

Volume 39 • Issue 2

# The Sentinel

February 2022



**2375 HARDING HWY. EAST  
MARION, OHIO 43302**

Office: 740-387-6100

Transportation: 740-387-5444

## **CENTER HOURS**

Monday–Friday: 10 AM–2 PM

## **INSIDE THIS ISSUE:**

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### **Friendly Reminder:**

**Your 2022 Membership  
Dues were due January 1.**

## Winter Wonderland

Winter has definitely arrived! After being somewhat spoiled with a very moderate fall this year, we've now made the leap with both feet into winter (hopefully wearing snow boots while doing so). We experienced our first significant snow in January and whether you are a fan or not, more snow is certainly on its way in the months ahead.

As beautiful as a snowfall is to watch, especially when viewing it from inside a toasty house while enjoying a cup of your favorite warm beverage, the effects that go with it can be quite challenging. As drivers bundle up to take on Old Man Winter this season, having a few tricks up your sleeve can be a big help in keeping your cool on the road. Here are a few hacks for battling the elements and staying safe on the roads.

### **Got stuck? Snow problem!**

If you find yourself stuck in the snow and ice, apply a bag of cat litter or sand under your wheels to provide much-needed traction to get out of a snowy situation. Floor mats can also come in handy. Place them under your tires in the direction you're looking to travel. The mats create a mini runway of traction for your vehicle.

### **Here comes the sun**

Park your vehicle overnight facing east. The rising sun can help melt the snow before you even get out of bed.

### **Always carry a spare ...pair of socks!**

Packing emergency clothes in your trunk is always a great idea should you find yourself stranded and in need of extra warmth. Additionally, when socks are put over your shoes (yes, that's right) they can provide an added level of traction when walking on ice.

### **Raid the pantry**

Cooking spray can help melt ice. Spray it on your mirrors, let it sit for a few minutes, then wipe off the ice. You also can spray it on the rubber seals of your door on extremely cold nights. This will help keep your door from freezing shut or damaging the rubber seals if you force open the door.

Hopefully, some of these tricks can help if you find yourself in a battle with the elements this winter. Better yet, schedule Senior Transportation!

Be Kind & Stay Well,  
Steve Badertscher, Director

# Senior Center Services

## Food Box Program

If you or someone you know are in need of food assistance, please contact **Cindy Jennings** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

## HEMEN: Helping Elderly Meet Essential Needs

HEMEN is a funding source that is available to assist consumers who are 60 and older in obtaining assistance with needs they may need to remain safe in their home, such as: Washing Machine, Dryer, Refrigerator, Stove, Mattress Set, etc. Call Area Agency on Aging at **800-860-5799** for details.

## MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



## Mask Update

Due to the decrease in COVID-19 cases in Marion County, Mayor Scott Schertzer modified his Executive Order (effective 10/25) as follows:

- Individuals that are fully-vaccinated will no longer be required to mask.
- Individuals that are unvaccinated will continue to be required to mask at all times in city-owned buildings.

## FREE PRODUCE MARKETS

**Marion City Schools** is collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed from **9 am to 11 am (while supplies last)** at **The Marion**

**County Fairgrounds** Main Entrance parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**. Upcoming distribution dates are listed below:



## FREE PRODUCE MARKET DATES

- Wednesday, February 23
- Wednesday, March 23
- Wednesday, April 27
- Wednesday, May 25
- Wednesday, June 22
- Wednesday, July 27
- Wednesday, August 24



Transportation  
**740-387-5444**



## Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

*This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.*



# Improving Seniors Lives

## 2022 Membership Dues

**Friendly Reminder: Don't Forget to Renew your Senior Center Membership.**

2022 annual membership dues are **\$30**, and were due on or before January 1, 2022. You can make payments any weekday between 10am - 2pm. Or make a check payable to Marion Senior Center and mail it to: Marion Senior Center, 2375 Harding Highway E., Marion, OH 43302

Membership includes access to social activities and programs at the Center, as well as having your monthly newsletter ***The Sentinel*** mailed to your home each month.

Thank you in advance for your continued support of the Marion Senior Center and the vital activities, programs and services we provide Marion-area seniors!

## Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

## Stay Active!

One of the best - and safest - places to host activities is outdoors... weather permitting, of course! And since fall and winter weather can be very "hit or miss" in Ohio, here are some of the activities that may be hosted outdoors:

### Pickleball

Members and non-members really enjoy playing pickleball, America's fastest growing sport. Marion Senior Center is home to the only public outdoor courts made specifically for pickleball. The two courts are located on the west side of the building (adjacent to our raised-bed gardens) and are available to members anytime. Pickleball is available anytime, however members usually gather to play together on weekday mornings beginning at **8 am**. We have extra paddles and pickleballs available for those just getting started (see Lisa).



### Pace Setters Walking Club

Since it requires no monitoring or special cleaning, the Center's walking club is available anytime from dusk to dawn. However, the formal program has now concluded for this season and is scheduled to resume again in April 2022. Members will continue to have access to the paved walking path if they would like to utilize it on nicer weather days. Along with a good cardio workout plus strength and conditioning benefits, every participant receives a reward as they reach different goals and milestones.



### Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors Steve and Marlene Renick are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



### Intro to Fitness

This class is a great way to get started! The group meets on **Wednesday mornings at 10 am** and are led by Certified Personal Trainer Cindy Jennings. Cindy will not be available during the month of December, but class members will still meet utilizing DVDs for their exercises. Class size is limited so you must call **Lisa at 740-387-6100** any weekday between **8 am - 10 am** or **2 pm - 4 pm** to register for this class.



*With construction of our spacious new outdoor Activity Pavilion completed, we plan to schedule activities outdoors when weather permits. We look forward to Tai Chi along with other activities being held outdoors during the warmer weather days ahead.*

*Note: Always consult your healthcare provider when contemplating new ideas to promote better health.*

## Health & Fitness

### Safety First

Since safety is our top priority, the Fitness Center has put new protocols and procedures in place going forward. Members will notice a new hand sanitizing station and a unit containing individual spray bottles and towels, as well as a used towel receptacle.

A sign is prominently displayed above this unit with the following instructions:

- ◆ Pick up your own disinfectant spray bottle and clean microfiber towel and keep them with you at all times.
- ◆ Clean all equipment after use.
- ◆ Social Distance a minimum of 6 feet between others while working out.
- ◆ Wash your hands after working out; follow good personal hygiene habits.
- ◆ Place towel in container marked "used" as you exit.
- ◆ Place used bottles beside the spray bottle caddy - NOT back in the caddy. They will be sanitized before the next group of people are allowed to enter.
- ◆ Please be considerate of the 45-minute time limit.



*Social Distancing decals have been placed on the floor in the Multi-purpose Room as a reminder to social distance a minimum of 6 feet between others while working out.*



*A) New Procedures; B) Clean Disinfectant Spray Bottles; C) Touchless Hand Sanitizer Station; D) Clean Microfiber Towels; E) Receptacle for Used Towels*



**MAKING APPOINTMENTS:**  
All calls to Cindy for appointments must be made between 8 - 10 am or between 2 - 4 pm.

*Members should place used bottles beside the spray bottle caddy - NOT back in the caddy after use. The used bottles will be sanitized before the next group of people are allowed to enter.*

# Classes, Activities & Programs

## Don't See Your Group Listed?

Small groups continue to resume their weekly scheduled activities each month. **If your group would like to do the same** you just need to reach out to Activity Coordinator Lisa Richardson to make that happen. Keep in mind we are still open limited hours (10 am - 2 pm) in consideration of the enhanced cleaning and sanitizing that is required each day to help keep our members, guests, and staff safe.

**If you want to resume your activity and have it listed again on the newsletter calendar**, the steps are as follows:

- Each activity/group should elect one individual you would like to represent you.
- Have that individual contact or call Activity Coordinator **Lisa Richardson** at **(740) 387-6100** (between 8 - 10 am or between 2 - 4 pm) to let her know that your activity is ready to resume meeting each week.
- You will be assigned a day/time to meet. Every effort will be made to make it align as close as possible to the same dates/times your activity has met in the past.
- Activity/group leaders will be responsible to let Lisa know how many participants to expect each week. This can be easily accomplished verbally at the end of your activity before you leave each week (*ex., "Lisa, all eight of us are planning to be here again next week."*)
- This communication will allow us to properly plan how much space and time will be needed to accommodate all groups each day. (*We don't want to turn anyone away because we were expecting a small group of four and then have 18 people surprisingly show up.*)
- Finally, we want to thank everyone for your continued patience and understanding ...you've all been extremely cooperative as we navigate these unprecedented times together.



## Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

*Leader:* Bill Gossett

## Euchre

Euchre is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Tillie Taylor

## Pinochle

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

## Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** mornings at **11 am**.

*Leader:* Beulah Owens

## Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Wednesday** mornings at **11:30 am**.

*Leader:* Shirley Tolley.

## **New!** Dominoes

Dominoes is played out front on **Monday** at **10am**.

Everyone is welcome! *Leader:* Cookie Cocherl

## Open Sewing Time

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays** from **12:30 - 2 pm** in the *Craft Room*.

## Open Craft Time

A variety of paints, brushes, idea books, liquid stain glass patterns, tracing paper, and woodworking items are available for you to create individual projects at your own pace on **Thursdays** from **12:30 - 2 pm** in the *Craft Room*.

## **New!** Picture This

Do you enjoy taking pictures? Would you like to learn some helpful tips and creative techniques to improve the quality photos you take? Photographer **Virginia Earl** will share galleries of photos she has taken over the years and discuss the thought process behind them. **'Picture This'** will meet the **2nd Wednesday** each month at **10am** in the *Craft Room*. **Note: this activity will not meet this month.**

# Classes, Activities & Programs

## Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

## Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

## Pace Setters Walking Club

Members walk laps on the paved track located behind **Marca/MCBDD**. You can enter the walking path area through a gate located near our new Activity Pavilion. Register for this free program with Activity Coordinator Lisa Richardson, then track your laps and earn great prizes. The more you walk, the more you earn!

## Fitness Center

Our **Fitness Center** is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. **The Fitness Center currently requires a reservation. A 45 minute time slot can be reserved at 10am, 11am, noon, or 1pm by calling Cindy Jennings at (740) 387-6100.** Please consult your physician before beginning any exercise activities.

## Intro to Fitness

This class is a great way to get started on your journey to better health and wellness! The group meets **Wednesday** mornings at **10 am** in the **Multipurpose Room**, led by Certified Personal Trainer **Cindy Jennings**. Cindy will motivate you as she teaches you exercises to improve your strength, core conditioning and balance.

## Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required.

## Open Billiard Room

We have 3 pool tables available for open play every weekday from 10 am to 2 pm. Please call the Center at **(740) 387-6100** (between 8 - 10 am or 2 - 4 pm) and let us know you're coming in to play.

## Kingston Bingo

**Carma Taylor** of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

## Monday Mind Games

**Carla Poston** from *ProCore Health Brokers* hosts *Mind Games* on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun!

## DeWolfe Trivia

**Nicole Rich** from **DeWolfe Place** will host "*Trivia*" games on the **second Wednesday of each month at 10 am**.

## Senior Choir 'Seniors in Song'

Director **Ednita Vaflor** announced that going forward, choir practice will **move to Monday at 11:30 am during the week of the movie**. After an extended holiday break, choir will resume this month on **Thursday, February 17 and Thursday, February 24 at noon**.

## **New!** Chair Yoga

Certified Chair Yoga Instructor **Laura Brown** hosts a class every **Friday** morning at **11am** in the **Multi-Purpose Room**. Cost is \$3 per class. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. Chair Yoga is very beneficial for both mental and physical well being. Benefits include relieving stress while improving posture, flexibility, and balance.


## Hooks & Needles

Instructor **Candice DeWitt** hosts this fun new class on **Tuesdays at Noon** in the Craft Room. Candice owns *Stitch and Skein*, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too!

## Bible Study

**Brad Boston** leads Bible Study on **Tuesday** mornings at **10 am** in the Craft Room. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

# February 2022 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<b>Pool Room (by Appointment) 1</b> <b>Fitness Room (by Appointment)</b>  10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Rummikub 11:00-Books, Balance & BS 12:00-Hooks & Needles	<b>Pool Room (by Appointment) 2</b> <b>Fitness Room (by Appointment)</b>  10:00-Intro to Fitness 11:30-Mahjong 11:00-Congregate Dining/Lunch 12:30-Open Sewing Time	<b>Pool Room (by Appointment) 3</b> <b>Fitness Room (by Appointment)</b>  10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:30-Open Craft Time
<b>Pool Room (by Appointment) 7</b> <b>Fitness Room (by Appointment)</b>  10:00-Mind Games 10:00- <i>New!</i> Dominoes 12:00- Euchre 12:00-Pinochle	<b>Pool Room (by Appointment) 8</b> <b>Fitness Room (by Appointment)</b>  10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Rummikub 11:00-Books, Balance & BS 12:00-Hooks & Needles	<b>Pool Room (by Appointment) 9</b> <b>Fitness Room (by Appointment)</b>  10:00-Intro to Fitness 10:00-DeWolfe Trivia 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:30-Open Sewing Time	<b>Pool Room (by Appointment) 10</b> <b>Fitness Room (by Appointment)</b>  10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:30-Open Craft Time 12:30-Popcorn & Movie <i>'Under the Tuscan Sun'</i>
<b>Pool Room (by Appointment) 14</b> <b>Fitness Room (by Appointment)</b>  10:00-Mind Games 10:00- <i>New!</i> Dominoes 12:00- Euchre 12:00-Pinochle	<b>Pool Room (by Appointment) 15</b> <b>Fitness Room (by Appointment)</b>  10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Rummikub 11:00-Books, Balance & BS 12:00-Hooks & Needles	<b>Pool Room (by Appointment) 16</b> <b>Fitness Room (by Appointment)</b>  10:00-Intro to Fitness 11:00-Congregate Dining/Lunch 11:30-Mahjong <b>12:30-Kingston Bingo</b> 12:30-Open Sewing Time	<b>Pool Room (by Appointment) 17</b> <b>Fitness Room (by Appointment)</b>  10:00-Line Dancing 11:00-Congregate Dining/Lunch <b>12:00-Choir*</b> 12:30-Open Craft Time  <i>*Choir Resumes Today</i>
<b>21</b> <b>Senior Center is Closed Today for</b>  <b>PRESIDENTS' DAY</b>	<b>Pool Room (by Appointment) 22</b> <b>Fitness Room (by Appointment)</b>  10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Rummikub 11:00-Books, Balance & BS 12:00-Hooks & Needles	<b>9:00-Board Meeting</b> <b>Pool Room (by Appointment)</b> <b>Fitness Room (by Appointment)</b>  <b>23</b> 10:00-Intro to Fitness 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:30-Open Sewing Time	<b>Pool Room (by Appointment) 24</b> <b>Fitness Room (by Appointment)</b>  10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:00-Choir 12:30-Open Craft Time
<b>28</b> <b>Senior Center is Closed Today for Food Box Day &amp; Deep Cleaning</b>			

# Birthdays & Anniversaries

## FRIDAY

Pool Room *(by Appointment)* **4**  
Fitness Room *(by Appointment)*

11:00-*New!* Chair Yoga  
12:30-Tai Chi

Pool Room *(by Appointment)* **11**  
Fitness Room *(by Appointment)*

11:00-*New!* Chair Yoga  
12:30-Tai Chi

Pool Room *(by Appointment)* **18**  
Fitness Room *(by Appointment)*

11:00-*New!* Chair Yoga  
12:30-Tai Chi

Pool Room *(by Appointment)* **25**  
Fitness Room *(by Appointment)*

11:00-*New!* Chair Yoga  
12:30-Tai Chi

## February Birthdays

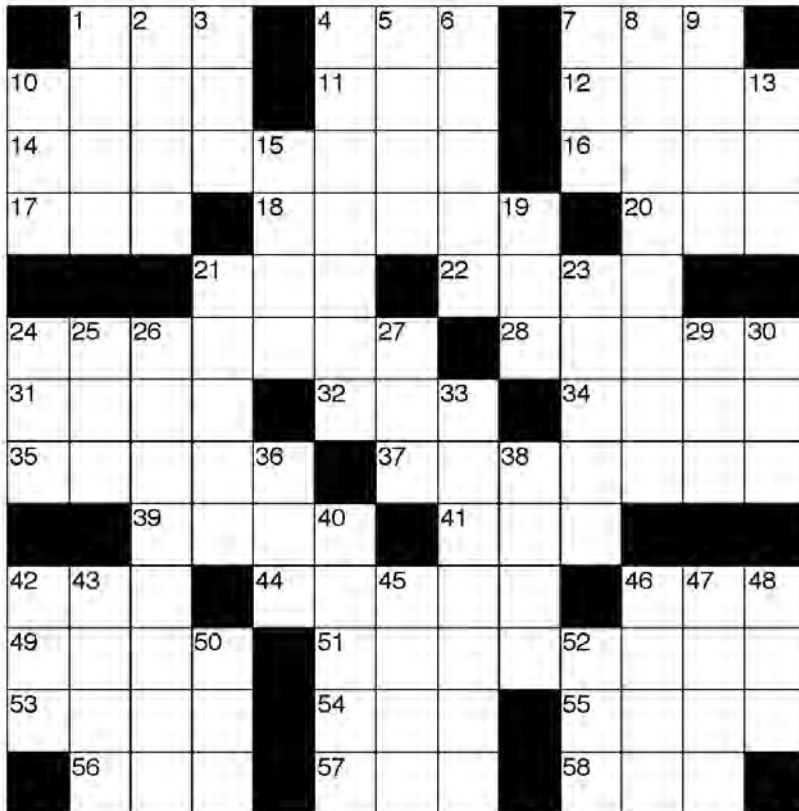
Ronald Scheff, Sr.	Feb 01	Sharon Callahan	Feb 09	Linda Kayatin	Feb 20
Nick Wisda	Feb 02	Kay Crabtree	Feb 10	Frank Isaacs	Feb 23
Evelyn Lowry	Feb 04	Dennis Doyle	Feb 10	John Kosto	Feb 24
Linda Holliday	Feb 06	Linda Lou Smith	Feb 11	Harvey Erlewine	Feb 25
Jeff Ruth	Feb 06	Judith Baker	Feb 11	Linda Jenkins	Feb 26
Laura Whaley	Feb 06	Phyllis Thatcher	Feb 13	Chuck Blankenship	Feb 26
Patricia Fortney	Feb 08	Eva Foos	Feb 14	John Kyle	Feb 27
Diane Morgan	Feb 08	Nancy Moser	Feb 16	Kelly Kendall	Feb 28
Barbara Seitter	Feb 08	Brad Boston	Feb 16	Doyle McGlothlin	Feb 29
Marian Crile	Feb 09	Jane Miller	Feb 19		

## February Anniversaries

Joseph & Krystyna Clarke	2/04/1961	61 years
Tim & Pat Mantey	2/05/1983	39 years
Russell & Janis Miley	2/19/1952	70 years
Barry & Carol Miller	2/13/1971	51 years
Randy & Janie Moore	2/09/1973	49 years
Paul & Becky Oehler	2/13/1965	57 years

## CROSSWORD PUZZLE

Answers on Page 13



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A39

### ACROSS

- 1 Federal Aviation Admin. (abbr.)
- 4 Sinbad's bird
- 7 Postpaid (abbr.)
- 10 Festival
- 11 Amateur Boxing Assn. (abbr.)
- 12 Islamic teacher
- 14 Mensa (2 words)
- 16 Maori seagoing canoe
- 17 Sheep's cry
- 18 Portion out
- 20 Tactical Air Command (abbr.)
- 21 Birds (pref.)
- 22 Fist
- 24 Bait
- 28 Funeral oration
- 31 Aoudad
- 32 Corrode
- 34 "Dies \_\_\_\_\_"
- 35 Fit
- 37 Father of Ajax

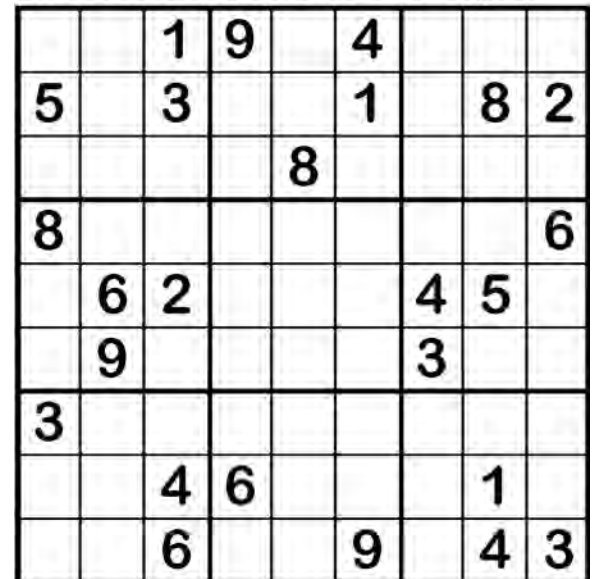
- 39 Air (pref.)
- 41 Badly (pref.)
- 42 Priest's garment
- 44 Pollen brush
- 46 Tennis stroke
- 49 Semitic deity
- 51 Pimento
- 53 Shak. villain
- 54 Council for Econ. Advisors (abbr.)
- 55 Tanning solution
- 56 Son of Hermes
- 57 Propeller
- 58 River rapids

### DOWN

- 1 FDR's dog
- 2 Alberta (abbr.)
- 3 Narrower than AA
- 4 Naut. rope
- 5 Old Gr. coin
- 6 Fowl
- 7 Animal's foot
- 8 Dais
- 9 Wild mango fruit
- 10 Witless chatter
- 13 Son of, in Gaelic names
- 15 Harangue
- 19 Golf peg
- 21 Vestment
- 23 Pseudonym
- 24 Hat
- 25 Pray (pref.)
- 26 Turnip
- 27 Knot lace
- 29 General Accounting Office (abbr.)
- 30 Poetic contraction
- 33 Knight
- 36 Hours (abbr.)
- 38 Geological epoch
- 40 Fruit
- 42 Mother of Hezekia
- 43 Eucalyptus secretion
- 45 Olive genus
- 46 River into the Yellow Sea
- 47 Eight (Lat.)
- 48 Insect
- 50 Longitude (abbr.)
- 52 Public Broadcasting Service (abbr.)

## Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★★★★★

## ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.  
*Hint: "B" = "O"*

"H MBATVDZ OCOYDA YIHY SBFUO  
XO XEJHFXHRVC WBNEL YB IHJD  
DJBVDJDL WFBA H OXATVD OCOYDA  
YIHY SBFUO." - KBIE PHNVD

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E046

## ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.  
*Hint: "J" = "H"*

"BU YXX TSDSATP HA JHK UJSZ  
YMS UJSOPSXLSP."  
- NYMX EQAI

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E047

Answers on Page 13

## *For Your Safety: Cards & Games Protocols*

We are excited that Cards & Games are back. However, there are some new protocols in place to help ensure the safety of our members and guests. If you have any questions, please see Lisa, Cindy, or Steve.

- The leader of each individual group will get cards or games from Activity Coordinator **Lisa Richardson** just prior to their scheduled activity.
- Playing cards will be provided to each group. After the activity is completed for that day all cards used by that group will be kept in sealed containers and will not be used again for seven days.
- After the activity is completed for that day the games will be returned to Lisa and sanitized after each use.
- Hands of all participants must be sanitized before and after play.
- If a player gets up and leaves the table for any reason, their hands must be sanitized upon their return.
- Masks are currently not required by individuals that are fully-vaccinated.
- Masks must be worn at all times by individuals that are unvaccinated.
- Players must not sit closely and must maintain some reasonable social distance. For example, only four players seated around a regular 4-foot table.
- Players must call the Center at **(740) 387-6100** (between the hours of 8 am - 10 am or 2 pm - 4 pm) and RSVP to play. **Note:** Group leaders can RSVP for their entire group by providing Lisa with the total number of players along with their individual names. The reason for this is that the number of players may be limited in certain rooms due to capacity restrictions. By registering we can avoid having members and/or guests just showing up and then not having room for them to participate.
- Again, we want to thank everyone for your continued patience and understanding in our efforts to keep everyone safe. You've all been extremely cooperative.

## Food Box Super Heroes

We want to thank our dedicated Food Box Volunteers who brave the elements each month to distribute 180 food boxes to area seniors in Marion County. Last month they faced below freezing temperatures and several inches of snow, but our guys didn't miss a beat loading boxes into vehicles throughout the afternoon.



*Dedicated Food Box Volunteers pictured (l to r): Steve Renick, Tim Mantey, Mark Hartman, and Darnell Flournoy*



## ◀◀ Popcorn & Movie ▶▶

Thursday, Feb. 10 - 12:30 pm

### *‘Under the Tuscan Sun’*

In this light-hearted, upbeat comedy Frances Mayes (Diane Lane) is a 35-year-old San Francisco writer whose perfect life has just taken an unexpected detour. Her recent divorce has left her with terminal writer's block and extremely depressed, and her best friend, Patti, is beginning to think she might never recover.

Frances decides to take a break and buys a villa in the beautiful Tuscan countryside to begin anew.

Restoring her new home, she eventually finds the fulfillment she was searching for, including love.



# Volunteers of the Month

## 'Socks for Seniors' a Super Success!

The Marion community shines brightly once again! Thanks to your generous donations, our "Socks for Seniors" drive almost doubled the number of socks collected last year. A total of **952** pairs of socks were donated this year, and were distributed to area nursing homes on January 7. Recipients at **Brownstone Terrace, Community Center, Marion Manor, and Marion Pointe** were all extremely grateful.

Thanks again to everyone who supported this heart (and foot) warming cause. And special thanks to Center board members Barb Klee, Kathy Hampel, and Becky Yannitell who chaired this year's drive!



*Pictured to the right (l to r): Socks for Seniors Co-Chairs Barb Klee, Kathy Hampel, and Becky Yannitell with a few of the 952 pairs they distributed.*



**Community Center**



**Marion Manor**



**Marion Pointe**



**Brownstone Terrace**

### CROSSWORD PUZZLE ANSWERS (Pg. 6)

	F	A	A		R	O	C		P	P	D	
G	A	L	A		A	B	A		A	L	I	M
A	L	T	A	R	T	O	P		W	A	K	A
B	A	A		A	L	L	O	T		T	A	C
			A	V	I		N	E	A	F		
T	O	R	M	E	N	T		E	L	O	G	E
A	R	U	I		E	A	T		I	R	A	E
M	A	T	C	H		T	E	L	A	M	O	N
		A	E	R	I		M	I	S			
A	L	B		S	C	O	P	A		L	O	B
B	A	A	L		A	L	L	S	P	I	C	E
I	A	G	O		C	E	A		B	A	T	E
	P	A	N		O	A	R		S	O	O	

### SUDOKU ANSWERS (Pg. 6)

6	8	1	9	2	4	5	3	7
5	4	3	7	6	1	9	8	2
7	2	9	5	8	3	1	6	4
8	3	5	4	1	2	7	9	6
1	6	2	3	9	7	4	5	8
4	9	7	8	5	6	3	2	1
3	1	8	2	4	5	6	7	9
9	7	4	6	3	8	2	1	5
2	5	6	1	7	9	8	4	3

### ENIGMA Cryptogram Answers

**E046:** “A complex system that works is invariably found to have evolved from a simple system that works.” - John Gaule

**E047:** “It all depends on how we look at things, and not on how they are themselves.” - Carl Jung

## *On a Positive Note*



*We are elated to have our new Accessible Vans equipped with wheelchair lifts put into service last month! Thanks to special 5310 grant funding from ODOT in combination with support from Marion County Council on Aging Senior Services Levy, we were able to procure two new 2021 Ford Transit AV vans with lifts. Our fleet now has four vehicles capable of transporting wheelchair clients. Senior transportation is available every weekday from 8am - 3:30pm, with the exception of holidays. To learn more, please call our transportation coordinator Emilee Evans at (740) 387-5444.*



## Marion Senior Center

2375 Harding Hwy. E.  
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.  
Monday through Friday  
Office: 740-387-6100  
Transportation: 740-387-5444

NON-PROFIT  
U.S. Postage  
PAID  
Marion, OH  
Permit #23

## Directory

**Director:** Steve Badertscher

**Activity Coordinator:** Lisa Richardson

**Social Service Coordinator:**  
Cindy Jennings

**Transportation Coordinator:**  
Emilee Evans

**Bookkeeper:** Jackie King

**Maintenance Supervisor:**

Visit the Marion Senior Center  
website at: [www.marionseniorcenter.com](http://www.marionseniorcenter.com)

Email: [info@marionseniorcenter.com](mailto:info@marionseniorcenter.com)  
or follow us on Facebook



### **Need a Ride? Transportation Available for Seniors**

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

***\*Handicap-accessible transportation is now available!***

### **Need a Personal Shopper?**

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Cindy Jennings at (740) 387-6100.**

*Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.*