

Volume 36 • Issue 9

The Sentinel

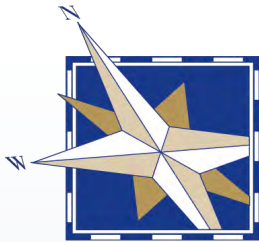
September 2019



Brought to you by Kingston & Marion Senior Center

Popcorn Festival 'Senior Stop'

Thursday/Friday, September 5 & 6



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS
Monday-Friday: 8 AM-4 PM

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The Marion Senior Center in partnership with Kingston Residence of Marion will once again host the 'Senior Stop' during the *Marion Popcorn Festival*. Activities will be hosted in the RHAM building conference room located at 205 West Center Street in downtown Marion on the following dates:

Thursday, September 5

Doors open at 11 am
Bingo 11:30 am – 1:30 pm
The Bill Foley Trio – 2 pm (*Palace Theatre*)

Friday, September 6

Doors open at 11 am
Casino Games 11:30 am – 1:30 pm



Evening DANCE

Will Resume on
Thursday, September 26

Senior Center Services

Elder Care Law

Certified elder law attorney, **Steve Roush**, representing the law firm of **Daniel P. Seink Co., Ltd.**, is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. Please contact him at **(740) 418-1840** or **1-800-393-2324** to schedule your free appointment.

Tech Time with TJ

T.J. Badertscher from **Center Street Community Health Center** will be here on **Wednesday, September 25** beginning at **10:30 am** to offer free assistance to anyone wanting to learn how to better use their Smartphones, tablets, iPads and other digital devices. Please call **(740) 387-6100** to schedule a half hour appointment.

Grief Support Hour

Sara Middleton from **Kindred Hospice Marion** will begin hosting a monthly grief support hour the **2nd Wednesday** each month from **3 to 4 pm** in the **Multipurpose Room**, beginning on **September 11**. This support group is for adults who have experienced the death of a loved one and are looking for a safe space to process grief, assured they are not alone. This support group is free and open to the public.

Food Box Program

If you or someone you know are in need of food assistance please contact **Cindy Jennings** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and income eligible.

LUNCH AT THE CENTER

Hot and cold delicious, nutritious meals are available at the Marion Senior Center for anyone age 60+ **every Tuesday-Friday at 11:30 am**. Call Life Care Alliance at 1-888-656-6831 for details. You do not need to be a Senior Center member to participate in the Dining Center program.

FRESH PRODUCE

The Marion Senior Center distributes free produce on behalf of **Beacon of Hope Food Pantry**, two days each month. Typically it is available **at noon** on the **second Tuesday** and **fourth Thursday** each month.

NEW MEMBER MIXER

These quarterly gatherings are hosted on a **Friday at 11:30 am**. All recent new members are invited to join staff & volunteers for a free lunch, compliments of **Primrose Retirement Communities**. Our next **New Member Mixer** is **Friday, October 4**. If you are planning to attend, please call **Lisa Richardson** at **(740) 387-6100** to RSVP.

MONDAY LUNCH MENUS* *Subject to change

Sept. 9	Sept. 16	Sept. 23	Sept. 30
Meat Loaf	Spaghetti	Chicken Tenders	Ham Loaf
Baked Potato	Garlic Toast	Potato Wedges	Cheesy Potatoes
Mixed Vegetables	Tossed Salad	Tossed Salad	Green Beans
Cole Slaw	Pie	Apple Cobbler	Cole Slaw
Ice Cream Cup			Pudding



90 members and guests attended our Ice Cream Social last month. Banjo player Glenn Parks put on a great show and new local ice cream shop Topped provided the delicious Riverside ice cream with all the toppings. Special thanks to event sponsor Primrose!

Upcoming Events

‘Food for Thought’

If you’re interested in expanding your knowledge or broadening your experiences, please join us at **12:30 pm** on the **first and third Tuesday** each month in the *Multipurpose Room* for an informative presentation by a notable speaker, as well as a **FREE lunch!** Please **RSVP** to **Lisa** at **(740) 387-6100** to ensure we have enough lunches available. Public welcome!

Tuesday, Sept. 3 - 12:30 pm.

Topic: “Winland’s Whats-its”

Brief: We all have that item that we see at a flea market or yard sale and think, “what in the world is this?”

Instructor: **Randy Winland**, Marion Historical Society

Tuesday, Sept. 17 - 12:30 pm.

Topic: “**Everything You Wanted to Know About Memory Loss But Forgot to Ask**”

Brief: Tips on how to recognize cognitive changes

Instructor: **Dr. Douglas Scharre**, OSU Memory Care

Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won’t miss out on the fun:

- **Popcorn Festival ‘Sr. Stop’** - Thur./Fri. Sept. 5 & 6
- **Evening Dance** - Thursday, Sept. 26; 6-8 pm
- **Halloween Dance** - Thursday, Oct. 24; 6-8 pm
- **Buckeye Tailgate Party** - Friday, Oct. 18; Noon
- **Senior Prom** - Thursday, Dec. 5; 5 - 9 pm

Garden Club Cooking Demonstration

Carol Kelly and *Garden Club* volunteers will host their final cooking demonstration, featuring produce harvested from our raised-bed gardens on **Tuesday, September 24 at Noon**. This event takes place adjacent to the kitchen and is **free** to all Center Members. Attendees will sample each dish prepared and receive the recipe to try at home.



Senior Center Classes, Clubs & Activities

Craft Class (Monday)

Instructor **Sue Rodman's Monday** class meets on Mondays at **12:30 pm** in the *Craft Room*.

Cost is \$10 per project, which covers the cost of materials. Photo of the project is posted on the Activity Board near Lisa's office.

'Hooks & Needles'

Instructors **Jeanne Howison** and **Olivia VanSickle** will lead our new knitting/crocheting hour, aptly named "Hooks & Needles". The group will meet on **Tuesdays at 1:30 pm** in the *Craft Room*. Learn to knit, crochet or just build on your skills. Some assorted yarn available.

Open Sewing

Our *Craft Room* will be open on **Wednesdays at 12:30 pm** to all those who sew, beginners to advanced. Beginners can learn from the more advanced members in this fun, relaxed setting. Projects are on your own. Sewing machines & some material/thread/supplies are available.

Photography Class

Instructor **Royce Farson** will teach you how to use your camera. Her class has a new assignment each month and meets in the *Game Room* from **2-3 pm** on the **first Wednesday each month** to share their photos. This month's class will meet on **Wednesday, Sept. 4** and the assignment is "Things that require Electricity".

Liquid Stained Glass

Join instructor **Dee Harshfield** as you create beautiful liquid stained glass projects. This class meets **on Tuesdays at 1:30** in the *Craft Room*. Cost for the class is **\$10**, which covers the cost of materials.

Recipe 'Prepare & Share'

Cooking enthusiasts will meet on the **2nd Wednesday** each month at **Noon** to prepare and share our favorite dishes along with the recipes. This month's theme is "**Tailgate Party**"...so bring your best tailgate foods to share, along with copies of your recipe. This group will meet out front by the kitchen.

Monday Mind Games

Carla Poston from *ProCore Health Brokers*, will host *Mind Games* on **Monday mornings**. This class meets in the *Craft Room* at **9:30 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for a Timbit and fun!

Breakfast for the Brain

Jump start your day - and your brain - at **9:30 am** on **Thursday mornings**, as **Shannon Kimble** from *Community Care* discusses fun trivia questions over orange juice and *Andrew's* pastries.

Kingston Bingo

Tammy Millisor of *Kingston Residence of Marion* hosts Bingo at **10 am** in the morning on the **second Friday** each month. Lots of fun and prizes!

Senior Center Bingo

Florence Wright will call Bingo at **12:30 pm** on the **third Wednesday** each month. The group meets out front.

Heartland Trivia

Hillary Gray from *Heartland* will be hosting "Trivia" games on the **second Wednesday of each month at 9:30 am** in the *Craft Room*. Heartland also provides breakfast goodies!

Left, Right, Center (LRC)

Theresa Randall of *Kindred at Home/Hospice* hosts this wildly popular dice game that's easy to learn and simple to play (with lots of prizes to win). The group usually meets out front the **second Thursday** each month at **2:30 pm**.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is available for **\$3.50** and is served at **noon**. Music is performed from **1 to 3 pm**. Public welcome!

Mahjong

Mahjong is a traditional Chinese tile game, played by four people around a table. The group has a lot of fun and welcomes beginners. They meet near the *Kitchen* on **Thursdays at noon**.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 8 am to 4 pm. Or join the *'Morning Coffee Crew'* on **Monday, Wednesday, and Friday mornings at 8:30 am**. Everyone is welcome to play!

'Pace Setters' Walking Club

Our last day to tally laps is **Friday, Sept. 27**. We will also host an **"End of Season Celebration"** on **Monday, Sept. 30 at 12:30 pm** out front by the fireplace. All walking club participants are invited to join us to celebrate your dedication, progress and achievements towards better health and well-being!

Zumba® Gold Toning & Strength Training

Certified *Zumba* Instructor & Certified Personal Trainer **Michelle Del Valle** will lead the **Zumba Gold - Toning** classes every **Tuesday morning at 10 am** followed by **Strength Classes at 11 am**. **Cost is \$3 for each class**. Both classes are **FREE** for Silver Sneakers members.

Beginner & Advanced Line Dance

Beginner Line Dance class meets on **Monday** mornings at **9 am**. **Advanced Line Dance** class (for people that have been dancing for a while and are interested in learning new dances) meets on **Friday** mornings at **9 am**. Instructor **Royce Farson** always welcomes new class members in both classes.

Pickleball

Beginner Pickleball is played on **Monday** and **Wednesday** mornings at **10 am** on our new outdoor pickleball courts. We have extra paddles and balls available for those just getting started (*see Lisa*). **Pickleball** for the more experienced players is played on **Tuesday** and **Thursday** mornings at **10 am**.

Fitness Center

Our newly refurbished **Fitness Center** is open to members at no additional cost, and boasts a variety of **Schwinn®** fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. **The Fitness Center is typically open to members anytime the Center is open**. Please consult your physician before beginning any exercise activities.

Intro to Fitness

This class is a great way to get started! The group meets **Wednesday** mornings at **9:30 am** in the **Fitness Center**, led by Certified Personal Trainer **Cindy Jennings**. Cindy will motivate you as she teaches you exercises to improve your strength, core conditioning and balance.

Choir Resumes!

Director **Ednita Vaflor** welcomes everyone to join the Center's choir, "Seniors in Song". Practice resumes this month on **Thursday** mornings at **9:45am**.

Bridge

If you like to play Bridge, there are two opportunities to play. Bridge is hosted every **Monday** and **Tuesday** at **10am**. Everyone is welcome to play!

Euchre

Progressive Euchre is played on **Mondays at 12:00 pm** and **Bid Euchre** plays on **Thursdays at 12:00 pm**. Both groups meet out front. Everyone is welcome to play!

Hand & Foot Card Game

This group will meet in the *Game Room* on **Mondays at 12:15 pm** and **Thursday mornings at 11 am**. Anyone interested is welcome to join in the fun!

Texas Hold 'Em

This group will meet in the *Out Front* on **Tuesdays at 12:30pm**. Everyone is welcome to play!

Mexican Poker

This group will meet in the *Craft Room* on **Friday** afternoons at **1:00 pm**. Everyone is welcome to play!

Dominoes

Dominoes is an easy game to learn and lots of fun! The group meets out front on **Tuesday afternoons at 12:15 pm**.

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesdays at 1 pm**.

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes on **Wednesdays at 11 am** and **Fridays at 1:30 pm** in the *Multipurpose Room*.

Scrabble

Learn to play *Scrabble®*, a word game in which players score points by placing tiles, each bearing a single letter, onto a game board to spell words. The group meets out front on **Fridays at 11am**.

September 2019 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p style="text-align: right; font-weight: bold; font-size: 24px;">2</p> <p style="text-align: center;">The Center will be Closed in Observance of</p> <div style="text-align: center;">  <p style="font-size: 36px; font-weight: bold; margin: 0;">LABOR DAY</p> </div>	<p style="text-align: right; font-weight: bold; font-size: 24px;">3</p> <p>9:00-Aerobics 9:00-Books, Balance & BS 10:00-Bridge 10:00-Pickleball * 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 12:30-<i>RSVP!</i> Food for Thought* 12:30-Texas Hold 'Em 1:00-Rummikub 1:30-<i>New!</i> Hooks & Needles 1:30-Stained Glass</p>	<p style="text-align: right; font-weight: bold; font-size: 24px;">4</p> <p>8:30-Open Billiards 9:00-Exercise 9:30-<i>New Day!</i> Intro to Fitness 10:00-Beginner Pickleball* 10:30-Tai Chi* 12:30-Classic Cinema* 12:30-<i>New!</i> Open Sewing* 2:00-Photography Class*</p>	<p style="text-align: right; font-weight: bold; font-size: 24px;">5</p> <p>9:00-Aerobics 9:30-Breakfast for the Brain* 11:00-Popcorn Festival Senior Stop* 11:00-Hand & Foot Cards 12:00-Bid Euchre 12:00-Mahjong</p>
<p style="text-align: right; font-weight: bold; font-size: 24px;">9</p> <p>8:30-Open Billiards 9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Advanced Line Dancing 10:00-Beginner Pickleball* 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:15-Hand & Foot Cards 12:30-Craft Class</p>	<p style="text-align: right; font-weight: bold; font-size: 24px;">10</p> <p>9:00-Aerobics 9:00-Books, Balance & BS 10:00-Bridge 10:00-Pickleball * 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:00-Produce P 12:15-Dominoes 12:30-Texas Hold 'Em 1:00-Rummikub 1:30-<i>New!</i> Hooks & Needles 1:30-Stained Glass</p>	<p style="text-align: right; font-weight: bold; font-size: 24px;">11</p> <p>8:00-Ark Encounter Trip* 8:30-Open Billiards 9:00-Exercise 9:30-<i>It's Back!</i> Heartland Trivia* 9:30-<i>New Day!</i> Intro to Fitness 10:00-Beginner Pickleball* 10:30-Tai Chi* 12:00-Recipe Prepare & Share* <i>*Please note the new time</i> 12:30-<i>New!</i> Open Sewing* 3:00-<i>New!</i> Grief Support Hour*</p>	<p style="text-align: right; font-weight: bold; font-size: 24px;">12</p> <p>9:00-Aerobics 9:30-Breakfast for the Brain* 9:45-Choir Resumes* 11:00-Hand & Foot Cards 12:00-Bid Euchre 12:00-Mahjong 12:30-Popcorn & Movie* 2:30-LRC*</p>
<p style="text-align: right; font-weight: bold; font-size: 24px;">16</p> <p>8:30-Open Billiards 9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Advanced Line Dancing 10:00-Beginner Pickleball* 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:15-Hand & Foot Cards 12:30-Craft Class</p>	<p style="text-align: right; font-weight: bold; font-size: 24px;">17</p> <p>9:00-Aerobics 9:00-Books, Balance & BS 10:00-Bridge 10:00-Pickleball * 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 12:30-<i>RSVP!</i> Food for Thought* 12:30-Texas Hold 'Em 1:00-Rummikub 1:30-<i>New!</i> Hooks & Needles 1:30-Stained Glass</p>	<p style="text-align: right; font-weight: bold; font-size: 24px;">18</p> <p>8:30-Open Billiards 9:00-Exercise 9:30-<i>New Day!</i> Intro to Fitness 10:00-Beginner Pickleball* 10:30-Tai Chi* 12:30-Classic Cinema* 12:30-Senior Center Bingo* 12:30-<i>New!</i> Open Sewing*</p>	<p style="text-align: right; font-weight: bold; font-size: 24px;">19</p> <p>9:00-Aerobics 9:30-Breakfast for the Brain* 9:45-Choir* 10:00-Pickleball* 11:00-Hand & Foot Cards 12:00-Bid Euchre 12:00-Mahjong 12:00-Cape Cod Pre-trip Meeting*</p>
<p style="text-align: right; font-weight: bold; font-size: 24px;">23</p> <p>8:30-Open Billiards 9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Advanced Line Dancing 10:00-Beginner Pickleball* 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:15-Hand & Foot Cards 12:30-Craft Class 12:30-Food Box Day* F</p>	<p style="text-align: right; font-weight: bold; font-size: 24px;">24</p> <p>9:00-Aerobics 9:00-Books, Balance & BS 10:00-Bridge 10:00-Pickleball * 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:00-Garden Club Cooking Demo* <i>*Please note the new time</i> 12:15-Dominoes 12:30-Texas Hold 'Em 1:00-Rummikub 1:30-<i>New!</i> Hooks & Needles 1:30-Stained Glass</p>	<p style="text-align: right; font-weight: bold; font-size: 24px;">25</p> <p>8:30-Open Billiards 9:00-Board Meeting 9:00-Exercise 9:30-<i>New Day!</i> Intro to Fitness 10:00-Beginner Pickleball* 10:30-Tai Chi* 10:30-Tech Time with TJ* 12:00-Lunch 12:30-<i>New!</i> Open Sewing* 1:00-Jam Session*</p>	<p style="text-align: right; font-weight: bold; font-size: 24px;">26</p> <p>8:30-Scioto Downs Trip 9:00-Aerobics 9:30-Breakfast for the Brain* 9:45-Choir* 10:00-Intro to Fitness 10:00-Pickleball* 11:00-Hand & Foot Cards 12:00-Bid Euchre 12:00-Mahjong 12:00-Produce* P</p> <p style="text-align: right; font-weight: bold; font-size: 24px; color: blue;">D</p> <p>6:00-Evening Dance</p>
<p style="text-align: right; font-weight: bold; font-size: 24px;">30</p> <p>8:30-Open Billiards 9:00-Exercise 9:00-Beginner Line Dancing 9:30-Mind Games* 9:30-Advanced Line Dancing 10:00-Beginner Pickleball* 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:15-Pace Setters Party!* 12:15-Hand & Foot Cards 12:30-Craft Class</p>		<p style="text-align: center; font-weight: bold; font-size: 24px; color: orange;">Popcorn Festival</p> <div style="background-color: #fff9c4; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center; font-weight: bold; font-size: 18px;">Thursday, September 5</p> <ul style="list-style-type: none"> Doors open at 11 am Bingo: 12 - 1:30 pm Bill Foley Trio: 2 pm (<i>Palace</i>) </div> <div style="background-color: #fff9c4; padding: 5px;"> <p style="text-align: center; font-weight: bold; font-size: 18px;">Friday, September 6</p> <ul style="list-style-type: none"> Doors open at 11 am Casino Games: 12 am -1:30 pm </div>	<p style="text-align: center; font-weight: bold; font-size: 18px; color: red;">Thursday, September 26</p> <p style="text-align: center; font-weight: bold; font-size: 24px; color: red;">Thursday Evening Dance!</p> <div style="text-align: center;">  <p style="font-size: 12px; color: black;">Details on Pg. 9</p> </div>

Birthdays & Anniversaries

FRIDAY

6

8:30-Open Billiards
 9:00-Advanced Line Dancing
 9:00-Exercise
 9:30-Line Dancing
11:00-Popcorn Festival Senior Stop*
 11:00-Scrabble*
 1:00-Card Game 31
 1:00-Mexican Poker
 1:30-Tai Chi

13

8:30-Open Billiards
 9:00-Advanced Line Dancing
 9:00-Exercise
 9:30-Line Dancing
 10:00-Kingston Bingo*
 11:00-Scrabble*
 1:00-Card Game 31
 1:00-Mexican Poker
 1:30-Tai Chi

20

8:30-Open Billiards
 9:00-Advanced Line Dancing
 9:00-Exercise
 9:30-Line Dancing
 11:00-Scrabble*
 1:00-Card Game 31
 1:00-Mexican Poker
 1:30-Tai Chi

27

8:30-Open Billiards
 9:00-Advanced Line Dancing
 9:00-Exercise
 9:30-Line Dancing
 11:00-Scrabble*
 1:00-Card Game 31
 1:00-Mexican Poker
 1:30-Tai Chi

F = Food Box Day

P = Produce Day

T = Trip Departure

D = Thursday Evening Dance

*See Article Inside for Details

September Birthdays

Karl B. Landon	Sep 01	Colleen Hempstead	Sep 12	Donna Franklin	Sep 22
Imogene Postell	Sep 01	Dee Harshfield	Sep 13	Jeff Smith	Sep 22
Susan Leeper	Sep 01	Priscilla Jo		Bobb Davies	Sep 23
Rhodella Metz	Sep 02	Kreis-Isaacs	Sep 13	Janis Hoffman	Sep 23
Elliott Deaton	Sep 03	Lois Lucas	Sep 14	Bonnie Burggraf	Sep 23
Gloria Lawson	Sep 03	Gloria Baker	Sep 15	Brenda Sykes	Sep 24
Chris Hawkins	Sep 04	Lou Hartley	Sep 15	Robert King	Sep 25
Cindy Mahon	Sep 04	Alice Lucille Norton	Sep 15	Regis Lynch	Sep 25
Marty Beaver	Sep 05	Karen Ward	Sep 15	Larry Rodman	Sep 25
Wilson Mowery	Sep 05	Diane Fetter	Sep 15	Marjory Grigsby	Sep 25
Joan Cones	Sep 05	Frances Cornish	Sep 16	Elizabeth Orthmeyer	Sep 26
Peggy Rasey	Sep 06	Flora B. Kyle	Sep 16	Phyllis Nicolosi	Sep 26
Kathy Harshfield	Sep 06	Pauline King	Sep 16	Kenneth Linstedt	Sep 27
Judith Miller	Sep 07	Mary Bloomfield	Sep 17	Donald Bentley	Sep 27
Loukas Photos	Sep 07	Jackie King	Sep 18	Marilyn Huston	Sep 28
Gwendolyn Wilson	Sep 08	Sandy Myers	Sep 18	Jean Merritt	Sep 28
Steve Wetzel	Sep 08	Barbara Truka	Sep 18	James Childers	Sep 29
Patti Crane	Sep 09	Mollie Birnbaum	Sep 19	Terri Schurch	Sep 29
Carol Loeffler	Sep 10	Janis Miley	Sep 20	Jana Schelb	Sep 30
Kathy Sherman	Sep 10	Linda Hollanshead	Sep 20	Janet Elliott	Sep 30
Arlene Hopkins	Sep 10	Barbara Jones	Sep 21		
Debbie Harris	Sep 12	Darlynn Blessing	Sep 21		

September Anniversaries

Bill & Joan Cones	September 06, 1958	61 years
Jim & Debby Shade	September 12, 1964	55 years
Nick & Diane Wisda	September 09, 1972	47 years
Jim & Marty Beaver	September 14, 1974	45 years
Keith & Mary Sue Peppard	September 14, 1974	45 years
Thomas & Rosemary Utley	September 20, 1981	38 years
Duane & Debb Henderson	September 28, 1991	28 years
James & Lois Ann Lowe	September 28, 1991	28 years
Robert & Claudia DeVore	September 25, 1993	26 years
Randy & Jean Seaburn	September 06, 1997	22 years
Donald & DelRita Beeny	September 14, 2002	17 years
Allen & Jean Merritt	September 12, 2008	11 years
Larry & Diane Knapp	September 28, 2009	10 years
Keith & Peggy Rasey	September 18, 2011	08 years
Roy & Donna Ferguson	September 21, 2013	06 years

New Members

Linda Allberry	Nora Cook	Ed & Cindy Little
Dick Arndt	Joelle DeFranks	Margaret Mansur
Sharon Barnett	Joanne Haines	Joseph & Lynne Metzger
Sandy Billenstein	John & Lorraine Hix	Lou & Christine Photos
Maracella Brown	Bud & Linda Jorgensen	Philip & Kathy Schaber
Brenda Burris	Alana Lindsay	

Volunteer of the Month

MEET JAN BLEVINS

By Tim Frericks

The mindset of our volunteer of the month, Jan Blevins, is admirable and apparent as she describes herself in four short words, “I just love people”. Her affinity for other people is manifest in the wide range of volunteer activities she embarks upon at the Senior Center. She is an “organizer” for the jigsaw puzzle activity and a “facilitator” for the income tax service offered at the Senior Center. She seems to be always available on an “on call” basis for a myriad other volunteer activities.

Now a septuagenarian, Jan was born in Prospect, Ohio and her family soon moved to Marion where she attended Silver Street Elementary School and Taft Junior High School graduating from Harding High School in 1962. A top student she ranked in the upper 5% of her Harding class of 400 students. In high school she worked part-time at National City Bank in Marion and continued her employment there after graduation for five more years eventually working in sales for twenty years at Office City Express in Delaware, Ohio. She retired from Office City approximately seven years ago at which time she joined the Senior Center.

Jan has been a widow for many years. She was born into a family of eight children—five girls and three boys. Unfortunately, two of her seven siblings are deceased.



Her minimal spare time is spent collecting figurines and in warm weather tending the flower garden in her two-acre yard at her home on Martin Drive just outside Marion.

She has two children: Dan, age 50 and Trina, age 53 and three grandchildren: Rick, age 24, Holly, age 25 and Mike, age 27.

Jan is concerned with her blood pressure which at various times has been too high and too low. She has the unique ability to accurately determine her blood pressure without using the traditional medical devices, based solely on how she feels.

Jan is very content with her volunteer responsibilities at the Senior Center and does not have any traveling on her calendar. She is content to spend time at home and just loves the people at the Senior Center.

Featured EVENTS



◀◀ Popcorn & Movie ▶▶

Thursday, September 12 - 12:30 pm

Experience the fun of an afternoon matinee, complete with a complimentary box of popcorn during this monthly event! We set up theater-style seating in the *Multipurpose Room*, then lower the shades and dim the lights to create a movie theater atmosphere for you to sit back, relax, and enjoy watching a newly released movie on our big screen TV! Feel free to come alone, or join some friends! *Please see the poster located on the activity board near Lisa's office for movie details.*



Evening Dance - Thursday, Sept. 26

BRO: By Request Only

What's your favorite music to dance to? Rock? Oldies? Country? Swing? Bring a list of your favorite songs you'd like the DJ to play this month, and let your feet take care of the rest! Dance is from 6 to 8 pm. Cost is \$5 in advance/\$8 at the door. Free light snacks. Public Welcome!



Marion Auto Sales

⌘ Classic Cinema ⌘

Join us on the **1st** and **3rd Wednesday** each month at **12:30 pm** in the *Multipurpose Room*. Enjoy free popcorn while watching these classic films starring Hollywood's most important stars. This month's classic movies feature **Audrey Hepburn** in:

- **Wed., Sept. 4: Roman Holiday**
- **Wed., Sept. 18: Two for the Road**

Trips on the Horizon

Ark Encounter Day Trip

This Trip is Sold Out! Thank You Members!
Wednesday, September 11

We will depart the Center at **8 am** on **Wednesday, September 11** via **S&S** motorcoach headed to Cincinnati. Cost is **\$109**, which includes transportation, admission to the Ark, and lunch buffet.

Scioto Downs - Columbus

Thursday, September 26

We will depart the Center via Lakefront charter coach at **8:30 am** to visit Scioto Downs. Cost of the trip is **\$35**, which includes \$20 slot play and \$5 food voucher. **Sign up NOW** with a \$20 non-refundable deposit.

Amish Heritage Tour

This Trip is Sold Out! Thank You Members!
Tuesday, October 1

We will depart the Center at **8 am** on **Tues., October 1** via **S&S** motorcoach headed to Berlin, OH. Cost is **\$85** Members/\$95 Non-Members.

Cape Cod & Cranberry Harvest

Sat., Oct. 6 - Sat., Oct. 12

We will depart the Center on **Saturday, October 6** via **Brewster** motorcoach headed to the sandy shores of Cape Cod, the home to both natural beauty and quaint colonial villages. You will tour scenic byways winding through centuries of Cape Cod history, board an excursion vessel for an amazing experience of whale watching with an onboard naturalist as your guide. You will also take a speed ferry to Martha's Vineyard where you'll board a local bus for a sightseeing tour. You'll also tour historic Hyannis and enjoy a train ride aboard Cape Cod Central Railroad as you pass beautiful cranberry bogs, natural woodlands and lush marshes on your way to Wareham for a cranberry bog tour by A.D. Makepeace, the world's largest cranberry grower. All this, plus much, much more! Cost is **\$999** per person*, which includes 6 nights lodging, 6 breakfasts, 3 dinners, and all transportation. **Sign up NOW** with a \$20 non-refundable deposit. **Double Occupancy*

Cape Cod pre-trip meeting will be hosted by Lita from Brewster at Noon on Thursday, September 19 in the Multipurpose Room.

New York City

Thurs. - Sun., November 14 - 17

This **Prime Tours** trip features New York's top attractions, Radio City Rockettes Christmas Spectacular, 3 nights at the art deco Edison Hotel just off Times Square (and OSU at Rutgers football game option at an additional cost). Cost is **\$1144* per person**. Call or see Lisa for full details. Sign up now with \$400 deposit. Balance due Sept. 1.

**Double Occupancy*

Coming in 2020...

Join us for a trip to Arizona for Springtime 'Fun in the Sun'

Thurs. - Sun., March 2 - 7, 2020

Escape the winter doldrums with this **Prime Tours** getaway adventure. Enjoy fun in the Arizona sun, shop in the galleries of Old Town Scottsdale, explore red rock country via passenger train on Verde Canyon RR, visit the Musical Instrument Museum (rated Phoenix #1 attraction), plus choose from options to golf, take a day trip to the desert or Grand Canyon, or watch the Cleveland Indians and Cincinnati Reds in spring training action (additional cost may apply). Each evening you can relax while enjoying 'Manager Receptions' featuring complimentary cocktails and light snacks at Embassy Suites Biltmore, or shop at the upscale Biltmore Fashion Place next door. Cost is **\$1999** per person*, which includes roundtrip airfare from Columbus to Phoenix, 5 nights at Embassy Suites Biltmore, 5 hot breakfast buffets featuring made-to-order items, nightly manager receptions, admission to museum, train ride, and group dinner at Organ Stop Pizza.

**Price based on Double Occupancy. Estimated airfare subject to change. Final airfare available May 2019. Extra fee for checked bag may apply.*

Hawaiian Island Cruise

November 12 - 21, 2020

This **Prime Tours** cruise aboard Norwegian Cruise Line allows you to see four islands in seven days. This award-winning itinerary gives you 100 hours in port, so you can capture the spirit and soul of Hawaii as you visit Oahu, Kauai, Maui, and the Big Island. Plus 2 nights in Honolulu, tours to Pearl Harbor and beautiful North Shore. Cost is **\$3999 - \$4899** per person* which includes round trip airfare from Columbus to Honolulu, 2 nights hotel on Oahu, 7 night cruise on Norwegian Pride of America.

**Price based on Double Occupancy & cabin location preference. Airfare subject to change. Final airfare available January 2020. Extra fee for checked bag may apply.*

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

NON-PROFIT
U.S. Postage
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Marion, OH
Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Cindy Jennings

Transportation Coordinator: Barb Arms

Bookkeeper: Jackie King

Maintenance Supervisor: Jay Yarger

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

**Handicap-accessible transportation is now available!*

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Cindy Jennings at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.