance*, will host *Mind Games* on **Monday mornings**. This class meets in the *Craft Room* at **9:30 am**. Snacks will be provided.

## Rummikub

Learn to play the popular tile game *Rummikub*, which will be hosted in the *Game Room* on **Tuesdays from 2-4 pm**.

## Choir Practice

Director **Ednita Vaflor** and our choir "*Seniors in Song*" will resume practice on **Thursday, September 29 at 9:45 am**.

## Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is available at a cost of **\$3.50** and is served at **noon**. Music is performed from **1 to 3 pm**. This event is open to the public.

## Mah Jongg

Mahjong is a traditional Chinese game, played by four people around a square table. The game is played with tiles rather than playing cards. The group has a lot of fun and welcomes beginners. They get together near the kitchen area on **Thursdays at noon**.

## Dominoes

Dominoes is a game played with rectangular "domino" tiles. It is an easy game to learn and lots of fun! The group meets out front on **Tuesday afternoons at 12:15 pm**.

## Garden Club

Master Gardener **Carol Kelly** will begin hosting meetings every **Wednesday morning at 10 am** in the *Craft Room*. We invite anyone with an interest in gardening (or nature) to join us for these informal, educational, and entertaining gatherings.

## Beginner Line Dance & Line Dance

Have you ever thought about learning to line dance? You can learn the basics on **Mondays** and **Fridays** at **9:00 am**. Once you get the hang of it, you can also line dance on those same days at **9:30 am**. Instructor **Royce Farson** welcomes new class members, regardless of experience.

## Zumba® Gold Toning & Strength Training

Certified *Zumba* Instructor **Michelle Del Valle** will lead the **Zumba Gold - Toning** classes every **Tuesday morning** at **10 am** followed by **Strength Classes** at **11 am**. **Cost is \$3 for each class**. Both classes are FREE for Silver Sneakers members.

## Breakfast for the Brain

Jump start your day—and your brain—at **9:30 am** on **Thursday mornings**, as **Bonnie McKee** from *Kindred* discusses fun trivia questions over fresh orange juice and delicious *Andrew's* pastries.

## Left, Right, Center (LRC)

**Becky Schifer** of *Kindred at Home/Hospice* hosts this wildly popular dice game that's easy to learn and simple to play (with lots of prizes to win). The group meets out front the **second Thursday** and **fourth Tuesday** each month.

## Hand & Foot Card Game

This group will meet in the *Game Room* on **Mondays** at **12:30pm**. Anyone interested is welcome to join in the fun!

## New! Scrabble

Learn to play *Scrabble*®, a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. If you are interested in joining this new group, or want to learn more about it, please see Kristi. The Scrabble group meets out front on **Fridays** at **11 am**.

## Fitness Room

Our well-equipped **Fitness Room** is open to members at no additional cost, and boasts a variety of *Schwinn*® fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines. **The Fitness Room is typically open to members anytime the Center is open, including Boomer Nights**. Please consult your physician before beginning any exercise activities.

## Garden Club Cooking Demonstration

Back by popular demand! Carol Kelly will be hosting cooking demonstrations featuring fresh produce from our raised-bed gardens on the **4th Tuesday** each month. The events are held near the kitchen at **11 am**. All attendees get to sample each dish prepared!

## Bridge

If you like to play Bridge, there are two opportunities to play. Bridge is hosted every **Monday** and **Tuesday** at **10am**. Everyone is welcome to play!

## Pinochle

There are also two opportunities to play Pinochle at the Center: **Mondays** at **12:00 pm** and also **Wednesdays** at **12:30pm**. Everyone is welcome to play!

## Euchre

*Progressive Euchre* is played on **Mondays** at **12:00 pm** and *Bid Euchre* plays on **Thursdays** at **12:00 pm**. Both groups meet out front. Everyone is welcome to play!

## Golf League

Marion Senior Center Golf League **has begun!** League play will be hosted at *Windy Acres* every **Wednesday**. Golfers should arrive at **8:30 am** for pairings and the first group will tee off at **9 am**. Greens fees are **\$5**. Cart rental is **\$5**, if desired.

## Tai Chi

Tai Chi is a low-impact, slow-motion exercise, described as "meditation in motion". Tai Chi helps reduce stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes twice a week on **Wednesdays** at **2:00 pm** and **Fridays** at **1:30 pm**.

## Tech Time with Tyler

**Tyler Granlee** from *Diversified Insurance* will offer FREE advice and assistance to anyone wanting to learn how to better use their Smartphones, iPads, and tablets. He will be available for afternoon appointments on the second and fourth Mondays of each month. Please call (740) 387-6100 to schedule an appointment.

# September 2016 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>* See Article in this Issue of the Sentinel</p>	<p><b>F</b> = Food Box Day  <b>P</b> = Produce Day  <b>T</b> = Trip Departure  <b>(BN)</b> = Boomer Night Open Until 8 pm</p>	<p><b>Popcorn Festival</b>  <b>Thursday, September 8</b>  <ul style="list-style-type: none"> <li>Doors open at 11 am</li> <li>Bingo 12 -1:30 pm</li> <li>Johnny Cash Tribute 2pm</li> </ul> <b>Friday, September 9</b>  <ul style="list-style-type: none"> <li>Doors open at 11 am</li> <li>Casino Games 12 -1:45 pm</li> <li>Todd Berry Concert 2pm</li> </ul> </p>	<p>9:00-Hand and Foot #1 <b>1</b>            9:00-Aerobics  <b>9:30-Breakfast for the Brain*</b>            12:00-Bid Euchre            12:00-Mah Jongg</p>
<p>The Center will be Closed in Observance of <b>5</b></p> <p><b>LABOR DAY</b> </p>	<p><b>6</b>            9:00-Aerobics            9:00-Books, Balance &amp; BS            10:00-Bridge            10:00-Bible Study            10:00-Zumba Gold Toning            11:00-Strength Training            11:30-Texas Hold 'Em            12:15-Dominoes            1:00-Yarn Club            1:30-Liquid Stained Glass            2:00-Rummikub</p>	<p><b>7</b>  <b>9:00-Senior Golf League*</b>            9:00-Exercise            10:00-Garden Club*            10:00-Hand and Foot            12:30-Pinochle            12:30-Sewing Class  <b>12:30-New! Primrose Bingo*</b>            1:00-Coloring Club            2:00-Tai Chi  <b>2:00-Photography Class*</b></p>	<p><b>8</b>            9:00-Hand and Foot #1            9:00-Aerobics  <b>9:30-Breakfast for the Brain*</b>            12:00-Bid Euchre            12:00-Mah Jongg            1:30-Craft Class*  <b>Elder Care Law Appointments*</b></p> <p style="background-color: yellow; text-align: center;"><b>11am - 2 pm Popcorn Festival Senior Stop*</b></p>
<p>9:00-Exercise <b>12</b>            9:00-Beginner Line Dancing  <b>9:30-Mind Games*</b>            9:30-Line Dancing            10:00-Bridge  <b>10:15-Blood Pressure*</b>            12:00-Pinochle            12:00-Euchre            12:30-Hand &amp; Foot Cards            12:30-Craft Class  <b>1:00-Tech Time with Tyler*</b></p>	<p><b>13</b>            9:00-Aerobics            9:00-Books, Balance &amp; BS            10:00-Bridge            10:00-Bible Study            10:00-Zumba Gold Toning  <b>10:30-Hearing Evaluations*</b>            11:00-Strength Training            11:30-Texas Hold 'Em            12:15-Dominoes            1:00-Yarn Club            1:30-Liquid Stained Glass*            2:00-Rummikub</p>	<p><b>14</b>  <b>9:00-Senior Golf League*</b>  <b>9:00-Produce Day*</b>            9:00-Exercise  <b>9:30-Heartland Trivia*</b>            10:00-Garden Club*            10:00-Hand and Foot  <b>10:00-Kroger Flu Shots*</b>            12:30-Pinochle            12:30-Sewing Class            1:00-Coloring Club            2:00-Tai Chi</p> <p style="text-align: right;"><b>P</b></p>	<p><b>15</b>            9:00-Hand and Foot #1            9:00-Aerobics  <b>9:30-Breakfast for the Brain*</b>  <b>11:00-LifeCare Fashion Show*</b>            12:00-Bid Euchre            12:00-Mah Jongg  <b>12:30-Popcorn &amp; Movie*</b>            1:30-Craft Class*            2:30-LRC*</p>
<p>9:00-Exercise <b>19</b>            9:00-Beginner Line Dancing  <b>9:30-Mind Games*</b>            9:30-Line Dancing            10:00-Bridge  <b>11:30-Lunch</b>            12:00-Pinochle            12:00-Euchre            12:30-Hand &amp; Foot Cards            12:30-Craft Class</p>	<p><b>20</b>            9:00-Aerobics            9:00-Books, Balance &amp; BS            10:00-Bridge            10:00-Bible Study            10:00-Zumba Gold Toning            11:00-Strength Training*            12:15-Dominoes  <b>12:30-Scoop on Medicare *</b>            1:00-Yarn Club            1:30-Liquid Stained Glass            2:00-Rummikub</p> <p style="text-align: right;"><b>(BN)</b></p>	<p><b>21</b>  <b>9:00-Senior Golf League*</b>            9:00-Exercise            10:00-Garden Club*            10:00-Hand and Foot  <b>11:30-Bingo Brunch*</b>  <b>12:30-Bingo*</b>            12:30-Pinochle            12:30-Sewing Class            1:00-Coloring Club            2:00-Tai Chi</p>	<p><b>22</b>            9:00-Hand and Foot #1            9:00-Aerobics  <b>9:30-Breakfast for the Brain*</b>            12:00-Bid Euchre            12:00-Mah Jongg            1:30-Craft Class*  <b>2:00-Learn About Hospice*</b></p> <p style="text-align: right;"><b>(BN)</b></p>
<p>9:00-Exercise <b>26</b>            9:00-Beginner Line Dancing  <b>9:30-Mind Games*</b>            9:30-Line Dancing            10:00-Bridge  <b>11:30-Lunch</b>            12:00-Pinochle            12:00-Euchre            12:30-Hand &amp; Foot Cards            12:30-Craft Class  <b>12:30-Food Box Day</b>  <b>1:00-Tech Time with Tyler*</b></p> <p style="text-align: right;"><b>F</b></p>	<p><b>27</b>            9:00-Aerobics            9:00-Books, Balance &amp; BS            10:00-Bridge            10:00-Bible Study            10:00-Zumba Gold Toning            11:00-Strength Training  <b>11:00-Cooking Demonstration*</b>            12:15-Dominoes            1:00-Yarn Club            1:30-Liquid Stained Glass            2:00-Rummikub            2:30-LRC*</p> <p style="text-align: right;"><b>(BN)</b></p>	<p><b>28</b>  <b>9:00-Board Meeting</b>  <b>9:00-Senior Golf League*</b>            9:00-Exercise            10:00-Garden Club*            10:00-Hand and Foot  <b>12:00-Lunch*</b>            12:30-Pinochle  <b>1:00-Jam Session*</b>            12:30-Sewing Class            1:00-Coloring Club            2:00-Tai Chi</p>	<p><b>29</b>  <b>8:30-Scioto Downs*</b>            9:00-Hand and Foot #1            9:00-Aerobics  <b>9:30-Breakfast for the Brain*</b>            12:00-Bid Euchre            12:00-Mah Jongg            1:30-Craft Class*</p> <p style="text-align: right;"><b>T</b> <b>(BN)</b></p>

# Birthdays & Anniversaries

## FRIDAY

9:00-Beginner Line Dancing **2**  
 9:00-Exercise  
 9:30-Line Dancing  
 11:00-Scrabble\*  
 1:00-Card Game 31  
 1:30-Tai Chi

9:00-Beginner Line Dancing **9**  
 9:00-Exercise  
 9:30-Line Dancing  
 11:00-Scrabble\*  
 1:00-Card Game 31  
 1:30-Tai Chi

**11 am - 3 pm**  
**Popcorn Festival**  
**Senior Stop\***

9:00-Beginner Line Dancing **16**  
 9:00-Exercise  
 9:30-Line Dancing  
**11:00-Make a Fancy Tea Hat**  
**Craft Project\***  
 11:00-Scrabble\*  
 1:00-Card Game 31  
 1:30-Tai Chi

9:00-Beginner Line Dancing **23**  
 9:00-Exercise  
 9:30-Line Dancing  
 11:00-Scrabble\*  
**11:30-Fancy Tea\***  
 1:00-Card Game 31  
 1:30-Tai Chi

9:00-Beginner Line Dancing **30**  
 9:00-Exercise  
 9:30-Line Dancing  
 11:00-Scrabble\*  
 1:00-Card Game 31  
 1:30-Tai Chi

## September Birthdays

Gloria Baker	15	Barbara Jones	21	George Norris	23
Mollie Birnbaum	19	Jackie King	18	Lucille Norton	15
Mary Bloomfield	17	Robert King	25	Beth Orthmeyer	26
Bunnie Bookbinder	28	Priscilla Jo Kreis-Isaacs	13	Bernetta Pfeiffer	15
Beverly Campbell	18	Flora B. Kyle	16	Imogene Postell	01
James Childers	29	Karl B. Landon	01	Michael Quick	07
Frances Cornish	16	Gloria Lawson	03	Meg Rasmussen	17
Patti Crane	09	Marty Lewis	19	Jean Reas	26
Sarah Curtiss	08	Kenneth Lindstedt	27	Larry Rodman	25
Bobb Davies	23	Thomas Lines	21	Carolyn Romshe	01
Elliot Deaton	03	Judy Little	22	Mary Rubeck	08
Donna Franklin	22	Carol Loeffler	10	Rita Sayre	07
Delores Harshfield	13	Marsha Longberry	05	Terri Schurch	29
Lou Hartley	15	Lois Lucas	14	Kathy Sherman	10
Chris Hawkins	04	Regis Lynch	25	Jay Shoup	14
Colleen Hempstead	12	Karen McCann	07	Jeff Smith	22
Connie Holloway	01	Rhodella Metz	02	Karen Snyder	13
Virginia Howard	05	Janis Miley	20	Gwen Wilson	08
Marilyn Huston	28	Wilson Mowery	05		

## September Anniversaries

Bill & Judy Thatcher	9-30-1961	55 years
Jim & Debby Shade	9-12-1964	52 years
Tom & Rosemary Utley	9-20-1981	35 years
Duane & Debb Henderson	9-28-1991	25 years
William & Flora Kyle	9-05-1992	24 years
Randy & Jean Seaburn	9-6-1997	19 years
Joe & DelRita Beeney	9-14-2002	14 years
Roy & Donna Ferguson	9-21-2013	3 years

## New Members

Deloris Bills	Kathy Nicolosi	Norma Plourde
Jerry Hamilton	Judy Owens	

# Volunteer of the Month

## MEET CARLA POSTON

By Laura Ustaszewski

Carla Poston came to the Marion Senior Center as a result of her job. She loved it so much, however, she decided to stay.

“I got involved because of my job,” she said. “I just love it so much, I found other opportunities to become a part of things here.”

Carla’s job is as an insurance agent and what she does coordinates with Medicare.

One opportunity Carla has found is volunteering to host Mind Games every Monday morning at the center. Mind Games isn’t Carla’s way to play tricks on center members, she explained. “It’s trivia for the brain. Because of what I do in insurance, I know it’s important to stay healthy, and that includes the brain. So we play games to promote brain health.”

She added that they also eat yummy treats and anyone and everyone is welcome to join in the fun. Mind Games are held Mondays from 9-10:30.

“We have people who stay for part of the games and people who stay for the whole thing,” she said. “My favorite part is when I can stump them because it is so hard to do. I love hearing about their experiences too, those are mingled in with their answers.”

Carla works with a lot of senior centers, from “Upper to Westerville,” she said, but Marion has become one of her homeports. “I’ve been at the Marion Senior Center close to about 6-7 years.”

In addition to Mind Games, Carla has helped serve meals, hosted euchre tournaments, given seminars and just helped wherever she’s needed.



She will also be speaking at the center’s upcoming Tea. “I’ve done all sorts of fun things,” she said.

What Carla loves best about the Marion Center is the people. “They’re so much fun,” she said. “I’m amazed by the life and energy of the people I encounter out here.”

When she’s not working or helping out at various senior centers, Carla says she’s a “taxi cab” for her two beautiful daughters, Maddy, 17, and Emma, 14.

A resident of Delaware, Carla is involved in a lot of activities which support her children, their schools and the activities in which they participate. She is a Band Uniform Parent for the Delaware Hayes Marching Band, a Pacer Mat Backer for the Delaware Hayes wrestling team and she is a member of the Cadence Club for the Delaware Hayes Grand Pacer Marching Band. She and her girls also serve as a volunteer family for the Humane Society of Delaware.

Although she calls Ohio home, Carla has moved 27 times in her life, from Albuquerque, NM, to Ohio. “Dad owned a construction business, so we moved around a lot,” she explained. “But we lived in Ohio the longest, 15 and half years, so this is home.”



# BOOMER Night



## ◀◀ Popcorn & Movie ▶▶ Thursday, August 11, 12:30 pm

Experience the fun of an afternoon matinee, complete with a complimentary box of popcorn during this monthly event! We set up theater-style seating in the *Multipurpose Room*, then lower the shades and dim the lights to create a movie theater atmosphere for you to sit back, relax, and enjoy watching a newly released movie on our big screen TV! Feel free to come alone, or join some friends! *Please see the poster located on the activity board near Kristi's office for movie details.*



## Boomer Nights are Back!

### *Tuesday & Thursday Evening Programs Begin September 20*

After a summer break, Marion Senior Center will once again be expanding our hours on **Tuesday** and **Thursday** evenings to accommodate Baby Boomers and other seniors still working during the day. As of this time, our tentative program schedule (*subject to change*) includes:

#### Tuesday Evenings

Texas Hold 'Em  
Curves for Women  
Tai Chi  
Open Pool Room  
Open Fitness Room

#### Thursday Evenings

Ladies Only Pool League  
Texas Hold 'Em  
Acrylic Painting Class  
Woodcarving  
Open Fitness Room

*\*Please see Kristi for activity details!*

# *Trips on the Horizon*

## **Scioto Downs - Columbus**

**Thursday, September 29**

We will depart the Center via Lakefront charter coach at **8:30 am** to visit Scioto Downs. Cost of the trip is **\$25**, which includes \$20 slot play and \$5 food voucher. Sign up for this trip by **Friday, September 16**.

*(Next trip will be **Thursday, November 3**, which will be the last Scioto Downs trip this year.)*

## **Amish Country Trip**

**Wednesday, October 5**

We will depart the Center at **7:45 am** via Lakefront charter coach to visit Historic Village in Zoar, OH, where we will be given a walking tour. You will enjoy lunch at the historic *Canal Tavern of Zoar*. We will then head down the road to Dover, OH to visit the *Reeves Victorian Home & Museum*. Cost is **\$79 for Members/\$89 for Non-Members**, which includes transportation, admission to both attractions, and dinner. Sign up by **September 2**.

## **OSU Buckeyes Football/ Washington D.C. Trip**

**November 11 - 14**

We will depart the Center on **Friday, November 11th** (after Veteran's Program) via charter motorcoach. We will stay 3 nights at *Embassy Suites Dulles*. Trip includes a ticket to OSU vs. Maryland Big10 football game on **Saturday, November 12th**, plus tours of the Arlington National Cemetery; US Marine Corps Museum in Quantico; Air & Space Annex at Dulles; Panoramic Tour of D.C. including White House photo op; WWII, Lincoln, Vietnam and Korean Memorials; and Smithsonian Museum time. Space is limited! Cost is **\$699 double-, \$659 triple-, and \$869 single-occupancy**.

*Note: **Balance due September 12.***

## **OSU at Penn State Football**

**Sat./Sun. October 22 - 23**

We will depart the Center early on game day headed to State College, PA to watch the Ohio State Buckeyes play the Nittany Lions in Beaver Stadium (Game time is 8 pm). On Sunday, we will tour historic Bedford, PA, including Fort Bedford from the Revolutionary War days. Cost is **\$399 double-, \$349 triple-, and \$464 single-occupancy**. Sign up NOW!

## **New England Fall Foliage Tour**

**October 15 - 24**

Ten days touring New England during peak season. This awesome trip is filling up fast! See Kristi for complete details or to sign up for this trip. Payment due **August 31**.

## **LaComedia "A Christmas Carol"**

**Wednesday, November 9**

We will depart the Center at **8 am** via *Brewster* charter bus to join the ghosts of Christmas Past, Present, and Future as they lead the miserly Ebenezer Scrooge on classic journey of forgiveness and redemption. Featuring your favorite Christmas carols, this musical adaptation of the timeless Dickens novel captures the true spirit and magic of Christmas and transforms a humbug into a hero. You will also enjoy *LaComedia's* delicious lunch buffet as part of this trip. Cost is **\$89 Members/\$99 Non-Members**, which includes transportation, lunch buffet and admission to the show. Sign up for this trip by **Friday, October 7**.

## **Frankenmuth, MI**

**Tues./Wed., December 6 - 7**

We will depart the Center at **8 am** via *Brewster* charter bus for an overnight trip to Frankenmuth, nicknamed "Little Bavaria". The city is also the home of *Bronner's Christmas Wonderland*, which bills itself as the "World's Largest Christmas Store". The trip will be perfectly timed with Christmas just a few weeks later. Cost of the trip is **\$209 Members/\$219 Non-Members** which includes transportation, overnight accommodations, dinner, breakfast and a tour of Bronner's. Sign up by **November 4**.

## **Center Still Seeking Volunteer Cooks**

Barb & Del say "it's time to hang up their aprons". And we thank them for many years of dedication! That's why the Center is now seeking a couple of volunteers to prepare lunch to serve our members and guests every Monday at 11:30 am.

Anyone interested should contact director Steve Badertscher at (740) 387-6100 or email: [info@marionseniorcenter.com](mailto:info@marionseniorcenter.com)



## Marion Senior Center

2375 Harding Hwy. E.  
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.  
Monday through Friday  
Office: 740-387-6100  
Transportation: 740-387-5444

NON-PROFIT  
U.S. Postage  
PAID  
Marion, OH  
Permit #23

## Directory

**Director:** Steve Badertscher

**Activity Coordinator:** Kristi Wink

**Social Services Coordinator:**  
Annette Hartman

**Transportation Coordinator:**  
Lucille Kennedy

**Bookkeeper:** Jackie King

**Maintenance Supervisor:**  
Randy Moore

Visit the Marion Senior Center  
website at: [www.marionseniorcenter.com](http://www.marionseniorcenter.com)

Email: [info@marionseniorcenter.com](mailto:info@marionseniorcenter.com)  
or follow us on Facebook 

### **Need a Ride? Transportation Available for Seniors**

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

### **Need a Personal Shopper?**

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Annette Hartman at (740) 387-6100.**

*Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City and County of Marion. The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.*