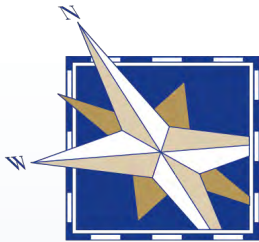


# The Sentinel

June 2022



**2375 HARDING HWY. EAST  
MARION, OHIO 43302**

Office: 740-387-6100  
Transportation: 740-387-5444

**CENTER HOURS**  
Monday–Friday: 8 AM–4 PM

## INSIDE THIS ISSUE:

Highlights	Cover
Senior Center Services	2 & 3
Health & Fitness	4 & 5
Classes, Clubs & Activities	6 & 7
Calendar/Birthdays	8 & 9
Volunteer of the Month	10
Movie/Upcoming Events	11
Trips on the Horizon	12 & 13
Life at the Center	14
Ads	15
Directory	Back

**The Center is open  
Monday - Friday  
from 8 am - 4 pm**

## Summer Fun!

Summer is here! And along with the arrival of summer comes warmer weather, which is ideal for spending more time outdoors.

Spending time outdoors is good for all ages, but especially beneficial as you grow older! There are a variety of activities during the summer months that offer seniors the chance to get some exercise and enhance your health and lives.

Outdoor activities like picnics in the park, walking on nature trails (or around the neighborhood), fishing, gardening, and attending sporting events. Not only does it feel good to get outside, but the health and social benefits of staying active are plentiful.

And while we're on the subject of staying active, we have several new activities being offered this month here at the Center!

**Fitness Drumming** is a fun, and highly engaging workout that can greatly benefit not only your overall health, but especially your cardio health. This popular workout is easy, great for people of all ages and sizes, and no musical experience is necessary. Classes will be hosted **Wednesday** mornings at **9 am** (page 6).

**Intro to Fitness** is not a new activity... however, it is moving to a **new day and time!** The class now meets on **Tuesday** mornings at **9am**. Class members have been utilizing our brand new 86" Smart TV to enhance the variety of instruction available (page 7).

**LRC (Left, Right, Center) returns!** LRC is a fun, fast-paced dice game that is easy to learn. **Florence Wright** will be hosting this popular game on the **first and third Thursday** at **1 pm** (page 7).

With the arrival of summer weather we also will begin hosting more events and activities in our new **Activity Pavilion**. Even though the temperatures are warmer, the Activity Pavilion provides ample shade from direct sunlight throughout the day (page 4).

We encourage you to take advantage of the nice weather ahead, As always, we also encourage you to take advantage of all there is to do at the Center!

Be Kind & Stay Well,  
Steve Badertscher, Director

# Senior Center Services

## Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

## HEMEN: Helping Elderly Meet Essential Needs

HEMEN is a funding source that is available to assist consumers who are 60 and older in obtaining assistance with needs they may need to remain safe in their home, such as: Washing Machine, Dryer, Refrigerator, Stove, Mattress Set, etc. Call Area Agency on Aging at **800-860-5799** for details.

## MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



## Farmers Market

**Caledonia Farmers Market** will be hosted at Caledonia Public Square on **Saturdays from 10am - 1pm from June through September**. Food vouchers for individuals 60+

- Locally grown produce & fruit
- Locally produced baked goods
- Locally produced meat & honey
- Local artists/crafters

**For more information:**  
caledoniafarmersmarket2021@gmail.com

## FREE PRODUCE MARKETS

**Marion City Schools** is collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed from **9 am to 11 am (while supplies last)** at **The Marion County Fairgrounds** Main Entrance parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**. Upcoming distribution dates are listed below:



## FREE PRODUCE MARKET DATES

- Wednesday, June 22
- Wednesday, July 27
- Wednesday, August 24



Transportation  
**740-387-5444**

## Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

*This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.*

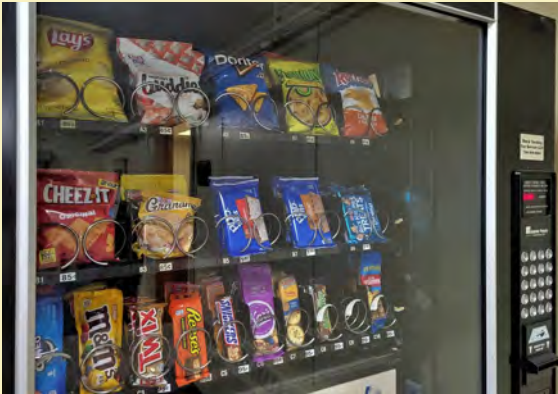


# Improving Seniors Lives

## Snacks are Back!

The vending machine is available again for members to purchase your favorite candy, chips, cookies, and more! It has been emptied, cleaned out and fully restocked with fresh snacks.

**Please note:** the bottom portion of the machine is needing some repairs made to the compressor before pop will become available.



## Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

## Stay Active!

### Pickleball

Members and non-members really enjoy playing pickleball, America's fastest growing sport. Marion Senior Center is home to the only public outdoor courts in the area designed specifically for pickleball. The two courts are located on the west side of the building (adjacent to our raised-bed gardens). Pickleball is available to members and guests anytime, however most usually gather to play together on weekday mornings beginning at **8 am**. We have paddles and pickleballs available for use by members just getting started (see Lisa).



### Pace Setters Walking Club

The Center's walking club path is located around the perimeter of the Marion County MRDD property (located adjacent to the Center), and is available any time from dawn until dusk.

**The program officially began on Monday, April 4, but there is still time to join in the fun!**

Along with a good cardio workout plus strength and conditioning benefits, every participant receives a reward as they reach different goals and milestones.



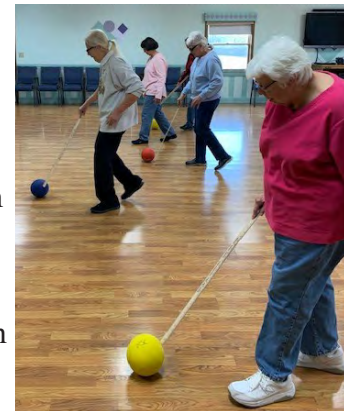
### Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



### Intro to Fitness

This class is a great way to get started! The group meets on **Tuesday** mornings at **9 am** and are led by class members utilizing DVDs and online videos on our huge 86" Smart TV for their exercises. Everyone is welcome! There is no cost to members to participate in this class.



*With construction of our spacious new outdoor Activity Pavilion completed, we plan to schedule activities outdoors when weather permits. We look forward to Tai Chi along with other activities being held outdoors during the warmer weather days ahead.*

*Note: Always consult your healthcare provider when contemplating new ideas to promote better health.*

## Safety First

Since safety is our top priority, the Fitness Center has put new protocols and procedures in place going forward. Members will notice a new hand sanitizing station and a unit containing individual spray bottles and towels, as well as a used towel receptacle.

A sign is prominently displayed above this unit with the following instructions:

- ◆ Pick up your own disinfectant spray bottle and clean microfiber towel and keep them with you at all times.
- ◆ Clean all equipment after use.
- ◆ Social Distance a minimum of 6 feet between others while working out.
- ◆ Wash your hands after working out; follow good personal hygiene habits.
- ◆ Place towel in container marked “used” as you exit.
- ◆ Place used bottles beside the spray bottle caddy - NOT back in the caddy. They will be sanitized before the next group of people are allowed to enter.
- ◆ Please be considerate of the 45-minute time limit.

## Check In Before Working Out

Before working out for the very first time, Members are required to receive a Fitness Center orientation from a staff member and then provided a *Fitness Center Release of Liability* form requiring their signature.



A) New Procedures; B) Clean Disinfectant Spray Bottles; C) Touchless Hand Sanitizer Station; D) Clean Microfiber Towels; E) Receptacle for Used Towels



Due to space considerations, the Fitness Center is limited to 3 members working out at any one time.

Members should place used bottles beside the spray bottle caddy - NOT back in the caddy after use. The used bottles will be sanitized before the next group of people are allowed to enter.

# Classes, Activities & Programs

## **New! Fitness Drumming**

Our new drumming program for seniors begins on **Wednesday, June 1 at 9 am!** **Fitness Drumming** is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. This popular workout mixes a variety of standard cardio exercises with a fun and exciting drumming routine, designed to keep you active and exercising together to the beat of music. It's easy, great for people of all ages and sizes, and costs nothing for members to get started. No musical experience is necessary. See Lisa for details!



## **We Need Volunteers!**

With more members and guests visiting the Center for events and activities these days, we could use a little assistance.

### **That's why we need YOU!**

New programs continue to be successful around the Center due to the dedication and commitment from our volunteers. We specifically need help with the following tasks:

- Welcoming & assisting members sign in
- Answering the phone
- Providing Tours of the Center to prospective new members

If you can volunteer a couple hours per week we will gratefully find a way to get you involved! Please call **Steve or Lisa** at **(740) 387-6100** today.



[www.facebook.com/MarionSeniorCenter](http://www.facebook.com/MarionSeniorCenter)

## **Bridge**

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

*Leader:* Shirley Groll

## **Euchre**

Euchre is played out front on **Mondays** at **Noon**.

Everyone is welcome to play! *Leader:* Tillie Taylor

## **Hand & Foot**

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

## **Hand & Foot**

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome! *Leader:* Phyliss Shirk

## **Pinochle**

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

## **New Time! Rummikub**

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

*Leader:* Beulah Owens

## **Mahjong**

Learn to play the popular tile game *Mahjong*, hosted out front on **Wednesday** mornings at **11:30 am**.

*Leader:* Shirley Tolley.

## **Dominoes**

Dominoes is played out front on **Monday** at **11am**.

Everyone is welcome! *Leader:* Cookie Cocherl

## **Open Sewing Time**

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays** from **12:30 - 2 pm** in the *Craft Room*.

## **Open Craft Time**

A variety of paints, brushes, idea books, liquid stain glass patterns, tracing paper, and woodworking items are available for you to create individual projects at your own pace on **Thursdays** from **12:30 - 2 pm** in the *Craft Room*.

# Classes, Activities & Programs

## Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

## Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

## Pace Setters Walking Club

Members walk laps on the paved track located behind **Marca/MCBDD**. You can enter the walking path area through a gate located near our new *Activity Pavilion*. Register for this free program with Activity Coordinator Lisa Richardson, then track your laps and earn great prizes. The more you walk, the more you earn!

## Fitness Center

Our **Fitness Center** is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. **Due to space considerations, the Fitness Center is limited to 3 members working out at any one time.** Please consult your physician before beginning any exercise activities.

## **New Day!** Intro to Fitness

This class is a great way to get started on your journey to better health and wellness! The group meets **Tuesday** mornings at **9 am** in the **Multipurpose Room**, currently led by class members utilizing exercise DVDs and videos featuring workouts to improve your strength, core conditioning and balance.

## Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required. Want to learn how to play? **Sign up for Boot Camp!** (See article on page 4.)

## Open Billiard Room

We have 3 pool tables available for open play every weekday from 10 am to 2 pm. Please call the Center at **(740) 387-6100** (between 8 - 10 am or 2 - 4 pm) and let us know you're coming in to play.

## **New!** LRC

**Florence Wright** hosts **LRC** (Left, Right, Center) at **1:00 pm** on the **first & third Thursday** each month. The group meets out front to play this a fun, fast-paced dice game that is easy to learn.

## Kingston Bingo

**Carma Taylor** of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

## Monday Mind Games

**Carla Poston** from *ProCore Health Brokers* hosts **Mind Games** on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun!

## Chair Yoga

Certified Chair Yoga Instructor **Laura Brown** hosts a class every **Friday** morning at **11am** in the **Multi-Purpose Room**. Cost is \$3 per class. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. Chair Yoga is very beneficial for both mental and physical well being. Benefits include relieving stress while improving posture, flexibility, and balance.

## Hooks & Needles

Instructor **Candice DeWitt** hosts this fun new class on **Tuesdays at Noon** in the Craft Room. Candice owns *Stitch and Skein*, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too!

## Bible Study

**Brad Boston** leads Bible Study on **Tuesday** mornings at **10 am** in the Craft Room. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

## Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the last Wednesday of each month. Music is performed from **1 to 3 pm**, with cookies served at intermission. **Please note:** there will be no lunch served prior to the Jam Session at this current time. Public welcome!

# June 2022 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		Pool Room Fitness Room <b>1</b>  9:00- <i>New!</i> Fitness Drumming 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Hand & Foot 12:30-Open Sewing Time	Pool Room Fitness Room <b>2</b>  9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:30-Open Craft Time 1:00- <i>New!</i> LRC
Pool Room Fitness Room <b>6</b>  10:00-Mind Games 11:00-Dominoes 12:00- Euchre 12:00-Pinochle	Pool Room Fitness Room <b>7</b>  9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub	Pool Room Fitness Room <b>8</b>  9:00- <i>New!</i> Fitness Drumming 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Hand & Foot 12:30-Open Sewing Time	Pool Room Fitness Room <b>9</b>  9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:30-Open Craft Time 12:30-Popcorn & Movie <i>'Night at the Museum'</i>
Pool Room Fitness Room <b>13</b>  10:00-Mind Games 11:00-Dominoes 12:00- Euchre 12:00-Pinochle  <b>12:00-'Sounds of Summer'                      Social Event</b>	Pool Room Fitness Room <b>14</b>  9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub	Pool Room Fitness Room <b>15</b>  9:00- <i>New!</i> Fitness Drumming 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Hand & Foot 12:30-Open Sewing Time <b>12:30-Kingston Bingo</b>	Pool Room Fitness Room <b>16</b>  9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:30-Open Craft Time 1:00- <i>New!</i> LRC
Pool Room Fitness Room <b>20</b>  10:00-Mind Games 11:00-Dominoes 12:00- Euchre 12:00-Pinochle	Pool Room Fitness Room <b>21</b>  9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub	Pool Room Fitness Room <b>22</b>  9:00- <i>New!</i> Fitness Drumming 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Hand & Foot 12:30-Open Sewing Time	Pool Room Fitness Room <b>23</b>  9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:30-Open Craft Time
<b>27</b>  <b>Senior Center is                      Closed Today                      for Food Box Day                      &amp; Deep Cleaning</b>	Pool Room Fitness Room <b>28</b>  9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub	9:00-Board Meeting Pool Room Fitness Room <b>29</b>  9:00- <i>New!</i> Fitness Drumming 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Hand & Foot 12:30-Open Sewing Time  <b>1:00-Jam Session*</b>	Pool Room Fitness Room <b>30</b>  9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:30-Open Craft Time  <b>Noon: Jackie King's                      Retirement Party</b>



# Birthdays & Anniversaries

## FRIDAY

Pool Room **3**  
Fitness Room

11:00-Chair Yoga  
11:00-Congregate Dining/Lunch  
12:30-Tai Chi

Pool Room **10**  
Fitness Room

11:00-Chair Yoga  
11:00-Congregate Dining/Lunch  
12:30-Tai Chi

Pool Room **17**  
Fitness Room

11:00-Chair Yoga  
11:00-Congregate Dining/Lunch  
12:30-Tai Chi

Pool Room **24**  
Fitness Room

11:00-Chair Yoga  
11:00-Congregate Dining/Lunch  
12:30-Tai Chi

### June Birthdays

Doris McBride	Jun 02	Lynn Thomas	Jun 13	John Zender	Jun 18
Daniel Zimmerman	Jun 02	Twila Laing	Jun 13	Ed Baer	Jun 19
Cindy Jennings	Jun 03	Peggy Foight	Jun 13	Janice Claypool	Jun 20
Linda Jorgensen	Jun 03	Nancy Bowman	Jun 14	Ginny Simpkins	Jun 22
Harriet Evans	Jun 05	Joann Jividen	Jun 14	Tillie Taylor	Jun 23
Elaine Uber	Jun 06	Lisa Richardson	Jun 14	Elizabeth Branham	Jun 23
Edgar Pemberton	Jun 09	Cheryl Culver	Jun 15	Carolyn Ellwood	Jun 24
Shirley Groll	Jun 11	Terri Malone	Jun 15	BJ Granger	Jun 24
Pam Gandee	Jun 12	Joyce Butterman	Jun 16	Peggy Caserta	Jun 26
Becky Kilgour	Jun 12	Carol Bowman	Jun 16	Randy Moore	Jun 27
Shirley Cerny	Jun 13	Norma Fuller	Jun 18	Jerri Edwards	Jun 28
Larry Gandee	Jun 13	Cindy Little	Jun 18	Barbara Schwartz	Jun 28

### June Anniversaries

Larry & Roxanna Craft	6/28/1969	53 years
Thomas & Marsha Dutt	6/14/1970	52 years
Terry & Patricia Fortney	6/30/1990	32 years
BJ & Monica Granger	6/25/1976	46 years
Frank & Priscilla Jo Isaacs	6/13/2004	18 years
Leonard & Dorothy Janchar	6/20/1970	52 years
Larry.& Carol Kelly	6/7/1968	54 years
Calvin & Judy Miller	6/21/1993	29 years
John & Mary Moodie	6/4/1955	67 years
Maury & Jackie Morse	6/16/1989	33 years
Fred & Margie Saull	6/21/1975	47 years
Paul & Diane Shaul	6/26/1980	42 years
Ronald & Judy Walker	6/27/1965	57 years

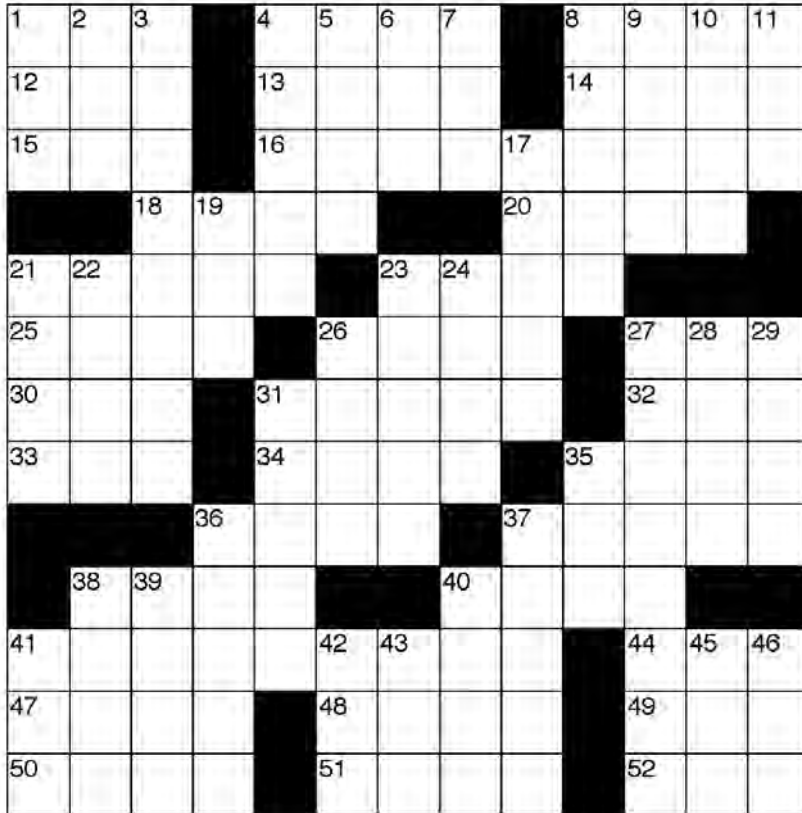
### New Members

We welcome the following New Members that have recently joined:

Jim & Brenda Devine	Clara Sisson
Jim & Janet Detwiler	Marty Mauller
Marsha & Tom Dutt	Bill & Sandy Spires
Sandy Becker	Stan Foos
Millie Pritt	Robin Hissam
Dee Rush	

## CROSSWORD PUZZLE

Answers on Page 13



©2021 Satori Publishing

A43

### ACROSS

- 1 Man's name: abbr.
- 4 Wings
- 8 Indian lady
- 12 Dance company (abbr.)
- 13 Celtic
- 14 Black
- 15 Bureau of Indian Affairs (abbr.)
- 16 Small (2 words)
- 18 Rom. ruler
- 20 Sayings (suf.)
- 21 Cash
- 23 Crafty
- 25 Frenzied
- 26 Jap. pit viper
- 27 Ram
- 30 New (Ger.)
- 31 Eagle's nest
- 32 Recommended daily allowance (abbr.)
- 33 Office holders
- 34 Norse tale

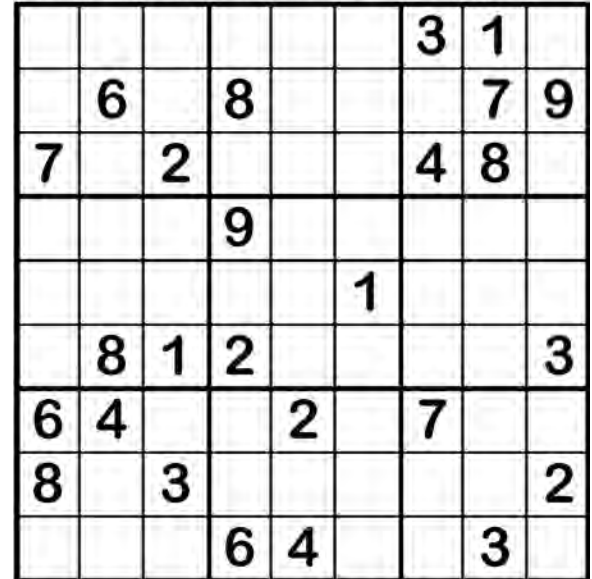
- 35 Tantalize
- 36 Highest (pref.)
- 37 Chomp
- 38 Fat (pref.)
- 40 College entrance exams
- 41 Debt
- 44 Sheep's cry
- 47 Egypt. skink
- 48 Idea (pref.)
- 49 Adjective-forming (suf.)
- 50 Cape
- 51 Young salmon
- 52 Flap

### DOWN

- 1 Poke
- 2 Fetish
- 3 Containing tin
- 4 Pantry
- 5 New sugarcane shoot
- 6 S.A. herb
- 7 Devon river
- 8 Hold fast: naut.
- 9 Dayak people
- 10 Beerlike Arab drink
- 11 Immigration and Naturalization Service (abbr.)
- 17 Medieval fiddle
- 19 Mouse-spotter's cry
- 21 Peanut
- 22 Presage
- 23 Load
- 24 Son of Samuel
- 26 Heed
- 27 Send
- 28 N. Caucasian language
- 29 Way
- 31 Amer. Standard Code for Information Interchange (abbr.)
- 35 Alone
- 36 Uncle of Mohammed
- 37 Urban office holder
- 38 Take part
- 39 Mississippi bridge
- 40 Noun-forming (suf.)
- 41 Swed. county
- 42 Flaring edge
- 43 Mountain on Crete
- 45 Amer. Automobile Assn. (abbr.)
- 46 Albania (abbr.)

## Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



©2021 Satori Publishing

DIFFICULTY: ★★★★★

## ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.  
*Hint: "P" = "R"*

"GJD YQNNDS I WIP'V JDIF  
NDGV, GJD DIVQDS QG QV GK  
AQOO JQV VJKDV."  
- IUGJKS UPRPKLP

©2020 Satori Publishing

E048

## ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.  
*Hint: "L" = "R"*

"X IUBBNY YDN AXRA DU DXA  
LUCUZ TNBG X BHU DXA PFAT  
TNBG NLU."  
- XLNLRENFA

©2020 Satori Publishing

E050

Answers on Page 13



## Sounds of Summer

Featuring John Garnes & Zach Dickerson

*Monday, June 13 at noon.*

Join us for this month's social event 'Sounds of Summer' on **Monday, May 13 at noon**. The celebration will begin with a delicious lunch.

Then enjoy a concert featuring talented local musical artists **John Garnes**, accompanied by **Zach Dickerson**. They will be performing a variety of their favorite songs from over the years.

There will be several nice door prizes, too.

Cost is **\$10** per person. The event is open to members and guests, with tickets being pre-sold here at the Center beginning **Monday, June** .

*Note: We anticipate the event will be sold out, so purchase your tickets early.*

Special thanks to **Kingston Residence of Marion** for sponsoring this event.

### Senior Day at Marion Co. Fair

Center staff will be participating in the 'Senior Day' at the **Marion County Fair!** The event will be held in the Coliseum on **Tuesday, July 5** from **10am - 2:30pm**. There will be free food, entertainment, Bingo, door prizes, and lots of giveaways.

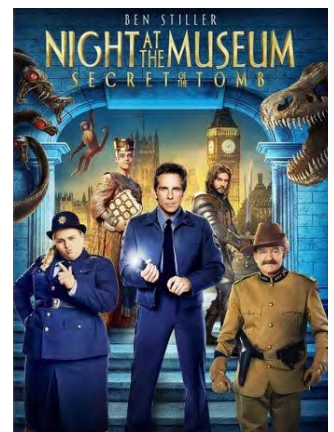
Special thanks to **OhioHealth** and **Kingston Residence of Marion** for once again sponsoring this event.

**KINGSTON**  
RESIDENCE  
of MARION

## ◀◀ Popcorn & Movie ▶▶

**Thursday, June 9 - 12:30 pm**  
*'Night at the Museum'*

Night has fallen upon the Smithsonian Institution in Washington, DC. The guides have gone home, the lights are out, the school kids are tucked in their beds... yet something incredible is stirring as former night guard Larry Daley (Ben Stiller) finds himself lured into his biggest, most imagination-boggling adventure yet in which history truly comes alive.



# Life at the Center



[www.facebook.com/MarionSeniorCenter](http://www.facebook.com/MarionSeniorCenter)



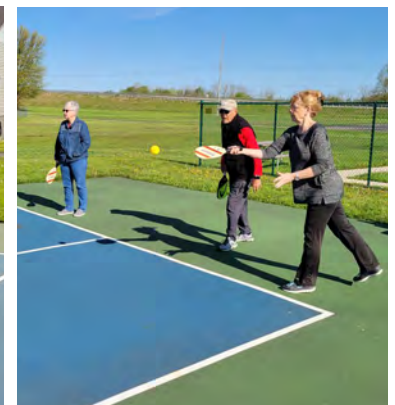
*We had a nice crowd on hand on Thursday, May 19 for our social event, 'Musical Potpourri'. Our talented senior choir 'Seniors in Song', under the direction of Ednita Vafloor and accompanied by Terri Malone, performed a variety of their favorite songs from over the years.*



*Special thanks to Carla Poston (ProCore) and Carma Taylor (Kingston) for serving meals and providing several nice door prizes for the event.*



*We had a great turnout for our Pickleball Bootcamp hosted on our outdoor pickleball courts on Monday, May 9. Special thanks to Terry Dennis, assisted by Tom Pannett, for instructing members and guests on how to play pickleball, the world's fastest growing sport! Any member interested can stop in the Center to borrow a paddle and pickleballs any weekday to try this fun game.*



### CROSSWORD PUZZLE ANSWERS (Pg. 6)

J	O	S		A	L	A	E		B	I	B	I
A	B	T		M	A	N	X		E	B	O	N
B	I	A		B	L	U	E	G	L	A	S	S
			N	E	R	O			I	A	N	A
M	O	N	E	Y		C	A	G	Y			
A	M	O	K		H	A	B	U		T	U	P
N	E	U		A	E	R	I	E		R	D	A
I	N	S		S	A	G	A		B	A	I	T
			A	C	R	O		M	U	N	C	H
	S	E	B	I		S	A	T	S			
L	I	A	B	I	L	I	T	Y		M	A	A
A	D	D	A		I	D	E	O		I	A	L
N	E	S	S		P	A	R	R		T	A	B

### Answer to Sudoku

5	9	8	4	7	2	3	1	6
1	6	4	8	5	3	2	7	9
7	3	2	1	9	6	4	8	5
3	2	5	9	8	4	1	6	7
9	7	6	5	3	1	8	2	4
4	8	1	2	6	7	5	9	3
6	4	9	3	2	8	7	5	1
8	5	3	7	1	9	6	4	2
2	1	7	6	4	5	9	3	8

### ENIGMA Cryptogram Answers

**E048:** "The bigger a man's head gets, the easier it is to fill his shoes." - Author Unknown

**E050:** "A fellow who says he has never told a lie has just told one." - Anonymous

# *Celebrating Together*

## **Jackie King's Retirement Party**

*Thursday, June 30 at Noon*

Please join us on **Thursday, June 30** at **noon** as we celebrate **Jackie King's** upcoming retirement. After 27 years of dedicated service to the seniors of our community as a staff member here at the Senior Center, Jackie is ready to say 'Aloha' and enjoy a well-deserved retirement.

Prior to her career at the Senior Center she spent 30+ years teaching elementary school, the last 17 years teaching first grade at Elgin West Elementary School in LaRue before retiring in 1993. Jackie volunteered to teach a craft class at the Center in 1994, and then became a part-time staff member for director **Bede Agner**. Jackie worked closely with Development Assistant **Ruth Axline** before replacing her and becoming a full-time Senior Center employee in May 1995.

Jackie plans to spend a lot of time relaxing and reading on her front porch this summer, as well as visiting and spending time with family. She also plans to connect with friends at the Center, and she hasn't ruled out the possibility of teaching a craft class on occasion in the future!



*Aloha, Jackie! Come share your heartfelt sentiments as together we say thanks and wish beloved staff member Jackie King well on her upcoming retirement.*



## Marion Senior Center

2375 Harding Hwy. E.  
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.  
Monday through Friday  
Office: 740-387-6100  
Transportation: 740-387-5444

NON-PROFIT  
U.S. Postage  
PAID  
Marion, OH  
Permit #23

## Directory

**Director:** Steve Badertscher

**Activity Coordinator:** Lisa Richardson

**Social Service Coordinator:**  
Emilee Evans

**Transportation Coordinator:**  
Sierra Blanton

**Bookkeeper:** Jackie King

**Maintenance Supervisor:**

Visit the Marion Senior Center  
website at: [www.marionseniorcenter.com](http://www.marionseniorcenter.com)

Email: [info@marionseniorcenter.com](mailto:info@marionseniorcenter.com)  
or follow us on Facebook



### **Need a Ride? Transportation Available for Seniors**

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

*\*Handicap-accessible transportation is now available!*

### **Need a Personal Shopper?**

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

*Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.*