

The Sentinel

October 2017



Brought to you by Humana

Fall Festival



Tuesday, October 10

The Marion Senior Center will be hosting our first “Fall Festival” on **Tuesday, October 10**. This daytime event is from **11 am to 2 pm**, with **lunch served at noon**. Some activities will be hosted outdoors, weather permitting. So please dress accordingly.

Lunch will include Chili, cornbread, apple cider and a dessert. We will also be hosting our annual “**Chili Cook-Off**” as a part of this event, so start fine tuning your recipes! And if you prefer baking over cooking, then enter our “**Baking**

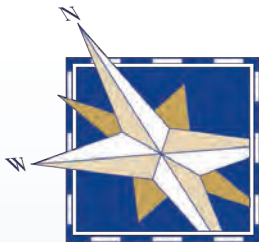


Contest”. You can enter any baked good, but in the spirit of the season it must contain “pumpkin” as an ingredient. So prepare your favorite pumpkin-flavored cake, pie, cupcake, cookie, muffin, etc. and enter to win!

Chuck Foust with *Libbycakes Stables* will have miniature horses on display. Musicial guests *David Steele & Aaron Jackson* will be performing popular hits from the 50s through the 80s following lunch. There will also be plenty of festive activities to enjoy, such as *Pumpkin painting*, a *Pumpkin Patch Walk*, and *Candy Corn Bag Toss*.



Tickets are \$7, which includes lunch, entertainment and all of the festivities. Public is welcome. Come join in on the fun!



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS

Monday–Friday: 8 AM–4 PM

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Evening DANCE

Monthly Evening Dance
Hosted on the Last Thursday.
(See Details on Page 9)

Senior Center Services

Elder Care Law

Certified elder law attorney, **Steve Roush**, representing the law firm of **Daniel P. Seink Co., Ltd.**, is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. Please contact him at **(740) 418-1840** or **1-800-393-2324** to schedule your free appointment.

Hearing Evaluations

Angela Thomas, Hearing Care Practitioner with **Beltone Audiology and Hearing Care Center** will be scheduling appointments for **Tuesday, October 10.**

Appointments include a free hearing evaluation and consultation. Time slots available are **10:30, 11:00 and 11:30 am.** Please contact the Center at (740) 387-6100 to reserve a spot.

Alzheimer's Caregiver Training Seminar

Michelle Crum from **Alzheimer's Association** will present this free Caregiver training seminar on **Tuesday, October 17 at 2 pm** in the **Multipurpose Room.**

Series of Programs

Bruce Norman, Bereavement Coordinator/Chaplain with **Kindred Hospice** will be hosting a series of free programs in the **Multipurpose Room.** **Coping with Loss** roundtable discussions from **12:30 – 1:30 pm** on the following **Tuesdays: October 31, November 14, and December 12.** And as a Vietnam veteran of the U.S. Navy, he invites other veterans to join him for coffee and **Veteran to Veteran Table Talk** from **2 - 3 pm** on the following **Wednesdays: October 25, November 29, and December 13.**

LUNCH AT THE CENTER

Hot and cold delicious, nutritious meals are available at the Marion Senior Center for anyone age 60-plus **every Tuesday-Friday at 11:30 am.** Call Life Care Alliance at 1-888-656-6831 for details. You do not need to be a Senior Center member to participate in the Dining Center program.

BINGO BRUNCH

Bingo Brunch will be held on **Wednesday, October 18, at 11:30 am.** This month's meal of Polish sausage with sauerkraut, chips, and brownie is being provided by **DeWolfe Place.** Tickets will be available for **\$4** at the Transportation Desk **until Thursday, October 12.** After lunch you'll enjoy a fun afternoon of **Bingo beginning at 12:30 pm.**

FRESH PRODUCE

The Marion Senior Center distributes free produce on behalf of **Kirkpatrick Food Pantry**, typically the first Tuesday and second Wednesday each month. Please check the calendar in this issue for this month's dates.

NEW MEMBER MIXER

Hosted on the **first Friday of every even month at 11:30 am.** All new members from the previous month are invited to join staff & volunteers for a free lunch, compliments of **Primrose Retirement Communities.** Our next **New Member Mixer** is **October 6.**



Members enjoyed Bingo and Casino games at the Popcorn Festival "Senior Stop"

Upcoming Events

Fancy Tea Party

Friday, October 20 - 11:30 am

The Senior Center will be hosting our annual *Fancy Tea Party* luncheon on **Friday, October 20** from **11:30 am to 2 pm** in the *Multipurpose Room*.

Sit, sip and savor each other's company while enjoying dainty tea sandwiches and freshly brewed tea served in fine china cups. Special guest speaker **Carol Kelly** will enlighten guests about herbal teas. Members are encouraged to wear vintage dresses and hats. Tickets are **\$8** and can be purchased at the *Transportation Desk* while they last (*don't delay...seating is limited*).



Hat Making Craft Class!
Paula Barron will provide the free instruction and decorative supplies. Just bring your own hat on **Friday, October 13** from **10 am to 2 pm**.



Senior Center Classes, Clubs & Activities

Craft Class (Monday)

Instructor **Sue Rodman's Monday** class will meet at **12:30 pm** in the *Craft Room*. Monday's class will be creating a "keepsake box". A picture of this project is displayed on the bulletin board near Kristi's office. Cost for the project is **\$10**.

Craft Class (Thursday)

Instructor **Barb Heimlich's** class meets on **Thursdays at noon** in the *Craft Room*. Members will be creating handcrafted "Autumn-themed" greeting cards. Cost for this project is **\$2 per class**. Sign up with Kristi.

'Working with Yarn' Club

Join instructor **Sue Bumgarner** as she teaches you how to crochet and/or knit. Participants will work on a variety of fun projects. Class will meet in the *Craft Room* on **Tuesdays from 1 pm to 3 pm**. There is no cost for this class.

Sewing Class

Sewing class with **Paula Barron** meets on **Wednesday** afternoons at **12:30 pm**. The class is currently in need of more pillowcases for their "pillowcase dress" mission project. **If you would like to donate** some new or gently-used pillowcases, please see **Paula** or **Kristi**.

Photography Class

Do you have a camera laying around and don't know how to use it? Come to Instructor **Royce Farson's** photography class and she will teach you the basics. Once you know how to use it you can join the others with the assignment each month. The class meets in the *Card Room* from **2-3 pm** on the **first Wednesday of each month**. The assignment for **October 6** is taking photos of "something you can't live without" and "something that begins with the letter N."

Liquid Stained Glass

Join instructor **Dee Harshfield** as you create beautiful liquid stained glass projects. This class meets **on Tuesdays at 1:30** in the *Craft Room*. Cost for the class is **\$10**, which covers the cost of materials.

Heartland Trivia

Kelly Coble from *Heartland* will be hosting "Trivia" games on the **second Wednesday of each month at 9:30 am** in the *Craft Room*. Heartland also provides breakfast goodies!

Monday Mind Games

Carla Poston from *ProCore Health Brokers*, will host *Mind Games* on **Monday mornings**. This class meets in the *Craft Room* at **9:30 am**. Carla also provides delicious "Tim Bits" for everyone attending her activity!

Breakfast for the Brain

Jump start your day—and your brain—at **9:30 am** on **Thursday mornings**, as **Bonnie McKee** from *Kindred* discusses fun trivia questions over orange juice and delicious *Andrew's* pastries.

Kingston Bingo

Tammy Millisor of *Kingston Residence of Marion* will host Bingo at **11 am** in the morning on the **second Friday** each month. Lots of fun and lots of prizes!

Left, Right, Center (LRC)

Becky Schifer of *Kindred at Home/Hospice* hosts this wildly popular dice game that's easy to learn and simple to play (with lots of prizes to win). The group usually meets out front the **second Thursday** and **fourth Tuesday** each month.

Rummikub

Learn to play the popular tile game *Rummikub*, which will be hosted in the *Game Room* on **Tuesdays from 2-4 pm**.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is available for **\$3.50** and is served at **noon**. Music is performed from **1 to 3 pm**. This event is open to the public.

Mah Jongg

Mahjong is a traditional Chinese tile game, played by four people around a table. The group has a lot of fun and welcomes beginners. They meet near the *Kitchen* on **Thursdays at noon**.

Dominoes

Dominoes is a game played with rectangular "domino" tiles. It is an easy game to learn and lots of fun! The group meets out front on **Tuesday afternoons at 12:15 pm**.

Beginner & Advanced Line Dance

Have you ever thought about learning to line dance? Beginning in October you can learn the basics on **Monday** mornings at **9 am**. Once you get the hang of it, you will be able to join our more advanced class that meets on **Friday** mornings at **9 am**. This class is for people that have been dancing for a while and are interested in learning new dances. Instructor **Royce Farson** always welcomes new class members in both classes .

Zumba® Gold Toning & Strength Training

Certified *Zumba* Instructor **Michelle Del Valle** will lead the **Zumba Gold - Toning** classes every **Tuesday morning at 10 am** followed by **Strength Classes at 11 am**. Cost is **\$3 for each class**. Both classes are **FREE** for Silver Sneakers members.

Afternoon Line Dance

Instructor **April Morrison** will begin teaching a new line dance class this month on **Tuesday** afternoons at **2:30 pm**. This class is strictly for beginners. Anyone is welcome. There is no cost for this class.

Scrabble

Learn to play *Scrabble*®, a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. The group meets out front on **Fridays at 11**.

Fitness Room

Our well-equipped **Fitness Room** is open to members at no additional cost, and boasts a variety of *Schwinn*® fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines. **The Fitness Room is typically open to members anytime the Center is open**. Please consult your physician before beginning any exercise activities.

Line Dancers Pot Luck

Line Dancers Pot Luck is hosted on the **third Friday of every even month at 11:30 am**. However, this month it will be held on **Friday, October 27** to allow everyone to attend the *Fancy Tea* event. Everyone is welcome! Please bring a covered dish to share.

Coloring Club

Adult coloring books will be available in the *Craft Room* on **Wednesdays at 1:00**. A perfect way to unwind and socialize with friends.

Choir Practice

Director **Ednita Vaflor** and our choir "*Seniors in Song*" practice from September through May on **Thursdays at 9:45 am** in the *Multipurpose Room*.

Golf League at Windy Acres

Marion Senior Center Golf League has completed their 2017 season. **They will begin their 2018 season the second week of May**. The league plays at *Windy Acres* on **Wednesday** mornings at **8:30 am**. **See the Season-ending Scramble results printed on Page 10*.

Bridge

If you like to play Bridge, there are two opportunities to play. Bridge is hosted every **Monday** and **Tuesday at 10am**. Everyone is welcome to play!

Pinochle

There are also two opportunities to play Pinochle at the Center: **Mondays at 12:00 pm** and also **Wednesdays at 12:30pm**. Everyone is welcome to play!

Euchre

Progressive Euchre is played on **Mondays at 12:00 pm** and *Bid Euchre* plays on **Thursdays at 12:00 pm**. Both groups meet out front. Everyone is welcome to play!

Hand & Foot Card Game

This group will meet in the *Game Room* on **Mondays at 12:30pm**. Anyone interested is welcome to join in the fun!

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, described as "meditation in motion". Tai Chi helps reduce stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes twice a week on **Wednesdays at 2:00 pm** and **Fridays at 1:30 pm** in the *Multipurpose Room*.

'Get the Scoop' on Medicare

Carla Poston from *ProCore Health Brokers* will be hosting an educational seminar titled "*Get the Scoop on Medicare*". This free seminar will be held on **Tuesday, October 17 at 12:30 pm**. Not only will you receive timely and helpful information, but you'll also be treated to ice cream.



October 2017 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>9:00-Exercise 2 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class</p>	<p>9:00-Aerobics 3 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 12:30-Texas Hold 'Em 1:00-Yarn Club 1:30-Stained Glass 2:30-Line Dancing* 2:00-Rummikub</p>	<p>8:00-Amish Country Trip* 4 9:00-Exercise 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi* 2:00-Photography Class*</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 2em;">T</p>	<p>9:00-Aerobics 5 9:30-Breakfast for the Brain* 9:45-Choir Practice* 12:00-Bid Euchre 12:00-Mah Jongg 12:00-Craft Class*</p>
<p>9:00-Exercise 9 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class</p>	<p>9:00-Aerobics 10 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 10:30-Hearing Evaluations* 11:00-Strength Training 11:00-Fall Festival* 12:15-Dominoes 12:30-Texas Hold 'Em 1:00-Yarn Club 1:30-Stained Glass 2:00-Humana Medicare Discussion* 2:00-Rummikub 2:30-Line Dancing*</p>	<p>9:00-Produce Day* 11 9:00-Exercise 9:30-Heartland Trivia* 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi*</p> <p style="text-align: center; color: green; font-weight: bold; font-size: 2em;">P</p>	<p>9:00-Aerobics 12 9:30-Breakfast for the Brain* 9:45-Choir Practice* 12:00-Bid Euchre 12:00-Mah Jongg 12:00-Craft Class* 12:30-Popcorn & Movie* 12:30-Texas Hold 'Em 2:30-LRC*</p>
<p>9:00-Exercise 16 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class</p>	<p>9:00-Aerobics 17 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 12:30-Texas Hold 'Em 12:30-Scoop on Medicare* 2:00-Alzheimer's Caregiver* 1:00-Yarn Club 1:30-Stained Glass 2:00-Rummikub 2:30-Line Dancing*</p>	<p>9:00-Exercise 18 9:30-Humana Medicare Discussion* 11:30-Bingo Brunch* 12:30-Bingo* 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi*</p>	<p>9:00-Aerobics 19 9:30-Breakfast for the Brain* 9:45-Choir Practice* 12:00-Bid Euchre 12:00-Mah Jongg 12:00-Craft Class* 12:30-Texas Hold 'Em 2:30-LRC*</p> <div style="background-color: yellow; text-align: center; padding: 5px; border: 1px solid black;"> <p><i>League of Women Voters</i> Candidates Night*</p> </div>
<p>9:00-Exercise 23 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class</p>	<p>9:00-Aerobics 24 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 12:30-Texas Hold 'Em 1:00-Yarn Club 1:30-Stained Glass 2:00-Rummikub 2:30-Line Dancing* 2:30-LRC*</p>	<p>9:00-Board Meeting 25 9:00-Exercise 12:00-Lunch* 1:00-Jam Session* 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi* 2:00-Veteran to Veteran Table Talk*</p>	<p>9:00-Aerobics 26 9:30-Breakfast for the Brain* 9:45-Choir Practice* 12:00-Bid Euchre 12:00-Mah Jongg 12:00-Craft Class* 12:30-Texas Hold 'Em</p> <div style="background-color: yellow; text-align: center; padding: 5px; border: 1px solid black;"> <p>5:00 - 8:30 pm Halloween Dance*</p> </div>
<p>9:00-Exercise 30 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Halloween Lunch* 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class 12:30-Food Box Day*</p> <p style="text-align: center; color: blue; font-weight: bold; font-size: 2em;">F</p>	<p>9:00-Aerobics 31 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training* 12:15-Dominoes 12:30-Texas Hold 'Em 12:30-Coping with Loss Roundtable Discussion* 1:00-Yarn Club 1:30-Stained Glass 2:00-Rummikub 2:30-Line Dancing*</p>	<div style="border: 2px solid orange; border-radius: 15px; padding: 10px; background-color: #fff9c4; display: inline-block;"> <p style="text-align: center; margin: 0;">Fall Festival Tues., Oct. 10</p> </div>	
			<p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;"><i>Thursday, October 26</i></p> <p style="text-align: center; color: red; font-weight: bold; font-size: 2em;">Thursday Evening Dance!</p> <div style="text-align: center;">  </div> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">Details on Pg. 9</p>

Birthdays & Anniversaries

FRIDAY

6

9:00-Beginner Line Dancing
 9:00-Exercise
 9:30-Line Dancing
11:30-New Member Mixer*
 11:00-Scrabble*
 1:00-Card Game 31
 1:30-Tai Chi

13

9:00-Beginner Line Dancing
 9:00-Exercise
 9:30-Line Dancing
10:00-Hat Making Craft Class*
 11:00-Scrabble*
11:00-Kingston Bingo*
 1:00-Card Game 31
 1:30-Tai Chi

20

9:00-Beginner Line Dancing
 9:00-Exercise
 9:30-Line Dancing
 11:00-Scrabble*
11:30-Fancy Tea Party*
 1:00-Card Game 31
 1:30-Tai Chi

27

9:00-Produce Day*
 9:00-Beginner Line Dancing
 9:00-Exercise
 9:30-Line Dancing
 11:00-Scrabble*
11:30-Line Dancers Pot Luck*
 1:00-Card Game 31
 1:30-Tai Chi

F = Food Box Day

P = Produce Day

T = Trip Departure

D = Thursday Evening Dance

*See Article Inside for Details

October Birthdays

Shirley Anderson	13	Sally Geho	15	Marlene Renick	21
Marjorie Armbruster	27	Mollie Geissler	18	Peggy Rowland	19
Patricia Baldinger	22	Joann Goodwin	28	Virginia Rowland	28
Virginia Barnett	21	Richard Gorenflo	20	Faye Ruby	22
Nancy Beckel	27	Mike Hampel	11	Larry Scheff	21
Margaret Bell	08	Budd Hartz	10	Rudy Schneider	10
Deloris Bills	02	Kenneth Hayes	03	Tim Shoewalter	04
Jan Blevins	06	Carl Hecker	02	Lynn Slemmons	04
Jim Bowman	27	Ellen Hoffinan	28	Don L. Smith	13
Helen Brammer	27	Steve Honaker	01	Lewis Smith	22
Mary Lou Butterworth	13	Elizabeth Hoy	14	Tony Stewart	29
James Carpenter	08	Sally Ingram	18	Linda Strickland	29
Marilyn Carver	08	Linda Jevrem	02	Debbie Taube	10
Margie Chasteen	27	Phyllis Larsen	07	Jacqueline Taylor	09
Doris Cunningham	17	Donna Longberry	29	Dick Thatcher	22
Martin Cunningham	13	Bob Lucas	26	Tom Utley	16
Rosemary Curren	04	William McCaulley	27	Gary VanBuskirk	25
Sharon Davis	30	Beth Mansperger	04	Thomas Veit	18
Yolly De Los Reyes	25	Shirley Marquis	07	Marcia Weir	26
Wilma Dummit	31	Shirley Marshall	18	Jeanette White	01
Mary Ellen Dune	04	Larry Muhr	10	Jerry Wood	10
Larry Fairchild	02	Becky Oehler	07	Janet Woods	10
Helen Farrington	13	Paul Oehler	17	Becky Yannitell	10
Ronald Fleming	30	Beatrice Okray	22	Suzie Zeigler	07
Dianna Fry	20	Jack Patrick	07	Judy Zimak	01
Pat Gattshall	15	Marcia Pemberton	29	Jo Ann Zimmerman	18

October Anniversaries

Wilson & Betty Mowery	October 30	1944	73 years
Louis & Betty Hughes	October 05	1946	71 years
Paul & Lucille Kennedy	October 06	1951	66 years
Lowell & Kittie Schlecht	October 01	1955	62 years
Wayne & Norma Newell	October 25	1958	59 years
Wallace & Nancy Beckel	October 30	1960	57 years
Larry & Barbara Fairchild	October 12	1963	54 years
Gary & Armida Callahan	October 29	1965	52 years
Larry & Pam Gandee	October 01	1967	50 years
Lynn & Connie Thomas	October 19	1979	38 years
Steve & Sue Shuler	October 18	1980	37 years
Larry & Diane Knapp	October 28	2009	08 years

New Members

Janet Coleman	Kenneth Morgan
Linda Hawkins	Ed & Marcia Pemberton
Rebecca Leathem	Patricia Ryan
Bruce Martin	Diane Williams

Volunteer of the Month

MEET BILL & JUDY THATCHER

By Tim Frericks

Don't believe conventional wisdom that a person can be "too young to fall in love". Our volunteers of the month, Bill and Judy Thatcher prove that true love can appear at a young age and last a lifetime.

A fifty-six plus year love story continues nearly every day at the Marion Senior Center as Bill (a Greeter) and Judy (a Pool Instructor) contribute their time and talent improving the quality of our Center.

Bill and Judy met at Baker Junior High in Marion and their relationship continued on to Harding High School from which they both graduated in 1959 as classmates of former Marion Fire Chief and local historian Phil Reid. Bill and Judy married in 1961.

Bill and Judy are the parents of two sons: Jeff, now 51, who lives in Florida and Larry, now 48 who lives in Rhode Island. They enjoy their visits to see Jeff and Larry and consider themselves fortunate that each child lives in a scenic state which makes their trip very interesting.

They currently reside in the Grandview Estates subdivision in Marion County and



spend many days at the Center where they have many good friends.

Bill is a Greeter three days each week at the Center. He retired from the Marion County Sheriff's Department in 2001 after twenty-five years of service as a Deputy. A soft-spoken man Bill speaks of the many prisoners he would transport to and from different venues.

Judy has worked as a beautician and more recently for the Head Start program. She was born in Upper Sandusky, Ohio as Judy Castanien and moved to Marion as a small child. She now volunteers as a Pool Instructor at the Center. In her spare time she maintains a garden at home.

As the Thatchers look to the future they plan on spending much time at the Senior Center and continue their lives of service to others.

And meet our new "Volunteer of the Month" author...

We welcome **Timothy M. Frericks** to the *Sentinel* staff this month. Tim was born in Marion, Ohio on June 5, 1949. He is the son of Theodore P. Frericks and Jane (Fetter) Frericks. He is a graduate of Marion Catholic High School (1967), University of Notre Dame (1971), and Ohio Northern University Law School (1974). Tim began his professional career as a practicing Attorney in Marion at the firm of *Frericks and Howard LPA* in 1974, from where he retired in 2017. He is a member of St. Mary Catholic Church in Marion, and has four siblings: Ted Frericks IV (Marion). Tom Frericks (Marion), Mary Anne Grimes (Marion), Peggy Thompson (Troy, Ohio). Tim has written many articles for the *Marion Star* over the years, and we're glad he's offered to share his talents with us!

Evening DANCE



◀◀ Popcorn & Movie ▶▶ Thursday, October 12 - 12:30 pm

Experience the fun of an afternoon matinee, complete with a complimentary box of popcorn during this monthly event! We set up theater-style seating in the *Multipurpose Room*, then lower the shades and dim the lights to create a movie theater atmosphere for you to sit back, relax, and enjoy watching a newly released movie on our big screen TV! Feel free to come alone, or join some friends! *Please see the poster located on the activity board near Kristi's office for movie details.*



HALLOWEEN COSTUME PARTY & DANCE

Thursday, October 26 5 - 8:30 pm

Dress up in a costume or come as you are. Prizes will be awarded for the most creative costumes. The evening begins with a **dance lesson held from 5 - 5:45 pm** (FREE with paid admission). Music will be provided from **6 - 8:30 pm** by DJ Alex Sheridan with *Ichor Entertainment*. Free refreshments are served during intermission. **Admission is \$5**. These dances are open to the public. Must be age 50+ (or accompanied by a member). Special thanks to our dance sponsor *Primrose!*



Trips on the Horizon

Winter Fantasy Overnight Trip

Wednesday/Thursday, December 6 & 7

This overnight trip will depart the Center via charter bus on Wednesday morning at **8 am**. We will stop en route at *Mehlman's Cafeteria* for lunch (on your own). We will then visit *Oglebay Resort* in Wheeling, WV, where you will receive their "Silver Package" which includes: dinner, tour guide, souvenir, and admission to *Winter Fantasy of Lights*, *Carriage House Glass Museum* and *Mansion Museum*. We will have overnight accommodations at *Springhill Suites Wheeling*. Our return trip home will begin with a visit to *Wheeling Island Casino*. After some fun time at the casino, we will depart for the *J.E. Reeves Victorian Home* in Dover, OH, where you will enjoy lunch and receive a guided tour of this majestic historic home with 17 rooms completely decorated for the holidays. We will return to the Center at approximately 5:30 pm. Cost of the trip is **\$285 Members/\$295 Non-Members**, which includes transportation, overnight accommodations, all guided tours and admission to all museums, dinner on Wednesday evening, and breakfast and lunch on Thursday. **Note: This trip is limited to 38 participants. Sign up NOW with a \$20 deposit!**



**Overnight Trip prices based on double occupancy*



Many thanks to **Steve & Marlene Renick**, and members of their *Tai Chi* and *Books Balance & BS classes*, for raising **\$470** in donations to go towards our Picnic Shelter project by hosting an Indoor Yard Sale at Marion Centre Mall!

Senior Golf League Season-Ending Scramble Results

1st Place - 29 Ron Walker Don Rich Gerald Waugh Ray Hughes	2nd Place - 30 Pat Elkins Ron Graham Dale Linstedt	3rd Place - 32 Bill Shaffer Cathy Linstedt Edris Seiter
4th Place - 34 Barry Hazlett Bob Ault Gary Van Buskirk		

Amish Country Trip

Wednesday, October 4

We will depart the Center at **8 am** via *S&S charter bus* for our annual fall trip to Amish Country. First stop is *Hershberger's Farm & Bakery* to see an amazing selection of baked goods, like fry pies, apple fritters and muffins, to name just a few. They also have a farm store and a petting zoo featuring a nice variety of farm animals. Next we'll visit *Guggisberg Cheese* to watch them make their award-winning Baby Swiss cheese. Then we'll enjoy a Swiss & Austrian buffet lunch at the adjacent *Chalet in the Valley Restaurant*. We'll stop at popular *Breitenbach Winery* en route to our final destination, where we'll tour *Warther's Woodcarving Museum* in Dover, OH. Estimated time for arrival back at the Center is 7:30 pm. Cost is **\$79 Members/\$89 Non-Members**, which includes transportation, lunch buffet, and admission to *Warther's Museum*. **Sign up NOW with a \$20 deposit!**



Share Your 2018 Trip Suggestions!

We are in the beginning stages of planning trips for 2018. If you have a suggestion for a trip you would like us to consider, please share that information with **Kristi or Steve** prior to their meeting with the *Trip Advisory Council* later this fall.

Humana Medicare Discussions

Brandt Kleinschmidt from *Humana* will be hosting informational discussions about changes to Medicare on **Tuesday, October 10 at 2 pm** and **Wednesday, October 18 at 9:30 am**. If you are part of Medicare Advantage plan, or considering Medicare Advantage in the upcoming period, this is a great opportunity to ask questions and learn about the ever-changing landscape of Medicare.

Meals on Wheels Needs You!

LifeCare Alliance needs volunteers to help deliver **Meals on Wheels** during the lunch hour to older adults in Marion County. Whether it's one day a week, or even one day a month... your help would be greatly appreciated. Please call Pauli at **(614) 437-2859** for details.



Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

NON-PROFIT
U.S. Postage
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Marion, OH
Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Kristi Wink

Social Services Coordinator:
Annette Hartman

Transportation Coordinator:
Doug Connor

Bookkeeper: Jackie King

Maintenance Supervisor:
Randy Moore

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Annette Hartman at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City and County of Marion. The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.