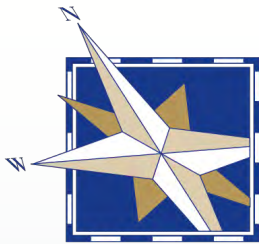


Volume 37 • Issue 5

# The Sentinel

May 2020



**2375 HARDING HWY. EAST  
MARION, OHIO 43302**

Office: 740-387-6100

Transportation: 740-387-5444

## **CENTER HOURS**

Monday–Friday: 8 AM–4 PM

## **INSIDE THIS ISSUE:**

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**The Center Remains  
Closed Until Further**

## **Caring & Connection**

During this COVID-19 crisis, we've found that much has changed over the course of a few weeks... sometimes even a few hours. But the one constant has been the ability of your Center staff members to think creatively and thoughtfully about how we can continue to help you — our members — and other seniors in our community.

Since our building was first closed to the public, maintaining food security was a top concern. Our partners at LifeCare Alliance have been leading the way from the start by ensuring Meals-on-Wheels continued as usual while adding all our congregate meal participants to their home-delivered schedule. Our monthly Food Box program continues to meet a vital nutritional need in our community, converting to an outdoor drive-up distribution while implementing “no touch” procedures and diligently following all safety protocols.

Transportation has been deemed “essential”, and for good reason. Many seniors depend on us to get to dialysis, medical appointments, and the grocery. I marvel at the compassion of our coordinators and van drivers as they embrace the challenges of transporting clients to keep them healthy while always being mindful about their safety.

And, if this pandemic has taught us anything it is that we are social creatures and that connecting to others is crucial. We've sought both low-tech and high-tech solutions to stay connected. Staff members have made hundreds of phone calls to check on our members and offer reassurance, letting them know they are not alone and that somebody cares. Even though the Senior Center building is closed until further notice, we mailed this newsletter just so you would receive something familiar to help you focus on the better days ahead. For those with internet access, we continue to post interesting articles and helpful information on our Facebook page almost daily.

It didn't take a pandemic for me to know the staff cares deeply about the welfare of our members. I've witnessed that daily throughout my time here at the Center. But recent times have placed them under a spotlight... and they're shining brighter than ever addressing your concerns and fear with compassion and flexibility.

Be Kind & Stay Well,  
Steve Badertscher, Director

# Senior Center Services

## Elder Care Law

Certified elder law attorney, **Steve Roush**, representing the law firm of **Daniel P. Seink Co., Ltd.**, is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. Please contact him at **(740) 418-1840** or **1-800-393-2324** to schedule your free appointment.

## Tech Time with TJ

**T.J. Badertscher** from **Center Street Community Health Center** will be here on **Wednesday, May 27** beginning at **10:30 am** to offer free assistance to anyone wanting to learn how to better use their Smartphones, tablets, iPads and other digital devices. Please call **(740) 387-6100** to schedule a half hour appointment.

## Desserts & Memories

**Sara Middleton** from **Kindred Hospice Marion** hosts a monthly grief support hour the **2nd Wednesday** each month from **3 to 4 pm** in the **Game Room**. This support group is for adults who have experienced the death of a loved one and are looking for a safe space to process grief, assured they are not alone. This support group is free and open to the public.

## Food Box Program

If you or someone you know are in need of food assistance please contact **Cindy Jennings** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and income eligible.

## LUNCH AT THE CENTER

Hot and cold delicious, nutritious meals are available at the Marion Senior Center for anyone age 60+ **every Tuesday-Friday at 11:30 am**. Call Life Care Alliance at **1-888-656-6831** for details. You do not need to be a Senior Center member to participate in the Dining Center program.

## NEW MEMBER MIXER

These quarterly gatherings are hosted on a **Friday at 11:30 am**. All recent new members are invited to join staff & volunteers for a free lunch, compliments of **DeWolfe Place**. Our next **New Member Mixer** is **Friday, April 3**. If you are planning to attend, please call **Lisa Richardson** at **(740) 387-6100** to RSVP.

## ENERGY ASSISTANCE PROGRAM

The **Home Energy Assistance Program (HEAP)** can help income eligible Ohioans manage their utility bills. **March 2020** is the deadline to apply for extended payment plans or improving the energy efficiency of your home. See **Cindy Jennings** for an application or more information.

## SENIOR TRANSPORTATION HEROES

Senior Transportation continues to run for "Essential Rides Only" (dialysis, medical, and grocery). Our dedicated van drivers continue to follow strict safety protocol -- which includes wearing a cloth mask -- while providing transportation to vital services for the seniors in our community.

Governor DeWine recently urged Ohioans to begin wearing cloth masks while in public, as recommended by the CDC. So, the newest update to our transportation protocol is a recommendation for all clients to also wear a mask. Since it's difficult to find and obtain cloth masks, our Transportation Coordinator **Barb Arms** volunteered to make the masks for our drivers as well as provide a complimentary mask to any of our seniors who may not have one available. (Thank you for your generosity and kind heart, Barb!)



*Not all heroes wear capes... but a few definitely wear masks. Our area seniors are extremely thankful that we have dedicated drivers helping them get to and from essential services (dialysis, medical and grocery) through this difficult time.*



*Functional, yet fashionable! Transportation Coordinator Barb Arms has been creating and donating these cloth masks for our van drivers and also for any of our senior transportation clients who may not have one available.*

# Improving Seniors Lives



## **Tax Filing Deadline Extended until July 15**

President Trump has announced that the deadline for filing Federal 2019 Tax Returns has been **extended until July 15, 2020**. We of AARP Foundation Tax Aides of Marion are so glad to hear this announcement.

We are now praying that all of us, and all of you, remain healthy and that the coronavirus (CORVID-19) is overcome soon. Once CORVID-19 is deemed to be a past threat to all of us and we receive clearance by AARP Foundation Tax Aides and other governmental agencies as well as the City of Marion and the Marion Senior Center we will be ready to proceed with the 2019 Tax Return season as soon as possible.

We have the appointments schedule and will contact persons that had a scheduled appointment when we are cleared to do so to see if you have had your return filed for 2019.

Your tax return can wait for now. Concentrate on staying healthy and following the necessary stay in place guidelines to keep yourselves safe.



## **What Tax Info Will You Need to Bring?**

**AARP Tax-Aides** are planning to be of assistance to the residents of Marion County with tax preparation on **Fridays** at Marion Senior Center. Please call **(740) 387-6100** to schedule an appointment (*required*) to have your taxes prepared and e-filed.

Tax preparation began on Friday, February 7, 2020.

### **Please bring the following to your appointment:**

- A copy of your last year's tax return along with a picture ID for the taxpayer(s) on the return.
- Social Security cards or ITIN documentation for all.
- Income documents – Forms W2, SSA 1099, 1099R, 1099G, other 1099 forms, self-employment income statements and information, along with any other income documents you may have.
- Brokerage statements – sale of stocks or bonds.
- Healthcare – 1095 A, B, or C.
- Bank check for direct deposit/debit refund/balance due.
- Receipts for all deductions to itemize or expense.
- Records of federal and state taxes paid.
- Educational expenses – Form 1098-T and exp. receipts.



# Health & Fitness

## Morning Line Dancing with Royce

This **Line Dancing** class meets on **Monday** and **Friday** mornings at **9:30 am**. Instructor **Royce Farson** always welcomes new class members in both classes.

## Afternoon Line Dancing with April

This **Line Dancing** class meets on **Tuesday** afternoons at **2:15 pm**, but is currently on break until October. Instructor **April Morrison** always welcomes new members.

## Pace Setters Walking Club

The Center's walking club will begin once the Center reopens. However, we encourage you to walk on your own until that time (while practicing proper social distancing, of course). Members walk laps on the nice paved track located behind **Marca/MCBDD**, and track their laps to earn great prizes. The more you walk the more you earn! **Humana** is our club sponsor.



*A new gate was recently installed to make access to the Pace Setters walking path much easier and safer!*

## Golf League at Green Acres

Marion Senior Center Golf League is tentatively scheduled to begin on **May 21** and will be held at **Green Acres** on **Thursday** mornings this season. The league will conclude on August 27. Arrive at **8:30 am** for pairings (blind draw) with shotgun start at 9 am. Cost for 9 holes is **\$8 walking** or **\$15 with a cart**. There will also be a \$10 cost towards the prize fund for the season.

## Pickleball

Pickleball is the fastest growing sport in America! **Beginner Pickleball** is played on **Monday** and **Wednesday** mornings at **10 am** on our new outdoor pickleball courts. We have extra paddles and balls available for those just getting started (*see Lisa*). **Pickleball** for the more experienced players is played on **Tuesday** and **Thursday** mornings at **10 am**.

## Pickleball Bootcamp

It's never too late to learn how to play a new sport - including Pickleball - the fastest growing sport in America! We will be hosting a 3-day **Pickleball Bootcamp** in **May** with instructor **Terry Dennis** providing free step-by-step instruction on the following:

- Pickleball Basics
- Pickleball Technique
- Pickleball Strategy

See **Lisa** to sign up today!



*Instructor Terry Dennis*

## Intro to Fitness

This class is a great way to get started on your journey to better health and wellness! The group meets **Wednesday** mornings at **9:30 am** in the **Fitness Center**, led by Certified Personal Trainer **Cindy Jennings**. Cindy will motivate you as she teaches you exercises and training methods to improve your strength, core conditioning, toning, and balance.



*Intro to Fitness class participants enjoying some fun, creative exercises meant to improve hand-to-eye coordination, range of motion, and balance.*

# Health & Fitness

## Zumba® Gold Toning & Strength Training

Certified *Zumba* Instructor & Certified Personal Trainer **Michelle Del Valle** will lead the **Zumba Gold - Toning** classes every **Tuesday morning at 10 am** followed by **Strength Classes at 11 am**. **Cost is \$3 for each class**. Both classes are **FREE** for Silver Sneakers members.

## Fitness Center

Our **Fitness Center** is open to members at no additional cost, and boasts a variety of **Schwinn®** fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper and lower body strength and conditioning. **The Fitness Center is open to members anytime the Center is open**. Please consult your physician before beginning any exercise activities.



Along with leading her "Intro to Fitness" class on Wednesday mornings at 9:30 am, Certified Personal Trainer **Cindy Jennings** also is available after the class to answer individual questions regarding the Fitness Center equipment.



*Tai Chi is a great low-impact exercise to improve balance.*

## Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes on **Wednesdays at 10:30 am** and **Fridays at 1:30 pm** in the *Multipurpose Room*.

## Reiki

Reiki is a Japanese relaxation technique that helps the body heal itself. Instructors **Steve and Marlene Renick** will be providing Reiki sessions once per quarter. The next sessions will be scheduled on a future date to be determined. Please see **Lisa** to schedule an appointment.

## **New!** Beginners YOGA

Instructor **Laura Brown** leads a Beginners YOGA class on **Thursdays at 11:30 am**. Class will progress slowly beginning with chair yoga. Yoga is very beneficial for both mental and physical well being. Relieving stress, improving posture, flexibility, and balance are benefits of yoga. **Cost is \$3 per class**, payable to **Laura Brown**.





# Classes, Activities & Programs

## Craft Class (Monday)

Instructor **Sue Rodman's Monday** class meets on Mondays at **12:30 pm** in the *Craft Room*.

**Cost is \$10 per project**, which covers the cost of materials. Photo of the project is posted on the Activity Board near Lisa's office.

## 'Hooks & Needles'

Instructors **Jeanne Howison** and **Olivia VanSickle** will lead our new knitting/crocheting hour, aptly named "Hooks & Needles". The group will meet on **Tuesdays at 2 pm** in the *Craft Room*. Learn to knit, crochet or just build on your skills. Some assorted yarn available.

## Open Sewing

Our *Craft Room* will be open on **Wednesdays at 12:30 pm** to all those who sew, beginners to advanced. Beginners can learn from the more advanced members in this fun, relaxed setting. Projects are on your own. Sewing machines & some material/thread/supplies are available.

## Photography Class

Instructor **Royce Farson** will teach you how to use your camera. Her class has a new assignment each month and meets in the *Game Room* from **2-3 pm** on the **first Wednesday each month** to share their photos. **Note: The class will resume in May.**

## Liquid Stained Glass

Join instructor **Dee Harshfield** as you create beautiful liquid stained glass projects. This class meets **on Tuesdays at 1:30** in the *Craft Room*. Cost for the class is **\$10**, which covers the cost of materials.

## Recipe 'Prepare & Share'

Cooking enthusiasts meet out front near the kitchen on the **2nd Wednesday** each month at **Noon** to prepare and share our favorite dishes along with the recipes. This month's theme is **"Mother's Favorite Dish"**...so bring your best dish to share, along with copies of your recipe.

## Monday Mind Games

**Carla Poston** from *ProCore Health Brokers*, will host *Mind Games* on **Monday mornings**. This class meets in the *Craft Room* at **9:30 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for a Timbit and fun!

## Breakfast for the Brain

Jump start your day - and your brain - at **9:30 am** on **Thursday mornings**, as **Shannon Kimble** from *Community Care* discusses fun trivia questions over orange juice and *Andrew's* pastries.

## Kingston Bingo

**Tammy Millisor** of *Kingston Residence of Marion* hosts Bingo at **10 am** in the morning on the **second Friday** each month. Lots of fun and prizes!

## Senior Center Bingo

**Florence Wright** will call Bingo at **12:30 pm** on the **third Wednesday** each month.

## Heartland Trivia

**Hillary Gray** from *Heartland* will be hosting "Trivia" games on the **second Wednesday of each month at 10 am** in the *Craft Room*. Heartland also provides breakfast goodies!

## Left, Right, Center (LRC)

This wildly popular dice game is easy to learn and simple to play... with lots of prizes to win! The group meets out front with **Theresa Randall** of *Kindred Hospice* on the **second Thursday** and with **Cindy Jeffrey** from *Kindred Hospice* on the **fourth Tuesday** each month at **2:30 pm**.

## Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is available for **\$3.50** and is served at **noon**. Music is performed from **1 to 3 pm**. Public welcome!

## Mahjong

Mahjong is a traditional Chinese tile game, played by four people around a table. The group has a lot of fun and welcomes beginners. They meet near the *Kitchen* on **Thursdays at noon**.

## Choir

Director **Ednita Vafloor** welcomes everyone to join the Center's choir, "Seniors in Song". Practices are held on **Thursday mornings at 9:45 am**.

# Classes, Activities & Programs



## ETA - Floral Arranging

The next **ETA** (*Exploring the Arts*) class will be "Floral Arranging" instructed by **Marion Flower Shop** on **date to be determined** at **10 am** in the **Craft Room**. ETA program participants can **register now with Lisa**. Cost is \$20, which includes all materials for the floral arrangement you will create and keep.

## Coffee, Cupcakes & Canvas

Back by popular demand on a **date to be determined** at **10 am**, instructor **Ariel Ingram** will once again lead our group. Sip some coffee and enjoy some yummy cupcakes as you create your very own masterpiece. No painting experience necessary. Cost is \$25. Please see Lisa to register and see a sample painting for this class.



## Bridge

If you like to play Bridge, there are two opportunities to play. Bridge is hosted every **Monday** and **Tuesday** at **10 am**. Everyone is welcome to play!

## Euchre

**Progressive Euchre** is played on **Mondays at 12:00 pm** and **Bid Euchre** plays on **Thursdays at 12:00 pm**. Both groups meet out front. Everyone is welcome to play!

## Hand & Foot Card Game

This group will meet in the *Game Room* on **Mondays at 12:15 pm** and **Thursday mornings at 11 am**. Anyone interested is welcome to join in the fun!

## Texas Hold 'Em

This group will meet in the *Out Front* on **Tuesdays at 12:30pm**. Everyone is welcome to play!

## Mexican Poker

This group will meet in the *Craft Room* on **Friday** afternoons at **1:00 pm**. Everyone is welcome to play!

## Dominoes

Dominoes is easy to learn and lots of fun! The group meets out front on **Tuesday afternoons at 12:15 pm**.

## Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesdays at 1 pm**.

## Scrabble

Learn to play *Scrabble*®, a word game in which players score points by placing tiles, each bearing a single letter, onto a game board to spell words. The group meets out front on **Fridays at 11am**.

## Open Billiard Room

We have 3 pool tables available for open play every weekday from 8 am to 4 pm. Or join the *'Morning Coffee Crew'* on **Monday, Wednesday, and Friday** mornings at **8:30 am**. Everyone is welcome to play!

# May 2020 • Calendar of Events

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

**F** = Food Box Day

**T** = Trip Departure

**(D)** = Thursday Evening Dance

\*See Article Inside for Details

## SENIOR CENTER IS CLOSED UNTIL FURTHER NOTICE!\*

\*All Activities Listed on this Calendar Page  
have either been Postponed or Cancelled.

<p>8:30-Open Billiards <b>4</b></p> <p>9:00-Exercise</p> <p>9:30-Mind Games*</p> <p>9:30-Line Dancing</p> <p>10:00-Bridge</p> <p>11:30-Lunch</p> <p>12:00-Pinocle</p> <p>12:00-Euchre</p> <p>12:15-Hand &amp; Foot Cards</p>	<p>9:00-Aerobics <b>5</b></p> <p>9:00-Books, Balance &amp; BS</p> <p>10:00-Bridge</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training</p> <p>12:15-Dominoes</p> <p>12:30-<b>RSVP!</b> Food for Thought*</p> <p>12:30-Texas Hold 'Em</p> <p>1:00-Rummikub</p> <p>2:00-Hooks &amp; Needles</p> <p>2:15-Line Dancing</p>	<p>8:30-Open Billiards <b>6</b></p> <p>9:00-Exercise</p> <p>9:30-Intro to Fitness</p> <p>10:00-Heartland Trivia*</p> <p>10:30-Tai Chi</p> <p>12:00-Recipe Prepare &amp; Share*</p> <p>12:30-Open Sewing*</p> <p>3:00-Desserts &amp; Memories*</p>	<p>9:00-Aerobics</p> <p>9:30-Breakfast for the Brain</p> <p>9:45-Choir*</p> <p>11:00-Hand &amp; Foot Cards</p> <p>11:30-<b>New!</b> Beginners YOGA*</p> <p>12:00-Bid Euchre</p> <p>12:30-Mahjong</p>
<p>8:30-Open Billiards <b>11</b></p> <p>9:00-Exercise</p> <p>9:30-Mind Games*</p> <p>9:30-Line Dancing</p> <p>10:00-Bridge</p> <p>11:30-Lunch*</p> <p>12:00-Pinocle</p> <p>12:00-Euchre</p> <p>12:15-Hand &amp; Foot Cards</p>	<p>9:00-Aerobics <b>12</b></p> <p>9:00-Books, Balance &amp; BS</p> <p>10:00-Bridge</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training</p> <p>12:15-Dominoes</p> <p>12:30-Food Box Day*</p> <p>12:30-Texas Hold 'Em</p> <p>1:00-Rummikub</p> <p>2:00-Hooks &amp; Needles</p> <p>2:15-Line Dancing</p>	<p>8:30-Open Billiards <b>13</b></p> <p>9:00-Exercise</p> <p>9:30-Intro to Fitness</p> <p>10:30-Tai Chi</p> <p>12:30-Senior Center Bingo</p> <p>12:30-Open Sewing*</p>	<p>9:00-Aerobics <b>14</b></p> <p>9:30-Breakfast for the Brain*</p> <p>9:45-Choir*</p> <p>11:00-Hand &amp; Foot Cards</p> <p>11:30-<b>New!</b> Beginners YOGA*</p> <p>12:00-Bid Euchre</p> <p>12:00-Mahjong</p> <p>12:30-Popcorn &amp; Movie*</p>
<p>8:30-Open Billiards <b>18</b></p> <p>9:00-Exercise</p> <p>9:30-Mind Games*</p> <p>9:30-Line Dancing</p> <p>10:00-Bridge</p> <p>11:30-Lunch*</p> <p>12:00-Pinocle</p> <p>12:00-Euchre</p> <p>12:15-Hand &amp; Foot Cards</p>	<p>9:00-Aerobics <b>19</b></p> <p>9:00-Books, Balance &amp; BS</p> <p>10:00-Bridge</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training</p> <p>12:15-Dominoes</p> <p>12:30-<b>RSVP!</b> Food for Thought*</p> <p>12:30-Texas Hold 'Em</p> <p>1:00-Rummikub</p> <p>2:00-Hooks &amp; Needles</p> <p>2:15-Line Dancing</p>	<p>8:30-Open Billiards <b>20</b></p> <p>9:00-Exercise</p> <p>9:30-Intro to Fitness</p> <p>10:30-Tai Chi</p> <p>12:30-Open Sewing*</p>	<p>9:00-Aerobics <b>21</b></p> <p>9:30-Breakfast for the Brain*</p> <p>9:45-Choir*</p> <p>11:00-Hand &amp; Foot Cards</p> <p>11:30-<b>New!</b> Beginners YOGA*</p> <p>12:00-Bid Euchre</p> <p>12:00-Mahjong</p> <p>6:00-Country Dance <b>(D)</b></p>
<p> <b>25</b></p> <p>*Center Closed for Holiday</p>	<p>9:00-Aerobics <b>26</b></p> <p>9:00-Books, Balance &amp; BS</p> <p>10:00-Bridge</p> <p>10:00-Bible Study</p> <p>10:00-Zumba Gold Toning</p> <p>11:00-Strength Training</p> <p>12:15-Dominoes</p> <p>12:30-Texas Hold 'Em</p> <p>1:00-Rummikub</p> <p>2:00-Hooks &amp; Needles</p> <p>2:15-Line Dancing</p>	<p>8:30-Open Billiards <b>27</b></p> <p>9:00-Board Meeting</p> <p>9:00-Exercise</p> <p>9:30-Intro to Fitness</p> <p>10:30-Tech Time with TJ*</p> <p>10:30-Tai Chi</p> <p>12:00-Lunch</p> <p>12:30-Open Sewing*</p> <p>1:00-Jam Session*</p>	<p>9:00-Aerobics <b>28</b></p> <p>9:30-Breakfast for the Brain*</p> <p>9:45-Choir*</p> <p>11:00-Hand &amp; Foot Cards</p> <p>11:30-<b>New!</b> Beginners YOGA*</p> <p>12:00-Bid Euchre</p> <p>12:00-Mahjong</p>



# Birthdays & Anniversaries

## FRIDAY

8:30-Open Billiards 9:00-Exercise 9:30-Line Dancing 11:00-Scrabble 1:00-Card Game 31 1:00-Mexican Poker 1:30-Tai Chi	1
8:30-Open Billiards 9:00-Exercise 9:30-Line Dancing 10:00-Kings & Bingo* 11:00-Scrabble 1:00-Card Game 31 1:00-Mexican Poker 1:30-Tai Chi	8
8:00-Adventure Club Sign Up* 8:30-Open Billiards 9:00-Exercise 9:30-Line Dancing 11:00-Scrabble 1:00-Card Game 31 1:00-Mexican Poker 1:30-Tai Chi	15
8:30-Open Billiards 9:00-Exercise 9:30-Line Dancing 11:00-Scrabble 1:00-Card Game 31 1:00-Mexican Poker 1:30-Tai Chi	22
8:30-Open Billiards 9:00-Exercise 9:30-Line Dancing 11:00-Scrabble 1:00-Card Game 31 1:00-Mexican Poker 1:30-Tai Chi	29

## May Birthdays

Debra Page	May 01	Dorothy Janchar	May 12	Stephanie Watson	May 22
Jodie Shafer	May 01	David Gwinner	May 12	John King	May 22
Nelda Hinton	May 02	Patricia Stevens	May 12	Mary Frances Kise	May 23
Jane Brown	May 04	Karen Hall	May 13	Marsha Velazco	May 23
Meredith Predmore	May 04	Robin Snyder	May 13	Leora Ferguson	May 24
Patricia Edens	May 04	Marietta Wood	May 13	Darlene Goad	May 24
Richard Jones	May 04	Shaun Straw	May 15	Diane Wisda	May 24
Paul Shaul	May 04	Leonard Janchar	May 16	Judy Bowe	May 24
Bev Furniss	May 05	Judy Miller	May 17	Susan Johnston	May 24
Clair Zimmerman	May 06	Marcia Boger	May 17	Joyce Geissler	May 25
Delores Abbott	May 07	Bill Gossett	May 18	Bob Ault	May 26
Donna Harrah	May 08	Carol Haines	May 18	Phyllis Patrick	May 26
Edris French	May 09	Janet Schiefer	May 18	William Weir	May 26
Lucille Kennedy	May 09	Frank Bosart	May 20	Pebble Wyant	May 26
Della Patton	May 09	Sue Schuler	May 20	Lanny R. Phelps	May 27
Constance McCurdy	May 09	Melba Miller	May 20	Ronald Walker	May 27
Edith Craycraft	May 10	Rosanna Becker	May 21	Sandy Winland	May 29
David Green	May 10	Olivia Christian	May 21	Betty Woodruff	May 30
Duane Henderson	May 11	Elaine Rice	May 21	Jodene Southward	May 31
John Heimlich	May 11	Kathleen Kelleher	May 22		

## May Anniversaries

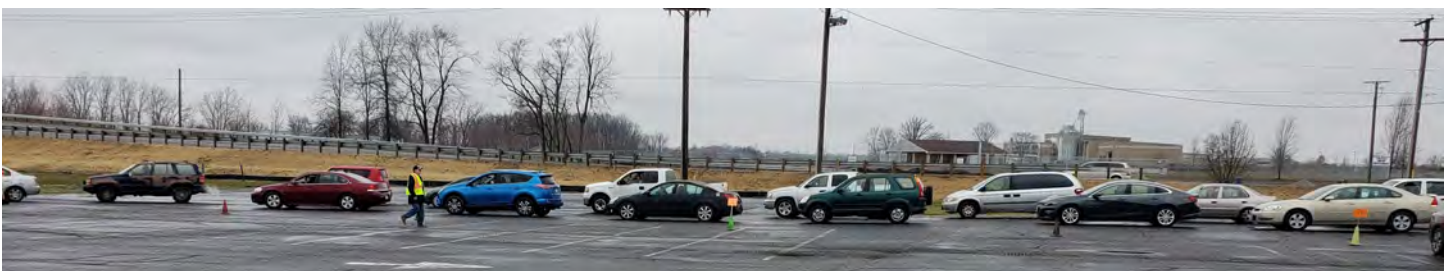
Donald & Ellen Distel	May 31, 1954	66 years
Bob & Nancy Shaw	May 16, 1959	61 years
Carl & Mary Lou Grose	May 14, 1961	59 years
Gabe & Ednita Vaflor	May 28, 1963	57 years
John & Julianne Kyle	May 01, 1965	55 years
Kenneth & Brenda Rider	May 30, 1980	40 years
Harvey & Barbara Ramsey Erlewine	May 26, 1995	25 years
Daniel & JoAnn Zimmerman	May 27, 1995	25 years
Bill & Marilyn Carver	May 01, 2004	16 years
Donald & Margaret West	May 10, 2008	12 years
Dale & Doris Sneed Rapp	May 06, 2011	9 years

## New Members

# Volunteer of the Month

## Volunteers Making a Difference During this Great Time of Need!

We had 14 staff members and volunteers team up to distribute 246 food boxes to seniors in need on Monday, March 23. The process which practices social distancing and follows safety protocol, took place entirely outdoors due to the Senior Center building being closed to the public. We're so glad we were able to come up with an "out of the box" solution to continue providing this much-needed food during this difficult time. We know how important this monthly food distribution is to help address food insecurities within our community... and it's more vital now, than ever! The expressions of gratitude shared by each and every person that received a box throughout the afternoon were heartfelt, and spirit-lifting. Grateful appreciation and thanks to Winston, Connor, Alexis, Kirby, Don, Annette, Mark, Jerry, Kathy, Dick, Cindy, Lisa, Barb, and Deb for making this all possible.





# Upcoming Events



## ◀◀ Popcorn & Movie ▶▶ Thursday, May 14 - 12:30 pm

Experience the fun of an afternoon matinee, complete with a complimentary box of popcorn during this monthly event! We set up theater-style seating in the *Multipurpose Room*, then lower the shades and dim the lights to create a movie theater atmosphere for you to sit back, relax, and enjoy watching a newly released movie on our big screen TV! Feel free to come alone, or join some friends! Please see the poster located on the activity board near Lisa's office for movie details.



## Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won't miss out on the fun:

- **Easter Dinner** - Cancelled
- **Volunteer Appreciation Day** - Postponed Until May
- **Senior Citizens Day** - Monday, May 11; noon
- **Adventure Club Sign-up** - Friday, May 15; 8 am



\*\*\*Postponed\*\*\*

## Country Dance

This month's dance will feature a Country theme. DJ Evan Richardson will be playing all your favorites, including classic line dance songs. The dance will be hosted on **Thursday, May 21** from **6 - 8 pm**. Evening dances are open to the public with both singles and couples welcome. Cost is \$5 in advance/\$8 at the door.



## 'Food for Thought' *Lifelong Learning & Lunch!*

If you're interested in expanding your knowledge or broadening your experiences, please join us at **12:30 pm** on the **first and third Tuesday** each month in the *Multipurpose Room* for an informative presentation by a notable speaker, as well as a **FREE lunch!** Please **RSVP** to Lisa at **(740) 387-6100** to ensure we have enough lunches available. Public welcome!

**Tuesday, May 5 - 12:30 pm.**

*Topic: "Hearing Loss"*

*Brief:*

*Instructor: Dr. Durst, Marion Speech & Hearing*

**Tuesday, May 19 - 12:30 pm.**

*Topic: "Revitalizing Downtown Marion"*

*Brief: Marion Made and Downtown Renovations*

*Instructor: Luke Henry, Downtown Marion Developer*





# *Trips on the Horizon*

## **LaComedia: 'Footloose'**

***Postponed - New Date TBD***

We will travel to Springboro, OH on this **Brewster Tour** trip to enjoy dinner and a show. **La Comedia**, is one of the nation's largest professional dinner theaters known for their Broadway-style productions and a famous mouth-watering buffet. Based on the 1984 hit film, '**Footloose the Musical**' features an Oscar and Tony-nominated musical score and soundtrack with hits such as "Let's Hear it for the Boy", "Almost Paradise", "Holding Out for a Hero", and "Footloose". Cost is \$89\* per person.

## **Western 'Fixer Upper' Adventure Missouri, Oklahoma, Texas and More!**

***Postponed - New Date TBD***

We will travel out west on this **Brewster Tour** which features stops in Oklahoma to visit **Precious Moments Visitors Center and Chapel**, the famous **Pioneer Woman's Mercantile**, **Oklahoma City National Memorial and Museum**; quality time in San Antonio, Texas with an overnight stay on the **Riverwalk** and guided city tour including **Mission San Jose** and the **Alamo**; next on to Waco, TX for a stop at **Magnolia Market and Silos** with a guided '**Fixer-Upper**' tour and dinner at **Waco Winery**; next stop Dallas, TX for a guided tour of the city and visit to the **6th Floor Museum**; then on to Memphis, TN to visit **Graceland** with the '**Elvis Experience**' and overnight stay at **Guest House at Graceland**; and finally Nashville, TN with dinner at **Opry Backstage Grill** and premium seating for the **Grand Ole Opry** performance. Cost is \$2187\* per person, includes admissions and tours, 9 breakfasts, 2 lunches, 5 dinners, and 9 nights lodging.

*\*Double Occupancy*

## **Pigeon Forge & Smoky Mountains Show Trip**

***Mon. - Fri., September 14 - 18***

This **Diamond Tours** trip features two dinner shows: **Soul of Motion** and **America's Hit Parade**; two evening shows **Wonders of Magic** and **Country Tonite**; one morning show: **The Smith Morning Variety Show**; free time in historic downtown Gatlinburg; guided tour of the **Great Smoky Mountains National Park**; admission to **Titanic: The World's Largest Museum** attraction; eight meals (4 breakfasts/4 dinners); and 4 nights lodging. Cost is \$529\* per person. Call or see Lisa for full details. *\*Double Occupancy*

## **Murder Mystery Dinner Train**

***Tuesday, September 22***

We'll depart the Center at 8:30 am for Blissfield, MI on this **Great Days! Tours** day trip to catch the Murder Mystery Luncheon Train. As the train makes a leisurely 12-mile roundtrip through the countryside you are served a wonderful meal all while being entertained by a troupe of actors and actresses performing a comical interactive murder mystery. **Cost is \$99 per person**, includes lunch, train ride/entertainment, and transportation. Sign up now!

## **Indians at Reds Overnight**

***Tues. - Wed., July 7 - 8***

We will travel to Cincinnati, OH on this **Prime Tour** trip to enjoy a "Battle of Ohio" baseball game between the **Cincinnati Reds and Cleveland Indians**. The trip starts with a private guided tour of the **Amber Inn Sign Museum**, before checking in to the **Radisson Hotel** in Covington, Kentucky prior to the game. Then we'll enjoy dinner (*on your own*) and great lower level seats to watch the game at **Great American Ballpark**. On day two, we'll enjoy breakfast, then learn about the history and heritage of Cincinnati and Northern Kentucky on a guided **American Legacy Tour**. Cost is \$365\* per person. *\*Double Occupancy*

## **Chicago**

### ***Explore the Wonders of the Windy City***

***Fri. - Sun., August 7 - 9***

We will travel to Chicago, Illinois on this **Brewster Tour** trip to enjoy a **guided tour** of the "Windy City", shopping on the **Magnificent Mile**, fun attractions and activities exploring historic **Navy Pier**, and watching a professional baseball game at the former Comiskey Park between the **Chicago White Sox and Cleveland Indians**, plus a patio pass to an all-you-can-eat buffet located in the stadium. Cost is \$550\* per person, includes admissions and tours, 2 breakfasts, 2 nights lodging, and transportation.

*\*Double Occupancy*

## **Wright-Patt Air Force Museum**

***Thursday, July 16***

We will travel to Dayton, OH via **S&S Motorcoach** to visit the largest military aviation museum in the world. On our return trip we'll enjoy dinner at Young's Jersey Dairy, famous for their homemade ice cream. Cost is \$65, which includes admission, dinner and transportation. Sign up now!

# *Trips on the Horizon*

## **‘Jaws with Paws’ Day Trip**

***Postponed - New Date TBD***

We will travel to Fremont, OH on this *Great Days! Tours* day trip to visit a nationally acclaimed “**Jaws with Paws Enforcing Laws**” canine training center. Lunch at **Ole Zim’s Wagon Shed** will be served in a beautiful barn setting, followed by a tour of **Oak Haven Horse Farm**, where you’ll see beautiful Belgian Horses. A visit to **Chateau Tabeau Winery** will complete the trip, where you’ll enjoy 5 wine samples while listening to the owners tell their personal stories of starting their business and serving customers. Cost is **\$99\* per person**. Sign up now!

## **Hawaiian Cruise Meeting!**

The informational meeting originally scheduled for May 18 to discuss details and answer any questions about November’s Hawaiian cruise **has been postponed**. **Kevin Thuman** from *Prime Tours* and Activity Coordinator **Lisa Richardson** will be contacting all those signed up for this trip with specific details.

**Update:** Our “cancel with refund” date has been extended to July 1.

## **Columbus Clippers Baseball “Dime-a-Dog Nights”**

***June 9 Cancelled, July 20 & August 18***

These trips depart the Center at **4 pm** to spend a relaxing summer evening watching the **Columbus Clippers** while enjoying ten cent hot dogs in beautiful Huntington Park, voted America’s #1 MLB minor league park. This season’s trips are: **Tuesday, June 9** vs. Charlotte, **Monday July 20** vs. Buffalo and **Tuesday, August 18** vs. Pawtucket. **Cost is \$20 Members/\$30 Non-members**. These extremely popular trips sell out fast, so sign up NOW!

## **Scioto Downs - Columbus**

***Thurs., May 28 & June 25 Cancelled***

We will depart the Center via Lakefront charter coach at **8:30 am** to visit Scioto Downs. Cost of the trip is **\$39**, which includes \$20 slot play and a \$5 food voucher. **Sign up NOW** with a \$20 non-refundable deposit. *Note: If this trip is cancelled due to the ongoing CORVID-19 pandemic, you can apply your deposit to a future trip.*

# On a Positive Note

## Signs of Spring

Master Gardener **Carol Kelly** cleaned up the pollinator garden recently. She and her husband Larry also topped off the raised beds with some new compost. She decided to move the flowers to the raised-bed closest to the building this year (can you believe this is year #6?) and will transfer the perennials while adding some lower-growing varieties than in the past, including several kinds of old-fashioned flowers that are quite hardy. She also planted about 3-4 dozen nice little dwarf sunflower seedlings that popped up from last year's flower seeds in the far window box of the trellis.

Carol is also planting a wild plum tree (a seedling donated by Gale Martin) to replace the serviceberry tree near the west entrance which met its demise.

Member **Bea Okray** has volunteered to help with cleaning up plantings around the Center by cutting back and/or removing dead stuff to make room for new growth and pulling weeds. Bea will also plant and maintain new flowers.



## Looking Forward to The Future

Like you, we can't wait to get back to "daily life at the Senior Center". Having to "stay at home" and practice social distancing has been difficult on all of us. But please keep in perspective the fact that the population we serve — older adults in our community — are the most vulnerable, at-risk group for the effects of this virus. That is why we will not be open in the month of May despite what other organizations may decide to do when (and if) the current stay at home order is lifted.

We don't like our "Closed Until Further Notice" status any more than you do. However, we all agree that your health and safety are our top priority, and will be the determining factor as to when circumstances allow the facility to be open again. Until then, we encourage you all to continue washing your hands, disinfecting surfaces, wearing masks when in public, getting plenty of rest, practicing social distancing, staying physically active, meditating and/or praying. We look forward to seeing each and every one of you, whenever that day arrives. Remember: We're all in this together!





## Marion Senior Center

2375 Harding Hwy. E.  
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.  
Monday through Friday  
Office: 740-387-6100  
Transportation: 740-387-5444

NON-PROFIT  
U.S. Postage  
PAID  
Marion, OH  
Permit #23

## Directory

**Director:** Steve Badertscher

**Activity Coordinator:** Lisa Richardson

**Social Service Coordinator:**  
Cindy Jennings

**Transportation Coordinator:** Barb Arms

**Bookkeeper:** Jackie King

**Maintenance Supervisor:** Jay Yarger

Visit the Marion Senior Center  
website at: [www.marionseniorcenter.com](http://www.marionseniorcenter.com)

Email: [info@marionseniorcenter.com](mailto:info@marionseniorcenter.com)  
or follow us on Facebook



### **Need a Ride? Transportation Available for Seniors**

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

***\*Handicap-accessible transportation is now available!***

### **Need a Personal Shopper?**

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Cindy Jennings at (740) 387-6100.**

*Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.*