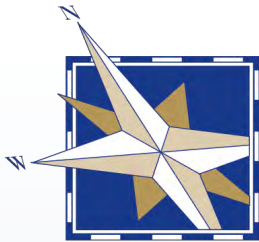


Volume 36 • Issue 7

The Sentinel

July 2019



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS
Monday-Friday: 8 AM-4 PM

INSIDE THIS ISSUE:

Highlights	Cover
Senior Center Services	2
Upcoming Events	3
Classes, Clubs & Activities	4
Health & Fitness	5
Calendar/Birthdays	6 & 7
Volunteer of the Month	8
Evening Dance/Movie	9
Trips on the Horizon	10
Ads	11
Directory	Back

**Senior Day at the
Marion Co. Fair**
Monday, July 1

Sponsored By Capital City Hospice

BLUEGRASS *and* BURGERS



Tuesday, July 9 at Noon

The summer months are finally here, and the Marion Senior Center is celebrating the warm weather with a good old-fashioned cookout, featuring scrumptious burgers flame-broiled on the grill. The menu will also include potato salad, chips and a root beer float.



Bluegrass band "*Fret Mashers*" will be performing great acoustic country folk and bluegrass music throughout the event.

Tickets are **\$8 Members/\$10 Non-Members** and are on sale at Marion Senior Center while they last. Public welcome!

The event will be hosted indoors in the air-conditioned comfort of the Center, rain or shine.



Senior Center Services

Elder Care Law

Certified elder law attorney, **Steve Roush**, representing the law firm of **Daniel P. Seink Co., Ltd.**, is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. Please contact him at **(740) 418-1840** or **1-800-393-2324** to schedule your free appointment.

Tech Time with TJ

T.J. Badertscher from **Center Street Community Health Center** will be here on **Wednesday, July 31** beginning at **10:30 am** to offer free assistance to anyone wanting to learn how to better use their Smartphones, tablets, iPads and other digital devices. Please call **(740) 387-6100** to schedule a half hour appointment.

Recipe 'Prepare & Share'

Cooking enthusiasts will be meeting on the **2nd Wednesday at 1 pm** each month to prepare and share our favorite dishes along with the recipes. Each month we will feature a different food theme. This month's theme is **"Picnic Time"**... so bring your all-time favorite picnic dish to share, along with copies of your recipe. This group will meet out front by the kitchen.

AARP Smart Driver Course

Learn proven safety strategies to help keep you safe while on the road. After taking this course you may even be eligible for a discount on your car insurance! An **AARP Smart Driver Course** will be hosted at the Center on **Thursday, July 18** at **Noon**. Space is limited, so register now by calling **Lisa** at **(740) 387-6100**,

LUNCH AT THE CENTER

Hot and cold delicious, nutritious meals are available at the Marion Senior Center for anyone age 60-plus **every Tuesday-Friday at 11:30 am**. Call Life Care Alliance at 1-888-656-6831 for details. You do not need to be a Senior Center member to participate in the Dining Center program.

FRESH PRODUCE

The Marion Senior Center distributes free produce on behalf of **Beacon of Hope Food Pantry**, two days each month. Typically it is available **at noon** on the **second Tuesday** and **fourth Thursday** each month.

NEW MEMBER MIXER

These quarterly gatherings are hosted on a **Friday of select months at 11:30 am**. All recent new members are invited to join staff & volunteers for a free lunch, compliments of **Primrose Retirement Communities**. Our next **New Member Mixer** is **Friday, July 12**. If you are planning to attend, please call **Lisa Richardson** at **(740) 387-6100** to RSVP.

MONDAY LUNCH MENUS*

July 1	July 8	July 15	July 21	July 29
No Lunch... Senior Day at Marion County Fair	Salisbury Steak Mashed Potatoes Green Beans Tossed Salad Pie	Ham AuGratin Potatoes Mixed Vegetables Coleslaw Brownies	Chicken Tenders Potato Wedges Green Bean Cass. Tossed Salad Peach Cobbler	Spaghetti Garlic Bread Tossed Salad Fresh Fruit

**Subject to change*



We had a nice turnout for our Tropical Luau, as guests sat back, relaxed and enjoyed the island-inspired musical stylings of steel drum percussionists Will & Erynn Krebs.



We had perfect weather - and a full bus - for our trip to the Indians vs. Reds game.

Upcoming Events

'Food for Thought'

Are you seeking 'Lifetime Learning' opportunities? Then our new **"Food for Thought"** program was created for you! If you're interested in expanding your knowledge, broadening your experiences, or are just plain curious, please join us at **12:30 pm** on the **first** and **third Tuesday** each month in the *Multipurpose Room* for an informative lunch & learn presentation by a notable speaker, as well as a **FREE lunch!** Please **RSVP** to **Lisa** at **(740) 387-6100** to ensure we will have enough lunches catered and available. Public welcome!

Tuesday, July 2 - 12:30 pm.

Topic: "Broom Making"

Instructor: Pam Rowland

Tuesday, July 17 - 12:30 pm.

Topic: "Balance & Arthritis: Simple Chair Exercises"

Instructor: Chrissy Sprinkle, RN

Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won't miss out on the fun:

- **Senior Day at Marion Co. Fair** - Monday, July 1
- **Bluegrass & Burgers** - Tuesday, July 9
- **Ice Cream Social** - Tuesday, August 13
- **Popcorn Festival 'Sr. Stop'** - Thur./Fri. Sept. 5 & 6

Garden Club Cooking Demonstration

Carol Kelly and volunteers from the Center's *Garden Club* will be hosting a series of cooking demonstrations, featuring fresh produce harvested from our raised-bed gardens. The first demonstration is scheduled for **Tuesday, July 23 at 11 am**. These events take place adjacent to the kitchen and are **free** to all Members. All attendees get to sample each dish prepared, and will also receive the recipe to prepare each dish at home.

Senior Center Classes, Clubs & Activities

Craft Class (Monday)

Instructor **Sue Rodman's** Monday class meets on Mondays at **12:30 pm** in the *Craft Room*. July's project is "Flower Pot Holder" or "Pet Dish Holder". **Cost is \$10 per project**, which covers the cost of materials. Photo of the project is posted on the Activity Board near Lisa's office.

'Working with Yarn' Club

Interested in learning how to crochet and/or knit? Instructor **Jennifer Johnson** will be teaching how to crochet an afghan using the Ripple Pattern. Class will meet in the *Craft Room* on **Tuesdays** from **1 pm to 3 pm**. There is no cost for this class.



Garden Club

Carol Kelly is seeking volunteers to assist with tending to our raised bed gardens and our new "*Prairie Pollinator Patch*" created to attract and sustain Monarch butterflies. If you are willing to help, please contact **Lisa** or **Carol**.

Photography Class

Instructor **Royce Farson** will teach you how to use your camera. Her photography class has a new assignment each month and meets in the *Game Room* from **2-3 pm** on the **first Wednesday each month** to share their photos. This month's class will meet on **Wednesday, June 5** and the assignment is "Different Birds" and something that begins with "B".

Liquid Stained Glass

Join instructor **Dee Harshfield** as you create beautiful liquid stained glass projects. This class meets **on Tuesdays at 1:30** in the *Craft Room*. Cost for the class is **\$10**, which covers the cost of materials.

Monday Mind Games

Carla Poston from *ProCore Health Brokers*, will host *Mind Games* on **Monday mornings**. This class meets in the *Craft Room* at **9:30 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for a Timbit and fun!

Breakfast for the Brain

Jump start your day - and your brain - at **9:30 am** on **Thursday mornings**, as **Shannon Kimble** from *Community Care* discusses fun trivia questions over orange juice and *Andrew's* pastries.

Kingston Bingo

Tammy Millisor of *Kingston Residence of Marion* hosts Bingo at **10 am** in the morning on the **second Friday** each month. Lots of fun and prizes!

Senior Center Bingo

Florence Wright will call Bingo at **12:30 pm** on the **third Wednesday** each month. The group meets out front.

Left, Right, Center (LRC)

Theresa Randall of *Kindred at Home/Hospice* hosts this wildly popular dice game that's easy to learn and simple to play (with lots of prizes to win). The group usually meets out front the **second Thursday** and **fourth Tuesday** each month at **2:30 pm**.

Mahjong

Mahjong is a traditional Chinese tile game, played by four people around a table. The group has a lot of fun and welcomes beginners. They meet near the *Kitchen* on **Thursdays at noon**.

Scrabble

Learn to play *Scrabble*®, a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words in crossword fashion. The group meets out front on **Fridays at 11**.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is available for **\$3.50** and is served at **noon**. Music is performed from **1 to 3 pm**. Public welcome!



Golf League at Windy Acres

Marion Senior Center Golf League will begin their season on **Wednesday, May 15**. The league plays at *Windy Acres* on **Wednesday** mornings. Arrive at **8:30 am** for pairings, with tee times beginning at 9 am. Cost is **\$5 for 9 holes** and carts are available for \$5. There is also a \$10 cost towards the prize fund for the season.

Zumba® Gold Toning & Strength Training

Certified *Zumba* Instructor & Certified Personal Trainer **Michelle Del Valle** will lead the **Zumba Gold - Toning** classes every **Tuesday morning at 10 am** followed by **Strength Classes at 11 am**. Cost is **\$3 for each class**. Both classes are **FREE** for Silver Sneakers members.

Beginner & Advanced Line Dance

Have you ever thought about learning to line dance? A new **Beginner Line Dance** class meets on **Monday** mornings at **9 am**. Once you get the hang of it, you can join our **Advanced Line Dance** class that meets on **Friday** mornings at **9 am**. This class is for people that have been dancing for a while and are interested in learning new dances. Instructor **Royce Farson** always welcomes new class members in both classes.

Pickleball

Pickleball is the fastest growing sport in America! **Beginner Pickleball** is played on **Monday** and **Wednesday** mornings at **10 am** on our new outdoor pickleball courts. We have extra paddles and balls available for those just getting started (*see Lisa*). **Pickleball** for the more experienced players is played on **Tuesday** and **Thursday** mornings at **10 am**.

Fitness Center

Our newly refurbished **Fitness Center** is open to members at no additional cost, and boasts a variety of **Schwinn®** fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. **The Fitness Center is typically open to members anytime the Center is open**. Please consult your physician before beginning any exercise activities.

Intro to Fitness

This class is a great way to get started! The group meets on **Thursday** mornings at **10 am** in the **Fitness Center**.

Bridge

If you like to play Bridge, there are two opportunities to play. Bridge is hosted every **Monday** and **Tuesday** at **10am**. Everyone is welcome to play!

Open Billiard Room

We have 3 pool tables available for open play every weekday from 8 am to 4 pm. Or join the *'Morning Coffee Crew'* on **Monday, Wednesday, and Friday** mornings at **8:30 am**. Everyone is welcome to play!

Euchre

Progressive Euchre is played on **Mondays at 12:00 pm** and **Bid Euchre** plays on **Thursdays at 12:00 pm**. Both groups meet out front. Everyone is welcome to play!

Hand & Foot Card Game

This group will meet in the *Game Room* on **Mondays at 12:15 pm** and **Thursday mornings at 11 am**. Anyone interested is welcome to join in the fun!

Texas Hold 'Em

This group will meet in the *Out Front* on **Tuesdays at 12:30pm**. Everyone is welcome to play!

Mexican Poker

This group will meet in the *Craft Room* on **Friday** afternoons at **1:00 pm**. Everyone is welcome to play!

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes on **Fridays at 1:30 pm** in the *Multipurpose Room*.

Dominoes

Dominoes is a game played with rectangular "domino" tiles. It is an easy game to learn and lots of fun! The group meets out front on **Tuesday afternoons at 12:15 pm**.

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesdays at 1 pm**.

July 2019 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>8:30-Open Billiards 1</p> <p>9:00-Exercise</p> <p>9:00-Beginner Line Dancing</p> <p>9:30-Mind Games*</p> <p>9:30-Advanced Line Dancing</p> <p>10:00-Senior Day at Marion Co. Fair</p> <p>10:00-Beginner Pickleball*</p> <p>10:00-Bridge</p> <p>11:30-Lunch</p> <p>12:00-Pinochle</p> <p>12:00-Euchre</p> <p>12:15-Hand & Foot Cards</p> <p>12:30-Craft Class</p>	<p>9:00-Aerobics 2</p> <p>9:00-Books, Balance & BS</p> <p>10:00-Pickleball*</p> <p>10:00-Bridge</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training</p> <p>12:15-Dominoes</p> <p>12:30-RSVP! Food for Thought*</p> <p>12:30-Texas Hold 'Em</p> <p>1:00-Yarn Club</p> <p>1:30-Stained Glass</p> <p>1:00-Rummikub</p>	<p>8:30-Open Billiards 3</p> <p>8:30-Golf League*</p> <p>9:00-Exercise</p> <p>10:00-Beginner Pickleball*</p> <p>12:00-New! Classic Cinema*</p> <p>2:00-Photography Class*</p>	<p>4</p> <p>The Center is Closed Today in Observance of</p>  <p>Independence Day</p>
<p>8:30-Open Billiards 8</p> <p>9:00-Exercise</p> <p>9:00-Beginner Line Dancing</p> <p>9:30-Mind Games*</p> <p>9:30-Advanced Line Dancing</p> <p>10:00-Beginner Pickleball*</p> <p>10:00-Bridge</p> <p>11:30-Lunch</p> <p>12:00-Pinochle</p> <p>12:00-Euchre</p> <p>12:15-Hand & Foot Cards</p> <p>12:30-Craft Class</p>	<p>9:00-Aerobics 9</p> <p>9:00-Books, Balance & BS</p> <p>10:00-Bridge 10:00-Pickleball *</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training</p> <p>12:00-Bluegrass & Burgers*</p> <p>12:15-Dominoes</p> <p>12:00-Produce* P</p> <p>12:30-Texas Hold 'Em</p> <p>1:00-Yarn Club 1:30-Stained Glass</p> <p>1:00-Rummikub</p>	<p>8:00-National Veterans Trip* 10</p> <p>8:30-Golf League*</p> <p>8:30-Open Billiards</p> <p>9:00-Exercise</p> <p>10:00-Beginner Pickleball*</p> <p>1:00-Recipe Prepare & Share*</p>	<p>8:00-Adventure Club* 11</p> <p>9:00-Aerobics</p> <p>9:30-Breakfast for the Brain*</p> <p>10:00-Intro to Fitness</p> <p>11:00-Hand & Foot Cards</p> <p>12:00-Bid Euchre</p> <p>12:00-Mahjong</p> <p>12:30-Popcorn & Movie*</p> <p>2:30-LRC*</p>
<p>8:30-Open Billiards 15</p> <p>9:00-Exercise</p> <p>9:00-Beginner Line Dancing</p> <p>9:30-Mind Games*</p> <p>9:30-Advanced Line Dancing</p> <p>10:00-Beginner Pickleball*</p> <p>10:00-Bridge</p> <p>11:30-Lunch</p> <p>12:00-Pinochle</p> <p>12:00-Euchre</p> <p>12:15-Hand & Foot Cards</p> <p>12:30-Craft Class</p>	<p>9:00-Aerobics 16</p> <p>9:00-Books, Balance & BS</p> <p>10:00-Bridge 10:00-Pickleball*</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training</p> <p>12:15-Dominoes</p> <p>12:30-RSVP! Food for Thought*</p> <p>12:30-Texas Hold 'Em</p> <p>1:00-Yarn Club</p> <p>1:30-Stained Glass</p> <p>1:00-Rummikub</p>	<p>8:00-Sugarcreek Overnight* 17</p> <p>8:30-Golf League*</p> <p>8:30-Open Billiards</p> <p>9:00-Exercise</p> <p>10:00-Beginner Pickleball*</p> <p>12:00-New! Classic Cinema*</p> <p>12:30-Senior Center Bingo*</p>	<p>9:00-Aerobics 18</p> <p>9:30-Breakfast for the Brain*</p> <p>10:00-Intro to Fitness</p> <p>10:00-Pickleball*</p> <p>11:00-Hand & Foot Cards</p> <p>12:00-Bid Euchre</p> <p>12:00-Mahjong</p> <p>12:00-AARP Safe Driver Course*</p>
<p>8:30-Open Billiards 22</p> <p>9:00-Exercise</p> <p>9:00-Beginner Line Dancing</p> <p>9:30-Mind Games*</p> <p>9:30-Advanced Line Dancing</p> <p>10:00-Beginner Pickleball*</p> <p>10:00-Bridge</p> <p>11:30-Lunch</p> <p>12:00-Pinochle</p> <p>12:00-Euchre</p> <p>12:15-Hand & Foot Cards</p> <p>12:30-Craft Class</p>	<p>9:00-Aerobics 23</p> <p>9:00-Books, Balance & BS</p> <p>10:00-Bridge</p> <p>10:00-Pickleball *</p> <p>10:00-Bible Study</p> <p>11:00-Garden Club Cooking Demo*</p> <p>12:15-Dominoes</p> <p>12:30-Texas Hold 'Em</p> <p>1:00-Yarn Club</p> <p>1:30-Stained Glass</p> <p>1:00-Rummikub 2:30-LRC</p> <p>4:00-Clippers "Dime-a-Dog" Trip*</p>	<p>8:30-Golf League* 24</p> <p>8:30-Open Billiards</p> <p>9:00-Exercise</p> <p>10:00-Beginner Pickleball*</p>	<p>8:00-Adventure Club* 25</p> <p>9:00-Aerobics</p> <p>9:30-Breakfast for the Brain*</p> <p>10:00-Intro to Fitness</p> <p>10:00-Pickleball*</p> <p>11:00-Hand & Foot Cards</p> <p>12:00-Bid Euchre</p> <p>12:00-Mahjong</p> <p>12:00-Produce* P</p>
<p>8:30-Open Billiards 29</p> <p>9:00-Exercise</p> <p>9:00-Beginner Line Dancing</p> <p>9:30-Mind Games*</p> <p>9:30-Advanced Line Dancing</p> <p>10:00-Beginner Pickleball*</p> <p>10:00-Bridge</p> <p>11:30-Lunch</p> <p>12:00-Pinochle 12:00-Euchre</p> <p>12:15-Hand & Foot Cards</p> <p>12:30-Craft Class</p> <p>12:30-Food Box Day* F</p>	<p>8:00-Sr. Day at Ohio State Fair* 30</p> <p>9:00-Aerobics</p> <p>9:00-Books, Balance & BS</p> <p>10:00-Bridge</p> <p>10:00-Pickleball *</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training</p> <p>12:15-Dominoes</p> <p>12:30-Texas Hold 'Em</p> <p>1:00-Yarn Club</p> <p>1:30-Stained Glass</p> <p>1:00-Rummikub</p>	<p>8:30-Golf League* 31</p> <p>8:30-Open Billiards</p> <p>9:00-Board Meeting</p> <p>9:00-Exercise</p> <p>10:00-Beginner Pickleball*</p> <p>10:30-Tech Time with TJ*</p> <p>12:00-Lunch</p> <p>1:00-Jam Session*</p>	

Birthdays & Anniversaries

FRIDAY

5

The Center is Closed Today for Extended Holiday Weekend

12

8:30-Open Billiards
9:00-Advanced Line Dancing
9:00-Exercise
9:30-Line Dancing
10:00-Kingston Bingo*
11:00-Scrabble*
11:30-New Member Mixer*
1:00-Card Game 31
1:00-Mexican Poker
1:30-Tai Chi

19

8:30-Open Billiards
9:00-Advanced Line Dancing
9:00-Exercise
9:30-Line Dancing
11:00-Scrabble*
1:00-Card Game 31
1:00-Mexican Poker
1:30-Tai Chi

26

8:30-Open Billiards
9:00-Advanced Line Dancing
9:00-Exercise
9:30-Line Dancing
11:00-Scrabble*
1:00-Card Game 31
1:00-Mexican Poker
1:30-Tai Chi

F = Food Box Day

P = Produce Day

T = Trip Departure

D = Thursday Evening Dance

*See Article Inside for Details

July Birthdays

Betti Busch	Jul 01	Wallace Beckel	Jul 10	Loretta Bargaheiser	Jul 20
Carol L. Kelly	Jul 01	Annelle Bushatz	Jul 10	Char Browning	Jul 21
June Mackling	Jul 01	Beulah A. Owens	Jul 10	Kenneth Payne	Jul 21
Toni Hurd	Jul 01	Nannette White	Jul 10	Dona J. Ulrich	Jul 21
Carlton Cook	Jul 01	Bob Miley	Jul 11	Norma Ward	Jul 21
Karen Leyser	Jul 02	Mary Moodie	Jul 11	Robin Pedersen	Jul 21
Norma Plourde	Jul 02	Rebecca Boston	Jul 11	Doris Mitchell	Jul 22
Debbie Pierron	Jul 02	John Snyder	Jul 11	Elfrieda Green	Jul 22
Daniel Ulmer	Jul 02	Doris Shoewalter	Jul 12	Linda Laucher	Jul 22
Betty Mowery	Jul 03	Paul White	Jul 12	Patricia Ryan	Jul 22
Mary Lou Grose	Jul 03	Sandra Brown	Jul 12	Howard Moser	Jul 23
Gary Callahan	Jul 04	Jack Graham	Jul 14	Cecilia Witsberger	Jul 23
Sharon Huffman	Jul 04	Linda Leffler	Jul 14	Nancy Crowell	Jul 23
Barbara		Nancy Schiefer	Jul 15	Barbara Fairchild	Jul 25
Rose-McDermott	Jul 05	Rosemary Utley	Jul 15	Gregory Klee	Jul 25
Debra Clayton	Jul 05	Skip Miller	Jul 15	Peggy Vance	Jul 25
Cara Allen	Jul 05	Joseph Green	Jul 15	Betty Hughes	Jul 26
Pattie Coy	Jul 06	Jean Huebel	Jul 17	Jerry Kantzer	Jul 26
Sharalee Lore	Jul 06	Margie Saull	Jul 17	Marie Stewart	Jul 26
Linda Corbin	Jul 06	Nondice Cox	Jul 17	Betty Caprino	Jul 27
Dave Clayton	Jul 07	Stacy Squibb	Jul 17	Donna Ferguson	Jul 27
Ann McAllister	Jul 07	Mike Young	Jul 17	Jeannene James	Jul 28
Phyllis Spires	Jul 08	Dawn Reeser	Jul 17	Claudia Roadarmel	Jul 28
Darlene Alexander	Jul 08	Janie Moore	Jul 18	June Bender	Jul 29
Laurie J. Johnson	Jul 08	Marie Russell	Jul 18	Linda Aufdecamp	Jul 30
Alyce Ottman	Jul 08	Elton Shuster	Jul 18	Connie Brown	Jul 30
Joyce Gattshall	Jul 08	Mary Wickersham	Jul 18	James Lowe	Jul 30
Cathy Haycox	Jul 08	Nancy Snyder	Jul 18	Rosetta McCormack	Jul 30
Susan Keirns	Jul 08	Roy Ferguson	Jul 19		
Judy Walker	Jul 09	James Kelley	Jul 19		

July Anniversaries

Ira & Linda Stacy	July 25, 1964	55 years
Larry & Rosemary Scheff	July 30, 1966	53 years
Bob & Marti Simmons	July 5, 1969	50 years
William & Marcia Weir	July 26, 1970	49 years
Dave & Debra Clayton	July 30, 1977	42 years
Jim & Nancy Bowman	July 20, 1979	40 years
Tim & Mary Shoewalter	July 17, 1984	35 years
Fred & Terri Malone	July 15, 2005	14 years

New Members

Gary Hinaman
Joyce Miller
Jan Ronan

Ed Ridenour
Cindy Harris
Jim Roush

Dawn Reeser
Jodene Southward

Volunteer of the Month

MEET JULIA VANDERHOFF

By Tim Frericks

In describing our volunteer of the month, Julia Vanderhoff, the operative word is “talent.” No stranger to the performing arts, her skills were first manifest as a cheerleader at River Valley High School from which she graduated in 1977.

She then continued her education at Ohio University. Fortunately she pursued courses which enhanced and developed her natural talents: majoring in “Vocal Performance” and “Creative Dramatics.”

Soon after college she met and married Gary Vanderhoff in 1984. They met at the Racquet Ball Club. They have two sons: Justin, age 34 and Kyle, age 30. They also have two grandchildren. Julia supplements her home life by annually planting and maintaining flowers and vegetables in her mini-garden at her home on Hane Avenue in Marion.

A former member of Marion Community Theatre she is a veteran of many performances at Marion’s Palace Theatre. She is a regular performer in Christmas at the Palace. A local singer of note she opens the Marion Popcorn Festival every year by singing the Star Spangled Banner, our national anthem, on the main stage.

Always ready to assist, she volunteers often — helping at the Senior Center at



the various functions and dinners and serving as the director of the bell choir at First Presbyterian Church in Marion.

Despite having a full, interesting busy life she still needs to keep change in her purse. To do so she has found employment at Snyder Funeral Homes as Community Relations Director which is essentially a PR position and a liaison between the public and the funeral home.

Growing up in Marion as Julia Griffiths with her three brothers she has demonstrated her civic pride through her involvement with Marion iconic programs — the Popcorn Festival and the Palace. Marion certainly has a native daughter of which it can be proud.

Featured EVENTS



◀◀ Popcorn & Movie ▶▶ Thursday, July 11 - 12:30 pm

Experience the fun of an afternoon matinee, complete with a complimentary box of popcorn during this monthly event! We set up theater-style seating in the *Multipurpose Room*, then lower the shades and dim the lights to create a movie theater atmosphere for you to sit back, relax, and enjoy watching a newly released movie on our big screen TV! Feel free to come alone, or join some friends!

Please see the poster located on the activity board near Kristi's office for movie details.



Sponsored by Humana

Pace Setters Walking Club

The Center is forming a new walking club set to begin on **June 3**. Members will walk laps on the newly paved track located behind MARCA/MCBDD.

Participants will track their laps and report to Lisa to earn great prizes.

The more you walk the more you earn! See Lisa to sign up or for more details.



Marion Auto Sales

⌘ **Classic Cinema** ⌘

Join us on the **1st and 3rd Wednesday** each month at **Noon** in the *Multipurpose Room*. Reminisce watching these critically acclaimed films starring Hollywood's most important stars. This month's classic movies feature **Clark Gable** in:

- **Wed., July 3: It Happened One Night**
- **Wed., July 17: The Misfits**

Trips on the Horizon

National Veterans Museum

Wednesday, July 10

We will depart the Center via *S&S* motorcoach at **8 am** to visit the new **National Veterans Museum** in the morning and the **Central Ohio Fire Museum** in the afternoon (both in Columbus, OH). Cost is **\$49**, (\$37 for Veterans) which includes transportation and admission to both museums (lunch on your own). **Sign up NOW!**

Sugarcreek Overnight

Wednesday/Thursday, July 17-18

We will depart the Center via *Senior Center vans* at **8 am** for an overnight trip to Amish Country. Trip includes: **(Day 1)** lunch at **Breitenbach Winery**, admission to the play **"Stolen"** at the **Star Theatre**, dinner at **Dutch Valley** restaurant, and overnight accommodations at the **Carlisle Inn**; **(Day 2)** breakfast, admission to the **Age of Steam Roundhouse** and the **David Warther Museum**. Cost is **\$259***, which includes transportation. **Sign up NOW!**

**Based on Double Occupancy*

Clippers "Dime-a-Dog" Night

Tuesday, July 23 (vs. Scranton/WB)

Monday, August 19 (vs. Louisville)

Only a few spots remaining on each of these two trips. We will depart the Center at **4 pm** for beautiful **Huntington Park** in Columbus. Have fun watching baseball from some great seats while enjoying ten cent hot dogs! Cost is **\$20** Members/\$30 Non-members. **Sign up NOW!**

Ohio State Fair 'Senior Day'

Tuesday, July 30

We will the Center at **8:30 am** via *Senior Center vans* as we travel to the Ohio State Fairgrounds in Columbus. Enjoy a free concert, the famous butter cow, exhibits, displays, shopping, rides, delicious food, and much more. Cost is **\$20** Members/\$30 Non-Members. Space is limited so sign up NOW!

Scioto Downs - Columbus

Thursday, August 1 & 29

Two Trips this Month (due to no trip in July)!

We will depart the Center via Lakefront charter coach at **8:30 am** to visit Scioto Downs. Cost of the trip is **\$35**, which includes \$20 slot play and \$5 food voucher. **Sign up NOW** with a \$20 non-refundable deposit.

'Island Hopping' Cruise

Friday, August 2

We will depart the Center at **7:30 am** via charter bus for a day trip to **Lake Erie**, where we'll spend the day island hopping aboard the **Goodtime I** with captain **John Probst**. The trip includes a lunch buffet served during the cruise and a tram tour of **Put-in-Bay**. Cost is **\$89** Members/\$99 Non-members. Trip is limited. **Sign up NOW!**

Indians vs. Detroit Overnight

Tuesday/Wednesday, August 27-28

We will depart the Center at **8 am** on **Tuesday, August 27** via *Prime Tours* motorcoach headed to Detroit, MI. We will have great lower level seats at **Comerica Park** to watch the **Indians vs. Tigers** baseball game. Your luxurious room at **Motor City Casino** hotel that evening includes a \$25 play card. On day two we will visit the **Henry Ford Museum** and **Greenfield Village**. Cost is **\$335*** per person, which includes transportation, hotel room, admission to the game and both museums. **Sign up NOW** with a \$20 non-refundable deposit.

**Based on Double Occupancy*

Ark Encounter Day Trip

Wednesday, September 11

We will depart the Center at **8 am** on **Wednesday, September 11** via *S&S* motorcoach headed to Cincinnati. Experience Bible history at the life-size Noah's Ark! Meet Noah, his family, and the animals on the Ark. You'll also enjoy lunch on the scenic deck of **Emzara's Buffet**, a two-story casual restaurant with spectacular view of the Ark. Cost is **\$109** Members and Non-members, which includes transportation, admission to the Ark, and lunch buffet. **Sign up NOW** with a \$20 non-refundable deposit.

LaComedia: On Golden Pond

Thursday, August 29

We will depart the Center at **8:30 am** via *Brewster* motorcoach on a day trip to see **On Golden Pond**, a classic American comedy/drama that's every bit as touching, warm, and witty today as when it debuted on Broadway in 1979. **LaComedia's** unique combination of fine dining and Broadway-style entertainment has made it the region's premiere entertainment value. Cost is **\$93** Members/\$98 Non-members which includes transportation, dinner, and admission to the show. **Sign up NOW!**

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

NON-PROFIT
U.S. Postage
PAID
Marion, OH
Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Cindy Jennings

Transportation Coordinator: Barb Arms

Bookkeeper: Jackie King

Maintenance Supervisor: Jay Yarger

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Cindy Jennings at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.