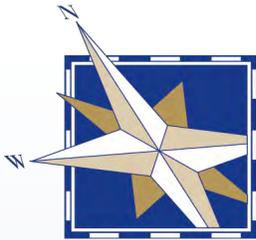


The Sentinel

August 2022



**2375 HARDING HWY. EAST
MARION, OHIO 43302**

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS
Monday–Friday: 8 AM–4 PM

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**Join Us for our
Ice Cream Social on
Monday, August 15**
(Details on page 11)

Summer Fun!

As we are currently smack dab in the middle of summer, it just dawned on me how the warm weather months are often associated with FUN. People are taking advantage of the warm summer weather by traveling more, getting together more... in short, just being more active overall.

For example, last month’s Tropical Luau was our most well-attended social event this year! We had over 60 members and guests in attendance, who were treated to a delicious meal and a relaxing steel drum concert by **Erynn Krebs** (see a photo gallery of the event on page 12).



This month’s social event promises to be just as much fun. We will host our annual **Ice Cream Social** on **Monday, August 15** at **noon**, with entertainment provided by Hall of Fame banjo player **Glenn Parks** (page 11).

Summer also means it’s baseball season, and our first Columbus Clippers **Dime-a-Dog Night** trip sold out in just a few hours. Can you believe 17,333 hot dogs were consumed that night? There are still a few spots remaining on the August and September baseball trips (page 14).

We are happy to announce two additional day trips this month: ‘**Senior Day**’ at **Ohio State Fair** on Tuesday, August 2, and the always popular **Amish Country Day Trip** on Tuesday, September 27 (page 14).

And two new art classes begin this month: a “**Color Me Happy**” paint marker class with instructor **Clara Sisson** that will meet every week and a monthly “**Exploring the Arts**” with **Kristin** class hosted by instructor **Kristin Bentley** (page 6).

Our new **Fitness Drumming** class has been extremely popular, so we are adding a second class on Friday afternoons at 2:30 pm (page 6).

So, take advantage of the warm summer weather while it lasts to travel or just get together with friends more. Most importantly enjoy some summer FUN! With every passing day there are more opportunities to do just that here at the Center.

Be Kind & Stay Well,
Steve Badertscher, Director

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

HEMEN: Helping Elderly Meet Essential Needs

HEMEN is a funding source that is available to assist consumers who are 60 and older in obtaining assistance with needs they may need to remain safe in their home, such as: Washing Machine, Dryer, Refrigerator, Stove, Mattress Set, etc. Call Area Agency on Aging at **800-860-5799** for details.

MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



Farmers Market

Caledonia Farmers Market will be hosted at Caledonia Public Square on **Saturdays from 10am - 1pm from June through September**. Food vouchers for individuals 60+

- Locally grown produce & fruit
- Locally produced baked goods
- Locally produced meat & honey
- Local artists/crafters

For more information:
caledoniafarmersmarket2021@gmail.com

FREE PRODUCE MARKETS

Marion City Schools is collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed from **9 am to 11 am (while supplies last)** at **The Marion County Fairgrounds** Main Entrance parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**. Note: this month is the **FINAL** produce Market. It will be held on **Wednesday, August 24**.



TECH TIME WITH ANGELA THOMAS

Need help using your Smartphone or Tablet? **Angela Thomas** from **Beltone** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on **Wednesday, August 17 from 10:30 am - 12:30 pm**. Coffee and snacks will be provided.



Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives



We are so grateful to have dedicated volunteers that help in various ways here at the Center. Kitchen volunteers Judy Walker, Janie Moore, and Barb Schwartz prepared the fresh fruit skewers served at our Luau last month (see more photos on page 12).

Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

Volunteer of the Month

MEET KAKI ANDERSON

by Tim Frericks

It is uplifting to know that our volunteer of the month, Kaki Anderson, can walk through life with a smile. In fact, her regimen of 10,000 steps per day (pedometer verified) is the antidote that has helped her defeat mesothelioma, a deadly lung cancer caused by asbestos. She usually takes her daily walks at the Marion YMCA or near her residence in the southern part of Marion. Her mesothelioma was diagnosed in 2017 and surgery was performed then at the James Hospital in Columbus. Her walking is a complimentary therapy to help her maintain lung function.

Kaki is a southern belle and spent most of her formative years in DeWitt, Arkansas having graduated from DeWitt High School in 1963. She then completed her undergraduate studies at Mississippi State College for Women and Henderson State University in 1967 majoring in Home Economics. Her first job was teaching “Home Ec” at Mena (Arkansas) High School. After three years at Mena she enrolled in graduate school Home Management at Oklahoma State University where she did extensive research into microwave ovens and met her husband-to-be, Rod Anderson.

Kaki and Rod had two children: David and Doug who today remain Kaki’s only family since Rod died over twenty years ago. David lives in Marion with his wife, Stephanie and Doug lives in Singapore with his wife, Dorcas, who is a judge on the Singapore Court.



Kaki has been a resident of Marion and a member of the Senior Center for approximately seven years. She had one sister, Judy, now deceased and attends Cornerstone Alliance Church in Marion.

Loving to travel, she speaks fondly of her 1971 tour group trip to Europe and of her Center trip to New England, not to mention her two trips to Singapore which she describes as a “beautiful city.”

It might be easy to say that life is a “walk in the park” for Kaki but clearly she has overcome challenges and is able to maintain a positive, upbeat personality as she has shown through her double duty volunteerism, both as a “Greeter” and with the food box program.



Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Staying Active!

Pickleball

Members and non-members really enjoy playing pickleball, America's fastest growing sport. Marion Senior Center is home to the only public outdoor courts in the area designed specifically for pickleball. The two courts are located on the west side of the building (adjacent to our raised-bed gardens). Pickleball is available to members and guests anytime, however most usually gather to play together on weekday mornings beginning at **8 am**. We have paddles and pickleballs available for use by members just getting started (see Lisa).



Pace Setters Walking Club

The Center's walking club path is located around the perimeter of the Marion County MRDD property (located adjacent to the Center), and is available any time from dawn until dusk.

The program officially began on Monday, April 4, but there is still time to join in the fun!

Along with a good cardio workout plus strength and conditioning benefits, every participant receives a reward as they reach different goals and milestones.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Intro to Fitness

This class is a great way to get started! The group meets on **Tuesday** mornings at **9 am** and are led by class members utilizing DVDs and online videos on our huge 86" Smart TV for their exercises. Everyone is welcome! There is no cost to members to participate in this class.



Line Dancers have enjoyed hosting their Thursday morning classes in our spacious new outdoor Activity Pavilion this summer whenever weather permits. Tai Chi instructors frequently utilize the Activity Pavilion to host their class outdoors on Friday afternoons.

TAKE A WALK!

Classes, Activities & Programs

Fitness Drumming

Our new drumming program for seniors is hosted in the **Multipurpose Room** on **Wednesday mornings at 9 am** and also on **Friday afternoons at 2:30 pm**.

Fitness Drumming is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. This popular workout mixes a variety of standard cardio exercises with a fun and exciting drumming routine, designed to keep you active and exercising together to the beat of music. It's easy, great for people of all ages and sizes, and costs nothing for members to get started. No musical experience is necessary. Class size is limited to 18.



New! 'Exploring the Arts' with Kristin

Instructor **Kristin Bentley** (who teaches a class at the library every month) will host a monthly art class at the Center beginning **Tuesday, August 16**. Her class will meet the **third Tuesday** of each month at **1 pm** in the **Craft Room**. All classes (with the exception of a special project) will be **\$5**. The August project will be a "paint pour".



Pictured here are two examples of the paint pour project Kristin will be teaching in August.



New! Color Me Happy

Beginning this month, instructor **Clara Sisson** will be hosting a new **Paint Marker Class** on **Wednesday mornings from 11 am – noon** in the **Craft Room**. All supplies will be provided. There is no cost for this class.



Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays** at **Noon**.

Everyone is welcome to play! *Leader:* Tillie Taylor

Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome! *Leader:* Phyliss Shirk

Pinochle

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday** mornings at **11:30 am**.

Leader: Shirley Tolley.

Dominoes

Dominoes is played out front on **Monday** at **11am**.

Everyone is welcome! *Leader:* Cookie Cocherl

Open Sewing Time

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays** from **12:30 - 2 pm** in the *Craft Room*.

Open Craft Time

A variety of paints, brushes, idea books, liquid stain glass patterns, tracing paper, and woodworking items are available for you to create individual projects at your own pace on **Thursdays** from **12:30 - 2 pm** in the *Craft Room*.

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

Pace Setters Walking Club

Members walk laps on the paved track located behind **Marca/MCBDD**. You can enter the walking path area through a gate located near our new *Activity Pavilion*. Register for this free program with Activity Coordinator Lisa Richardson, then track your laps and earn great prizes. The more you walk, the more you earn!

Fitness Center

Our **Fitness Center** is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. **Due to space considerations, the Fitness Center is limited to 3 members working out at any one time.** Please consult your physician before beginning any exercise activities.

Intro to Fitness

This class is a great way to get started on your journey to better health and wellness! The group meets **Tuesday** mornings at **9 am** in the **Multipurpose Room**, currently led by class members utilizing exercise DVDs and videos featuring workouts to improve your strength, core conditioning and balance.

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 10 am to 2 pm. Please call the Center at **(740) 387-6100** (between 8 - 10 am or 2 - 4 pm) and let us know you're coming in to play.

New! LRC

Florence Wright hosts **LRC** (Left, Right, Center) at **1:00 pm** on the **first & third Thursday** each month. The group meets out front to play this a fun, fast-paced dice game that is easy to learn.

Kingston Bingo

Carma Taylor of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

Monday Mind Games

Carla Poston from *ProCore Health Brokers* hosts **Mind Games** on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun!

Chair Yoga

Certified Chair Yoga Instructor **Laura Brown** hosts a class every **Friday** morning at **11am** in the **Multi-Purpose Room**. Cost is \$3 per class. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. Chair Yoga is very beneficial for both mental and physical well being. Benefits include relieving stress while improving posture, flexibility, and balance. **Note:** *Chair Yoga will be taking a break during the month of July through late summer.*

Hooks & Needles

Instructor **Candice DeWitt** hosts this fun new class on **Tuesdays at Noon** in the Craft Room. Candice owns **Stitch and Skein**, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too!

Bible Study

Brad Boston leads Bible Study on **Tuesday** mornings at **10 am** in the Craft Room. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. **Note:** *All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

August 2022 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>Open Pool Room Open Fitness Room</p> <p>10:00-Mind Games 11:00-Dominoes 12:00- Euchre 12:00-Pinochle</p> <p>1</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub</p> <p>2</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-<i>New!</i> Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-<i>New!</i> Color Me Happy Paint Marker Class 12:00-Hand & Foot 12:30-Open Sewing Time</p> <p>3</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:30-Open Craft Time 1:00-<i>New!</i> LRC</p> <p>4</p>
<p>Open Pool Room Open Fitness Room</p> <p>10:00-Mind Games 11:00-Dominoes 12:00- Euchre 12:00-Pinochle</p> <p>8</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub</p> <p>9</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-<i>New!</i> Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-<i>New!</i> Color Me Happy Paint Marker Class 12:00-Hand & Foot 12:30-Open Sewing Time</p> <p>10</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:30-Open Craft Time 12:30-Popcorn & Movie <i>'And So It Goes'</i></p> <p>11</p>
<p>Open Pool Room Open Fitness Room</p> <p>10:00-Mind Games 11:00-Dominoes 12:00- Euchre 12:00-Pinochle</p> <p>15</p> <p>12:00-Ice Cream Social Social Event</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub 1:00-<i>New!</i> Exploring the Arts with Kristin</p> <p>16</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-<i>New!</i> Fitness Drumming 10:30-Tech Time with Angela 11:00-Congregate Dining/Lunch 11:00-<i>New!</i> Color Me Happy Paint Marker Class 12:00-Hand & Foot 12:30-Open Sewing Time 12:30-Kingston Bingo</p> <p>17</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:30-Open Craft Time 1:00-<i>New!</i> LRC</p> <p>18</p>
<p>22</p> <p>Senior Center is Closed Today for Food Box Day & Deep Cleaning</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub</p> <p>23</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-<i>New!</i> Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-<i>New!</i> Color Me Happy Paint Marker Class 12:00-Hand & Foot 12:30-Open Sewing Time</p> <p>24</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:30-Open Craft Time 1:00-LRC</p> <p>25</p>
<p>Open Pool Room Open Fitness Room</p> <p>10:00-Mind Games 11:00-Dominoes 12:00- Euchre 12:00-Pinochle</p> <p>29</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub</p> <p>30</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Board Meeting 9:00-<i>New!</i> Fitness Drumming 11:00-Congregate Dining/Lunch 12:00-Hand & Foot 12:00-Jam Session Lunch 12:30-Open Sewing Time 1:00-Jam Session*</p> <p>31</p>	 <p>Ice Cream Social</p> <p>Monday, July 15 - Noon</p> <p><i>Mark Your Calendars!</i></p>

Birthdays & Anniversaries

FRIDAY

Open Pool Room **5**
Open Fitness Room

11:00-Congregate Dining/Lunch
12:30-Tai Chi
2:30-*New!* Fitness Drumming

Open Pool Room **12**
Open Fitness Room

11:00-Congregate Dining/Lunch
12:30-Tai Chi
2:30-*New!* Fitness Drumming

Open Pool Room **19**
Open Fitness Room

11:00-Congregate Dining/Lunch
12:30-Tai Chi
2:30-*New!* Fitness Drumming

Open Pool Room **26**
Open Fitness Room

11:00-Congregate Dining/Lunch
12:30-Tai Chi
2:30-*New!* Fitness Drumming

Save the Date!



Thursday, Sept. 22 - Noon

August Birthdays

Fred Malone	Aug 01	Tom Fetter	Aug 08	Sue McClaren	Aug 23
Pat Mantey	Aug 02	Tilly Gresh	Aug 11	Monica Granger	Aug 23
Sandra Spire	Aug 03	Karolyn Frasure	Aug 11	Marty Mauller	Aug 23
Phoebe House	Aug 04	Janine Williams	Aug 14	John Probst	Aug 24
Loretta Murphy	Aug 05	Steve Ward	Aug 15	Terri Mantey	Aug 25
Rosemary Scheff	Aug 06	Bill Williamson	Aug 15	Mark Whiteamire	Aug 25
Alfreda Layne	Aug 07	Joyce Gilliam	Aug 15	Idelphia Hughes	Aug 27
Phyllis Shirk	Aug 07	Judy Bill	Aug 19	Barbara Mead	Aug 29
Dale Rapp	Aug 07	Marcia Cramer	Aug 19		
Gary Dible	Aug 08	Winnie Mallett	Aug 23		

August Anniversaries

Lacy & Eva Blankenship	8/10/1970	52 years
Larry & Mary Geissler	8/31/2002	20 years
Mark & Annette Hartman	8/23/1987	35 years
Bob & Terry Kern	8/8/1964	58 years
Gary & Virginia Murray	8/18/1957	65 years
Jerry & Tammy Webber	8/12/1998	24 years
Jon & Virginia Yarger	8/18/2019	3 years

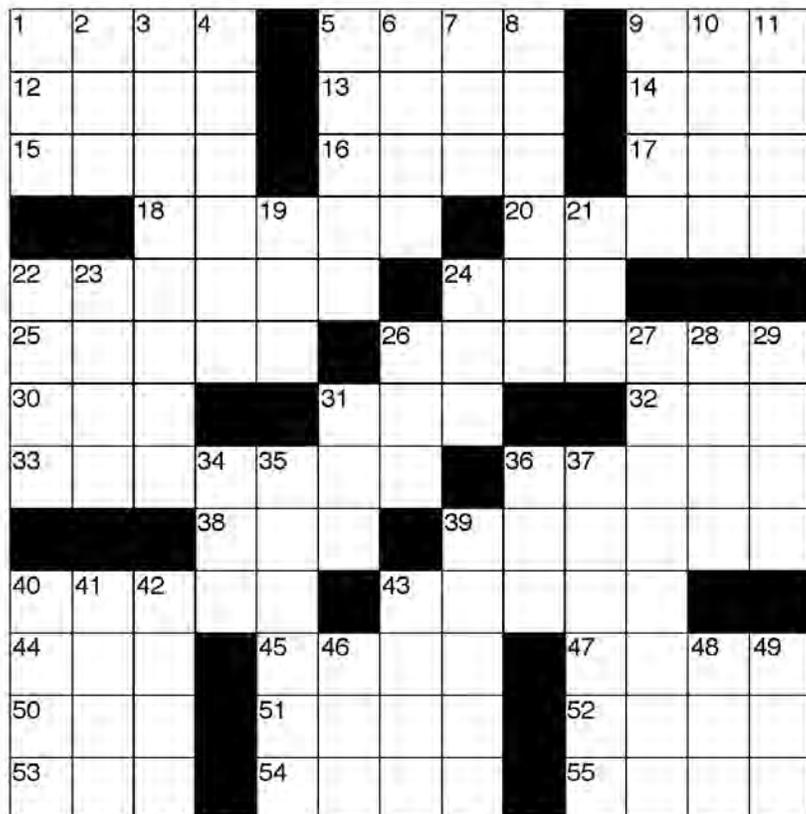
New Members

We welcome the following New Members that have recently joined:

Terry Burton	Barbara Niles
Beverly Cross	Shawn Hastings
Sharon Huckaba	Beverly Cross

CROSSWORD PUZZLE

Answers on Page 13



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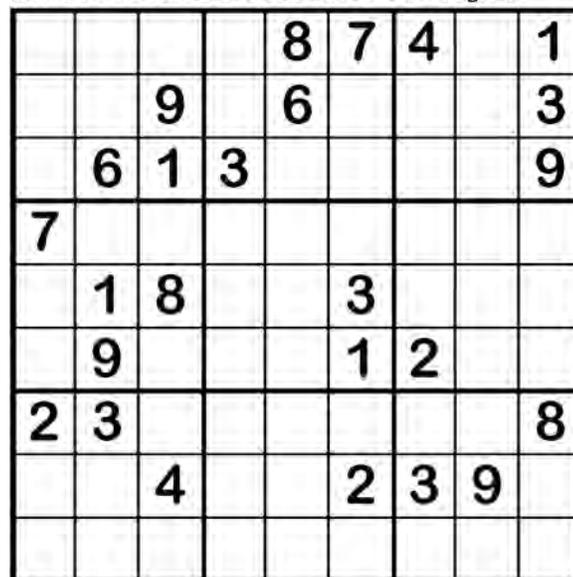
A45

- | ACROSS | | DOWN |
|-----------------------------|------------------------|--|
| 1 Charity | 44 Oriental potentate | 1 Amer. College of Physicians (abbr.) |
| 5 Ancient Gr. city | 45 Eire legislature | 2 Pope |
| 9 Sheep's cry | 47 Endearment | 3 51st Psalm |
| 12 Build a ceiling | 50 Circle segment | 4 Unravel silk |
| 13 Burrowing animal | 51 Noble (Ger.) | 5 Live coal |
| 14 Alas | 52 Yahi tribe survivor | 6 Earth |
| 15 Pretend | 53 Shelter | 7 Bantu language |
| 16 Semitic deity | 54 Manner | 8 Vender |
| 17 Caucho tree | 55 Association (abbr.) | 9 Plaid fabric |
| 18 Same (Lat.) | | 10 Amer. Civil Liberties Union (abbr.) |
| 20 Marsh tea | | 11 Throat-clearing sound |
| 22 Tray | | 19 Ten (pref.) |
| 24 Electric reluctance unit | | 21 Guido's note (2 words) |
| 25 Golf club | | 22 Flat-bottomed boat |
| 26 Religious allegory | | 23 King of Israel |
| 30 Propeller | | 24 Mortar beater |
| 31 Taradiddle | | 26 Turnover |
| 32 S.A. sloths | | 27 Alopecia |
| 33 Coax | | 28 Stead |
| 36 Man's servant | | 29 Ferrara patron of the arts |
| 38 Aunt (Sp.) | | 31 Florida (abbr.) |
| 39 Crush | | 34 Summer (Fr.) |
| 40 Crape fern | | 35 Crown |
| 43 Idolatrous | | 36 Geode |
| | | 37 Abbey (Sp.) |
| | | 39 Hall (Fr.) |
| | | 40 Afrikaans |
| | | 41 Monster |
| | | 42 Carplike fish |
| | | 43 Variegated in color |
| | | 46 Pother |
| | | 48 Exclamations of delight |
| | | 49 Tenth of a sen |

Answers on Page 13

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★★☆☆☆

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "J" = "D"

"POAHVS NABSV XWWJ NSM
RSFFSO AMJ RAJ NSM ZWOVS."
- FYWNAV UICCSO

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E053

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "P" = "R"

"KJDQXVRX QB TQDDXP, TED QDB
WPEQD QB BYXXD."
- HXJV-HJRZEXB PMEBBXJE

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E054



Monday, August 15 at noon.

Join us for this month's social event: a good, old-fashioned **Ice Cream Social** on **Monday, August 15 at noon**. The celebration will begin with a delicious lunch featuring chicken salad sandwiches, pasta salad, and chips. And everyone's favorite frozen dessert... ice cream!

Following lunch we will be entertained by 2012 *Banjo Hall of Fame* inductee, **Glenn Parks**. Glenn will perform many classic banjo tunes, along with telling a few stories and jokes. His strolling banjo entertainment is guaranteed to brighten your day. There will be a drawing for several nice door prizes, too.

Cost is **\$10** per person. The event is open to members and guests, with tickets being pre-sold and available here at the Center until end of day on **Thursday, August 11**.

Special thanks to **Carma Taylor** of **Kingston Residence of Marion** for sponsoring this event.



We had a great gathering of Center members, family, and friends for Jackie King's retirement party held on June 30. Jackie enjoyed spending time with everyone able to celebrate with her that day, and wants to pass along her sincere thanks for all of the cards, gifts and good wishes.

KINGSTON
RESIDENCE
of MARION

◀◀ **Popcorn & Movie** ▶▶
Thursday, August 11 - 12:30 pm
'And So It Goes'

Starring Michael Douglas & Diane Keaton

A self-absorbed realtor enlists the help of his neighbor when he's suddenly left in charge of the granddaughter he never knew existed until his estranged son drops her off at his home, in this Rob Reiner directed romantic comedy.



ANDSOITGOES

Life at the Center



Over 60 members and guests had a great time at our Tropical Luau last month. We enjoyed a delicious lunch featuring Tackett's Southern Bar-B-Que pulled pork, baked beans, fresh fruit skewers, and pineapple whip for dessert. Then the real treat was sitting back after lunch, relaxing and listening to the soothing steel drum stylings of talented musician Erynn Krebs. Special thanks to Darlene Yake of Primrose Retirement Community of Marion for sponsoring this fun, festive annual event.



CROSSWORD PUZZLE ANSWERS (Pg. 6)

A	L	M	S		E	L	I	S		M	A	A	
C	E	I	L		M	O	L	E		A	C	H	
P	O	S	E		B	A	A	L		U	L	E	
		E	A	D	E	M		L	E	D	U	M	
S	E	R	V	E	R		R	E	L				
C	L	E	E	K		P	A	R	A	B	L	E	
O	A	R			F	I	B			A	I	S	
W	H	E	E	D	L	E		V	A	L	E	T	
			T	I	A		S	U	B	D	U	E	
T	O	D	E	A		P	A	G	A	N			
A	G	A			D	A	I	L		D	E	A	R
A	R	C			E	D	E	L		I	S	H	I
L	E	E			M	O	D	E		A	S	S	N

ENIGMA Cryptogram Answers

E053: "Praise makes good men better and bad men worse." - Thomas Fuller

E054: "Patience is bitter, but its fruit is sweet." - Jean-Jacques Rousseau

Answer to Sudoku

3	2	5	9	8	7	4	6	1
4	7	9	1	6	5	8	2	3
8	6	1	3	2	4	7	5	9
7	4	2	8	9	6	1	3	5
5	1	8	2	4	3	9	7	6
6	9	3	5	7	1	2	8	4
2	3	6	7	1	9	5	4	8
1	8	4	6	5	2	3	9	7
9	5	7	4	3	8	6	1	2

Trips on the Horizon

Clippers Dime-a-Dog Night *Tuesday, August 16*

The next **Columbus Clippers 'Dime-a-Dog' night** trip to beautiful Huntington Park in Columbus will be on **Tuesday, August 16** to watch the Clippers play the Toledo Mudhens. Ten cent hot dogs will be available throughout the game. We'll depart the Center at **4 pm**. The game is scheduled for **7:05 pm**.

Cost is **\$25 Members/\$35 Non-members**, which includes transportation and a ticket to the game. These trips are limited to 22 participants, so sign up early!

You can also **sign up now** for our final Dime-a-Dog trip this season which will be **Tuesday, September 13** - Columbus Clippers vs. Omaha Storm Chasers.

We will begin planning trips for the 2023 season. If you have suggestions for day trip destinations, or specific areas of the country you'd like to visit on extended trips, please share them with Steve or Lisa!

'Senior Day' at Ohio State Fair *Tuesday, August 2*

We will depart the Center at 8:30 am via the Center's Transportation Van as we travel to the Ohio State Fairgrounds in Columbus. **Seniors ages 60 and up can enjoy free admission, August 2 only, all day long!** Enjoy the famous butter cow, exhibits, displays, shopping, rides, delicious food, and much more. In addition, all fairgoers are invited to enjoy the **free** The Drifters concert presented by AARP Ohio in the WCOL Celeste Center at **1 p.m.** Cost is **\$20 Members/ \$30 Non-members, which covers transportation only.** Space is limited to 12 passengers.

Amish Country Day Trip *Tuesday, September 27*

We will depart the Center at **8 am** via *Pioneer charter coach* to visit Amish Country. We should return to the Center around 8:45 pm. **Cost and complete itinerary was not available at press time.** Call or visit the Center for details. **Reserve your spot now with a refundable \$20 deposit. Full payment will be due on September 12.**

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

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Emilee Evans

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Sierra Blanton

Development Assistant: Sheryl Simmons

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

**Handicap-accessible transportation is now available!*

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.