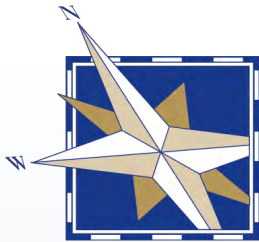


Volume 38 • Issue 10

The Sentinel

October 2021



**2375 HARDING HWY. EAST
MARION, OHIO 43302**

Office: 740-387-6100

Transportation: 740-387-5444

CENTER HOURS

Monday–Friday: 8 AM–4 PM

INSIDE THIS ISSUE:

Highlights	Cover
Senior Center Services	2 & 3
Health & Fitness	4 & 5
Classes, Clubs & Activities	6 & 7
Calendar/Birthdays	8 & 9
Volunteer of the Month	10
Movie/Upcoming Events	11
Trips on the Horizon	12 & 13
Life at the Center	14
Ads	15
Directory	Back

**All activities will continue
to be hosted between
the hours of 10 am to 2 pm
in October.**



It's Fall, Y'all!



Fall has always been my favorite season of the year. Leisurely walks on warm Indian Summer days to take in the fall foliage of vibrant reds, yellows and oranges shimmering against clear blue skies. Relaxing around a campfire with your favorite hot beverage on a crisp, cool evening. Fall decorating, fall baking, the list goes on. With so many things to look forward to, it's easy to be excited about the new season.

Yet, as we head into this particular fall, all is not rosy. The Covid-19 cases in our community continue to rise. In fact, Marion County has been identified as an area of Substantial or High Level of transmission. To address these circumstances, Mayor Scott Schertzer found and determined an executive Order was necessary to ensure the well-being and safety of employees and the citizens we serve, among various other reasons. *(You can read Mayor Schertzer's Executive Order printed in its entirety on page 10.)*

What does that mean for members visiting the Senior Center?

In short, facial coverings are required regardless of vaccination status. All employees and visitors must wear a facial covering at all times while in any building owned by the City of Marion. The only exceptions will be if someone is actively eating lunch while seated at the congregate meal site, or if someone is actively working out in the fitness room or participating in Tai Chi, Line Dance, Chair Yoga, or Exercise class in the Multi-purpose Room. (Note: face coverings must be worn while coming to and from those fitness areas.)

Again, this is being done to protect you, our members. The Center for Disease Control and Prevention (CDC) has, during spikes in the spread of Covid-19, recommended the universal use of face coverings in public regardless of vaccination status. We appreciate your understanding and cooperation to help ensure we can keep providing vital services to the seniors in our community, and just as importantly, keep our doors open to our members.

Be Kind & Stay Well,
Steve Badertscher, Director

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Cindy Jennings** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

HEMEN: Helping Elderly Meet Essential Needs

HEMEN is a funding source that is available to assist consumers who are 60 and older in obtaining assistance with needs they may need to remain safe in their home, such as: Washing Machine, Dryer, Refrigerator, Stove, Mattress Set, etc. Call Area Agency on Aging at **800-860-5799** for details.

Senior Choir to Meet

Senior Choir director **Ednita Vafflor** has announced members of the Senior Choir 'Seniors in Song' are going to meet on **Thursday, October 7** at **10:15 am** in the *Craft Room*.

This will be a gathering to provide choir members an opportunity to socialize. No singing will take place as members will be required to wear face coverings.

Limited Hours Continue

All activities will continue to be hosted between the hours of **10 am to 2 pm** in October. Staff will be focused on monitoring these activities and in some cases, cleaning between sessions during these hours.

This also means that staff will NOT be available to answer phone calls or to take appointments while members are here. ALL calls to schedule appointments or to sign up for activities/programs must be made between **8 - 10 am** or between **2 - 4 pm**.

FREE PRODUCE MARKETS

Marion City Schools is collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed from **9 am to 11 am (while supplies last)** at **The Marion County Fairgrounds** Main Entrance parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**. Next distribution date is to be announced.



MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



Transportation
740-387-5444



Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives

Tri-Rivers Honored with 2021 Community Service Award

Tri-Rivers Construction Trades Academy in Marion was recently honored as the 2021 Community Service Award recipient for Marion County. The ceremony was held at the Tri-Rivers Career Center in the construction classroom. Several individuals joined for the recognition, including Steve Badertscher, Director of the Marion Senior Center; Steve Renick, Marion Senior Center Board President; Marlene Renick, Marion Senior Center Tai Chi instructor; and over 100 of the Tri-Rivers Construction Trades Academy students.

A team of 106 students and four instructors constructed a 32x50 foot activity pavilion for the Marion Senior Center this past year. Tri-Rivers instructor David Willey championed and embraced the vision of this project to promote an active lifestyle for area seniors. Tri-Rivers Construction Trades Academy also built projects for Habitat for Humanity, Tall Grass Trails, Village of Prospect, and River Valley schools over the past year.



Pictured left to right: Eric Willey, Tri-Rivers Construction Trades Academy instructor; Steve Renick, Marion Senior Center Board President, and Marlene Renick, Marion Senior Center Tai Chi instructor; Jacob Fields and Kaimin Damron, Tri-Rivers Construction Trades Academy seniors; David Willey, Tri-Rivers Construction Trades Academy instructor; Jeremiah Pickens, Tri-Rivers Construction Trades Academy senior; Nicole Williams, VP of Outreach and Development at Area Agency on Aging; Steve Badertscher, Director of Marion Senior Center. (See additional Activity Pavilion photos on page 12)

Let's Take it Outside!

One of the best - and safest - places to host activities is outdoors... weather permitting, of course! And one of the most moderate months for fall weather in Ohio is October. Here are some of the activities that may be hosted outdoors:

Pickleball

Members and non-members really enjoy playing pickleball, America's fastest growing sport. Marion Senior Center is home to the only public outdoor courts made specifically for pickleball. The two courts are located on the west side of the building (adjacent to our raised-bed gardens) and are available to members anytime. Pickleball is available anytime, however members usually gather to play together on weekday mornings beginning at **8 am**. We have extra paddles and pickleballs available for those just getting started (see Lisa).



Pace Setters Walking Club

Since it requires no monitoring or special cleaning, the Center's walking club is available anytime from dusk to dawn. However, the clipboard to record your daily distance will be available next to the outside door of Lisa's office from 10 am to 2 pm. Call **Lisa at 740-387-6100** any weekday between **8 am - 10 am** or **2 pm - 4 pm** to register to participate. Along with a good cardio workout plus strength and conditioning benefits, every participant receives a reward as they reach different goals and milestones.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors Steve and Marlene Renick are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Intro to Fitness

This class is a great way to get started! The group meets on **Thursday mornings at 10 am** and are led by Certified Personal Trainer Cindy Jennings. Cindy will motivate you as she teaches you exercises to improve your strength, core conditioning and balance. Class size is limited so you must call **Cindy at 740-387-6100** any weekday between **8 am - 10 am** or **2 pm - 4 pm** to register for this class.



With construction of our spacious new outdoor Activity Pavilion completed, we plan to schedule activities outdoors when weather permits. We look forward to Tai Chi along with other activities being held outdoors during the warmer weather days ahead.

Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Safety First

Since safety is our top priority, the Fitness Center will be putting new protocols and procedures in place going forward. Members will notice a new hand sanitizing station and a unit containing individual spray bottles and towels, as well as a used towel receptacle.

A sign is prominently displayed above this unit with the following instructions:

- ◆ Pick up your own disinfectant spray bottle and clean microfiber towel and keep them with you at all times.
- ◆ Clean all equipment after use.
- ◆ Social Distance a minimum of 6 feet between others while working out.
- ◆ Wash your hands after working out; follow good personal hygiene habits.
- ◆ Place towel in container marked "used" as you exit.
- ◆ Place used bottles beside the spray bottle caddy - NOT back in the caddy. They will be sanitized before the next group of people are allowed to enter.
- ◆ Please be considerate of the 45-minute time limit.



Social Distancing decals have been placed on the floor in the Multi-purpose Room as a reminder to social distance a minimum of 6 feet between others while working out.



A) New Procedures; B) Clean Disinfectant Spray Bottles; C) Touchless Hand Sanitizer Station; D) Clean Microfiber Towels; E) Receptacle for Used Towels



MAKING APPOINTMENTS:

All calls to Cindy for appointments must be made between 8 - 10 am or between 2 - 4 pm.

Members should place used bottles beside the spray bottle caddy - NOT back in the caddy after use. The used bottles will be sanitized before the next group of people are allowed to enter.

Classes, Activities & Programs

Don't See Your Group Listed?

Several small groups have resumed their weekly scheduled activities this past month. If your group would like to do the same you just need to reach out to Activity Coordinator Lisa Richardson to make that happen. Keep in mind we are still open limited hours (10 am - 2 pm) in consideration of the enhanced cleaning and sanitizing that is required each day to help keep our members, guests, and staff safe.

If you want to resume your activity and have it listed again on the newsletter calendar, the steps are as follows:

- Each activity/group should elect one individual you would like to represent you.
- Have that individual contact or call Activity Coordinator **Lisa Richardson at (740) 387-6100** (between 8 - 10 am or between 2 - 4 pm) to let her know that your activity is ready to resume meeting each week.
- You will be assigned a day/time to meet. Every effort will be made to make it align as close as possible to the same dates/times your activity has met in the past.
- Activity/group leaders will be responsible to let Lisa know how many participants to expect each week. This can be easily accomplished verbally at the end of your activity before you leave each week (*ex., "Lisa, all eight of us are planning to be here again next week."*)
- This communication will allow us to properly plan how much space and time will be needed to accommodate all groups each day. (We don't want to turn anyone away because we were expecting a small group of four and then have 18 people surprisingly show up.)
- Finally, we want to thank everyone for your continued patience and understanding ...you've all been extremely cooperative as we navigate these unprecedented times together.



Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

Leader: Shirley Groll.

Euchre

Euchre is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader: Tillie Taylor*

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** mornings at **11 am**.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Wednesday** mornings at **11:30 am**.

Leader: Shirley Tolley.

Open Sewing Time

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays** from **12:30 - 2 pm** in the *Craft Room*.

Open Craft Time

A variety of paints, brushes, idea books, liquid stain glass patterns, tracing paper, and woodworking items are available for you to create individual projects at your own pace on **Thursdays** from **12:30 - 2 pm** in the *Craft Room*.

New! Picture This

Do you enjoy taking pictures? Would you like to learn some helpful tips and creative techniques to improve the quality photos you take? Photographer **Virginia Earl** will share galleries of photos she has taken over the years and discuss the thought process behind them. Learn how light, angles, and composition can work together to make your photos more appealing.

'Picture This' will meet the **2nd Wednesday** each month at **10am** in the *Craft Room*.



Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

Pace Setters Walking Club

Members walk laps on the paved track located behind **Marca/MCBDD**. You can enter the walking path area through a gate located near our new Activity Pavilion. Register for this free program with Activity Coordinator Lisa Richardson, then track your laps and earn great prizes. The more you walk, the more you earn!

Fitness Center

Our **Fitness Center** is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. **The Fitness Center currently requires a reservation. A 45 minute time slot can be reserved at 10am, 11am, noon, or 1pm by calling Cindy Jennings at (740) 387-6100.** Please consult your physician before beginning any exercise activities.

Intro to Fitness

This class is a great way to get started on your journey to better health and wellness! The group meets **Wednesday** mornings at **10 am** in the **Multipurpose Room**, led by Certified Personal Trainer **Cindy Jennings**. Cindy will motivate you as she teaches you exercises to improve your strength, core conditioning and balance.

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 10 am to 2 pm. Please call the Center at **(740) 387-6100** (between 8 - 10 am or 2 - 4 pm) and let us know you're coming in to play.

Kingston Bingo

Carma Taylor of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

Monday Mind Games

Carla Poston from *ProCore Health Brokers* hosts *Mind Games* on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun!

DeWolfe Trivia

Nicole Rich from *DeWolfe Place* will host "*Trivia*" games on the **second Wednesday of each month at 10 am**.



New! Chair Yoga

Beginning on Friday, October 8, Certified Chair Yoga Instructor **Laura Brown** will be hosting a class every **Friday morning at 11am** in the **Multi-Purpose Room**. Cost is \$3 per class. Chair yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. Chair Yoga is very beneficial for both mental and physical well being. Benefits include relieving stress while improving posture, flexibility, and balance.

Hooks & Needles

Instructor **Candice DeWitt** hosts this fun new class on **Tuesdays at Noon** in the Craft Room. Candice owns *Stitch and Skein*, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too!

Bible Study

Brad Boston leads Bible Study on **Tuesday** mornings at **10 am** in the Craft Room. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

October 2021 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Mind Games 12:00- Euchre	5 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Bible Study 10:00-Bridge 11:00-Rummikub 11:00-Books, Balance & BS 12:00- New! Hooks & Needles	6 Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Intro to Fitness 10:00-DeWolfe Trivia 11:30-Mahjong 12:30-Open Sewing Time	7 Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Line Dancing 10:15-Senior Choir Social Gathering in Craft Room* 12:30-Open Craft Time
11 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Mind Games 12:00- Euchre	12 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Bible Study 10:00-Bridge 11:00-Rummikub 11:00-Books, Balance & BS 12:00- New! Hooks & Needles	13 Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00- New! 'Picture This!' 10:00-Intro to Fitness 11:30-Mahjong 12:30-Open Sewing Time	14 Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Line Dancing 12:30-Open Craft Time 12:30-Popcorn & Movie 'Bucket List'
18 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Mind Games 12:00- Euchre	19 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Bible Study 10:00-Bridge 11:00-Rummikub 11:00-Books, Balance & BS 12:30- New! Food for Thought* *RSVP Required 12:00- New! Hooks & Needles	20 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Intro to Fitness 11:30-Mahjong 12:30-Kingston Bingo 12:30-Open Sewing Time	21 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Line Dancing 12:30-Open Craft Time
25 Senior Center is Closed Today for Food Box Day & Deep Cleaning	26 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Bible Study 10:00-Bridge 11:00-Rummikub 11:00-Books, Balance & BS 12:00- New! Hooks & Needles	27 9:00-Board Meeting Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Intro to Fitness 11:30-Mahjong 12:30-Open Sewing Time	28 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Line Dancing 12:30-Open Craft Time

Birthdays & Anniversaries

FRIDAY

1

Open Pickleball
Open Pace Setters Walking Club
Fitness Room *(by Appointment)*

12:30-Tai Chi

8

Open Pickleball
Open Pace Setters Walking Club
Fitness Room *(by Appointment)*

11:00-*New!* Chair Yoga
12:30-Tai Chi

15

Open Pickleball
Open Pace Setters Walking Club
Fitness Room *(by Appointment)*

11:00-*New!* Chair Yoga
12:30-Tai Chi

22

Open Pickleball
Open Pace Setters Walking Club
Pool Room *(by Appointment)*
Fitness Room *(by Appointment)*

11:00-*New!* Chair Yoga
12:30-Tai Chi

29

Open Pickleball
Open Pace Setters Walking Club
Pool Room *(by Appointment)*
Fitness Room *(by Appointment)*

11:00-*New!* Chair Yoga
12:30-Tai Chi

October Birthdays

Jeanette White	Oct 01	Helen Farrington	Oct 13	Kenneth Allen	Oct 22
Judy Zimak	Oct 01	Elizabeth Hoy	Oct 14	Boyd Tackett	Oct 23
Richard Lust	Oct 01	Pat Gattshall	Oct 15	Sue Bays	Oct 24
Deloris Bills	Oct 02	Thomas Utley	Oct 16	Yolly De Los Reyes	Oct 25
Larry Fairchild	Oct 02	Paul Oehler	Oct 17	Gary VanBuskirk	Oct 25
Rosemary Curren	Oct 04	Susan Shifflet	Oct 17	Marcia Weir	Oct 26
Mary Ellen Dune	Oct 04	Mary Geissler	Oct 18	Linda Shafer	Oct 26
Jan Blevins	Oct 06	Shirley Marshall	Oct 18	Nancy Beckel	Oct 27
Becky Oehler	Oct 07	Jo Ann Zimmerman	Oct 18	Marjorie Armbruster	Oct 27
Dorothy Hughes	Oct 07	Peggy Rowland	Oct 19	Jim Bowman	Oct 27
Jackie Taylor	Oct 09	Lisa Markley	Oct 19	Virginia	
Emilee Evans	Oct 09	Dianna Fry	Oct 20	Rowland-Yarger	Oct 28
Rudy Schneider	Oct 10	Richard Gorenflo	Oct 20	Lynn Strickland	Oct 29
Jerry Wood	Oct 10	Janis Hanshaw	Oct 20	Gary Drake	Oct 29
Becky Yannitell	Oct 10	Marlene Renick	Oct 21	Mary Trimmer	Oct 29
Mike Hampel	Oct 11	Patricia Baldinger	Oct 22	Sharon Davis	Oct 30
MarieBentley-Redmon	Oct 12	Beatrice Okray	Oct 22	Paula Kline	Oct 31
Shirley Anderson	Oct 13	Faye Ruby	Oct 22		
Martin Cunningham	Oct 13	Lewis Smith	Oct 22		

October Anniversaries

Gary & Armida Callahan	10/29/1965	56 years
Larry & Barbara Fairchild	10/12/1963	58 years
Larry & Pam Gandee	10/1/1967	54 years
Louis & Betty Hughes	10/5/1946	75 years
Paul & Lucille Kennedy	10/6/1951	70 years
Steve & Sue Schuler	10/18/1980	41 years
Lynn & Connie Thomas	10/19/1979	42 years
Gerald & Pebble Wyant	10/11/1975	46 years

Mayor's Executive Order



Scott Schertzer, Mayor
Marion City Hall
233 West Center Street
Marion, Ohio 43302
Phone: 740.387.3591

EXECUTIVE ORDER 2021-01

Having determined it necessary, pursuant to the authority granted by Ohio Revised Code 733.01, I find the need to issue the following Executive Order:

Due to the increase of COVID-19 cases and that Marion County has been identified as an area of Substantial or High level of transmission, I find and determine this Order is necessary for the following reasons:

- to ensure the safety of our service providers;
- provide our employees a workplace free of recognized hazards to perform necessary job functions and delivery of services;
- ensure the well-being and safety of employees and the citizens we serve; and
- to ensure the continuation of the provision of vital services to the residents to the City of Marion during these extreme and exigent circumstances.

Whereas: The Centers for Disease Control and Prevention (CDC) has, during spikes in the spread of COVID-19, recommended the universal use of face coverings in public regardless of vaccination status.

Therefore, I hereby issue the following Order, in conjunction with Ohio Revised Code Section 4167 et seq.

Effective Friday, September 17, 2021 at 12:00 pm, regardless of vaccination status, each visitor and employee is required to wear a facial covering that covers the nose and mouth in all city facilities. For all city-owned vehicles, masks are required unless no one other than the driver is in the vehicle and it does not violate any federal regulations. This mandate applies to all individuals over the age of 2 and all areas of city-owned buildings, regardless of accessibility to the public.

This Order shall take effect on the above date and remain in full force and effect until further notice.

Scott Schertzer
Mayor
City of Marion, Ohio

9-17-21
Date

Food for Thought

For Your Safety: New Cards & Games Protocols

We are excited that Cards & Games were able to resume last month. However, there are some new protocols in place to help ensure the safety of our members and guests. Please review the following protocols to familiarize yourself with them. If you have any questions, please see Lisa, Cindy, or Steve.

- The leader of each individual group will get cards or games from Activity Coordinator **Lisa Richardson** just prior to their scheduled activity.
- Playing cards will be provided to each group. After the activity is completed for that day all cards used by that group will be kept in sealed containers and will not be used again for seven days.
- After the activity is completed for that day the games will be returned to Lisa and sanitized after each use.
- Hands of all participants must be sanitized before and after play.
- If a player gets up and leaves the table for any reason, their hands must be sanitized upon their return.
- Masks must be worn at all times.
- Players must not sit closely and must maintain some reasonable social distance. For example, only four players seated around a regular 4-foot table.
- Players must call the Center at **(740) 387-6100** (between the hours of 8 am - 10 am or 2 pm - 4 pm) and RSVP to play. **Note:** Group leaders can RSVP for their entire group by providing Lisa with the total number of players along with their individual names. The reason for this is that the number of players may be limited in certain rooms due to capacity restrictions. And since we are trying to schedule activities from an 8-hour day into a shortened 4-hour day, by registering we can avoid members and/or guests just showing up and then not having room for them to participate.
- Again, we want to thank everyone for your continued patience and understanding ...you've all been extremely cooperative as we navigate these unprecedented times together.

'Food for Thought'

If you're interested in expanding your knowledge or broadening your experiences, please join us at **12:30 pm on Tuesday, October 19** in the *Multi Purpose Room* for an informative presentation:

"What is an Ombudsman & How Do They Help Seniors?"

The state Ombudsman advocates for the rights of home care consumers and residents of long-term care facilities, and seeks resolution of problems, with the goal of enhancing quality of life and care.

Melissa Wilson from *Ohio Department of Aging's Office of Long-Term Care Ombudsman* will be our featured speaker on **Tuesday, October 19** from **12:30 to 1:30 pm**. Melissa will discuss services available to seniors and their loved ones who might receive long-term care (LTC) services along with related volunteer opportunities, as well as answer any questions you might have about services and/or opportunities.

RSVP is required by October 15.



◀◀ Popcorn & Movie ▶▶

Thursday, Oct. 14 - 12:30 pm

'Bucket List'

Billionaire Edward Cole (Jack Nicholson) and car mechanic Carter Chambers (Morgan Freeman) are complete strangers, until fate lands them in the same hospital room. The men find they have two things in common: a need to come to terms with who they are and what they have done with their lives, and a desire to complete a list of things they want to see and do before they die. Against their doctor's advice, the men leave the hospital and set out on the adventure of a lifetime.



Senior Moments



Find us on
Facebook

We are continually posting announcements, updates and photos of the “happenings” (like those shown here) at the Senior Center to communicate with our members in a timely fashion! Simply type the following URL:

www.facebook.com/MarionSeniorCenter

into your browser and hit the enter button on your keyboard, and you’ll find updates, announcements and photo galleries of the Senior Center’s activities, programs and events. (Please “LIKE” our page, too!)



Pictured are scenes from construction of the new Activity Pavilion. Tri-Rivers was recently honored for their efforts in this project. (See story on pg. 3)



Stonemason Bob Buhler creating the fireplace.



Congregate Dining Center Re-Opens!

In partnership with *LifeCare Alliance*, the Center re-opened the Congregate Dining Center last month. Lunch is available at the Senior Center every **Tuesday through Friday from 11:30 am - 1 pm**. You can join us for lunch as often as you'd like. So, please stop by and join us for good food and fellowship every Tuesday through Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.



Dining Center Coordinator Toni Hurd can place your orders for each day, or an entire week at a time. Please call her at (740) 360-7863 to discuss this month's menu options or to RSVP.

On a Positive Note

Contingent Van Driver

Looking for a Part-time job?

Are you looking to make a difference in the lives of others?

Want to do something meaningful and rewarding that makes a big impact in our community?

Would you enjoy spending time with seniors while helping them to remain independent by taking them to and from doctor's offices, grocery stores, pharmacies, financial institutions and other essential appointments?

If so, becoming a Contingent Van Driver for our Senior Transportation program might be a great fit for you. You can find a complete Contingent Van Driver job description and a downloadable application at: marionohio.us/employment



We Need Volunteers!

Re-Opening the Senior Center safely will require much more time from the staff than ever before due to the new protocols and hands-on individual assistance to monitor and implement them.

That's why we need YOU!

New programs continue to be successful around the Center due to the dedication and commitment from our volunteers. We specifically need help with the following tasks:

- Welcoming & assisting members sign in
- Answering the phone between 10 am - 2 pm
- Providing Tours of the Center to prospective new members

If you can volunteer a couple hours per week we will gratefully find a way to get you involved! Please call **Steve or Lisa** at **(740) 387-6100** today.

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

NON-PROFIT
U.S. Postage
PAID
Marion, OH
Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Cindy Jennings

Transportation Coordinator:
Emilee Evans

Bookkeeper: Jackie King

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Cindy Jennings at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.