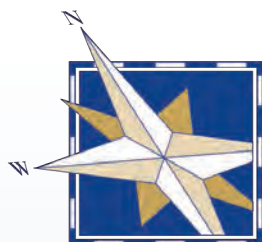


The Sentinel

December 2016



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS

Monday–Friday: 8 AM–4 PM

INSIDE THIS ISSUE:

Highlights	Cover
Senior Center Services	2
Upcoming Events	3
Classes, Clubs & Activities	4
Health & Fitness	5
Calendar/Birthdays	6 & 7
Volunteer of the Month	8
BOOMER Night/Movie	9
Trips on the Horizon	10
Ads	11
Directory	Back

BOOMER nights

Boomer Nights are on break during December. They will resume in January.

Brought to you by *Beltone Audiology & Hearing Care Center*



Christmas DINNER

Thursday, December 15 - Noon

We will be serving our annual Christmas Dinner at the Senior Center on **Thursday, December 15 at noon**. Dinner will be catered by *Special Occasions* with the help of volunteer members and friends of the Center. Dinner will feature Yankee Pot Roast and Glazed Ham, Mashed Potatoes and Gravy, Corn Casserole, Dinner Roll, Dessert and a Beverage.



After dinner you will be treated to a time-honored performance of traditional Christmas carols by our Senior Center choir, *Seniors in Song*. This extremely talented choir is under the direction of **Ednita Vaflor** and accompanied by **Terri Malone**. (Many nice door prizes, too!)



Tickets are **\$10**, which includes dinner and entertainment. They can be purchased at the *Transportation Desk* by **Monday, December 12**.

**Please note all other activities will be cancelled on this date.*

Senior Center Services

Elder Care Law

Certified elder law attorney, **Steve Roush**, will be representing the law firm of **Daniel P. Seink Co., Ltd.**, and is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. Free appointments will be available on **Thursday, December 8**. Please contact the Center at (740) 387-6100 to reserve a spot.

Hearing Evaluations

Angela Thomas, Hearing Care Practitioner with **Beltone Audiology and Hearing Care Center** will be scheduling appointments for **Tuesday, December 13**. Appointments include a free hearing evaluation and consultation. Time slots available are **10:30, 11:00 and 11:30 am**. Please contact the Center at (740) 387-6100 to reserve a spot.

Concert & Cards

Join us on **Monday, December 12** for a free concert by **Marion Concert Band** at **11 am**, followed by our annual Stormy Cushing UNO tourney at **12:15 pm**. You can also enjoy an a la carte lunch that day, served at **11:30 am**.



It's Time to Renew!

Just a friendly reminder that your 2017 Senior Center Membership dues are due prior to **January 1, 2017**. We are happy to announce that dues will not increase this year. Annual membership is still **\$30** per person.

LUNCH AT THE CENTER

Hot and cold delicious, nutritious meals are available at the Marion Senior Center for anyone age 60-plus **every Tuesday-Friday at 11:30 am**. Call Life Care Alliance at 1-888-656-6831 for details. You do not need to be a Senior Center member to participate in the dining center program.

BINGO BRUNCH

Bingo Brunch will be held on **Wednesday, December 21, at 11:30 am**. This month's meal of Spaghetti with Meatballs, Tossed Salad and a breadstick is being provided by **DeWolfe Place**. Tickets will be available for **\$4** at the Transportation Desk **until Friday, December 21**. After lunch you'll enjoy a fun afternoon of **Bingo beginning at 12:30 pm**.

FRESH PRODUCE

The Marion Senior Center distributes free produce on behalf of **Kirkpatrick Food Pantry**, typically the first Tuesday and second Wednesday each month.

NEW MEMBER MIXER

Hosted on the **first Friday of every even month at 11:30 am** in the **Multipurpose Room**. All new members from the previous month are invited to join staff & volunteers for a free lunch, compliments of **Primrose Retirement Communities**. Our next **New Member Mixer** is **Friday, December 2**



Everyone had a great time at our annual Halloween Costume Party & Dance with many creative costumes on display! Our top prize winners were; **Paula Barron** "Mac & Cheese" (first); **Kathy Lee Powell** "Vampiress" (second); and **Kathy Sherman** "Nurse Goodbody" (third). Special thanks to our sponsor Dana Hanif and Primrose!

Upcoming Events

FAREWELL LUNCH

Monday, December 19 - 11:00 am

Please join us in honoring several retiring staff members and volunteers for their many years of dedicated service! **Lucille Kennedy** (*Transportation Coordinator*), **Lynn Faust** (*Transportation Volunteer*), **Del Hughes** (*Board President & Kitchen Volunteer*), and **Barb Rush** (*Kitchen Volunteer*) all announced their retirement at the end of this year and will be recognized during a special tribute on **Monday, December 19 beginning at 11 am**. Lunch will be served a la carte, following a brief presentation.



K of C Christmas Dinner

Sunday, December 4

The Marion **K of C** cordially invites all area seniors to join them for their annual community Christmas Dinner. The meal is FREE to all area seniors and will be served **Sunday, December 4** at **6 pm** (doors open at 5:30 pm) in the Marion K of C Hall located at 1232 E. Center Street (adjacent to Garfield Park).

Home-delivered meals are also available the same day from 11:30 am - noon. Please sign up at the *Transportation Desk* by **Thursday, December 1 at noon.**

Senior Center Classes, Clubs & Activities

Craft Class

Instructor **Barb Heimlich** is teaching a craft class on **Thursdays at 1:30 pm** in the *Craft Room*.

Members will be creating handcrafted cards using the *Cricut*® cutting machine. Cost for this project is **\$5**. Sign up with Kristi.

Note: Instructor **Faye Martin** will be teaching a card quilling class beginning in January.

Craft Classes

Instructor **Sue Rodman's Monday** class will meet at **12:30 pm** in the *Craft Room*. Monday's class will be creating a framed holiday scene that incorporates actual working lights. A picture of this project is displayed on the bulletin board near Kristi's office. Cost for the project is **\$10**.

'Working with Yarn' Club

Join instructor **Sue Bumgarner** as she teaches you how to crochet and/or knit. Participants will work on a variety of fun projects. Class will meet in the *Craft Room* on **Tuesdays from 1pm to 3pm**. There is no cost for this class.

Sewing Class

Sewing class with **Paula Barron** will continue to meet on **Wednesday** afternoons at **12:30 pm**.

Photography Class

Instructor **Royce Farson's** photography class meets in the Dining Area from **2-3 pm** on the **first Wednesday of each month**. This month's photo assignment is "winter shots". Also a photo of a subject that begins with the letter "K." The class will not meet in January or February.

Liquid Stained Glass

Join instructor **Dee Harshfield** as you create beautiful liquid stained glass projects. This class will meet on **Tuesdays at 1:30** in the *Craft Room*. Cost for the class is **\$10**, which covers the cost of materials.

Coloring Club

Adult coloring books will be available in the *Craft Room* on **Wednesdays at 1:00**. A perfect way to unwind and socialize with friends.

Southern Care Bingo!

Emily Parsons, Community Relations Specialist with *Southern Care*, will be hosting Bingo at **1 pm** on the **second Friday** each month. Join her out front for lots of fun and lots of prizes!

Heartland Trivia

Kelly Coble from *Heartland* will be hosting "Trivia" games on the **second Wednesday of each month at 9:30 am** in the *Craft Room*. Heartland will also be providing goodies to feed our bellies as we feed our minds!

Monday Mind Games

Carla Poston from *Creative Financial Insurance*, will host *Mind Games* on **Monday mornings**. This class meets in the *Craft Room* at **9:30 am**. Snacks will be provided.

Primrose Bingo

Dana Hanif, with *Primrose Retirement Communities*, will be hosting Bingo at **12:30 pm** on the **first Wednesday** each month. Join her out front for lots of fun and lots of prizes!

Rummikub

Learn to play the popular tile game *Rummikub*, which will be hosted in the *Game Room* on **Tuesdays from 2-4 pm**.

Choir Practice

Director **Ednita Vaflor** and our choir "*Seniors in Song*" practice on **Thursdays at 9:45 am** in the *Multipurpose Room*.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is available at a cost of **\$3.50** and is served at **noon**. Music is performed from **1 to 3 pm**. This event is open to the public.

Mah Jongg

Mahjong is a traditional Chinese game, played by four people around a square table. The game is played with tiles rather than playing cards. The group has a lot of fun and welcomes beginners. They get together near the kitchen area on **Thursdays at noon**.

Dominoes

Dominoes is a game played with rectangular "domino" tiles. It is an easy game to learn and lots of fun! The group meets out front on **Tuesday afternoons at 12:15 pm**.

Beginner Line Dance & Line Dance

Have you ever thought about learning to line dance? You can learn the basics on **Mondays** and **Fridays** at **9:00 am**. Once you get the hang of it, you can also line dance on those same days at **9:30 am**. Instructor **Royce Farson** welcomes new class members, regardless of experience.

Zumba® Gold Toning & Strength Training

Certified *Zumba* Instructor **Michelle Del Valle** will lead the **Zumba Gold - Toning** classes every **Tuesday morning** at **10 am** followed by **Strength Classes** at **11 am**. Cost is **\$3** for each class. Both classes are **FREE** for Silver Sneakers members.

Breakfast for the Brain

Jump start your day—and your brain—at **9:30 am** on **Thursday mornings**, as **Bonnie McKee** from *Kindred* discusses fun trivia questions over fresh orange juice and delicious *Andrew's* pastries.

Left, Right, Center (LRC)

Becky Schifer of *Kindred at Home/Hospice* hosts this wildly popular dice game that's easy to learn and simple to play (with lots of prizes to win). The group meets out front the **second Thursday** and **fourth Tuesday** each month.

Hand & Foot Card Game

This group will meet in the *Game Room* on **Mondays** at **12:30pm**. Anyone interested is welcome to join in the fun!

Scrabble

Learn to play *Scrabble*®, a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. If you are interested in joining this new group, or want to learn more about it, please see Kristi. The Scrabble group meets out front on **Fridays** at **11 am**.

Fitness Room

Our well-equipped **Fitness Room** is open to members at no additional cost, and boasts a variety of *Schwinn*® fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines. **The Fitness Room is typically open to members anytime the Center is open, including Boomer Nights.** Please consult your physician before beginning any exercise activities.



Acrylic Painting Class

Accomplished artist **Teresa Howell** will instruct and also supply all of the paints, brushes, acrylic canvas boards and easels necessary for the class. Class will meet on **Fridays** at **1 pm** in *Craft Room*. Cost is **\$25** per project. **Must pre-register a week in advance** to allow for the purchase of materials. The class is perfect for the beginner or experienced artist. See examples by Kristi's office. **Sign up now!**

Golf League

Marion Senior Center Golf League **has concluded their season.** See you in the spring!

Bridge

If you like to play Bridge, there are two opportunities to play. Bridge is hosted every **Monday** and **Tuesday** at **10am**. Everyone is welcome to play!

Pinochle

There are also two opportunities to play Pinochle at the Center: **Mondays** at **12:00 pm** and also **Wednesdays** at **12:30pm**. Everyone is welcome to play!

Euchre

Progressive Euchre is played on **Mondays** at **12:00 pm** and *Bid Euchre* plays on **Thursdays** at **12:00 pm**. Both groups meet out front. Everyone is welcome to play!

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, described as "meditation in motion". Tai Chi helps reduce stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes twice a week on **Wednesdays** at **2:00 pm** and **Fridays** at **1:30 pm**.

December 2016 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>F = Food Box Day P = Produce Day T = Trip Departure</p> <p>* See Article in this Issue of the Sentinel</p>		 <p>Concert & Cards Thurs., Dec. 12 11 am</p> 	<p>9:00-Aerobics 9:45-Choir Practice 9:30-Breakfast for the Brain* 12:00-Bid Euchre 12:00-Mah Jongg 1:30-Craft Class*</p> <p style="text-align: right;">1</p>
<p>9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class</p> <p style="text-align: right;">5</p>	<p>8:00-Frankenmuth Trip* 9:00-Produce Day* 9:00-Aerobics 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 1:00-Yarn Club 1:30-Liquid Stained Glass 2:00-Rummikub</p> <p style="text-align: right;">6</p> <p style="text-align: right;">P T</p>	<p>9:00-Exercise 12:30-Primrose Bingo* 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi 2:00-Photography Class*</p> <p style="text-align: right;">7</p>	<p>9:00-Aerobics 9:30-Breakfast for the Brain* 9:45-Choir Practice 12:00-Bid Euchre 12:00-Mah Jongg 12:30-Popcorn & Movie* 1:30-Craft Class* 2:30-LRC* Elder Care Law Appointments*</p> <p style="text-align: right;">8</p>
<p>9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 10:15-Blood Pressure* 11:00-Concert & Cards* 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class</p> <p style="text-align: right;">12</p>	<p>9:00-Aerobics 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 10:30-Hearing Evaluations* 11:00-Strength Training 12:15-Dominoes 1:00-Elder Law Workshop* 1:00-Yarn Club 1:30-Liquid Stained Glass* 2:00-Rummikub</p> <p style="text-align: right;">13</p>	<p>9:00-Produce Day* 9:00-Exercise 9:30-Heartland Trivia* 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi 2:00-Sing-a-Long with Phoebe*</p> <p style="text-align: right;">14</p> <p style="text-align: right;">P</p>	<p>9:45-Choir Rehearsal</p> <p style="text-align: right;">15</p> <p style="text-align: center;">12:00-Christmas Dinner*</p> <p>6:00-ODOT Public Meeting SR 309 Overpass</p> <p>*Note: All regularly scheduled activities are cancelled today.</p>
<p>9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:00-Farewell Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class 12:30-Food Box Day*</p> <p style="text-align: right;">19</p> <p style="text-align: right;">F</p>	<p>9:00-Aerobics 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 1:00-Yarn Club 1:30-Liquid Stained Glass 2:00-Rummikub</p> <p style="text-align: right;">20</p>	<p>9:00-Exercise 11:30-Bingo Brunch* 12:30-Bingo* 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi</p> <p style="text-align: right;">21</p>	<p>9:00-Aerobics 9:30-Breakfast for the Brain* 9:45-Choir Practice 12:00-Bid Euchre 12:00-Mah Jongg 1:30-Craft Class*</p> <p style="text-align: right;">22</p>
 <p>Merry Christmas The Center will be Closed Today.</p> <p style="text-align: right;">26</p>	<p>9:00-Aerobics 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 1:00-Yarn Club 1:30-Liquid Stained Glass 2:00-Rummikub 2:30-LRC*</p> <p style="text-align: right;">27</p>	<p>9:00-Board Meeting 9:00-Exercise 12:00-Lunch* 12:30-Pinochle 12:30-Sewing Class 1:00-Jam Session* 1:00-Coloring Club 2:00-Tai Chi</p> <p style="text-align: right;">28</p>	<p>9:00-Aerobics 9:30-Breakfast for the Brain* 9:45-Choir Practice 12:00-Bid Euchre 12:00-Mah Jongg 1:30-Craft Class*</p> <p style="text-align: right;">29</p>

Birthdays & Anniversaries

FRIDAY

9:00-Beginner Line Dancing **2**
 9:00-Exercise
 9:30-Line Dancing
 11:00-Scrabble*
11:30-New Member Mixer*
 1:00-Card Game 31
1:00-Acrylic Painting Class*
 1:30-Tai Chi

9:00-Beginner Line Dancing **9**
 9:00-Exercise
 9:30-Line Dancing
 11:00-Scrabble*
1:00-Southern Care Bingo*
 1:00-Card Game 31
1:00-Acrylic Painting Class*
 1:30-Tai Chi

9:00-Beginner Line Dancing **16**
 9:00-Exercise
 9:30-Line Dancing
 11:00-Scrabble*
11:30-Line Dancers Potluck*
 1:00-Card Game 31
1:00-Acrylic Painting Class*
 1:30-Tai Chi

23

The Center will be Closed Today

30

The Center will be Closed Today.

December Birthdays

Rita Anderson	26	Chester Harrah	14	Elaine Renn	05
Louella Ash	01	Annette Hartman	08	Joyce Rider	09
Judith Augenstein	11	Pam Hartman	31	Brenda Robinson	17
Lynda Ault	10	Lynn Harvey	03	Sandy Seiter	15
Ron Baxter	25	Regina Hillenbrand	14	Connie Shelton	11
Shirley Biederman	06	Mary Howell	07	Mary Shoewalter	17
Raymond Bloomfield	15	Anna Mae Huntley	07	Ben Simmons	23
Judy Boger	24	Peggy Jenkins	01	Phyllis Simmons	06
Bonnie Bowen	22	Bill Kelly	23	Wilford Smith	24
Bessie Brammer	06	Polly Kilgore	10	Jack Somerlot	13
Phyllis Burns	31	Anna Lamb	25	Arnold Stevens	23
Rodney Burns	11	Jerry Laucher	14	Jody Strobel	07
Armida Callahan	07	Elaine Lawson	16	Bill Thatcher	02
Vicky Carey	12	Chris Lingo	22	Connie Thomas	19
Krystyna Clarke	14	Madelyn Litzenberg	03	Fran Voll	25
Clara Cooperider	27	Michael Lodge	24	Donna Wade	18
Alice Cupp	24	Steve Longberry	14	Gordon Wall	21
James Deeter	06	Thomas McGary	13	Alana Wamack	15
Barb RamseyErlewine	26	Madeline McKnight	10	Sandi Watson	01
Nedra Frank	08	Calvin Miller	07	Mary White	25
Ruth Gamble	16	Lynda Morrison	10	William White	20
Vearl Gamble	09	Shelby Needham	10	Becky Williamsson	09
Holly Gilbert	31	Soog Park	16	Sherri Wilson	08
Ray Guider	08	Barbara Reece	15	Kristi Wink	21
Karla Hack	08	Randall Reinwald	22	Dennis Witsberger	15
Bonnie Hamblin	07				

December Anniversaries

Bob & Joan Ault	12-31-1954	62 years
Howard & Marilyn Huston	12-15-1956	60 years
Jack & Phyllis Patrick	12-25-1958	58 years
Leonard & Phyllis Larsen	12-29-1961	55 years
Dick & Meg Rasmussen	12-29-1962	54 years
Dale & Cathy Linstedt	12-16-1966	50 years
Larry & Susan Rodman	12-03-1967	49 years
Richard & Karen Gorenflo	12-31-1971	45 years
Bill & Becky Williamson	12-18-1971	45 years
Make & Sharalee Lore	12-31-1994	22 years
Steve & Garnet Honaker	12-31-1999	17 years
Max & Suzanne Hoffman	12-31-2005	06 years

New Members

James Atkinson	Lisa Lange	Sandi Watson
Doug & Janis Hoffman	Jim & Rhada Orcena	Hal Zug
Veola Kibler	Ed Ravert	
Michelle LaBarge	Jo Rose	

Volunteer of the Month

MEET ANGELA THOMAS

By Laura Ustaszewski

Can you hear me now?

Quite a few members of the Marion Senior Center can answer yes to that question now, thanks to the volunteer efforts of Angela Thomas.

Angela has been overseeing free hearing screenings at the center for a little over five years now. The screenings are available once a month on the second Tuesday of each month. “We have a lot of people after they having the screening done, who say, ‘why didn’t I do this sooner?’” Angela explained.

Angela has been in the medical field since she was 18. When she was at a crossroads in her career, she was considering real estate when she happened across an advertisement for medical sales that seemed a perfect fit. “I went on the interview and they hired me at the interview,” she said. And she’s been working for Beltone ever since, becoming a stated licensed hearing care practitioner five years ago.

Angela enjoys her work especially when clients find out that they can afford a hearing aid. “There’s something for everyone,” she explained, adding that untreated hearing loss can cause more problems than just missed conversations. “They’ve linked untreated hearing loss now to dementia, depression and Alzheimer’s.”

What she finds truly rewarding after testing someone’s hearing and fitting them with a hearing aid is how, after they begin wearing it, they begin hearing better and better. “Hearing is like anything, if you don’t use it for a long time you lose more and more of the ability to hear,” she said. “And more and more insurances are covering the cost of hearing aids.”

The hearing screenings at the center are completely free, as are any screenings held in her office—if someone is unable to make the screening day at the center. The screening itself is simple and pain free.



“First we check for wax and then we do a pure tone testing and speech testing,” she said. The pure tone testing finds the lowest level at which a person can hear and helps determine if they have mild, moderate or severe hearing loss. The testing also tells her whether or not the hearing loss is medically related or if it can be alleviated with a hearing aid. “If there’s a medical reason for the hearing loss, we refer them to a doctor,” she explained.

In addition to the hearing screenings, Angela, via Beltone, volunteers at the center in other ways. Most recently she helped with the Thanksgiving luncheon and Beltone will be sponsoring the center’s Christmas dinner.

Angela enjoys helping out at the center and seeing familiar faces each time. “A lot of patients come here,” she said. “I think one of the best things I hear about here at the center are the trips. The staff is also supportive and accommodating. They have a genuine interest in the people who come here.”

Angela, who will be 41 in December, is originally from Upper Sandusky and lived there until two years ago when she moved to Marion.

Angela and her husband have five children at home, ranging in age from 17 to four. “Sometimes I come to work to relax,” she joked.

When she’s not working or helping out at the senior center, Angela enjoys family time at home or outside with the children. She is also an avid deer hunter.

BOOMER Night



◀◀ Popcorn & Movie ▶▶

Thursday, November 10 - 12:30 pm

Experience the fun of an afternoon matinee, complete with a complimentary box of popcorn during this monthly event! We set up theater-style seating in the *Multipurpose Room*, then lower the shades and dim the lights to create a movie theater atmosphere for you to sit back, relax, and enjoy watching a newly released movie on our big screen TV! Enjoy the movie alone, or join some friends! *Please see poster located on the activity table in Kristi's office for movie details.*



Boomer Nights on Break

The fall session of Boomer Night activities concluded on Tuesday, November 22. We will take a 'holiday break' during the entire month of December. Boomer Night is currently scheduled to resume in 2017. Future activities, dates and times will be announced in the January issue of the *Sentinel*.



HOLIDAY SING-A-LONG

with Phoebe House



Join pianist **Phoebe House** near the front fireplace on **Wednesday, December 14 at 2 pm** for a good, old-fashioned 'Sing-a-Long' featuring your favorite Christmas carols and holiday classics.

Trips on the Horizon

Frankenmuth, MI

Tues./Wed., December 6 - 7

We will depart the Center at **8 am** via *Brewster* charter bus for an overnight trip to Frankenmuth, nicknamed “Little Bavaria”. The city is also the home of *Bronner’s Christmas Wonderland*, which bills itself as the “World’s Largest Christmas Store”. The trip will be perfectly timed with Christmas just a few weeks later. Cost of the trip is **\$209 Members/\$219 Non-Members** which includes transportation, overnight accommodations, dinner, breakfast and a tour of Bronner’s. **This trip is sold out!**

Meals-on-Wheels Needs You!

LifeCare Alliance is recruiting individuals, companies, clubs and schools to deliver **Meals-on-Wheels** during the lunch hour to older adults and homebound neighbors



in Marion County. Hot meals are delivered five days a week, and the **Adopt-a-Route** program provides a unique outreach experience and team-building opportunity. Volunteers may adopt a route one day a week, one day a month or any amount in between. Any level of participation will help those who need meals in the Marion area, with no expense to you. We cover all of your training!

When you volunteer to deliver Meals-on-Wheels, it makes a huge difference in the lives of your neighbors. It is a lunch hour you will feel good about all day long. For many of our clients, the Meals-on-Wheels delivery person is the only contact that they encounter all day.

The benefits of becoming a Meals-on-Wheels volunteer include:

- Meeting new people.
- Promoting teamwork.
- Giving back to the community.
- Making a difference in the lives of our clients.

Want to learn more? Contact Pauli Tice, Director of Volunteers at 614.437.2859 or email ptice@lifecarealliance.org

Handel’s Messiah

The Marion Civic Chorus will be giving their 75th consecutive presentation of *Handel’s Messiah* on **Sunday, December 4, at 7 pm**, at **Epworth United Methodist Church**, 249 E. Center Street.

The 60-voice choir is directed by Robert Nims, retired choral and vocal professor from Ohio Wesleyan. The soloists, all professional, include Dione Bennett, soprano, Carolyn Redman, alto, Benjamin Bunsold, tenor, and Robert Kerr, bass.

‘Seniors in Song’ director **Ednita Vafior** invites all members of the Marion Senior Center to bring friends and family to this free presentation of what Christmas is truly about.

2017 Trip Planner Coming Soon!

Kristi and Steve met with the *Trip Advisory Council* on Tuesday, November 15 to select and finalize the trip destinations we will be offering to our members and guests in 2017. The trips under consideration will be announced by way of our annual *Trip Planning Guide*, which will be mailed to every Senior Center member in January.

4 Days to Remember!

Just a subtle reminder as we head into the busy holiday season that the Center celebrates four traditional events each year. These major events are so big we need “all hands on deck” to ensure their success.



They are also the only days when **all other activities will be cancelled** so our staff can focus their time and energy completely on serving and meeting the needs of the large number of members in attendance. These four events have been held on established dates (three Thursdays, one Monday) since their inception. For your planning purposes, the upcoming events are; **Thanksgiving Dinner** (Thursday, November 17) **Christmas Dinner** (Thursday, December 15) **Easter Dinner** (Thursday, April 13, 2017) **Senior Citizens Appreciation Day** (Monday, May 15, 2017). Thank you for your support and understanding.

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

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Annette Hartman

Transportation Coordinator:
Lucille Kennedy

Bookkeeper: Jackie King

Maintenance Supervisor:
Randy Moore

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook 

Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Annette Hartman at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City and County of Marion. The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.