



# 2375 HARDING HWY. EAST MARION, OHIO 43302

Office: 740-387-6100 Transportation: 740-387-5444

#### **CENTER HOURS**

Monday-Friday: 8 AM-4 PM

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# BOOMER Mights

We're open until 8 pm on Tuesdays & Thursdays. (Activities Listed on Page 9)





# Tuesday, October 11

The Marion Senior Center will be hosting our first "Fall Festival" on Tuesday, October 11. This daytime event is from 11 am to 2 pm, with lunch served at noon. Some activities will be hosted outdoors, weather permitting. So please dress accordingly.

Lunch will include Chili, cornbread, apple cider and a dessert. We will also be hosting our annual "Chili Cook-Off" as a part of this event, so start fine tuning your recipes! And if you prefer

baking over cooking, we are introducing a new "Baking Contest". You can enter any baked good, but in the spirit of the season it must contain "pumpkin" as an ingredient. So prepare your favorite pumpkin -flavored cake, pie, cupcake, cookie, muffin, etc. and enter to win!



Chuck Foust with *Libbycakes Stables* will have miniature horses on display. The *Lyme Village Pioneer String Band* will be providing musical entertainment following lunch. There will also be plenty of festive activities to enjoy, such as **Pumpkin painting with Sue Rodman**, a *Pumpkin Patch Walk*, and *Candy Corn Bag Toss*.

**Tracey Rector** will present information about *Prescription Assistance* and *Home Energy Assistance* available for Marion County seniors at **12:30 pm**. Tickets are \$7, which includes lunch, entertainment and all of the festivities. Public is welcome. Come join in on the fun!

# Senior Center Services

#### **Elder Care Law**

Certified elder law attorney, **Steve Roush**, will be representing the law firm of *Daniel P. Seink Co.*, *Ltd.*, and is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. No free appointments will be scheduled during the summer months, but will resume this fall beginning on **Thursday, October 13.** 

# **Hearing Evaluations**

Angela Thomas, Hearing Care Practitioner with *Beltone Audiology* and Hearing Care Center will be scheduling appointments for Tuesday, October 11. Appointments include a free hearing evaluation and consultation. Time slots available are 10:30, 11:00 and 11:30 am. Please contact the Center at (740) 387-6100 to reserve a spot.

# **Healthcare Screenings**

OhioHealth will be performing healthcare screenings on Wednesday, October 26 at 10:30 am.

# **LWV Candidates Night**

League of Women Voters will hold their annual 'Candidates Night' here on Thursday, October 20 at 7:30 pm. Guests should arrive at 7 pm. \*Please note: All regularly scheduled Boomer Night activities will be canceled on this date.

# Holiday Tips for Caregivers

Michelle Crum of Alzheimer's Association will present a "Holiday Tips for Caregivers" program on Tuesday, October 25 at 12:30 pm.

#### **LUNCH AT THE CENTER**

Hot and cold delicious, nutritious meals are available at the Marion Senior Center for anyone age 60-plus **every Tuesday-Friday at 11:30 am**. Call Life Care Alliance at 1-888-656-6831 for details. You do not need to be a Senior Center member to participate in the dining center program.

#### **BINGO BRUNCH**

Bingo Brunch will be held on **Wednesday**, **October 19**, **at 11:30 am**. This month's meal of Beef Stew over Biscuit and a Cookie is being provided by **DeWolfe Place**. Tickets will be available for \$4 at the Transportation Desk **until Friday**, **October 14**. After lunch you'll enjoy a fun afternoon of **Bingo beginning at 12:30 pm**.

#### FRESH PRODUCE

The Marion Senior Center distributes free produce on behalf of *Kirkpatrick Food Pantry*, typically the first Tuesday and second Wednesday each month.

#### **NEW MEMBER MIXER**

Hosted on the **first Friday of every even month at 11:30 am** in the *Multipurpose Room*. All new members signing up from the previous month are invited to join staff and volunteers for a free lunch, compliments of **Primrose Retirement Communities**. Our next **New Member Mixer** is **Friday. October 7**.





















We had a great time at the "Senior Stop" during the Popcorn Festival. We hosted bingo on Thursday and casino games on Friday, and wrapped it up with a concert by Todd Berry. Thanks to all of our sponsors for sharing their time and donating snacks and prizes. And special thanks to Kingston for co-sponsoring this annual event with us.

# Upcoming Events

Both of these events brought to you by Primrose Retirement Communities.

# HALLOWEEN COSTUME PARTY & DANCE

Thursday, October 27 5 - 8 pm

Dress up in a costume or come as you are. Prizes

will be awarded for the most creative costumes. Dinner will feature a menu of Dana's chili, cornbread, light snacks and beverage. Music will be provided by DJ **Alex Sheridan** with *Ichor Entertainment*. Tickets are \$8 and can be purchased at the Transportation Desk.



**Please note:** The Halloween dance will replace all regularly scheduled Boomer Night activities.

# **Halloween Costume Party Lunch**

Friday, October 28 - 11:30 am
We will also host a Halloween Costume Party
Lunch for members the following day. The fun
begins with an a la carte lunch served at 11:30
am, featuring Dana's chili, cornbread and a
beverage. Any member wearing a Halloween
costume will also be invited to participate in our
"Trick or Treat" event, where they will collect
candy goodies and other treats from all of our
staff members as they make their way down the
office hallway. There is no cost to participate in
the Trick or Treating which begins at noon, but
members MUST be in costume to do so.

# Senior Center Classes, Clubs & Activities

#### **Craft Class**

Instructor **Barb Heimlich** is teaching a craft class on select **Thursdays** at **1:30 pm** in the *Craft Room*. Members will be creating handcrafted cards using the *Cricut*® cutting machine. Cost for this project is \$5. Sign up with Kristi.

#### **Craft Classes**

Instructor **Sue Rodman's Monday** class will meet at **12:30 pm** in the *Craft Room*. Monday's class will be creating a framed holiday scene that incorporates actual working lights. A picture of this project is displayed on the bulletin board near Kristi's office. Cost for the project is **\$10**.

## 'Working with Yarn' Club

Join instructor **Sue Bumgarner** as she teaches you how to crochet and/or knit. Participants will work on a variety of fun projects. Class will meet in the *Craft Room* on **Tuesdays** from **1pm to 3pm**. There is no cost for this class.

## **Sewing Class**

Sewing class with **Paula Barron** will continue to meet on **Wednesday** afternoons at **12:30 pm**.

# **Photography Class**

Instructor **Royce Farson's** photography class meets in the Dining Area from **2-3 pm** on the **first Wednesday of each month**. This month's photo assignment is "something unusual". Also a photo of a subject that begins with the letter "H."

# **Liquid Stained Glass**

Join instructor **Dee Harshfield** as you create beautiful liquid stained glass projects. This class will meet **on Tuesdays at 1:30** in the *Craft Room*. Cost for the class is **\$10**, which covers the cost of materials.

#### **Line Dancers Potluck**

Line Dancer's will host a potluck on **Friday**, **October 21 at 11:30 am**. Everyone is welcome! Please bring a covered dish to share.

## **Coloring Club**

Adult coloring books will be available in the *Craft Room* on **Wednesdays** at **1:00**. A perfect way to unwind and socialize with friends.

## **Southern Care Bingo!**

**Emily Parsons**, Community Relations Specialist with *Southern Care*, will be hosting Bingo at **1 pm** on the **second Friday** each month. Join her out front for lots of fun and lots of prizes!

#### **Heartland Trivia**

Kelly Coble from *Heartland* will be hosting "*Trivia*" games on the **second Wednesday of each month** at **9:30** am in the *Craft Room*. Heartland will also be providing goodies to feed our bellies as we feed our minds!

### **Monday Mind Games**

Carla Poston from *Creative Financial Insurance*, will host *Mind Games* on Monday mornings. This class meets in the *Craft Room* at 9:30 am. Snacks will be provided.

### **New!** Primrose Bingo

**Dana Hanif**, with *Primrose Retirement Communities*, will be hosting Bingo at **12:30 pm** on the **first Wednesday** each month. Join her out front for lots of fun and lots of prizes!

#### Rummikub

Learn to play the popular tile game *Rummikub*, which will be hosted in the *Game Room* on **Tuesdays from 2-4 pm**.

#### **Choir Practice**

Director Ednita Vaflor and our choir "Seniors in Song" practice on Thursdays at 9:45 am in the Multipurpose Room.

#### Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is available at a cost of \$3.50 and is served at **noon**. Music is performed from 1 to 3 pm. This event is open to the public.

# **Mah Jongg**

Mahjong is a traditional Chinese game, played by four people around a square table. The game is played with tiles rather than playing cards. The group has a lot of fun and welcomes beginners. They get together near the kitchen area on **Thursdays** at **noon**.

#### **Dominoes**

Dominoes is a game played with rectangular "domino" tiles. It is an easy game to learn and lots of fun! The group meets out front on **Tuesday afternoons** at **12:15 pm**.

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# Health & Fitness

### **Beginner Line Dance & Line Dance**

Have you ever thought about learning to line dance? You can learn the basics on **Mondays** and **Fridays** at **9:00 am**. Once you get the hang of it, you can also line dance on those same days at **9:30 am**. Instructor **Royce Farson** welcomes new class members, regardless of experience.

# Zumba® Gold Toning & Strength Training

Certified *Zumba* Instructor **Michelle Del Valle** will lead the **Zumba Gold - Toning** classes every **Tuesday morning** at **10 am** followed by **Strength Classes** at **11 am. Cost is \$3 for each class.** Both classes are FREE for Silver Sneakers members.

#### **Breakfast for the Brain**

Jump start your day—and your brain—at **9:30 am** on **Thursday mornings**, as **Bonnie McKee** from *Kindred* discusses fun trivia questions over fresh orange juice and delicious *Andrew's* pastries.

## Left, Right, Center (LRC)

**Becky Schifer** of *Kindred at Home/Hospice* hosts this wildly popular dice game that's easy to learn and simple to play (with lots of prizes to win). The group meets out front the **second Thursday** and **fourth Tuesday** each month.

#### **Hand & Foot Card Game**

This group will meet in the *Game Room* on **Mondays** at **12:30pm.** Anyone interested is welcome to join in the fun!

#### New! Scrabble

Learn to play *Scrabble*, a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. If you are interested in joining this new group, or want to learn more about it, please see Kristi. The Scrabble group meets out front on **Fridays at 11 am**.

#### **Fitness Room**

Our well-equipped Fitness Room is open to members at no additional cost, and boasts a variety of *Schwinn*® fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines. The Fitness Room is typically open to members anytime the Center is open, including Boomer Nights. Please consult your physician before beginning any exercise activities.

# Senior Golf League Scramble

1st Place (tie) 29 Pat Elkins Ron Walker Dale Linstedt Cathy Linstedt **1st Place (tie) 29**Bill Moore
Edris Seiter
Ray Hughes

2nd Place - 31 Lanny Phelps Bob Ault Gary Van Buskirk Rick Record 3rd Place - 32
Barry Hazlett
Bill Shaffer
William Van Buskirk
Glenn Wood

#### **Golf League**

Marion Senior Center Golf League has concluded their season! See the season-ending scramble results above.

## **Bridge**

If you like to play Bridge, there are two opportunities to play. Bridge is hosted every **Monday** and **Tuesday** at **10am.** Everyone is welcome to play!

#### **Pinochle**

There are also two opportunities to play Pinochle at the Center: **Mondays** at **12:00 pm** and also **Wednesdays** at **12:30pm**. Everyone is welcome to play!

#### **Euchre**

*Progressive Euchre* is played on Mondays at 12:00 pm and *Bid Euchre* plays on Thursdays at 12:00 pm. Both groups meet out front. Everyone is welcome to play!

#### Tai Chi

Tai Chi is a low-impact, slow-motion exercise, described as "meditation in motion". Tai Chi helps reduce stress while increasing flexibility and balance. Instructors Steve and Marlene Renick host classes twice a week on Wednesdays at 2:00 pm and Fridays at 1:30 pm.

# **Tech Time with Tyler**

**Tyler Granlee** from *Diversified Insurance* will offer FREE advice and assistance to anyone wanting to learn how to better use their Smartphones, iPads, and tablets. He will be available for afternoon appointments on the second and fourth Mondays of each month. Please call (740) 387-6100 to schedule an appointment.

# October 2016 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class	9:00-Aerobics 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 1:00-Yarn Club 1:30-Liquid Stained Glass 2:00-Rummikub	7:45-Amish Country Trip* 9:00-Exercise 10:00-Garden Club* 10:00-Hand and Foot 12:30-Pinochle 12:30-Sewing Class 12:30-New! Primrose Bingo* 1:00-Coloring Club 2:00-Tai Chi 2:00-Photography Class*	9:00-Aerobics 9:45-Choir Practice 9:30-Breakfast for the Brain* 12:00-Bid Euchre 12:00-Mah Jongg 1:30-Craft Class*
9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 10:15-Blood Pressure* 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class 1:00-Tech Time with Tyler*	9:00-Aerobics 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 10:30-Hearing Evaluations* 11:00-Strength Training 11:00-Fall Festival* 12:15-Dominoes 12:30-Prescription Program 1:00-Yarn Club 1:30-Liquid Stained Glass	9:00-Exercise 9:30-Heartland Trivia* 10:00-Garden Club* 10:00-Hand and Foot 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi	9:00-Aerobics 9:30-Breakfast for the Brain* 9:45-Choir Practice 12:00-Bid Euchre 12:00-Mah Jongg 12:30-Popcorn & Movie* 1:30-Craft Class* 2:30-LRC* Elder Care Law Appointments*
9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class	9:00-Aerobics 9:00-Bridge 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 1:00-Yarn Club 1:30-Liquid Stained Glass* 2:00-Rummikub	9:00-Produce Day* 9:00-Exercise 10:00-Garden Club* 10:00-Hand and Foot 11:30-Bingo Brunch* 12:30-Bingo* 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi	9:00-Aerobics 9:30-Breakfast for the Brain* 9:45-Choir Practice 12:00-Bid Euchre 12:00-Mah Jongg 1:30-Craft Class*  League of Women Voters Candidates Night*  **No Boomer Night Activities**
9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class 12:30-Food Box Day 1:00-Tech Time with Tyler*	9:00-Aerobics 9:00-Bridge 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training* 12:15-Dominoes 12:30-Holiday Tips for Caregivers* 1:00-Yarn Club 1:30-Liquid Stained Glass 2:00-Rummikub 2:30-LRC*	9:00-Exercise 10:00-Garden Club* 10:00-Hand and Foot 10:30-OhioHealth Health Screenings* 11:30-Lunch* 12:30-Pinochle 12:30-Sewing Class 1:00-Jam Session* 1:00-Coloring Club 2:00-Tai Chi	9:00-Aerobics 9:30-Breakfast for the Brain* 9:45-Choir Practice 12:00-Bid Euchre 12:00-Mah Jongg 1:30-Craft Class*  5-8 pm Halloween Dance*  **No Boomer Night Activities**
9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class	Fall Festival Tues., Oct. 11	HALLOWEEN COSTUME PARTY & DANCE Thursday, October 27 5 - 8 pm	F = Food Box Day P = Produce Day T = Trip Departure (BY) = Boomer Night Open Until 8 pm

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# Birthdays & Anniversaries

#### **FRIDAY**

9:00-Beginner Line Dancing
9:00-Exercise
9:30-Line Dancing
11:00-Scrabble\*
11:30-New Member Mixer\*
1:00-Card Game 31
1:00-New! Acrylic Painting
Class\*
1:30-Tai Chi

9:00-Beginner Line Dancing
9:00-Exercise
9:30-Line Dancing
11:00-Scrabble\*
1:00-Southern Care Bingo\*
1:00-Card Game 31
1:30-Tai Chi

9:00-Beginner Line Dancing
9:00-Exercise
9:30-Line Dancing
11:00-Scrabble\*
11:30-Line Dancers Potluck\*
1:00-Card Game 31
1:30-Tai Chi

9:00-Beginner Line Dancing
9:00-Exercise
9:30-Line Dancing
11:00-Scrabble\*
11:30-Halloween Costume
Party Lunch\*

1:00-Card Game 31 1:30-Tai Chi



\* See Article in this Issue of the Sentinel

October Birthdays						
Shirley Anderson	13	Mollie Geissler	18	Janis Pierce	27	
Marjorie Armbruster	27	Marilyn George	18	Joanna Poetker	31	
Patricia Baldinger	22	Joann Goodwin	28	Marlene Renick	21	
Virginia Barnett	21	Richard Gorenflo	20	Perry Rogers	23	
Nancy Beckel	27	Betty Jane Gregory	22	Peggy Rowland	19	
Margaret Bell	08	Mike Hampel	11	Virginia Rowland	28	
Deloris Bills	02	Budd Hartz	10	Faye Ruby	22	
Jan Blevins	06	Josephine Heater	18	Rudy Schneider	10	
Patricia Bond	08	Carl Hecker	02	Tim Shoewalter	04	
Allan Bond	30	Suzanne Hoffman	16	Lynn Slemmons	04	
Jim Bowman	27	Steve Honaker	01	Don L. Smith	13	
Mary Lou Butterworth	13	Elizabeth Hoy	14	Lewis Smith	22	
Ruthie Campbell	19	Linda Jevren	02	Kenneth Stanley	07	
James Carpenter	08	Pauline Kale	21	Linda Strickland	29	
Marilyn Carver	08	Hazel Key	21	Elena Sutherland	25	
Rebecca Concepcion	31	Doris Kirk	01	Dick Thatcher	22	
Jeff Cornely	12	Phyllis Larsen	07	Jean Tobin	12	
Martin Cunningham	13	Garland Loving	29	Tom Utley	16	
Rosemary Curren	04	Bob Lucas	26	Gary VanBuskirk	25	
Sharon Davis	30	William McCaulley	27	Marcia Weir	26	
Yolly De Los Reyes	25	Shirley Marquis	07	Jeanette White	01	
Mary Ellen Dun	04	Shirley Marshall	18	Norma Winders	26	
Larry Fairchild	02	Raetta Maurer	03	Jerry Wood	10	
Helen Farrington	13	Becky Oehler	07	Janet Woods	10	
Ronald Fleming	30	Paul Oehler	17	Becky Yannitell	10	
Dianna Fry	20	Beatrice Okray	22	Suzie Zeigler	07	
Pat Gattshall	15	Sue Parish	29	Judy Zimak	01	
Sally Geho	15	Jack Patrick	07	Jo Ann Zimmerman	18	

## **October Anniversaries**

Wilson & Betty Mowery	10-30-1944	72 years
Louie & Betty Hughes	10-05-1946	70 years
Paul & Lucille Kennedy	10-06-1951	66 years
Wally & Nancy Beckel	10-30-1960	56 years
Thomas & Vera Lines	10-31-1961	55 years
Larry & Barbara Fairchild	10-12-1963	53 years
Gary & Armida Callahan	10-29-1965	51 years
Larry & Pam Gandee	10-01-1967	49 years
Steve & Carolyn Romshe	10-25-1969	47 years
Ruth & Veral Gamble	10-14-1972	44 years
Gary & Paulette Hinaman	10-25-1975	41 years
Lynn & Connie Thomas	10-19-1979	37 years
Larry & Diane Knapp	10-28-2009	7 years

#### **New Members**

Mary Anderson Vicky Branson Criss Cline Brenda Crissinger Kathy Conley Aleta Geib Susan Harraman Mary Howell Linda Jevrem Fred Keener Larry Kelly Nicki Landfried David Mansperger Janet Rainey Faye Ruby

Mildred Sanders Bob & Nancy Shaw Becky Varner Linda Welch

# Volunteer of the Month

#### **MEET ADA CLAY**

By Laura Ustaszewski

Eighty-seven-year-old Ada Clay has been coming to the Marion Senior Center since the early '90's, helping out wherever she can.

"All they have to do is ask me and I'll volunteer," she said, adding that she started out helping Rosie Fulton in the kitchen as well as with putting the Sentinel together. "I also helped with craft classes; all the craft classes, I just like to make crafts. My two sisters and I used to make things together and we went to all the Harding craft shows for years."

Ada still volunteers to help in the kitchen with all the big dinners. "Some things I can help with, some things I can't," she said, but she does what she can, when she can.

When she first started coming to the center, Ada was involved in line dancing. "I've line danced since the early 90's," she said. "We used to go to area nursing homes and perform for the residents."

Ada recalled how, then Marion mayor, Jack Kellogg issued a citation to the line dancing group for going to so many nursing homes, so many times. "I think we went 54 times in one year," she said. "I think we did a lot of good going to the nursing homes. The people there would laugh and tap their feet."

These days Ada comes to the senior center to play cards, games, bingo. "Sometimes I just come out to talk and laugh," she said, adding that she encourages people to come out and



enjoy themselves. "It keeps you young and gets you out of the house."

That's what Ada likes best about the Marion Senior Center, the fun and fellowship. "It lets you get away from all the sadness and worry in the world," she said. "I'm one who like to cut-up and be the fool. I just want people to be happy."

Ada also goes to church every Sunday, visits her friends and drives to Gahanna regularly to visit her step-daughter. A Marion resident, Ada was born here but would leave every couple of years and come back, according to where her dad worked.

Before she lost her husband, Ada said they enjoyed traveling and had visited all but four of the 50 states.

When she's not at the senior center, Ada enjoys spending time with her family. "Both husbands and two children are deceased, but I made up for it with grandchildren," she said. Ada has seven grandchildren, 20 great-grandchildren and one great-great-grandchild. "They keep me busy, which I love."

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# BOOMER Might



# **≺≺** Popcorn & Movie **>>**

Thursday, October, 12:30 pm

Experience the fun of an afternoon matinee, complete with a complimentary box of popcorn during this monthly event! We set up theaterstyle seating in the *Multipurpose Room*, then lower the shades and dim the lights to create a movie theater atmosphere for you to sit back, relax, and enjoy watching a newly released

movie on our big screen TV! Feel free to come alone, or join some friends! *Please see the poster located on the activity board near Kristi's office for movie details.* 

# **Boomer Nights are Back!**

Open Tuesday & Thursday Evenings until 8 pm

**Yoga** and **Acrylic Painting** are two new offerings on Thursday Nights. Must pre-register for Painting class.

#### **Tuesday Evenings**

- Curves for Women (Cindi Bentley)
- Tai Chi (Steve & Marlene Renick)
- Texas Hold 'Em (Carolyn Stockdale)
- 'Ladies Only' Pool League (Center Staff)
- Open Fitness Room

#### Th ursday Evenings

- Yoga (Jim Wellhauhen) \*6:15
- Acrylic Painting Class (Teresa Howell) \*5:30
- Texas Hold 'Em (Paul Kennedy)
- Open Pool Room
- Open Fitness Room
  - \* All programs begin at 6 pm, unless noted.

# Trips on the Horizon

# **Scioto Downs - Columbus**

# Thursday, November 3

We will depart the Center via Lakefront charter coach at **8:30 am** to visit Scioto Downs. Cost of the trip is **\$25**, which includes \$20 slot play and \$5 food voucher. Sign up for this trip by **Friday, October 22.** 

(This will be the last Scioto Downs trip this year.)

# **Amish Country Trip**

\*This trip is sold out. Thank you members! Wednesday, October 5

We will depart the Center at **7:45 am** via Lakefront charter coach to visit Historic Village in Zoar, OH, where we will be given a walking tour. You will enjoy lunch at the historic *Canal Tavern of Zoar*. We will then head down the road to Dover, OH to visit the *Reeves Victorian Home & Museum*.

# OSU Buckeyes Football/ Washington D.C. Trip

\*This trip is sold out. Thank you members!

November 11 - 14

We will depart the Center on Friday, November 11th (after Veteran's Program) via charter motorcoach. We will stay 3 nights at *Embassy Suites Dulles*. Trip includes a ticket to OSU vs. Maryland Big10 football game on Saturday, November 12th, plus tours of the Arlington National Cemetery; US Marine Corps Museum in Quantico; Air & Space Annex at Dulles; Panoramic Tour of D.C. including White House photo op; WWII, Lincoln, Vietnam and Korean Memorials; and Smithsonian Museum time. Space is limited!

Note: This trip will depart the Senior Center after our Veterans Day program (approximately 1:30 pm).

# **OSU** at Penn State Football

#### Sat./Sun. October 22 - 23

We will depart the Center early on game day headed to State College, PA to watch the Ohio State Buckeyes play the Nittany Lions in Beaver Stadium (Game time is 8 pm). On Sunday, we will tour historic Bedford, PA, including Fort Bedford from the Revolutionary War days. Cost is \$399 double-, \$349 triple-, and \$464 single-occupancy. Sign up and payment due October 1.

# **New England Fall Foliage Tour**

\*This trip is sold out. Thank you members! October 15 - 24

Doors to the Center will open at **6:30 am** on the morning of the trip. We encourage you to arrive by **7 am** as the trip will **depart promptly at 7:30 am**. Please park your vehicle in the front area designated for extended trip parking after placing your luggage in the drop off zone.

# LaComedia "A Christmas Carol"

## Wednesday, November 9

We will depart the Center at **8 am** via *Brewster* charter bus to join the ghosts of Christmas Past, Present, and Future as they lead the miserly Ebeneezer Scrooge on classic journey of forgiveness and redemption. Featuring your favorite Christmas carols, this musical adaptation of the timeless Dickens novel captures the true spirit and magic of Christmas and transforms a humbug into a hero. You will also enjoy *LaComedia's* delicious lunch buffet as part of this trip. Cost is **\$89 Members/\$99 Non-Members**, which includes transportation, lunch buffet and admission to the show. Sign up for this trip by **Friday, October 7**.

# Frankenmuth, MI

# Tues./Wed., December 6 - 7

We will depart the Center at **8 am** via *Brewster* charter bus for an overnight trip to Frankenmuth, nicknamed "Little Bavaria". The city is also the home of *Bronner's Christmas Wonderland*, which bills itself as the "World's Largest Christmas Store". The trip will be perfectly timed with Christmas just a few weeks later. Cost of the trip is **\$209 Members/\$219 Non-Members** which includes transportation, overnight accommodations, dinner, breakfast and a tour of Bronner's. Sign up by **November 4**.

# **New!** Acrylic Painting Class on Fridays

Accomplished artist **Teresa Howell** will instruct and also supply all of the paints, brushes, acrylic canvas boards and easels necessary for the class. Class will meet on **Friday, October 7 at 1 pm** in

Craft Room. Cost is \$25 per project. The class is perfect for beginner or experienced artists. See examples by Kristi's office. Sign up now!



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#### **Marion Senior Center**

2375 Harding Hwy. E. Marion, Ohio 43302

8:00 a.m. to 4:00 p.m. Monday through Friday Office: 740-387-6100

Transportation: 740-387-5444

NON-PROFIT U.S. Postage PAID Marion, OH Permit #23

# Directory

**Director:** Steve Badertscher

**Activity Coordinator:** Kristi Wink

**Social Services Coordinator:** 

Annette Hartman

**Transportation Coordinator:** 

Lucille Kennedy

Bookkeeper: Jackie King

**Maintenance Supervisor:** 

Randy Moore

Visit the Marion Senior Center website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com or follow us on Facebook

### Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every Monday through Friday between the hours of 8:00 am & 3:30 pm, excluding holidays. To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.

## **Need a Personal Shopper?**

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, please contact Social Services Coordinator Annette Hartman at (740) 387-6100.

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City and County of Marion. The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.