

Volume 34 • Issue 11

The Sentinel

November 2017



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS
Monday-Friday: 8 AM-4 PM

INSIDE THIS ISSUE:

Highlights	Cover
Senior Center Services	2
Upcoming Events	3
Classes, Clubs & Activities	4
Health & Fitness	5
Calendar/Birthdays	6 & 7
Volunteer of the Month	8
Evening Dance/Movie	9
Trips on the Horizon	10
Ads	11
Directory	Back

Evening DANCE

Monthly Evening Dance
Hosted on the Last Thursday.
(See Details on Page 9)

Brought to you by Beltone Audiology and Hearing Care Center

Thanksgiving DINNER



Thursday, November 16 - Noon



We will be serving our annual Thanksgiving Dinner at the Senior Center on **Thursday, November 16 at noon**. Dinner will be catered by *Special Occasions* with the help of volunteer members and friends of the Center. The traditional Thanksgiving dinner will feature turkey, dressing, gravy, sweet potato casserole, green beans, cranberry salad, dinner roll, pumpkin pie, and a beverage.

Musical entertainment will be provided by **Johnny Steiner**, a favorite throughout central Ohio. Known for his singing voice and clever wit, Steiner hails from Green Camp and is a graduate of Elgin High School.



Tickets are **\$10**, which includes dinner and entertainment. They can be purchased at the *Transportation Desk* by **Monday, November 13**.

**Please note all other activities will be cancelled on this date.*

Senior Center Services

Elder Care Law

Certified elder law attorney, **Steve Roush**, representing the law firm of **Daniel P. Seink Co., Ltd.**, is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. Please contact him at **(740) 418-1840** or **1-800-393-2324** to schedule your free appointment.

Hearing Evaluations

Angela Thomas, Hearing Care Practitioner with **Beltone Audiology and Hearing Care Center** will be scheduling appointments for **Tuesday, November 14**.

Appointments include a free hearing evaluation and consultation. Time slots available are **10:30, 11:00 and 11:30 am**. Please contact the Center at (740) 387-6100 to reserve a spot.

Alzheimer's Caregiver Training Seminar

Michelle Crum from **Alzheimer's Association** will present this free Caregiver training seminar on **Tuesday, November 21** at **2 pm** in the **Multipurpose Room**.

Series of Programs

Bruce Norman, Bereavement Coordinator/Chaplain with **Kindred Hospice** will be hosting a series of free programs in the **Multipurpose Room**. **Coping with Loss** roundtable discussions from **12:30 – 1:30 pm** on the following **Tuesdays**: **November 14** and **December 12**.

And as a Vietnam veteran of the U.S. Navy, he invites other veterans to join him for coffee and **Veteran to Veteran Table Talk** from **2 - 3 pm** on the following **Wednesdays**: **November 29** and **December 13**.

LUNCH AT THE CENTER

Hot and cold delicious, nutritious meals are available at the Marion Senior Center for anyone age 60-plus **every Tuesday-Friday at 11:30 am**. Call Life Care Alliance at 1-888-656-6831 for details. You do not need to be a Senior Center member to participate in the Dining Center program.

BINGO BRUNCH

Bingo Brunch will be held on **Wednesday, November 15, at 11:30 am**. This month's meal of Polish sausage with sauerkraut, chips, and brownie is being provided by **DeWolfe Place**. Tickets will be available for **\$4** at the Transportation Desk **until Thursday, November 9**. After lunch you'll enjoy a fun afternoon of **Bingo beginning at 12:30 pm**.

FRESH PRODUCE

The Marion Senior Center distributes free produce on behalf of **Kirkpatrick Food Pantry**, typically the first Tuesday and second Wednesday each month. Please check the calendar in this issue for this month's dates.

NEW MEMBER MIXER

Hosted on the **first Friday of every even month at 11:30 am**. All new members from the previous month are invited to join staff & volunteers for a free lunch, compliments of **Primrose Retirement Communities**. Our next **New Member Mixer** is **Friday, December 1**.



Great day for Fall Festival sponsored by Humana



Upcoming Events

'Farewell' Randy Moore

Monday, November 6 - 11:15 am

Come say "goodbye" to **Randy Moore**, as our dedicated long-time Maintenance man gets ready to devote a little more time to traveling with Janie, spoiling the grandkids and chasing a little white ball around the golf course. Even though he's retiring from his daily maintenance duties, you'll see him around the Center in a different capacity on occasion, as a van driver for day trips. *Randy's Farewell Luncheon* will be a part of our traditional lunch on **Monday, November 6**.

The festivities will begin with a brief ceremony at **11:15 am**, followed by an a la carte lunch featuring some of Randy's favorites, including beef & noodles and cherry dump cake!



'Hello' Jay Yarger!

While you're saying farewell to Randy, you can welcome his replacement! Meet our new Maintenance man **Jay Yarger!** Jay is quite a handyman, having spent the majority of his years working in construction here in the Marion area. We feel fortunate to have found someone with Jay's particular set of skills to keep our beautiful facility always looking its best!



Senior Center Classes, Clubs & Activities

Craft Class (Monday)

Instructor **Sue Rodman's Monday** class will meet at **12:30 pm** in the *Craft Room*. Monday's class will be creating a "keepsake box". A picture of this project is displayed on the bulletin board near Kristi's office. Cost for the project is **\$10**.

Craft Class (Thursday)

Instructor **Barb Heimlich's** class meets on **Thursdays at noon** in the *Craft Room*. Members will be creating handcrafted "Autumn-themed" greeting cards. Cost for this project is **\$2 per class**. Sign up with Kristi.

'Working with Yarn' Club

Join instructor **Sue Bumgarner** as she teaches you how to crochet and/or knit. Participants will work on a variety of fun projects. Class will meet in the *Craft Room* on **Tuesdays from 1 pm to 3 pm**. There is no cost for this class.

Sewing Class

Sewing class with **Paula Barron** meets on **Wednesday** afternoons at **12:30 pm**. The class is currently in need of more pillowcases for their "pillowcase dress" mission project. **If you would like to donate** some new or gently-used pillowcases, please see **Paula** or **Kristi**.

Photography Class

Do you have a camera laying around and don't know how to use it? Come to Instructor **Royce Farson's** photography class and she will teach you the basics. Once you know how to use it you can join the others with a new assignment each month. The class meets in the *Card Room* from **2-3 pm** on the **first Wednesday of each month**. The assignment for **November 1** is taking photos of "smiles and fall scenery".

Liquid Stained Glass

Join instructor **Dee Harshfield** as you create beautiful liquid stained glass projects. This class meets **on Tuesdays at 1:30** in the *Craft Room*. Cost for the class is **\$10**, which covers the cost of materials.

Heartland Trivia

Kelly Coble from *Heartland* will be hosting "Trivia" games on the **second Wednesday of each month at 9:30 am** in the *Craft Room*. Heartland also provides breakfast goodies!

Monday Mind Games

Carla Poston from *ProCore Health Brokers*, will host *Mind Games* on **Monday mornings**. This class meets in the *Craft Room* at **9:30 am**. Carla also provides delicious "Tim Bits" for everyone attending her activity!

Breakfast for the Brain

Jump start your day—and your brain—at **9:30 am** on **Thursday mornings**, as **Bonnie McKee** from *Kindred* discusses fun trivia questions over orange juice and delicious *Andrew's* pastries.

Kingston Bingo

Tammy Millisor of *Kingston Residence of Marion* will host Bingo at **11 am** on **Friday, November 17** this month to accommodate our Veterans Day Celebration.

Brookdale Bingo

Jean Anne Cheney of *Brookdale* will host Bingo at **12:30 pm** on the **first Wednesday** each month. Lots of fun and prizes!

Left, Right, Center (LRC)

Becky Schifer of *Kindred at Home/Hospice* hosts this wildly popular dice game that's easy to learn and simple to play (with lots of prizes to win). The group usually meets out front the **second Thursday** and **fourth Tuesday** each month.

Rummikub

Learn to play the popular tile game *Rummikub*, which will be hosted in the *Game Room* on **Tuesdays from 2-4 pm**.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is available for **\$3.50** and is served at **noon**. Music is performed from **1 to 3 pm**. Public welcome!

Mah Jongg

Mahjong is a traditional Chinese tile game, played by four people around a table. The group has a lot of fun and welcomes beginners. They meet near the *Kitchen* on **Thursdays at noon**.

Dominoes

Dominoes is a game played with rectangular "domino" tiles. It is an easy game to learn and lots of fun! The group meets out front on **Tuesday afternoons at 12:15 pm**.

Beginner & Advanced Line Dance

Have you ever thought about learning to line dance? Beginning in October you can learn the basics on **Monday** mornings at **9 am**. Once you get the hang of it, you will be able to join our more advanced class that meets on **Friday** mornings at **9 am**. This class is for people that have been dancing for a while and are interested in learning new dances. Instructor **Royce Farson** always welcomes new class members in both classes .

Zumba® Gold Toning & Strength Training

Certified *Zumba* Instructor **Michelle Del Valle** will lead the **Zumba Gold - Toning** classes every **Tuesday morning at 10 am** followed by **Strength Classes at 11 am**. Cost is \$3 for each class. Both classes are FREE for Silver Sneakers members.

Afternoon Line Dance

Instructor **April Morrison** will begin teaching a new line dance class this month on **Tuesday** afternoons at **2:30 pm**. This class is strictly for beginners. Anyone is welcome. There is no cost for this class.

Scrabble

Learn to play *Scrabble*®, a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. The group meets out front on **Fridays at 11**.

Fitness Room

Our well-equipped **Fitness Room** is open to members at no additional cost, and boasts a variety of *Schwinn*® fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines. **The Fitness Room is typically open to members anytime the Center is open**. Please consult your physician before beginning any exercise activities.

Line Dancers Pot Luck

Line Dancers Pot Luck is hosted on the **third Friday of every even month at 11:30 am**. The next potluck will be held on **Friday, December 15**. Everyone is welcome! Please bring a covered dish to share.

Coloring Club

Adult coloring books will be available in the *Craft Room* on **Wednesdays at 1:00**. A perfect way to unwind and socialize with friends.

Choir Practice

Director **Ednita Vaflor** and our choir "*Seniors in Song*" practice from September through May on **Thursdays at 9:45 am** in the *Multipurpose Room*.

Golf League at Windy Acres

Marion Senior Center Golf League has completed their 2017 season. **They will begin their 2018 season the second week of May**. The league plays at *Windy Acres* on **Wednesday** mornings at **8:30 am**.

Bridge

If you like to play Bridge, there are two opportunities to play. Bridge is hosted every **Monday** and **Tuesday at 10am**. Everyone is welcome to play!

Pinochle

There are also two opportunities to play Pinochle at the Center: **Mondays at 12:00 pm** and also **Wednesdays at 12:30pm**. Everyone is welcome to play!

Euchre

Progressive Euchre is played on **Mondays at 12:00 pm** and *Bid Euchre* plays on **Thursdays at 12:00 pm**. Both groups meet out front. Everyone is welcome to play!

Hand & Foot Card Game

This group will meet in the *Game Room* on **Mondays at 12:30pm**. Anyone interested is welcome to join in the fun!

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, described as "meditation in motion". Tai Chi helps reduce stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes twice a week on **Wednesdays at 2:00 pm** and **Fridays at 1:30 pm** in the *Multipurpose Room*.

New! 'Tech Time with TJ'

T.J. Badertscher from *Center Street Community Health Center* will be here during the morning of **Wednesday, November 22** beginning at **10:30 am** to offer free advice and assistance to anyone wanting to learn how to better use their Smartphones, tablets, iPads and other digital devices. Please call **(740) 387-6100** to schedule a half hour appointment.

November 2017 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p style="color: red; text-align: center;">Mark your Calendars!</p>  <p style="text-align: center;">Stormy Cushing UNO Card Tourney Monday, Dec. 4 - Noon</p>	<p style="color: red;">Thursday, November 30</p> <p style="font-size: 2em; color: red;">Thursday Evening Dance!</p>  <p style="color: red; font-weight: bold;">Details on Pg. 9</p>	<p>9:00-Exercise 1 12:30-Pinochle 12:30-Sewing Class 12:30-Brookdale Bingo* 1:00-Coloring Club 2:00-Tai Chi* 2:00-Photography Class*</p>	<p style="background-color: yellow;">8:30-Scioto Downs* 2 9:00-Aerobics 9:30-Breakfast for the Brain* T 9:45-Choir Practice * 12:00-Bid Euchre 12:00-Mah Jongg 12:00-Craft Class*</p>
<p>9:00-Exercise 6 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:15-Randy Moore Farewell Lunch* 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class</p>	<p>9:00-Produce Day* 7 9:00-Aerobics P 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 12:30-Texas Hold 'Em 1:00-Yarn Club 1:30-Stained Glass 2:00-Humana Medicare Discussion* 2:00-Rummikub 2:30-Line Dancing*</p>	<p>9:00-Exercise 8 9:30-Heartland Trivia* 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi*</p>	<p>9:00-Aerobics 9 9:30-Breakfast for the Brain* 9:45-Choir Practice * 12:00-Bid Euchre 12:00-Mah Jongg 12:00-Craft Class* 12:30-Popcorn & Movie* 'Something's Gotta Give' 12:30-Texas Hold 'Em 2:30-LRC*</p>
<p>8:30-Volunteer Greeters Meeting 13 9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards</p>	<p>9:00-Aerobics 14 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 10:30-Hearing Evaluations* 11:00-Strength Training 12:15-Dominoes 12:30-Texas Hold 'Em 12:30-Coping with Loss* 1:00-Yarn Club 1:30-Stained Glass 2:00-Rummikub 2:30-Line Dancing*</p>	<p>9:00-Produce Day* 15 9:00-Exercise P 11:30-Bingo Brunch* 12:30-Bingo* 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi*</p>	<p style="background-color: yellow; text-align: center; font-weight: bold; font-size: 1.2em;">12:00-Thanksgiving Dinner*</p> <p style="font-size: 0.8em; text-align: center;">*All regularly scheduled activities are cancelled today.</p>
<p>9:00-Exercise 20 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class</p>	<p>9:00-Aerobics 21 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 12:30-Texas Hold 'Em 1:00-Yarn Club 1:30-Stained Glass 2:00-Alzheimer's Caregiver* 2:00-Rummikub 2:30-Line Dancing*</p>	<p>9:00-Exercise 22 10:30-New! Tech Time with TJ* 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi*</p>	<p style="text-align: center; font-size: 1.5em; color: red;"><i>Happy Thanksgiving!</i></p>  <p style="text-align: center; font-size: 0.8em;">The Center is Closed Today</p>
<p>9:00-Exercise 27 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Halloween Lunch* 12:00-Pinochle 12:00-Euchre 12:30-Hand & Foot Cards 12:30-Craft Class 12:30-Food Box Day* F</p>	<p>9:00-Aerobics 28 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training* 12:15-Dominoes 12:30-Texas Hold 'Em 1:00-Yarn Club 1:30-Stained Glass 2:00-Rummikub 2:30-Line Dancing* 2:30-LRC*</p>	<p>9:00-Board Meeting 29 9:00-Exercise 12:00-Lunch* 1:00-Jam Session* 12:30-Pinochle 12:30-Sewing Class 1:00-Coloring Club 2:00-Tai Chi* 2:00-Veteran to Veteran Table Talk*</p>	<p>9:00-Aerobics 30 9:30-Breakfast for the Brain* 9:45-Choir Practice * 12:00-Bid Euchre 12:00-Mah Jongg 12:00-Craft Class* 12:30-Texas Hold 'Em</p> <p style="background-color: yellow; text-align: center; font-weight: bold; font-size: 1.1em;">6 - Holiday Formal Dance </p>

Birthdays & Anniversaries

FRIDAY

9:00-Beginner Line Dancing **3**
 9:00-Exercise
 9:30-Line Dancing
 11:00-Scrabble*
 1:00-Card Game 31
 1:30-Tai Chi

9:00-Beginner Line Dancing **10**
 9:00-Exercise
 9:30-Line Dancing
 11:00-Scrabble*
12:00-Veterans Day Celebration*
 1:00-Card Game 31
 1:30-Tai Chi

9:00-Beginner Line Dancing **17**
 9:00-Exercise
 9:30-Line Dancing
11:00-Kingston Bingo*
 11:00-Scrabble*
 1:00-Card Game 31
 1:30-Tai Chi

24

**The Center
 will be
 Closed Today**

F = Food Box Day

P = Produce Day

T = Trip Departure

D = Thursday Evening Dance

*See Article Inside for Details

November Birthdays

Linda Adkins	04	Leonard Larsen	13	Mildred Sanders	27
James Atkinson	22	Cheryl Lemley	14	Ronald Sanders	12
DelRita Beeney	18	Norma Lewis	20	Fred Saull	30
Ruth Belford	16	Ruth Lutz	28	Jean Seaburn	14
Phillip Blanton	30	Joyce McCain	04	Maryanne Seckel	14
Clara Bolander	30	Sharon McKenzie	25	Jim Shade	22
Tiny Braddy	30	Robert Merriman	20	Bob Simmons	26
Gloria Brammer	09	Valerie Mettler	16	Kate Snider	02
Marilyn Carver	08	Russell Miley	01	Theresa Sokaski	01
Mary Cook	28	Sue Miley	24	Kyoung Starkey	25
Doris Decker	03	John Moodie	20	Alice Steed	23
Lucille Deeter	07	Odessa Myers	01	Juanita Stevens	29
Donald Distel	29	John Neimeyer	27	Harold Stoner	09
Kenneth Ellwood	19	Wayne Newell	06	Judy Stoner	06
Betty Forry	11	Joan Norris	27	Shirley Tolley	03
Linda Gallina	04	Linda Oehler	19	Ednita Vafloor	02
Jenny Hedges	29	Jerry Persinger	29	Judith Vangeloff	25
Carl Hindman	15	Kathy Powell	03	Ted Watt	01
Nita Hurd	14	Jack Rankin	08	Ronald L. Wolf	03
Betty Kittinger	13	Doris Sneed Rapp	10	Marie Zeisler	17
Betty Lou Krist	18	Steve Renick	03		
John Landis	06	Connie Roberts	24		

November Anniversaries

Marty & Norma Lewis	November 30, 1946	71 years
Bob & Janet Lucas	November 23, 1952	65 years
Bill & Shirley Groll	November 20, 1957	60 years
Ken & Shirley Anderson	November 02, 1958	59 years
Ray & Mary Hughes	November 07, 1958	59 years
Jerry & Marietta Wood	November 23, 1962	55 years
Ron & Karen Baxter	November 05, 1967	50 years
Martin & Bonnie Cunningham	November 30, 1968	49 years
Kenneth & Carolyn Ellwood	November 08, 1969	48 years
Gerald & Cheryl Waugh	November 27, 1970	47 years
Doug & Janis Hoffman	November 25, 1971	46 years
Willis & Corinne Lamb	November 28, 1987	30 years

New Members

Jane BenderBishop	Mary Gross	John Probst
Marion & Maureen Brown	Lewis & Alana Kilzer	Jack Rankin
Barb Clark	John Murphy	Pamela Ruhl
Debbie Coble	Debbie Page	John Shore
Gary Dooley		

Volunteer of the Month

MEET APRIL MORRISON

By Anne Marie Bailey

If you are in the Marion Senior Center on Tuesday afternoons, or once a month on a Thursday evening, then you will be in the company of a dynamic, energetic little lady with dancing in her heart. She comes with a resumé that is impressive, to say the least. She worked in Marion City Schools for 11 years, and for the Ohio Environmental Protection Agency for twenty. Retiring from the State of Ohio in 2008, she initiated her line dance instruction at the Marion YMCA the following year.

"I've always loved to dance," she said with a glint in her eye, but her real dancing career started in 1993 when she moved to Columbus and started taking ballroom lessons. Then in 1995, she started going to local singles dances on Sunday each week and continued to take line and ballroom lessons in Columbus. She also taught a class in East Coast Swing, better known as Jitterbug!

She started attending a line dance club called Dakota's Ranch near Marysville in 2000. She learned country partner dancing and in 2001 was invited by the Palace Theatre's Creative Arts Program to teach country partner dance, line dancing, and ballroom dancing over a three-year period. The music plays on with happy dancing feet.

After retiring in 2008, she continued to teach in Columbus at the Dublin Recreation Center and Gillie Senior Center. When the Marion Dinner dance started at our Marion Senior Center, April and a friend were the instructors. "I decided that more expertise was needed, in order for the dancers to grow", she said. So, she turned over the teaching to a more experienced dance instructor, but still stayed connected by preparing the play list.

Around 2013, Marion Senior Center initiated Boomer Nights and she was asked to teach ballroom dancing as well as line dancing. And so, it has gone: more classes, more fun in the variety and levels of dance you can get involved with. She teaches every weekday morning at Marion family YMCA. She is a certified Silver Sneakers classic circuit, yoga, and



cardio fit instructor, with certification in Tai Chi for Arthritis and land arthritis instructor, along with line dancing and drums alive.

"I always wanted to be a teacher," she says, "and I didn't get to pursue that dream." However, she now fulfills that dream with the classes she teaches. "I love what I do," she says. "I love watching people grow..." And indeed, her commitment to her job is to keep them interested so they can grow and learn even more.

As if that isn't enough, this gifted lady has three children, her daughter lives in Columbus & has 3 children and 6 "grands". "So, I am a great-grandma too" she says! She has a son who lives in California, and a son and granddaughter who live with her. As a member serving on the Village of Caledonia Park and Finance Committees, she rounds out her community involvement.,

Some hobbies she has on top of all this...Moose in Marion, craft shows, 3-13 and rummy with a friend (who wins, she says, most of the time.)

Finally, dynamic lady of dance has two mottos which she lives by:

#1 – There are no mistakes in line dancing.

#2 – The second is stolen, she admits, from a dear friend: Life's a journey; life is fast. But it's never as fun as when you dance.

And truly, it doesn't get any better than that!

Evening DANCE



◀◀ Popcorn & Movie ▶▶

Thursday, November 9 - 12:30 pm

Experience the fun of an afternoon matinee, complete with a complimentary box of popcorn during this monthly event! We set up theater-style seating in the *Multipurpose Room*, then lower the shades and dim the lights to create a movie theater atmosphere for you to sit back, relax, and enjoy watching a newly released movie on our big screen TV! Feel free to come alone, or join some friends!

Please see the poster located on the activity board near Kristi's office for movie details.



Holiday Formal Dance

Thursday, November 30 6 - 8:30 pm

Dress up in style for our Holiday Formal Dance! The evening begins with **April Morrison** instructing a ballroom **dance lesson from 5 to 5:45 pm** (FREE with paid admission). DJ **Alex Sheridan** of *Ichor Entertainment* will provide music from **6 - 8:30 pm**, ranging from swing band hits to classic oldies. Free refreshments will be served during intermission. **Admission is \$5**. These dances are open to the public. Must be age 50+ (or accompanied by a member). Special thanks to dance sponsor ***Interim Healthcare!***



Trips on the Horizon

Winter Fantasy Overnight Trip

Wednesday/Thursday, December 6 & 7

This overnight trip will depart the Center via charter bus on Wednesday morning at **8 am**. *This trip is Sold Out.*

Christmas in Tennessee

November 28 - December 1, 2017

This Trip is Sold Out. Pre-Departure Meeting.

There will be a Pre-Departure meeting hosted at **10 am** on **Friday, November 17** in the *Multipurpose Room*.

Scioto Downs - Columbus

Thursday, November 2

We will depart the Center via Lakefront charter coach at **8:30 am** to visit Scioto Downs. Cost of the trip is **\$30**, which includes \$20 slot play and \$5 food voucher. *(This will be the last Scioto Downs trip this year.)*

It's Time to Renew!

Just a friendly reminder that your 2018 Senior Center Membership dues are due prior to **January 1, 2018**. We are happy to announce that dues will not increase this year. Annual membership is still **\$30** per person.

Medicare Check-Up Days 2017

Ohio Senior Health Insurance Information Program (OSHIIP) will be hosting informational discussions about recent changes to Medicare at **9 am** on **Monday, November 13** at *Marion County Council on Aging* offices located at **125 Executive Drive, Marion**. If you would like to speak with OSHIIP representative **David Painter**, the *Council on Aging* requests you call them at **(740) 387-0401** and they will schedule you an appointment with him.



**Congratulations
Fall Festival Winners!**

Chili Cook-off Champion - Mike Hampel

Pumpkin Dessert 1st Place - Elaine Uber

Pumpkin Dessert Runner up - Phyllis Shirk

Brought to you by Kindred Hospice

Veterans Day Celebration

Friday, November 10 - Noon

**IN HONOR
OF OUR
HEROES**

Please join us in honoring our local Veterans for their patriotism and sacrifice for our country on **Friday, November 11** at **noon**. All veterans will receive a complimentary lunch along with special mementos of the occasion. Lunch will feature Salisbury steak, mashed potatoes, green beans and apple pie. Along with individually recognizing and honoring all veterans in attendance, we will enjoy patriotic music and a special presentation by **Bruce Norman**, Bereavement Coordinator/Chaplain with *Kindred Hospice*. Non-veterans are encouraged and welcome to join us. Tickets are available at the *Transportation Desk*. Cost is **\$3** per person (**Free for all veterans**).

Meet Another New Author...

We welcome **Anne Marie Bailey** to the *Sentinel* staff this month. She and Tim Frericks will take turns writing our "Volunteer of the Month" articles. Anne Marie is an English major, who previously worked on a newsletter in Boulder, CO called *Taproot*. She also has written other small pieces for Colorado State University Facilities Management department. Check out Anne Marie's first article, which appears on **page 8** of this month's issue.

Picnic Shelter 'Turkey Raffle'

A drawing will be held during our Thanksgiving Dinner celebration on **Thursday, November 16**. The two lucky winners of the raffle will each receive a frozen, processed turkey, which will be delivered **Tuesday, November 21**... just in time for Thanksgiving! Tickets are \$1 each, or six for \$5. All proceeds will benefit the Center's Picnic Shelter project.

Meals on Wheels Needs You!

LifeCare Alliance needs volunteers to help deliver **Meals on Wheels** during the lunch hour to older adults in Marion County. Whether it's one day a week, or even one day a month... your help would be greatly appreciated. Please call Pauli at **(614) 437-2859** for details.



Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

NON-PROFIT
U.S. Postage
PAID
Marion, OH
Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Kristi Wink

Social Services Coordinator:
Annette Hartman

Transportation Coordinator:
Doug Connor

Bookkeeper: Jackie King

Maintenance Supervisor:
Randy Moore

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Annette Hartman at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City and County of Marion. The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.