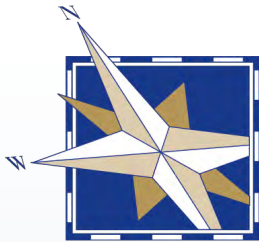


# The Sentinel

August 2019



Brought to you by Primrose Retirement Community



2375 HARDING HWY. EAST  
MARION, OHIO 43302

Office: 740-387-6100  
Transportation: 740-387-5444

**CENTER HOURS**  
Monday–Friday: 8 AM–4 PM

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**Evening DANCE**

Will Resume on  
Thursday, September 26



# Ice Cream Social

*Tuesday, August 13 at Noon*

I scream, you scream, we all scream for ice cream!

Since we're in the midst of the "Dog Days of Summer", we felt the perfect event for celebrating a hot summer afternoon with friends should feature everyone's favorite frozen dessert — ice cream. So we're hosting a good, old-fashioned Ice Cream Social on **Tuesday, August 13 at noon**.



Lunch will feature chicken salad sandwiches, pasta salad and chips. But the highlight will definitely be the sweet treats from our ice cream bar for dessert. You can top off your delicious ice cream with caramel syrup, chocolate syrup, strawberry sauce, sprinkles, chopped nuts, and whipped cream!

Following lunch we'll be entertained by 2012 *Banjo Hall of Fame* inductee **Glenn Parks**. Glenn will perform many classic banjo tunes, along with telling a few stories and jokes. His strolling banjo entertainment is guaranteed to brighten your day!



Tickets will be available at the Center through **Friday, August 9**. Cost is **\$8 for Members/\$10 Non-Members**, which include lunch, ice cream bar and entertainment.

# Senior Center Services

## Elder Care Law

Certified elder law attorney, **Steve Roush**, representing the law firm of **Daniel P. Seink Co., Ltd.**, is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. Please contact him at **(740) 418-1840** or **1-800-393-2324** to schedule your free appointment.

## Tech Time with TJ

**T.J. Badertscher** from **Center Street Community Health Center** will be here on **Wednesday, August 28** beginning at **10:30 am** to offer free assistance to anyone wanting to learn how to better use their Smartphones, tablets, iPads and other digital devices. Please call **(740) 387-6100** to schedule a half hour appointment.

## 'Beat the Heat' Fan Program

To help keep our seniors safe and comfortable during the heat of summer we have partnered with **LifeCare Alliance** to distribute a free fan to seniors age 60+. Please call **Cindy Jennings** at **740-387-6100** to receive a fan. One fan per address.



## Food Box Program

If you or someone you know are in need of food assistance please contact **Cindy Jennings** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and income eligible.

## LUNCH AT THE CENTER

Hot and cold delicious, nutritious meals are available at the Marion Senior Center for anyone age 60+ **every Tuesday-Friday at 11:30 am**. Call Life Care Alliance at 1-888-656-6831 for details. You do not need to be a Senior Center member to participate in the Dining Center program.

## FRESH PRODUCE

The Marion Senior Center distributes free produce on behalf of **Beacon of Hope Food Pantry**, two days each month. Typically it is available **at noon** on the **second Tuesday** and **fourth Thursday** each month.

## NEW MEMBER MIXER

These quarterly gatherings are hosted on a **Friday at 11:30 am**. All recent new members are invited to join staff & volunteers for a free lunch, compliments of **Primrose Retirement Communities**. Our next **New Member Mixer** is **Friday, October 4**. If you are planning to attend, please call **Lisa Richardson** at **(740) 387-6100** to RSVP.

## MONDAY LUNCH MENUS\*

### August 5

Marzetti  
Corn  
Tossed Salad  
Garlic Toast  
Snow Tunnel Cake

### August 12

Beef and Noodles  
Mashed Potatoes  
Tossed Salad  
Fresh Fruit

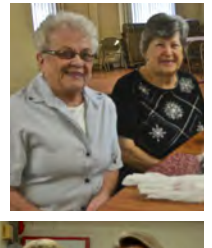
### August 19

Fish Fillet  
Potato Wedges  
Macaroni Salad  
Apple Cobbler

### August 26

Mac n Cheese  
Green Beans  
Cole Slaw  
Pie

*\*Subject to change*



Our first 'Bluegrass & Burgers' event was a lot of fun. Bluegrass band "Fret Mashers" was a big hit... as were the root beer floats! Thank you sponsor Capital City Hospice.

# Upcoming Events

## 'Food for Thought'

Are you seeking 'Lifetime Learning' opportunities? Then our "**Food for Thought**" program was created for you! If you're interested in expanding your knowledge or broadening your experiences, please join us at **12:30 pm** on the **first** and **third Tuesday** each month in the *Multipurpose Room* for an informative presentation by a notable speaker, as well as a **FREE lunch!** Please **RSVP** to **Lisa** at **(740) 387-6100** to ensure we will have enough lunches catered and available. Public welcome!

**Tuesday, August 6 - 12:30 pm.**

Topic: "History of Marion: Bicentennial 2020"

Instructors: Brandy Wilson and Randy Winland,  
Marion Historical Society

**Tuesday, August 20 - 12:30 pm.**

Topic: "Simple Home Modifications You Can Make  
to Decrease the Risk of Falling"

Instructor: Abby Bowers, Occupational Therapy Asst.

## Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won't miss out on the fun:

- **Ice Cream Social** - Tuesday, August 13
- **Popcorn Festival 'Sr. Stop'** - Thur./Fri. Sept. 5 & 6
- **Evening Dance** - Thursday, Sept. 26; 6-8 pm

## Garden Club Cooking Demonstration

**Carol Kelly** and several *Garden Club* volunteers will host a series of popular cooking demonstrations, featuring produce harvested from our raised-bed gardens. The first demonstration is scheduled for **Tuesday, August 27 at 11 am**. These events take place adjacent to the kitchen and are **free** to all Members. Attendees will sample each dish prepared, and receive the recipe to prepare each dish at home.



# Senior Center Classes, Clubs & Activities

## Craft Class (Monday)

Instructor **Sue Rodman's Monday** class meets on Mondays at **12:30 pm** in the *Craft Room*. This month's project is "Flower Pot Holder" or "Pet Dish Holder". **Cost is \$10 per project**, which covers the cost of materials. Photo of the project is posted on the Activity Board near Lisa's office.

## 'Working with Yarn' Club

Interested in learning how to crochet and/or knit? Instructor **Jennifer Johnson** will be teaching how to crochet an afghan using the Ripple Pattern. Class will meet in the *Craft Room* on **Tuesdays from 1 pm to 3 pm**. There is no cost for this class.

## Garden Club

**Carol Kelly** is seeking volunteers to assist with tending to our raised bed gardens and our new "*Prairie Pollinator Patch*" created to attract and sustain Monarch butterflies. If you are willing to help, please contact **Lisa** or **Carol**.

## Photography Class

Instructor **Royce Farson** will teach you how to use your camera. Her photography class has a new assignment each month and meets in the *Game Room* from **2-3 pm** on the **first Wednesday each month** to share their photos. This month's class will meet on **Wednesday, August 7** and the assignment is "Photos of Running Water".

## Liquid Stained Glass

Join instructor **Dee Harshfield** as you create beautiful liquid stained glass projects. This class meets **on Tuesdays at 1:30** in the *Craft Room*. Cost for the class is **\$10**, which covers the cost of materials.

## Recipe 'Prepare & Share'

Cooking enthusiasts will meet on the **2nd Wednesday** each month at **1 pm** to prepare and share our favorite dishes along with the recipes. This month's theme is "**Fresh Vegetables from Your Garden**"...so bring your favorite dish to share, along with copies of your recipe. This group will meet out front by the kitchen.

## Monday Mind Games

**Carla Poston** from *ProCore Health Brokers*, will host *Mind Games* on **Monday mornings**. This class meets in the *Craft Room* at **9:30 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for a Timbit and fun!

## Breakfast for the Brain

Jump start your day - and your brain - at **9:30 am** on **Thursday mornings**, as **Shannon Kimble** from *Community Care* discusses fun trivia questions over orange juice and *Andrew's* pastries.

## Kingston Bingo

**Tammy Millisor** of *Kingston Residence of Marion* hosts Bingo at **10 am** in the morning on the **second Friday** each month. Lots of fun and prizes!

## Senior Center Bingo

**Florence Wright** will call Bingo at **12:30 pm** on the **third Wednesday** each month. The group meets out front.

## Left, Right, Center (LRC)

**Theresa Randall** of *Kindred at Home/Hospice* hosts this wildly popular dice game that's easy to learn and simple to play (with lots of prizes to win). The group usually meets out front the **second Thursday** and **fourth Tuesday** each month at **2:30 pm**.

## Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is available for **\$3.50** and is served at **noon**. Music is performed from **1 to 3 pm**. Public welcome!

## Mahjong

Mahjong is a traditional Chinese tile game, played by four people around a table. The group has a lot of fun and welcomes beginners. They meet near the *Kitchen* on **Thursdays at noon**.

## Scrabble

Learn to play *Scrabble*®, a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words in crossword fashion. The group meets out front on **Fridays at 11**.

## Open Billiard Room

We have 3 pool tables available for open play every weekday from 8 am to 4 pm. Or join the '*Morning Coffee Crew*' on **Monday, Wednesday, and Friday mornings at 8:30 am**. Everyone is welcome to play!

## Golf League at Windy Acres

Marion Senior Center Golf League plays at *Windy Acres* on **Wednesday** mornings. Arrive at **8:30 am** for pairings, with tee times beginning at 9 am. Cost is **\$5 for 9 holes** and carts are available for \$5. There is also a \$10 cost towards the prize fund for the season.

## Zumba® Gold Toning & Strength Training

Certified *Zumba* Instructor & Certified Personal Trainer **Michelle Del Valle** will lead the **Zumba Gold - Toning** classes every **Tuesday morning at 10 am** followed by **Strength Classes at 11 am**. Cost is **\$3 for each class**. Both classes are **FREE** for Silver Sneakers members.

## Beginner & Advanced Line Dance

**Beginner Line Dance** class meets on **Monday** mornings at **9 am**. **Advanced Line Dance** class (for people that have been dancing for a while and are interested in learning new dances) meets on **Friday** mornings at **9 am**. Instructor **Royce Farson** always welcomes new class members in both classes.

## Pickleball

Pickleball is the fastest growing sport in America! **Beginner Pickleball** is played on **Monday** and **Wednesday** mornings at **10 am** on our new outdoor pickleball courts. We have extra paddles and balls available for those just getting started (*see Lisa*). **Pickleball** for the more experienced players is played on **Tuesday** and **Thursday** mornings at **10 am**.

## Fitness Center

Our newly refurbished **Fitness Center** is open to members at no additional cost, and boasts a variety of **Schwinn®** fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. **The Fitness Center is typically open to members anytime the Center is open**. Please consult your physician before beginning any exercise activities.

## Intro to Fitness

This class is a great way to get started! The group meets on **Thursday** mornings at **10 am** in the **Fitness Center**, led by Certified Personal Trainer **Cindy Jennings**. Cindy will motivate you as she teaches you exercises to improve your strength, core conditioning and balance.

## Bridge

If you like to play Bridge, there are two opportunities to play. Bridge is hosted every **Monday** and **Tuesday** at **10am**. Everyone is welcome to play!

## Euchre

**Progressive Euchre** is played on **Mondays at 12:00 pm** and **Bid Euchre** plays on **Thursdays at 12:00 pm**. Both groups meet out front. Everyone is welcome to play!

## Hand & Foot Card Game

This group will meet in the *Game Room* on **Mondays at 12:15 pm** and **Thursday mornings at 11 am**. Anyone interested is welcome to join in the fun!

## Texas Hold 'Em

This group will meet in the *Out Front* on **Tuesdays at 12:30pm**. Everyone is welcome to play!

## Mexican Poker

This group will meet in the *Craft Room* on **Friday** afternoons at **1:00 pm**. Everyone is welcome to play!

## Dominoes

Dominoes is a game played with rectangular "domino" tiles. It is an easy game to learn and lots of fun! The group meets out front on **Tuesday afternoons at 12:15 pm**.

## Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesdays at 1 pm**.

## Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes on **Fridays at 1:30 pm** in the *Multipurpose Room*.



# August 2019 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><b>F</b> = Food Box Day  <b>P</b> = Produce Day  <b>T</b> = Trip Departure  <b>D</b> = Thursday Evening Dance</p> <p>*See Article Inside for Details</p>	<p><i>Create your favorite Sundae!</i></p> <p><b>Ice Cream Social</b></p> <p><i>Tuesday, August 13</i>  <b>Noon</b></p>		<p><b>8:30-Scioto Downs Trip #1*</b> <b>1</b>            9:00-Aerobics            9:30-Breakfast for the Brain*            10:00-Intro to Fitness            11:00-Hand &amp; Foot Cards            12:00-Bid Euchre            12:00-Mahjong</p>
<p>8:30-Open Billiards <b>5</b>            9:00-Exercise            9:00-Beginner Line Dancing            9:30-Mind Games*            9:30-Advanced Line Dancing            10:00-Beginner Pickleball*            10:00-Bridge            11:30-Lunch            12:00-Pinochle            12:00-Euchre            12:15-Hand &amp; Foot Cards            12:30-Craft Class</p>	<p>9:00-Aerobics <b>6</b>            9:00-Books, Balance &amp; BS            10:00-Bridge 10:00-Pickleball*            10:00-Bible Study            10:00-Zumba Gold Toning            11:00-Strength Training            12:15-Dominoes            12:30-<b>RSVP!</b> Food for Thought*            12:30-Texas Hold 'Em            1:00-Yarn Club            1:30-Stained Glass            1:00-Rummikub</p>	<p>8:30-Golf League* <b>7</b>            8:30-Open Billiards            9:00-Exercise            10:00-Beginner Pickleball*            12:00-<b>New!</b> Classic Cinema*</p>	<p><b>8:00-Adventure Club*</b> <b>8</b>            9:00-Aerobics            9:30-Breakfast for the Brain*            10:00-Intro to Fitness            11:00-Hand &amp; Foot Cards            12:00-Bid Euchre            12:00-Mahjong            12:30-Popcorn &amp; Movie*            2:30-LRC*</p>
<p>8:30-Open Billiards <b>12</b>            9:00-Exercise            9:00-Beginner Line Dancing            9:30-Mind Games*            9:30-Advanced Line Dancing            10:00-Beginner Pickleball*            10:00-Bridge            11:30-Lunch            12:00-Pinochle            12:00-Euchre            12:15-Hand &amp; Foot Cards            12:30-Craft Class</p>	<p>9:00-Aerobics <b>13</b>            9:00-Books, Balance &amp; BS            10:00-Bridge 10:00-Pickleball*            10:00-Bible Study            10:00-Zumba Gold Toning            11:00-Strength Training  <b>12:00-Ice Cream Social*</b>            12:00-Produce* <b>P</b>            12:15-Dominoes            12:30-Texas Hold 'Em            1:00-Yarn Club 1:00-Rummikub            1:30-Stained Glass</p>	<p>8:30-Golf League* <b>14</b>            8:30-Open Billiards            9:00-Exercise            10:00-Beginner Pickleball*            1:00-Recipe Prepare &amp; Share*</p>	<p>9:00-Aerobics <b>15</b>            9:30-Breakfast for the Brain*            10:00-Intro to Fitness            10:00-Pickleball*            11:00-Hand &amp; Foot Cards            12:00-Bid Euchre            12:00-Mahjong</p>
<p>8:30-Open Billiards <b>19</b>            9:00-Exercise            9:00-Beginner Line Dancing            9:30-Mind Games*            9:30-Advanced Line Dancing            10:00-Beginner Pickleball*            10:00-Bridge            11:30-Lunch            12:00-Pinochle 12:00-Euchre            12:15-Hand &amp; Foot Cards            12:30-Craft Class  <b>4:00-Clippers "Dime-a-Dog" Trip*</b></p>	<p>9:00-Aerobics <b>20</b>            9:00-Books, Balance &amp; BS            10:00-Bridge            10:00-Pickleball*            10:00-Bible Study            12:15-Dominoes            12:30-<b>RSVP!</b> Food for Thought*            12:30-Texas Hold 'Em            1:00-Yarn Club            1:30-Stained Glass            1:00-Rummikub</p>	<p>8:30-Golf League* <b>21</b>            8:30-Open Billiards            9:00-Exercise            10:00-Beginner Pickleball*            12:00-<b>New!</b> Classic Cinema*            12:30-Senior Center Bingo*</p>	<p><b>8:00-Adventure Club*</b> <b>22</b>            9:00-Aerobics            9:30-Breakfast for the Brain*            10:00-Intro to Fitness            10:00-Pickleball*            11:00-Hand &amp; Foot Cards            12:00-Bid Euchre            12:00-Mahjong            12:00-Produce* <b>P</b></p>
<p>8:30-Open Billiards <b>26</b>            9:00-Exercise            9:00-Beginner Line Dancing            9:30-Mind Games*            9:30-Advanced Line Dancing            10:00-Beginner Pickleball*            10:00-Bridge            11:30-Lunch            12:00-Pinochle 12:00-Euchre            12:15-Hand &amp; Foot Cards            12:30-Craft Class            12:30-Food Box Day* <b>F</b></p>	<p><b>8:00-Detroit Overnight Trip*</b> <b>27</b>            9:00-Aerobics            9:00-Books, Balance &amp; BS            10:00-Bridge            10:00-Pickleball*            10:00-Bible Study            10:00-Zumba Gold Toning            11:00-Strength Training  <b>11:00-Garden Club Cooking Demo*</b>            12:15-Dominoes            12:30-Texas Hold 'Em            1:00-Yarn Club 1:00-Rummikub            1:30-Stained Glass 2:30-LRC</p>	<p>8:30-Golf League* <b>28</b>            8:30-Open Billiards            9:00-Board Meeting            9:00-Exercise            10:00-Beginner Pickleball*            10:30-Tech Time with TJ*            12:00-Lunch            1:00-Jam Session*</p>	<p><b>8:00-LaComedia Trip*</b> <b>29</b>  <b>8:30-Scioto Downs Trip #2*</b>            9:00-Aerobics            9:30-Breakfast for the Brain*            10:00-Intro to Fitness            10:00-Pickleball*            11:00-Hand &amp; Foot Cards            12:00-Bid Euchre            12:00-Mahjong            12:00-Produce*</p>

# Birthdays & Anniversaries

## FRIDAY

**7:30-Island Hopping Cruise\*** **2**  
 8:30-Open Billiards  
 9:00-Advanced Line Dancing  
 9:00-Exercise  
 9:30-Line Dancing  
 11:00-Scrabble\*  
 1:00-Card Game 31  
 1:00-Mexican Poker  
 1:30-Tai Chi

**8:30-Open Billiards** **9**  
 9:00-Advanced Line Dancing  
 9:00-Exercise  
 9:30-Line Dancing  
 10:00-Kingston Bingo\*  
 11:00-Scrabble\*  
 1:00-Card Game 31  
 1:00-Mexican Poker  
 1:30-Tai Chi

**8:30-Open Billiards** **16**  
 9:00-Advanced Line Dancing  
 9:00-Exercise  
 9:30-Line Dancing  
 11:00-Scrabble\*  
 1:00-Card Game 31  
 1:00-Mexican Poker  
 1:30-Tai Chi

**8:30-Open Billiards** **23**  
 9:00-Advanced Line Dancing  
 9:00-Exercise  
 9:30-Line Dancing  
 11:00-Scrabble\*  
 1:00-Card Game 31  
 1:00-Mexican Poker  
 1:30-Tai Chi

**8:30-Open Billiards** **30**  
 9:00-Advanced Line Dancing  
 9:00-Exercise  
 9:30-Line Dancing  
 11:00-Scrabble\*  
 1:00-Card Game 31  
 1:00-Mexican Poker  
 1:30-Tai Chi

## August Birthdays

Anne Marie Bailey	Aug 01	Eugene Gear	Aug 10	Randy Seaburn	Aug 21
Fred Malone	Aug 01	Walter Oehler	Aug 11	Linda Hawkins	Aug 21
Susan Wilhelm	Aug 01	Virginia Drew	Aug 11	Diana Carroll	Aug 21
Lois Ann Lowe	Aug 02	Tilly Gresh	Aug 11	Phyllis McKinley	Aug 21
Pat Mantey	Aug 02	Linda Dietrich	Aug 12	Thomas Carpenter	Aug 23
Kate Hoffer	Aug 03	John Shore	Aug 12	Winnie Mallett	Aug 23
Phoebe House	Aug 04	Gene Callahan	Aug 12	Sue McClaren	Aug 23
Jerry Sopher	Aug 04	Janet Lucas	Aug 13	Monica Granger	Aug 23
Eileen Little	Aug 04	Martha Jones	Aug 14	Ray Hughes	Aug 24
Judy Johnson	Aug 05	Jane Laucher	Aug 14	Roberta Volz	Aug 24
Loretta Murphy	Aug 05	Janine Williams	Aug 14	Polly Burge	Aug 24
Rosemary Scheff	Aug 06	Steve Ward	Aug 15	John Probst	Aug 24
Bruce Martin	Aug 06	Steve Welch	Aug 15	Terri Mantey	Aug 25
Alfreda Layne	Aug 07	Bill Williamson	Aug 15	Otis Selph	Aug 25
Janice Linstedt	Aug 07	Joyce Gilliam	Aug 15	Jeanette Montgomery	Aug 26
Phyllis Shirk	Aug 07	Cheryl Reeves	Aug 15	Terry Hickman	Aug 26
Dale Rapp	Aug 07	Robert Miller	Aug 16	Idelphia Hughes	Aug 27
Sue Campbell	Aug 08	Marjorie Wagner	Aug 17	Betty Lou Kreg	Aug 27
Gary Dible	Aug 08	Vicki VanGilder	Aug 17	Jimmy Harris	Aug 27
Raymond Haines, Sr.	Aug 08	Larry Knapp	Aug 18	Norma Vanderboegh	Aug 28
Merle Smith	Aug 08	Daniel Shew	Aug 18	Marge Guider	Aug 28
Tom Fetter	Aug 08	Judy Bill	Aug 19	Betty Dietsch	Aug 29
Vaughn Stewart	Aug 09	Marcia Cramer	Aug 19	Barbara Mead	Aug 29
Larry Bradley	Aug 09	Paula Barron	Aug 20	Rebecca Leathem	Aug 29
Brenda Rider	Aug 10	Jim Roush	Aug 20	Sheila Barry	Aug 29

## August Anniversaries

Dick & Phyllis Thatcher	August 11, 1957	62 years
Raymond & Carol Haines	August 31, 1959	60 years
Bob & Terry Kern	August 08, 1964	55 years
Mike & Toni Alic	August 07, 1965	54 years
Marion & Maureen Brown	August 09, 1969	50 years
Mark & Annette Hartman	August 23, 1987	32 years
William & Kay White	August 14, 1994	25 years
Larry & Mollie Geissler	August 31, 2002	17 years

## New Members

Cathy Anastasio	Kate Hoffer	Barbara Purcell
Carol Getsay	Louie Leach	Patricia Stevens
Frances Gundrum	Alice Loving	Jim Weston
Joan & Keith Hawkins	Melba Miller	

# Volunteer of the Month

## MEET T.J. BADERTSCHER

By Tim Frericks

Although our volunteer of the month, Timothy J. Badertscher AKA “T.J.” Badertscher is only thirty years old he has already accomplished more than most people do their entire lives. His resume is impressive. His life experiences range from being an elite athlete to a techmeister and much more in between.

T.J. is a native Marionite who graduated from River Valley High School in 2007 after attending Claridon elementary school. At River Valley his athletic endeavors included basketball, golf, track and cross country. His three point shooting was noteworthy as was his golf. Once a scratch golfer his handicap is in the 5-10 range.

After high school T.J. attended Cedarville University on scholarship. His athletic exploits at Cedarville included winning the 2010 Indoor 5 K national championship and the 8 K Cross Country national championship. He graduated from Cedarville in 2011 with a double major: exercise science and graphic design.

A physical fitness guru T.J. is now a Certified Personal Trainer. He is a regular attendee at Anytime Fitness in Marion which he needs as an antidote for his love of cooking. He speaks fondly of his prowess with the grill and his favorite meal, a delicious maple salmon.



T.J. is employed in Marion at the Center Street Community Health Center as a Community Outreach official. He is, essentially in charge of their marketing and oversees their social media and website development.

Religion is important to T.J. as evidenced by his membership in First Presbyterian Church in Marion and his missionary trips to the eastern U.S. and southern U.S.

T.J. is the son of Senior Center Director, Steve and has two siblings, Ryan, age 27 and Amanda, age 26. He is about to embark on perhaps his biggest adventure—fatherhood—as he is soon expecting the birth of his first child.

T.J. volunteers at the Center by conducting the program “Tech Time with T.J.” in which he instructs members how to better use their digital devices.



# Featured EVENTS



## ◀◀ Popcorn & Movie ▶▶ Thursday, August 8 - 12:30 pm

Experience the fun of an afternoon matinee, complete with a complimentary box of popcorn during this monthly event! We set up theater-style seating in the *Multipurpose Room*, then lower the shades and dim the lights to create a movie theater atmosphere for you to sit back, relax, and enjoy watching a newly released movie on our big screen TV! Feel free to come alone, or join some friends!

*Please see the poster located on the activity board near Kristi's office for movie details.*



*Sponsored by Humana*

## **Pace Setters Walking Club**

The Center's walking club is off to a GREAT start. Members walk laps on the newly paved track located behind MARCA/MCBDD, and have walked over 150 miles as a group! Track your laps and earn great prizes. The more you walk the more you earn! There's still time to join. See Lisa to sign up.



*Marion Auto Sales*

## ⌘ **Classic Cinema** ⌘

Join us on the **1st** and **3rd Wednesday** each month at **Noon** in the *Multipurpose Room*. Reminisce watching these critically acclaimed films starring Hollywood's most important stars. This month's classic movies feature **Grace Kelly** in:

- **Wed., Aug. 7: To Catch a Thief**
- **Wed., Aug. 21: High Society**

# *Trips on the Horizon*

## **Clippers “Dime-a-Dog” Night**

**Monday, August 19 (vs. Louisville)**

Only a few spots remaining on this trip. We will depart the Center at 4 pm for beautiful *Huntington Park* in Columbus. Have fun watching baseball from some great seats while enjoying ten cent hot dogs! Cost is \$20 Members/\$30 Non-members. **Sign up NOW!**

## **Scioto Downs - Columbus**

**Two Trips this Month (due to no trip in July)!**

**Thurs., August 1 & Thurs., August 29**

We will depart the Center via Lakefront charter coach at 8:30 am to visit Scioto Downs. Cost of the trip is \$35, which includes \$20 slot play and \$5 food voucher. **Sign up NOW** with a \$20 non-refundable deposit.

## **‘Island Hopping’ Cruise**

**Friday, August 2**

We will depart the Center at 7:30 am via charter bus for a day trip to *Lake Erie*, where we’ll spend the day island hopping aboard the *Goodtime I* with captain **John Probst**. The trip includes a lunch buffet served during the cruise and a tram tour of *Put-in-Bay*. Cost is \$85. Trip is limited. **Sign up NOW!** \*Note: If you have a National Park Pass you receive free admission to Perry’s Monument.

## **Indians vs. Detroit Overnight**

**Tuesday/Wednesday, August 27-28**

We will depart the Center at 8 am on Tuesday, August 27 via *Prime Tours* motorcoach headed to Detroit, MI. We will have great lower level seats at **Comerica Park** to watch the **Indians vs. Tigers** baseball game. Your luxurious room at **Motor City Casino** hotel that evening includes a \$25 play card. On day two we will visit the **Henry Ford Museum** and **Greenfield Village**. Cost is \$335\* per person, which includes transportation, hotel room, admission to the game and both museums. **Sign up NOW** with a \$20 non-refundable deposit. \*Double Occupancy

**Includes Sight & Sound Theater’s new show ‘Jesus’  
Gettysburg & Lancaster**

**September 24 - 26, 2019; Call or see Lisa for details.**

**Join us for a Fantastic Fall Foliage Tour!**

**Cape Cod & Cranberry Harvest**

**October 6 - 12, 2019; Call or see Lisa for details.**

## **LaComedia: On Golden Pond**

**Thursday, August 29**

We will depart the Center at 8:30 am via *Brewster* motorcoach on a day trip to see *On Golden Pond*, a classic American comedy/drama that’s every bit as touching, warm, and witty today as when it debuted on Broadway in 1979. *LaComedia’s* unique combination of fine dining and Broadway-style entertainment has made it the region’s premiere entertainment value. Cost is \$93 Members/\$98 Non-members which includes transportation, dinner, and admission to the show. **Sign up NOW!**

## **Ark Encounter Day Trip**

**Wednesday, September 11**

We will depart the Center at 8 am on Wednesday, September 11 via *S&S* motorcoach headed to Cincinnati. Experience Bible history at the life-size Noah’s Ark! Meet Noah, his family, and the animals on the Ark. You’ll also enjoy lunch on the scenic deck of *Emzara’s Buffet*, a two-story casual restaurant with spectacular view of the Ark. Cost is \$109 Members and Non-members, which includes transportation, admission to the Ark, and lunch buffet. **Sign up NOW** with a \$20 non-refundable deposit.

## **Amish Heritage Tour**

**Tuesday, October 1**

We will depart the Center at 8 am on Tues., October 1 via *S&S* motorcoach headed to Berlin, OH. After a little shopping in Berlin, we’ll experience an “Amish church lunch” while learning about Amish church from an Amish minister. We will then tour the backroads of Holmes County to see live demos of basket making, candle making, broom making, quilt making, and visit Keim Lumber before enjoying a family-style dinner in an Amish home. Cost is \$85 Members/\$95 Non-Members. **Sign up NOW** with a \$20 non-refundable deposit.

## **New York City**

**Thurs. - Sun., November 14 - 17**

This Prime Tours trip features New York’s top attractions, Radio City Rockettes Christmas Spectacular, 3 nights at the art deco Edison Hotel just off Times Square (and OSU at Rutgers football game option at an additional cost). Cost is \$1144\* per person. Call or see Lisa for full details. Sign up now with \$400 deposit. Balance due Sept. 1. \*Double Occupancy



## Marion Senior Center

2375 Harding Hwy. E.  
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.  
Monday through Friday  
Office: 740-387-6100  
Transportation: 740-387-5444

NON-PROFIT  
U.S. Postage  
PAID  
Marion, OH  
Permit #23

## Directory

**Director:** Steve Badertscher

**Activity Coordinator:** Lisa Richardson

**Social Service Coordinator:**  
Cindy Jennings

**Transportation Coordinator:** Barb Arms

**Bookkeeper:** Jackie King

**Maintenance Supervisor:** Jay Yarger

Visit the Marion Senior Center  
website at: [www.marionseniorcenter.com](http://www.marionseniorcenter.com)

Email: [info@marionseniorcenter.com](mailto:info@marionseniorcenter.com)  
or follow us on Facebook



### **Need a Ride? Transportation Available for Seniors**

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

*\*Handicap-accessible transportation is now available!*

### **Need a Personal Shopper?**

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Cindy Jennings at (740) 387-6100.**

*Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.*