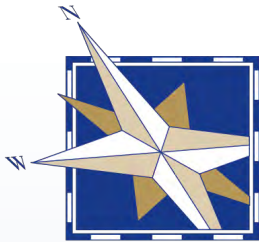


# The Sentinel

October 2022



**2375 HARDING HWY. EAST  
MARION, OHIO 43302**

Office: 740-387-6100  
Transportation: 740-387-5444

**CENTER HOURS**  
Monday–Friday: 8 AM–4 PM

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**Join Us for our  
'Buckeye Tailgate Bash'  
Friday, Oct. 21  
(Details on page 11)**

## Fall is in the Air

Recent daytime temperatures have dipped to 60 degrees, with overnight lows in the 40s. A sure sign that fall is here!

And even though we still have a stretch or two of Indian Summer to enjoy here in Ohio, our warmer days are behind us.

As I've stated before, fall is my favorite time of year to be outdoors. However, I also know fall is the time when many folks would rather head inside for some warmth and comfort. Thankfully the Center has many fun activities perfectly suited for "the great indoors".

Our '**Chili Autumn**' event was held indoors and was a huge success. We enjoyed a perfect fall weather day to celebrate the 'official' first day of Autumn. It was a cool day perfectly suited for delicious chili & cornbread catered by Jody Lackey, owner of 'The Candy Shack'. And after lunch we enjoyed an entertaining concert by Gary's Music Show' (page 12).

Fall also means football. This month's event will be another perfect fit for the season as we host our second annual '**Buckeye Tailgate Party!**'. So, put on your best scarlet & gray apparel and join us on **Friday, October 21** at **noon** for all the fun and fanfare of a classic tailgate party (page 11).

Many indoor activities are picking up, like **shooting pool**. We hosted our first pool tournament since 2004, and plans are in the works to try and schedule friendly games or tournaments with other senior centers (page 4).

Many are enjoying **Popcorn & a Movie**, especially since we added a new 86-inch TV and new sound bar (page 11). And **Tai Chi, Chair Yoga, Line Dancing, and Fitness Drumming** remain very popular choices for exercise and improving balance (page 7).

And speaking of balance, we will once again be offering a free '**Matter of Balance**' 4-week workshop on Tuesdays in November (page 5).

So, embrace the season! Don't let moving indoors slow you down. Keep your body and mind active by enjoying your indoor routine here with us. Fall may be in the air, but our thermostat is always set at 72 degrees.

Be Kind & Stay Well,  
Steve Badertscher, Director

# Senior Center Services

## Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

## HEMEN: Helping Elderly Meet Essential Needs

HEMEN is a funding source that is available to assist consumers who are 60 and older in obtaining assistance with needs they may need to remain safe in their home, such as: Washing Machine, Dryer, Refrigerator, Stove, Mattress Set, etc. Call Area Agency on Aging at **800-860-5799** for details.

## MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



## Sr. Choir Needs YOU!

Our senior choir '**Seniors in Song**' just resumed practicing, and director **Ednita Vaflor** is looking for a few new voices to add to this talented group... **especially a TENOR!**

If you (or someone you know) enjoys singing, socializing, and having lots of fun, Ednita invites you to join them for a practice to see if you enjoy it. Practice is every **Thursday** at **11:30am** in the *Multipurpose Room*.

## HAVE QUESTIONS ABOUT MEDICARE?

**David Painter** from *Ohio Senior Health Insurance Information Program (OSHIIP)* will be at *Marion County Council on Aging* offices located at 125 Executive Dr # 102, Marion, OH on **Thursday, September 29** at **1 pm** to make a free Medicare presentation. *(Complete details can be found on page 4)*



## TECH TIME WITH ANGELA THOMAS

Need help using your Smartphone or Tablet? **Angela Thomas** from **Beltone** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on **Wednesday, October 19** from **10:30 am - 12:30 pm**. Coffee and snacks will be provided.



## Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

*This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.*



# Improving Seniors Lives



*Everyone is welcome! Congregate Dining Center coordinator Toni Hurd invites you to join us for good food and fellowship any Tuesday, Wednesday, Thursday or Friday from 11 am - 12:30 pm. Call Toni at (740) 360-7863 for details.*

## Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

# Announcements

## Memorial Donations

A memorial donation is a meaningful way to convey sympathy to the bereaved, memorialize a loved one, commemorate a special occasion or honor a person's life and accomplishments. Your gift to the Center made in honor or memory of this special person ensures a legacy that extends far into the future.

### How do I make my gift?

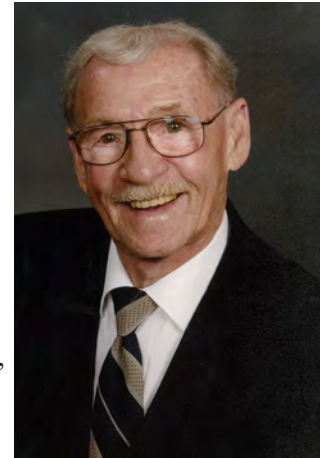
Simply make a check payable to our non-profit board:  
**Marion Senior Citizens Association, Inc.**

Then mail or deliver the memorial donation check to:  
Marion Senior Citizens Association, Inc.  
Attn: Memorial Donation  
2375 Harding Highway East  
Marion, OH 43302

Please mention the name of the person you are honoring with your gift, and if there is a specific fund being used to honor this person. If you would like us to notify the honoree or a family member, please also indicate the name and address of the individual to be notified.

## Paul Kennedy Memorial

A new memorial donation was received in memory of Paul Kennedy, who recently passed away. Paul was a very active member of the Marion Senior Center for many years, having served as past president of the board and volunteered as our historian, responsible for many of the archival scrapbooks we have on file. Paul enjoyed taking trips, participating in events, and was always willing to share his gift of singing, breaking out in song (often without notice).



Paul and his wife Lucille, our longtime Senior Transportation Coordinator at the Center, would have celebrated their 71st wedding anniversary on October 6. It was Paul's wish that upon his passing a significant donation be made to the senior center to support our mission of making a difference in the lives of area seniors.



## Attention Senior Pool Shooters

If you are a senior and enjoy shooting pool, the Marion Senior Center is the place to be! The Center has three oversized 8-foot pool tables with Simonis cloth. Open pool is available **Monday through Friday from 8 am - 4 pm**. New shooters are always welcome! The most common games are '8-ball' and '9-ball', but a game called 'Straight Pool' is making a comeback with seniors because you can shoot any ball in any pocket, with each ball being worth a point. Players shoot until they tally either 50 or 100 points.

Pool Leagues have started in town, but there is always room for substitutes or a new team. Call **Ron Fleming** at **419-560-6952** for more information.

Marion Senior Center recently sponsored our first Pool Tournament since August 2004. The 2004 tourney was won by Duane Davis, with Lou Arthur winning in 2003 and Don Palm in 2002. This year's tournament was held in September. Ed Baer and Ron Fleming tied for first, with Ed Baer winning the tourney via a tiebreaker. Plans are in the works to try and schedule games or tournaments with other senior centers.



*Participants in our recent Pool Tournament were (l to r): Jeff Smith, Ron Fleming, Ed Baer, Bill Spires, Danny Baer, and Stan Foos.*

*Ed Baer and Ron Fleming tied for first place, with Ed Baer winning the tourney via a tiebreaker.*

*Note: Always consult your healthcare provider when contemplating new ideas to promote better health.*

## Staying Active!

### Pickleball

Members and non-members really enjoy playing pickleball, America's fastest growing sport. Marion Senior Center is home to the only public outdoor courts in the area designed specifically for pickleball. The two courts are located on the west side of the building (adjacent to our raised-bed gardens). Pickleball is available to members and guests anytime, however most usually gather to play together on weekday mornings beginning at **8 am**. We have paddles and pickleballs available for use by members just getting started (see Lisa).



### Fitness Center

Our Fitness Center is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. Due to space considerations, the Fitness Center is limited to 3 members working out at any one time. Please consult your physician before beginning any exercise activities.



### Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



### Fitness Drumming

Our new fitness drumming program for seniors is hosted in the Multipurpose Room on Monday morning at 9:30am and Wednesday morning at 9 am. Fitness Drumming is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. No musical experience is necessary and there is no cost for this class. Class size is limited to 18.



### Matter of Balance

**Matter of Balance** is a free, 4-week workshop that will teach you how to prevent falls by making simple changes to your home, health, and habits to help build your confidence in your ability to manage falls.

Many older adults experience concerns about falling and restrict their activities. This program is an award-winning program designed to not only manage falls but also increase activity levels.



This 4-week workshop will be hosted in the Center's **Multipurpose Room** from **9 - 11 am** on the following **Tuesdays: November 1, 8, 15, and 22**. To register please call **740-387-6100**.

# Classes, Activities & Programs

## 'Exploring the Arts' with Kristin

Instructor **Kristin Bentley** (who teaches a class at the library every month) will host a monthly art class the **third Tuesday** of each month at **1 pm** in the **Craft Room**. All classes (with the exception of a special project) will be **\$5**. This month's project is a "**Upcycled Wine Bottles**".

**Note:** Participants must sign up by Friday, Oct. 14 at noon.



This month's 'Exploring the Arts' project is "Upcycled Wine Bottles". Sign up by Friday, Oct. 14 at noon.

## Color Me Happy

Beginning this month, instructor **Clara Sisson** will be hosting a new **Paint Marker Class** on **Fridays** from **2 pm – 3 pm** in the **Craft Room**. All supplies will be provided. There is no cost for this class.

## Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. *Note: All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

## Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

*Leader:* Shirley Groll

## Euchre

Euchre is played out front on **Mondays** at **Noon**.

Everyone is welcome to play! *Leader:* Sonny Hunt

## Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

## Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome! *Leader:* Phyliss Shirk

## Pinochle

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

## Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

*Leader:* Beulah Owens

## Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday** mornings at **11:30 am**.

*Leader:* Shirley Tolley.

## Dominoes

Dominoes is played out front on **Monday** at **11am**.

Everyone is welcome! *Leader:* Cookie Cocherl

## Open Sewing Time

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays** from **12:30 - 2 pm** in the *Craft Room*.

## Open Craft Time

A variety of paints, brushes, idea books, liquid stain glass patterns, tracing paper, and woodworking items are available for you to create individual projects at your own pace on **Thursdays** from **12:30 - 2 pm** in the *Craft Room*.

# Classes, Activities & Programs

## Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

## Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

## Choir Practice

Director **Ednita Vaflor** and our choir '*Seniors in Song*' practice from September through May on **Thursday** mornings at **11:30 am** in the *Multipurpose Room*. Ednita is currently seeking a few new voices to join this fun, talented group... **especially a TENOR!** Even if you're not a tenor, but enjoy singing, please join us for a practice this month.

## Recipe 'Prepare & Share'

**Recipe 'Prepare & Share'** is back and will be meeting on the **2nd Tuesday at Noon** each month to prepare and share our favorite dishes along with the recipes. This month's theme will be "Fall Favorite" So bring your favorite fall dish to share along with copies of your recipe. This group meets out front by the kitchen. *Leader:* Kathy Hampel

## Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

## Open Billiard Room

We have 3 pool tables available for open play every weekday from 10 am to 2 pm. Please call the Center at **(740) 387-6100** (between 8 -10 am or 2 - 4 pm) and let us know you're coming in to play.

## Scrabble

Beginning this month, **Scrabble** will meet out front every **Thursday at Noon**. Scrabble is a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. *Leader:* Barb Schwartz

## LRC

**Florence Wright** hosts **LRC** (Left, Right, Center) at **1:00 pm** on the **first & third Thursday** each month. The group meets out front to play this a fun, fast-paced dice game that is easy to learn.

## Kingston Bingo

**Carma Taylor** of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

## Quarter Bingo

**Josh Rich** of *CenterWell Home Health* hosts Bingo at **2:00 pm** on the **second Wednesday** each month. Players ante a quarter at the beginning and will win the pot upon having a bingo.

## Monday Mind Games

**Carla Poston** from *ProCore Health Brokers* hosts **Mind Games** on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun!

## Chair Yoga

Certified Chair Yoga Instructor **Laura Brown** hosts a class every **Friday** morning at **11am** in the **Multi-Purpose Room**. Cost is \$3 per class. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. *Note: Chair Yoga will return from their summer break on Friday, September 16.*

## Hooks & Needles

Instructor **Candice DeWitt** hosts this fun new class on **Tuesdays at Noon** in the Craft Room. Candice owns *Stitch and Skein*, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too! *Note: Candice will be taking a break until January 1, 2023, however the class will still continue to meet.*

## Bible Study

**Brad Boston** leads Bible Study on **Tuesday** mornings at **10 am** in the Craft Room. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

# October 2022 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>Open Pool Room Open Fitness Room</p> <p>9:30-Fitness Drumming <b>10:00-Mind Games</b> 11:00-Dominoes 12:00- Euchre 12:00-Pinochle</p> <p style="text-align: right;"><b>3</b></p>	<p>Open Pool Room Open Fitness Room</p> <p><b>10:00-Bible Study</b> <b>10:00-Bridge</b> 11:00-Congregate Dining/Lunch <b>11:00-Books, Balance &amp; BS</b> 12:00-Hooks &amp; Needles <b>1:00-Rummikub</b></p> <p style="text-align: right;"><b>4</b></p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Fitness Drumming 11:00-Congregate Dining/Lunch <b>12:00-Hand &amp; Foot</b> 12:30-Open Sewing Time</p> <p style="text-align: right;"><b>5</b></p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand &amp; Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir <b>11:30-Mahjong</b> <b>12:00-Scrabble</b> <b>12:30-Open Craft Time</b> <b>1:00-LRC</b></p> <p style="text-align: right;"><b>6</b></p>
<p>Open Pool Room Open Fitness Room</p> <p>9:30-Fitness Drumming <b>10:00-Mind Games</b> 11:00-Dominoes 12:00- Euchre 12:00-Pinochle</p> <p style="text-align: right;"><b>10</b></p>	<p>Open Pool Room Open Fitness Room</p> <p><b>10:00-Bible Study</b> <b>10:00-Bridge</b> 11:00-Congregate Dining/Lunch <b>11:00-Books, Balance &amp; BS</b> 12:00-Hooks &amp; Needles 12:00-Recipe 'Prepare &amp; Share' <b>1:00-Rummikub</b></p> <p style="text-align: right;"><b>11</b></p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Fitness Drumming 11:00-Congregate Dining/Lunch <b>12:00-Hand &amp; Foot</b> 12:30-Open Sewing Time <b>2:00-New! Quarter Bingo</b></p> <p style="text-align: right;"><b>12</b></p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand &amp; Foot 10:00-Line Dancing 11:00-Congregate Dining 11:30-Choir <b>11:30-Mahjong</b> <b>12:00-Scrabble</b> <b>12:30-Open Craft Time</b> <b>12:30-Popcorn &amp; Movie</b> <i>"The Guilt Trip"</i> <b>1:00-"Get the Scoop on Medicare"</b></p> <p style="text-align: right;"><b>13</b></p>
<p>Open Pool Room Open Fitness Room</p> <p>9:30-Fitness Drumming <b>10:00-Mind Games</b> 11:00-Dominoes 12:00- Euchre 12:00-Pinochle</p> <p style="text-align: right;"><b>17</b></p>	<p>Open Pool Room Open Fitness Room</p> <p><b>10:00-Bible Study</b> <b>10:00-Bridge</b> 11:00-Congregate Dining/Lunch <b>11:00-Books, Balance &amp; BS</b> 12:00-Hooks &amp; Needles <b>1:00-Rummikub</b> <b>1:00-Exploring the Arts with Kristin</b></p> <p style="text-align: right;"><b>18</b></p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Fitness Drumming <b>10:30-Tech Time with Angela</b> 11:00-Congregate Dining/Lunch <b>12:00-Hand &amp; Foot</b> 12:30-Open Sewing Time <b>12:30-Kingston Bingo</b></p> <p style="text-align: right;"><b>19</b></p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand &amp; Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir <b>11:30-Mahjong</b> <b>12:00-Scrabble</b> <b>12:30-Open Craft Time</b> <b>1:00-LRC</b></p> <p style="text-align: right;"><b>20</b></p>
<b>Senior Center is Closed Today for Food Box Day &amp; Deep Cleaning</b>			
<p style="text-align: right;"><b>24</b></p>	<p>Open Pool Room Open Fitness Room</p> <p><b>10:00-Bible Study</b> <b>10:00-Bridge</b> 11:00-Congregate Dining/Lunch <b>11:00-Books, Balance &amp; BS</b> 12:00-Hooks &amp; Needles <b>1:00-Rummikub</b></p> <p style="text-align: right;"><b>25</b></p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Board Meeting 9:00-Fitness Drumming 11:00-Congregate Dining/Lunch <b>12:00-Hand &amp; Foot</b> <b>12:00-Jam Session Lunch</b> 12:30-Open Sewing Time</p> <p><b>1:00-Jam Session*</b></p> <p style="text-align: right;"><b>26</b></p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand &amp; Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir <b>11:30-Mahjong</b> <b>12:00-Scrabble</b></p> <p style="text-align: right;"><b>27</b></p>
<p>Open Pool Room Open Fitness Room</p> <p>9:30-Fitness Drumming <b>10:00-Mind Games</b> 11:00-Dominoes 12:00- Euchre 12:00-Pinochle</p> <p style="text-align: right;"><b>31</b></p>	<p style="text-align: center;"><i>Get Your Tickets Now!</i> <b>Buckeye Tailgate Party!</b></p>  <p style="text-align: center;"><b>Friday, October 21 - Noon Hosted Indoors!</b></p>	<p style="text-align: center;"><i>Save the Date!</i></p>  <p style="text-align: center;"><b>THANK YOU VETERANS</b></p> <p style="text-align: center;"><b>Friday, Nov. 11 - Noon</b></p>	<p style="text-align: center;"><i>Coming in November!</i></p>  <p style="text-align: center;"><b>A MATTER OF BALANCE</b> MANAGING CONCERNS ABOUT FALLS</p> <p style="text-align: center;"><b>Tuesday Mornings</b> <b>November 1, 8, 15 &amp; 22</b> <b>9 - 11 am</b></p>



# Birthdays & Anniversaries

## FRIDAY

Open Pool Room **7**  
Open Fitness Room

11:00-Congregate Dining/Lunch  
11:00-Chair Yoga  
12:30-Tai Chi  
2:00-Color Me Happy  
Paint Marker Class

Open Pool Room **14**  
Open Fitness Room

11:00-Congregate Dining/Lunch  
11:00-Chair Yoga  
12:30-Tai Chi  
2:00-Color Me Happy  
Paint Marker Class

Open Pool Room **21**  
Open Fitness Room

11:00-Congregate Dining/Lunch  
11:00-Chair Yoga  
12:30-Tai Chi

**12:00-'Buckeye Tailgate  
Party' Social Event**

2:00-Color Me Happy  
Paint Marker Class

Open Pool Room **28**  
Open Fitness Room

11:00-Congregate Dining/Lunch  
11:00-Chair Yoga  
12:30-Tai Chi  
2:00-Color Me Happy  
Paint Marker Class

## October Birthdays

Jeanette White	Oct 01	Marie Bentley-Redmon	Oct 12	Virginia Barnett	Oct 21
Frances Glass	Oct 01	Shirley Anderson	Oct 13	Marlene Renick	Oct 21
Rosemary Curren	Oct 04	Pat Gattshall	Oct 15	Beatrice Okray	Oct 22
Mary Ellen Dune	Oct 04	Joyce Bishop	Oct 15	Lewis Smith	Oct 22
Lynn Slemmons	Oct 04	Cindy Whiteamire	Oct 15	Yolly De Los Reyes	Oct 25
Jan Blevins	Oct 06	Thomas Utley	Oct 16	Gary VanBuskirk	Oct 25
Emilee Evans	Oct 09	Doris Cunningham	Oct 17	Doris Schwartz	Oct 25
Rudy Schneider	Oct 10	Mary Geissler	Oct 18	Marcia Weir	Oct 26
Jerry Wood	Oct 10	Shirley Marshall	Oct 18	Nancy Beckel	Oct 27
Becky Yannitell	Oct 10	Jo Ann Zimmerman	Oct 18	Virginia Yarger	Oct 28
Debbie Gwinner	Oct 10	Peggy Rowland	Oct 19	Ellen Hoffman	Oct 28
Cathy Fraker	Oct 10	Dianna Fry	Oct 20	Sandy Amrine	Oct 29
Jacqueline Winchell	Oct 10	Richard Gorenflo	Oct 20		
Mike Hampel	Oct 11	Janis Hanshaw	Oct 20		

## October Anniversaries

Dick & Victoria Arndt	10/8/2021	1 year
Larry & Pam Gandee	10/1/1967	55 years
David & Debbie Gwinner	10/23/1975	47 years
Louis & Betty Hughes	10/5/1946	76 years
Lynn & Connie Thomas	10/19/1979	43 years
Gerald Pebble Wyant	10/11/1975	47 years

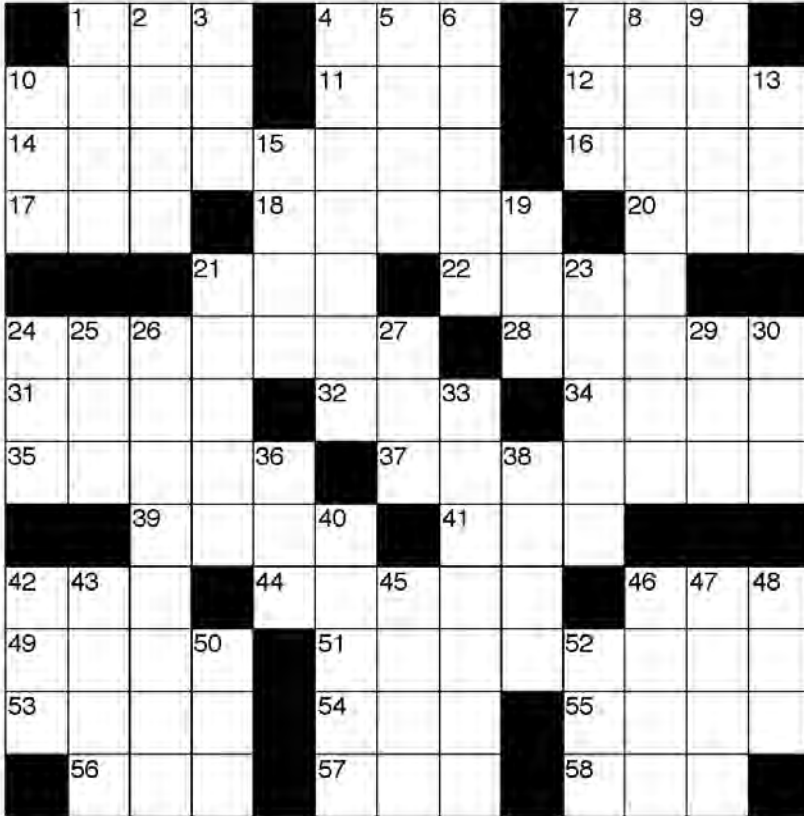
## New Members

We welcome the following New Members that have recently joined:

Jo Henning	Kathy Brookover
Donald Wolbert	Mike & Linda Perry
Morrita Wolbert	Charles & Victoria Arndt
Tom Ballenger	Dan Daum
Elise Steele	Jon Gwinner
Lynn & Helen Slemmons	Revana Haynes

## CROSSWORD PUZZLE

Answers on Page 13



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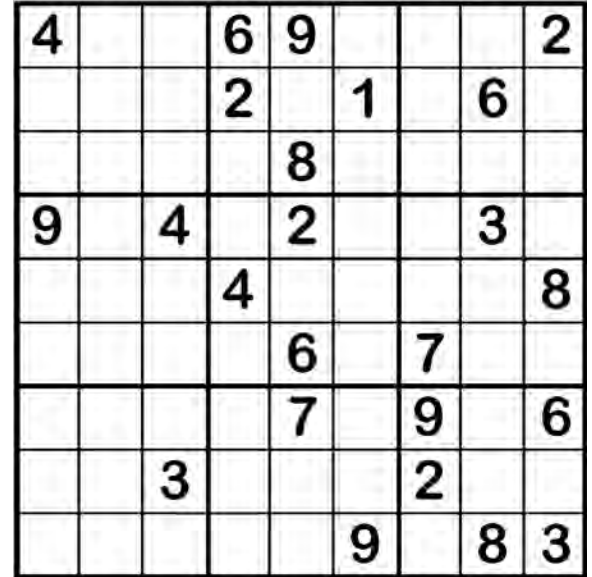
A47

- | ACROSS                                    |                           | DOWN                      |                         |
|---|---------------------------|---------------------------|-------------------------|
| 1 Sea (Fr.)                               | 37 Hunting cry            | 1 Gardener caste          | 21 Noted psychiatrist   |
| 4 Amer. Standard Version (abbr.)          | 39 Polish border river    | 2 Case or box (Fr.)       | 23 Admonish             |
| 7 Inlet                                   | 41 Family member          | 3 Fluidity unit           | 24 Insult               |
| 10 Pledge                                 | 42 Hawaiian fish          | 4 Endeavor                | 25 Eng. cathedral city  |
| 11 Social affair                          | 44 Tag                    | 5 Wither                  | 26 Orgy                 |
| 12 Old-fashioned oath                     | 46 Uncle (Scot.)          | 6 Seaweed                 | 27 Pose                 |
| 14 Vega (2 words)                         | 49 Disease (pref.)        | 7 Portuguese coin         | 29 Alas                 |
| 16 Concerning (2 words)                   | 51 Immense                | 8 Shame                   | 30 New (pref.)          |
| 17 3 (Rom. numeral)                       | 53 Joyous                 | 9 Rhine tributary         | 33 Grain beetle larva   |
| 18 Pueblo Indian                          | 54 Former cloth measure   | 10 Fetish                 | 36 Salt (Fr.)           |
| 20 Office of Economic Development (abbr.) | 55 Poultry                | 13 Month abbr.            | 38 New sugarcane shoot  |
| 21 Feminine (abbr.)                       | 56 According to (2 words) | 15 Orkney fisherman's hut | 40 Blacksnake           |
| 22 Universe (pref.)                       | 57 Female ruff            | 19 Distress signal        | 42 Angola (abbr.)       |
| 24 King of Athens                         | 58 Guido's note (2 words) |                           | 43 Nut                  |
| 28 Plant slip                             |                           |                           | 45 Tree stump           |
| 31 Wings                                  |                           |                           | 46 Ass or donkey (Ger.) |
| 32 Twitch                                 |                           |                           | 47 Polynesian spirit    |
| 34 In the past                            |                           |                           | 48 Loop trains          |
| 35 Brain ridge                            |                           |                           | 50 Harem room           |
|   |                           |                           | 52 Pronoun              |

Answers on Page 13

## Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★★★★★

### ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.  
*Hint: "O" = "R"*

"VFJMAQLH XL WPF JOW AT  
XCVQOXCI AQOLFMSFL RAOF  
WPJC AWPFOF."  
- JMFEJCUOF UQRJL

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E057

### ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.  
*Hint: "F" = "P"*

"TURN FGUFYG FLA NUU TBQS  
KUO NSG NSVIPR NSGA PGN KUO  
IUNSVIP."  
- LBNSUO BIZIUEI

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E058

# Buckeye Tailgate Party!

Friday, October 21 at noon.

Calling all BUCKEYE FANS! You are invited to the Senior Center's 'Buckeye Tailgate Party' on **Friday, October 21 at Noon**. Even though this event will be hosted indoors, we'll have all the great food and activities you expect from a traditional tailgate party!

Our "tailgate munchies" include your choice of an all-beef hot dog or bratwurst fresh off the grill, baked beans, chips, Buckeye brownie, and a beverage.



Festivities will include tailgate favorites... So you'll have a chance to demonstrate your skill (or luck) and win prizes. Plus, there will be lots of fabulous Ohio State Buckeyes door prizes... we will even have a 50/50 drawing for cold hard cash!

Plus, an opportunity to meet a Buckeye 'special guest' with historic ties to TBDBITL.

So, be sure to get your scarlet and grey on for the day (...it's sure to get you pumped to watch the OSU vs. Iowa Hawkeyes game at home the next day)! Tickets can be purchased now through Monday, October 17. Cost is **\$10**. GO BUCKS!



## GET THE SCOOP ON MEDICARE

Join **Carla Poston** from **ProCore Health Brokers** on **Thursday, October 13 at 1 pm** to get the scoop on Medicare! She will cover what Medicare is and isn't, discuss the changes for 2023, and what to look for in your insurance plan. Of course to get the scoop, ice cream must be served!



## ◀◀ Popcorn & Movie ▶▶ Thursday, Oct. 13 - 12:30 pm *'The Guilt Trip'*

Before embarking on a once-in-a-lifetime road trip, Andy Brewster (Seth Rogen) pays a visit to his overbearing mother, Joyce (Barbra Streisand). That proves to be a big mistake; Andy caves in under pressure to take his mom along for the ride. Early on -- as the miles roll by -- Andy feels nothing but aggravation at her antics. Eventually however, he comes to realize that they have more in common than he first thought and that Joyce's wisdom might be just what he needs.



# Life at the Center



Gary Bonewitz entertained us with a great concert after lunch.



Our first-ever 'Chili Autumn' event was a huge success, with 67 members & guests in attendance. Special thanks to Brandt Kleinschmidt of Humana for sponsoring this fun event.



Jody Lackey, owner of 'The Candy Shack' catered the event featuring her delicious chili & cornbread.



Kristin Bentley, Janie Moore, Judy Walker, Jackie King, Pat Fortney, & Clara Sisson created beautiful centerpieces.



Participants in our recent Pool Tournament enjoyed a fun day of camaraderie and shooting pool. The Center Pool Room is open to members every weekday from 8 am - 4 pm.



**CROSSWORD PUZZLE ANSWERS (Pg. 10)**

■	M	E	R	■	A	S	V	■	R	I	A	■
O	A	T	H	■	T	E	A	■	E	G	A	D
B	L	U	E	S	T	A	R	■	I	N	R	E
I	I	I	■	K	E	R	E	S	■	O	E	C
■	■	■	F	E	M	■	C	O	S	M	■	■
C	E	C	R	O	P	S	■	S	C	I	O	N
A	L	A	E	■	T	I	C	■	O	N	C	E
G	Y	R	U	S	■	T	A	L	L	Y	H	O
■	■	O	D	E	R	■	D	A	D	■	■	■
A	K	U	■	L	A	B	E	L	■	E	M	E
N	O	S	O	■	C	O	L	O	S	S	A	L
G	L	A	D	■	E	L	L	■	H	E	N	S
■	A	L	A	■	R	E	E	■	E	L	A	■

**SUDOKU ANSWERS (Pg. 10)**

4	3	1	6	9	7	8	5	2
5	8	7	2	3	1	4	6	9
6	2	9	5	8	4	3	7	1
9	6	4	7	2	8	1	3	5
7	5	2	4	1	3	6	9	8
3	1	8	9	6	5	7	2	4
8	4	5	3	7	2	9	1	6
1	9	3	8	5	6	2	4	7
2	7	6	1	4	9	5	8	3

**ENIGMA Cryptogram Answers (pg. 10)**

**E057:** "Jealousy is the art of injuring ourselves more than others." - Alexandre Dumas

**E058:** "Most people pay too much for the things they get for nothing." - Author Unknown

# *Trips on the Horizon*

## ***LaComedia: White Christmas***

***Wednesday, November 9***

We will depart the Center at **8 am** via *Brewster charter coach* to see the LaComedia Dinner Theater production of *Irving Berlin's White Christmas*, their most popular show of all time. Enjoy an amazing buffet featuring chef-carved meats, signature sweet potato souffle, and chocolate brownie a la mode. **Cost is \$99 Members; \$109 Non-Members. Reserve your spot now with a Non-refundable \$20 deposit.**



## ***Trip Advisory Council***

***2023 Trip Planning to Begin Soon***

We will be meeting with the Trip Advisory Council in the coming weeks to discuss Center-sponsored trips for next year. If you have suggestions for day trip destinations, or specific areas of the country you'd like to visit on extended trips, please share them with Steve or Lisa!





## Marion Senior Center

2375 Harding Hwy. E.  
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.  
Monday through Friday  
Office: 740-387-6100  
Transportation: 740-387-5444

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## Directory

**Director:** Steve Badertscher

**Activity Coordinator:** Lisa Richardson

**Social Service Coordinator:**  
Emilee Evans

**Transportation Coordinator:**  
Sierra Blanton

**Development Assistant:** Sheryl Simmons

**Maintenance Supervisor:**

Visit the Marion Senior Center  
website at: [www.marionseniorcenter.com](http://www.marionseniorcenter.com)

Email: [info@marionseniorcenter.com](mailto:info@marionseniorcenter.com)  
or follow us on Facebook



### **Need a Ride? Transportation Available for Seniors**

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

*\*Handicap-accessible transportation is now available!*

### **Need a Personal Shopper?**

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

*Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.*